

2010 BYU MEN'S TRACK RECORDS

Indoor

Event	Raw		Date	Meet
200m				
Rhyan Atrice	21.91		2/25/2010	MWC Indoor Championships
400m				
Rhyan Atrice	47.21		2/25/2010	MWC Indoor Championships
Bryan Payne	48.04		2/25/2010	MWC Indoor Championships
Kevin Biesinger	48.34		2/25/2010	MWC Indoor Championships
Kevin Ahlstrom	48.47		2/12/2010	Air Force Invitational
Rob Skidmore	48.47		2/12/2010	Air Force Invitational
800m				
Justin Hedin	1:50.35		1/23/2010	Cherry & Silver Invitational
Brian Weirich	1:50.67		2/25/2010	MWC Indoor Championships
James Heiner	1:51.93		2/12/2010	UW Husky Classic
1 Mile				
Brandon Babiracki	4:04.08		2/12/2010	UW Husky Classic
Brian Weirich	4:06.19		2/12/2010	UW Husky Classic
3000m				
Nathan Ogden	8:09.39		1/29/2010	UW Invitational
Jon Kotter	8:10.21		1/29/2010	UW Invitational
5000m				
Nathan Ogden	13:53.61		2/25/2010	MWC Indoor Championships
Jon Kotter	14:09.08		2/12/2010	UW Husky Classic
60m Hurdles				
Phillip Bettis	8.23		2/25/2010	MWC Indoor Championships
Tanner Emrich	8.32		1/23/2010	Cherry & Silver Invitational
Bryan Payne	8.4		1/29/2010	UW Invitational
4x400m Relay				
BYU	3:13.39		2/5/2010	New Balance Invitational
4000m Distance Medley				
BYU	10:03.35		2/25/2010	MWC Indoor Championships
Event	English	Metric	Date	Meet
High Jump				
Trevor Heiner	6' 10.75"	2.10m	2/25/2010	MWC Indoor Championships
Michael McConkie	6' 8.75"	2.05m	2/12/2010	Air Force Invitational
Phillip Bettis	6' 6.75"	2.00m	2/12/2010	Air Force Invitational
Pole Vault				
Chris Little	17' 4.5"	5.30m	2/5/2010	New Balance Invitational
Tanner Emrich	17' 0.75"	5.20m	1/23/2010	Cherry & Silver Invitational
Long Jump				
Aaron Powell	24' 1"	7.34m	2/12/2010	Air Force Invitational
Anse Myller DeAraujo	24' 0.75"	7.33m	2/12/2010	Air Force Invitational

Triple Jump				
Anse Myller DeAraujo	49' 6.5"	15.10m	1/23/2010	Cherry & Silver Invitational
Kyle Mills	48' 10.25"	14.89m	2/12/2010	Air Force Invitational
Aaron Powell	48' 9.5"	14.87m	2/25/2010	MWC Indoor Championships
Konrad Rywelski	47' 7.75"	14.52m	1/8/2010	BYU Indoor Invitational
Shot Put				
Leif Arrhenius	60' 2.5"	18.35m	2/5/2010	New Balance Invitational
Daniel Lawson	59' 8.25"	18.19m	2/12/2010	UW Husky Classic
Weight Throw				
Leif Arrhenius	70' 9"	21.56m	3/12/2010	NCAA Division I Championships
Oliver Whaley	64' 10.75"	19.78m	2/12/2010	UW Husky Classic
Heptathlon				
Phillip Bettis	5489		2/25/2010	MWC Indoor Championships
Brett Birkeland	4621		2/25/2010	MWC Indoor Championships
John Reilly	4558		2/25/2010	MWC Indoor Championships

Outdoor

Event	Raw		Date	Meet
100m				
James Ghormley	10.73		3/20/2010	Spring Break Classic
Chris Little	11.02		3/20/2010	Spring Break Classic
200m				
Aaron Powell	21.57		3/31/2010	BYU Cougar Invitational
Rhyan Atrice	21.67		3/20/2010	Spring Break Classic
James Derek McAllister	22.03		3/31/2010	BYU Cougar Invitational
James Ghormley	22.19		3/20/2010	Spring Break Classic
Kevin Biesinger	22.29		3/20/2010	Spring Break Classic
Steven Hart	22.35		3/20/2010	Spring Break Classic
400m				
Rhyan Atrice	47.02		5/12/2010	MWC Championships
Kevin Biesinger	47.6		5/12/2010	MWC Championships
James Derek McAllister	47.99		5/12/2010	MWC Championships
Steven Hart	48.41		4/8/2010	31st Sun Angel Track Classic
Ryan Waite	48.76		5/5/2012	Wildcat Twilight Open Meet
Sean Adams	48.83		3/20/2012	Spring Break Classic
Kevin Ahlstrom	49.28		3/20/2012	Spring Break Classic
800m				
Ryan Waite	1:46.83		5/27/2010	NCAA Division I West Region Prelims
Brian Weirich	1:49.82		5/12/2010	MWC Outdoor Championships
James Heiner	1:52.60		4/8/2010	31st Sun Angel Track Classic
Robert Harrison	1:54.11		3/31/2010	2010 BYU Cougar Invitational
1500m				
Brian Weirich	3:41.70		5/12/2010	MWC Outdoor Championships
Josh Adams	3:47.68		5/12/2010	MWC Outdoor Championships
Robert Harrison	3:49.02		3/31/2010	BYU Cougar Invitational
Brandon Babiracki	3:50.77		3/31/2010	BYU Cougar Invitational
Jonathan Nelson	5:54.22		3/31/2010	BYU Cougar Invitational
5000m				
Nathan Ogden	13:52.03		3/26/2010	Stanford Invitational

Jonathan Kotter	14:00.00		3/26/2010	Stanford Invitational
Alden Bahr	14:19.24		5/1/2010	Stanford Payton Jordan Cardinal Inv
Brandon Hebbert	14:22.27		3/26/2010	Stanford Invitational
Jonathan Nelson	14:35.60		3/26/2010	Stanford Invitational
10000m				
Jonathan Kotter	28:48.33		5/1/2010	Stanford Payton Jordan Cardinal Inv
Nathan Ogden	29:12.41		4/15/2010	52nd Annual Mt. SAC Relays
Brandon Hebbert	29:57.34		4/15/2010	52nd Annual Mt. SAC Relays
110m Hurdles				
Lance Walker	14.75		4/21/2010	BYU Robison Invitational
Tanner Emrich	14.87		4/21/2010	BYU Robison Invitational
Bryan Payne	14.98		3/26/2010	Stanford Invitational
Phillip Bettis	15.19		5/12/2010	MWC Outdoor Championships
Aaron Allen	15.57		3/20/2010	Spring Break Classic
400m Hurdles				
Bryan Payne	51.85		5/12/2010	MWC Outdoor Championships
Lance Walker	51.97		5/12/2010	MWC Outdoor Championships
Kevin Ahlstrom	52.25		5/5/2010	Wildcat Twilight Open Meet
Sean Adams	53.31		4/21/2010	BYU Robison Invitational
Rob Skidmore	53.96		4/21/2010	BYU Robison Invitational
Aaron Allen	57.48		3/31/2010	BYU Cougar Invitational
3000m Steeple				
Richard Nelson	8:43.27		4/15/2010	52nd Annual Mt. SAC Relays
Ryan Merriman	8:57.69		5/1/2010	Stanford Payton Jordan Cardinal Inv
Josh Adams	9:00.40		3/26/2010	Stanford Invitational
Reagan Frey	9:07.03		4/15/2010	52nd Annual Mt. SAC Relays
4 x 100m Relay				
BYU	41.44		5/12/2010	MWC Outdoor Championships
4 x 400m Relay				
BYU	3:09.25		5/12/2010	MWC Outdoor Championships
EVENT	ENGLISH	METRIC	DATE	MEET
High Jump				
Trevor Heiner	6' 10.75"	2.10m	5/12/2010	MWC Outdoor Championships
Michael McConkie	6' 6.75"	2.00m	3/20/2010	Spring Break Classic
Phillip Bettis	6' 4.25"	1.94m	5/12/2010	MWC Outdoor Championships
Brett Birkeland	5' 10.5"	1.79m	4/21/2010	BYU Robison Invitational
John Reilly	5' 2.25"	1.58m	4/21/2010	BYU Robison Invitational
Pole Vault				
Chris Little	17' 9"	5.41m	3/31/2010	Clyde Littlefield Texas Relays
Tanner Emrich	17' 0.75"	5.20m	5/27/2010	NCAA Division I West Region Prelims
Tyler Brown	16' 0.75"	4.90m	4/30/2010	BYU Invitational
Joshua Speirs	15' 7"	4.75m	4/30/2010	BYU Invitational
Phillip Bettis	14' 9"	4.50m	5/12/2010	MWC Outdoor Championships
Long Jump				
Aaron Powell	24' 3.5"	7.40m	4/30/2010	BYU Invitational
Anse Myller DeAraujo	24' 1.75"	7.36m	5/12/2010	MWC Outdoor Championships
Phillip Bettis	23' 2.75"	7.08m	4/30/2010	BYU Invitational
Kyle Mills	23' 0.75"	7.03m	3/31/2010	BYU Cougar Invitational
Jonathan Ferguson	22' 8.5"	6.92m	3/20/2010	Spring Break Classic

Triple Jump				
Anse Myller DeAraujo	50' 4.75"	15.36m	3/26/2010	Stanford Invitational
Kyle Mills	49' 9.25"	15.17m	3/20/2010	Spring Break Classic
Aaron Powell	48' 2.75"	14.70m	5/12/2010	MWC Outdoor Championships
David Holgate	46' 4.75"	14.14m	3/31/2010	BYU Cougar Invitational
Shot Put				
Leif Arrhenius	60' 5.25"	18.42m	4/21/2010	BYU Robison Invitational
Daniel Lawson	60' 3.25"	18.37m	5/12/2010	MWC Outdoor Championships
Colby Barber	54' 2.75"	16.53m	4/21/2010	BYU Robison Invitational
Discus Throw				
Leif Arrhenius	195' 10"	59.68m	4/21/2010	BYU Robison Invitational
Daniel Lawson	177' 3"	54.03m	3/20/2010	Spring Break Classic
Colby Barber	155' 2"	47.29m	4/8/2010	31st Sun Angel Track Classic
Hammer Throw				
Oliver Whaley	210' 3"	64.09m	5/27/2010	NCAA Division I West Region Prelims
Leif Arrhenius	205' 11"	62.77m	5/12/2010	MWC Outdoor Championships
Javelin				
Chris Reno	240' 8"	73.35m	5/12/2010	MWC Outdoor Championships
Sean Richardson	235' 8"	71.84m	4/21/2010	BYU Robison Invitational
Blaine Baker	230' 7"	70.29m	3/31/2010	BYU Cougar Invitational
Phillip Bettis	171' 6"	52.27m	3/20/2010	Spring Break Classic
Brett Birkeland	160' 8"	48.98m	3/31/2010	BYU Cougar Invitational
Decathlon				
Phillip Bettis	6496		5/12/2010	MWC Outdoor Championships
Brett Birkeland	6243		5/12/2010	MWC Outdoor Championships