

BYU Women's Cross Country

Meet Results

BYU Autumn Classic

Sept. 5, 2009 Provo, UT

1st Place – 34 pts

2	K. Andrews	18:25.6	1st: BYU	34
4	R. Lange	18:32.4	2nd: Idaho St.	41
6	L. Cramer	18:37.8	3rd: UCLA	47
9	S. Yingling	18:46.3		
14	K. Palmer	19:08.2		
15	S. Edwards	19:09.2		
20	A. Thomas	19:24.3		
26	S. Frey	19:40.8		
29	N. Clark	19:59.2		

Unattached:

10	N. Nielsen	18:46.6		
18	L. Sowards	19:17.0		
19	M. Laurent	19:19.7		
21	K. Swanson	19:28.1		
23	L. Wynn	19:33.4		
25	M. Callister	19:37.9		
28	S. Jensen	19:58.3		
30	T. Kussee	20:08.7		
31	K. Vidmar	20:13.6		

UC Riverside Invitational

Sept. 19, 2009 Riverside, Calif.

2nd Place – 98 pts

2	C. Lemmon-Lew	16:32.8	1st: UC Riverside	89
19	S. Edwards	17:37.6	2nd: BYU	98
23	M. Laurent	17:44.1	3rd: Azusa Pacific	106
25	A. Thomas	17:46.5	4th: UC Santa Barbara	116
29	S. Frey	17:48.3	5th: Loyola Marymount	122
36	K. Swanson	17:50.8	6th: Southern Utah	125
58	K. Christensen	18:10.3	7th: CS San Marcos	165
66	L. Sowards	18:13.4	8th: Biola	250
82	K. Vidmar	18:26.9	9th: CS Fullerton	302
137	K. Palmer	19:18.5	10th: Cal Coast TC	318

Bob Firman Invitational

Sept. 26, 2009 Eagle, ID

1st Place – 28 pts

1	K. Andrews	17:59.3	1st: BYU	28
4	A. Thomas	18:15.4	2nd: Idaho St.	44
6	R. Lange	18:18.6	3rd: Boise St.	86
7	L. Cramer	18:21.1	4th: NW Nazarene	100
11	S. Yingling	18:32.3	5th: Utah	101
14	S. Frey	18:44.3	6th: C. Washington	131
16	M. Laurent	18:49.4		
17	K. Swanson	18:50.2		
18	N. Nielsen	18:50.2		
20	M. Rapp	19:03.4		

23	N. Clark	19:10.6
25	L. Sowards	19:19.9
31	K. Vidmar	19:31.7
54	K. Christensen	20:47.0

Unattached

8	L. Drury	18:26.4
13	C. Eddy	18:43.1
15	M. Callister	18:48.3
29	L. Wynn	19:26.5

Wisconsin Adidas Invitational

Oct. 3, 2009 Verona, Wis.

4th Place – 97 pts

1	C. Lemmon-Lew	17:00.3	1st: Duke	78
8	K. Andrews	17:26.2	2nd: Syracuse	80
17	S. Edwards	17:36.9	3rd: Illinois	95
34	A. Wagner	17:50.7	4th: BYU	97
40	L. Cramer	17:53.2	5th: Michigan	118
60	N. Nielsen	18:16.0	6th: Iowa	157
62	A. Thomas	18:17.9	7th: Arkansas	174
69	R. Lange	18:20.7	8th: Nebraska	188
79	S. Frey	18:35.9	9th: Auburn	256
87	L. Drury	18:51.9	10th: Texas A&M	259
89	S. Yingling	18:54.6	11th: Wisconsin	291
91	M. Laurent	18:55.4	12th: Marquette	293

Chile Pepper Invitational

Oct. 17, 2009 Fayetteville, Ark.

2nd Place – 77 pts

2	C. Lemmon-Lew	20:32.6	1st: No. 20 Texas Tech	35
12	A. Wagner	21:29.3	2nd: No. 22 BYU	77
18	S. Edwards	21:39.5	3rd: Arkansas	87
20	N. Nielsen	21:40.6	4th: Missouri	165
25	R. Lange	21:47.7	5th: No. 26 SMU	179
35	L. Cramer	22:08.8	6th: Oklahoma St.	185
37	S. Yingling	22:11.8	7th: Loyola Marymt.	196
46	M. Laurent	22:26.8	8th: Missouri St.	286
54	S. Frey	22:36.7	9th: Texas A&M-CC	312
54	A. Thomas	22:37.8	10th: No. 12 Baylor	361
57	L. Drury	22:40.7	11th: Oklahoma	384
81	K. Swanson	23:04.5	12th: TCU	388

MWC Championships

Oct. 31, 2009 Orem, UT

2nd Place – 45 pts

1	C. Lemmon-Lew	20:47.4	1st: No. 20 New Mexico	24
6	K. Andrews	21:30.6	2nd: No. 21 BYU	45
10	A. Wagner	21:41.9	3rd: Colorado St.	64
11	N. Nielsen	21:42.5	4th: Air Force	124
17	R. Lange	22:26.0	5th: Wyoming	165
18	A. Thomas	22:29.4	6th: Utah	195
33	L. Cramer	23:00.5	7th: TCU	196
34	S. Edwards	23:01.2	8th: San Diego St.	207
55	S. Yingling	24:25.3	9th: UNLV	210

All-MWC 1st Team

C. Lemmon-Lew
K. Andrews

All-MWC 2nd Team

A. Wagner
N. Nielsen

MWC Freshman of the Year: Nicole Nielsen

MWC Athlete of the Year: Cecily Lemmon-Lew

NCAA Mountain Regional

Nov. 14, 2009 Albuquerque, NM

3rd Place – 114 points

2	C. Lemmon-Lew	20:41.1	1st: No. 6 Colorado	48
12	K. Andrews	21:19.0	2nd: No. 8 Texas Tech	53
18	A. Wagner	21:28.9	3rd: No. 22 BYU	114
34	N. Nielsen	22:05.6	4th: UTEP	116
48	S. Edwards	22:23.0	5th: No. 20 New Mexico	120
52	R. Lange	22:26.3	6th: Colorado St.	145
97	A. Thomas	23:18.7	7th: N Arizona	176

All-Region:

C. Lemmon-Lew
K. Andrews
A. Wagner

NCAA Championships

Nov. 23, 2009 Terre Haute, Ind.

19th Place – 453 points

10	C. Lemmon-Lew	20:12
83	A. Wagner	21:19
96	N. Nielsen	21:26
131	R. Lange	21:44
133	K. Andrews	21:45
150	S. Edwards	21:56
210	W. McDonald	23:19

All-America: Cecily Lemmon-Lew

Individuals:**Cecily Lemmon-Lew, Jr.:**

2	UC Riverside	16:32.8
1	Wisconsin Adidas	17:00.3
2	Chile Pepper Invit.	20:32.6
1	MWC Championships	20:47.4
2	NCAA Mountain Regional	20:41.1
10	NCAA Championships	20:12

***3-time MWC Athlete of the Week in 2009**

***MWC Athlete of the Year**

***All-MWC First Team**

***All-Region recipient**

Angela Wagner, Sr.:

34	Wisconsin Adidas	17:50.7
12	Chile Pepper Invit.	21:29.3
10	MWC Championships	21:41.9
18	NCAA Mountain Regional	21:28.9
83	NCAA Championships	21:19

**All-MWC Second Team
All-Region recipient**

Katy Andrews, So.:

2	BYU Autumn Classic	18:25.6
1	Bob Firman Invit.	17:59.3
8	Wisconsin Adidas	17:26.2
6	MWC Championships	21:30.6
12	NCAA Mountain Regional	21:19.0
133	NCAA Championships	21:45

***Earned MWC Athlete of the Week following the Bob Firman Invit.**

***All-MWC First Team**

All-Region recipient

Rachel Lange, So.:

4	BYU Autumn Classic	18:32.4
6	Bob Firman Invit.	18:18.6
69	Wisconsin Adidas	18:20.7
25	Chile Pepper Invit.	21:47.7
17	MWC Championships	22:26.0
52	NCAA Mountain Regional	22:26.3
131	NCAA Championships	21:44

Lacey Cramer, So.:

6	BYU Autumn Classic	18:37.8
7	Bob Firman Invit.	18:21.1
40	Wisconsin Adidas	17:53.2
35	Chile Pepper Invit.	22:08.8
33	MWC Championships	23:00.5

Sarah Edwards, RFr.:

15	BYU Autumn Classic	19:09.2
19	UC Riverside Invit.	17:37.6
17	Wisconsin Adidas	17:36.9
18	Chile Pepper Invit.	21:39.5
34	MWC Championships	23:01.2
48	NCAA Mountain Regional	22:23.0
150	NCAA Championships	21:56

Ashlee Thomas, RFr.:

20	BYU Autumn Classic	19:24.3
25	UC Riverside Invit.	17:46.5
4	Bob Firman Invit.	18:15.4
62	Wisconsin Adidas	18:17.9
54	Chile Pepper Invit.	22:37.8
18	MWC Championships	22:29.4
97	NCAA Mountain Regional	23:18.7

Sarah Yingling, RFr.:

9	BYU Autumn Classic	18:46.3
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11	Bob Firman Invit.	18:32.3
89	Wisconsin Adidas	18:54.6
37	Chile Pepper Invit.	22:11.8
55	MWC Championships	24:25.3

Nicole Nielsen, Fr.:

10	<i>BYU Autumn Classic</i>	<i>18:46.6</i>
18	Bob Firman Invit.	18:50.2
60	Wisconsin Adidas	18:16.0
20	Chile Pepper Invit.	21:40.6
11	MWC Championships	21:42.5
34	NCAA Mountain Regional	22:05.6
96	NCAA Championships	21:26

All-MWC Second Team

MWC Freshman of the Year

Sarah Hansen-Frey, Sr.:

26	BYU Autumn Classic	19:40.8
29	UC Riverside Invit.	17:48.3
14	Bob Firman Invit.	18:44.3
79	Wisconsin Adidas	18:35.9
54	Chile Pepper Invit.	22:36.7

Whitney McDonald, Jr.:

210	NCAA Championships	23:19
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Michaelanne Laurent, Fr.:

19	<i>BYU Autumn Classic</i>	<i>19:19.7</i>
23	UC Riverside Invit.	17:44.1
16	Bob Firman Invit.	18:49.4
91	Wisconsin Adidas	18:55.4
46	Chile Pepper Invit.	22:26.8

Michelle Callister, Fr.:

25	<i>BYU Autumn Classic</i>	<i>19:37.9</i>
15	<i>Bob Firman Invit.</i>	<i>18:48.3</i>

Kendy Christensen, Fr.:

58	UC Riverside Invit.	18:10.3
54	Bob Firman Invit.	20:47.0

Nichole Clark, So.:

29	BYU Autumn Classic	19:59.2
23	Bob Firman Invit.	19:10.6

Lisa Drury, Fr.:

8	<i>Bob Firman Invit.</i>	<i>18:26.4</i>
87	Wisconsin Adidas	18:51.9
57	Chile Pepper Invit.	22:40.7

Candace Eddy, Fr.:

13	<i>Bob Firman Invit.</i>	<i>18:43.1</i>
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Stephanie Hope Jensen, So.:

28	<i>BYU Autumn Classic</i>	<i>19:58.3</i>
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Talya Kussee, Fr.:
30 *BYU Autumn Classic* 20:08.7

Katie Palmer, So.:
14 *BYU Autumn Classic* 19:08.2
137 *UC Riverside Invit.* 19:18.5

Millie Rapp, So.:
20 *Bob Firman Invit.* 19:03.4

Lindsey Sowards, Fr.:
18 *BYU Autumn Classic* 19:17.0
66 *UC Riverside Invit.* 18:13.4
25 *Bob Firman Invit.* 19:19.9

Katie Swanson, Fr.:
21 *BYU Autumn Classic* 19:28.1
36 *UC Riverside Invit.* 17:50.8
17 *Bob Firman Invit.* 18:50.2
81 *Chile Pepper Invit.* 23:04.5

Kathryn Vidmar, Fr.
31 *BYU Autumn Classic* 20:13.6
82 *UC Riverside Invit.* 18:26.9
31 *Bob Firman Invit.* 19:31.7

Loren Wynn, Fr.:
23 *BYU Autumn Classic* 19:33.4
29 *Bob Firman Invit.* 19:26.5

BYU Men's Cross Country Meet Results

BYU Autumn Classic

Sept. 5, 2009 Provo, UT

1st Place: 16 pts

1	M. Batty	19:38.3	1st: BYU	16
2	B. Hebbert	19:44.3	2nd: UCLA	48
3	R. Merriman	19:52.9	3rd: Idaho St.	84
4	R. Nelson	19:58.3	4th: San Bern.Vly.Coll	104
6	A. Bahr	20:03.3		
7	N. Ogden	20:15.5		
9	T. Gruenewald	20:16.9		
13	R. Frey	20:27.5		
14	J. Kotter	20:28.3		
16	D. Shawhan	20:38.9		
39	J. Adams	21:42.3		

Unattached:
11 *T. Fuller* 20:24.2
15 *J. Nelson* 20:30.2

34	<i>K. Wilcock</i>	21:29.7
42	<i>J. Cosby</i>	21:47.9
43	<i>J. Rohatinsky</i>	21:48.7
65	<i>N. Fletcher</i>	23:44.9

UC Riverside Invitational
Sept. 19, 2009 Riverside, Calif.

1st Place – 23 pts

1	M. Batty	23:41.1	1 st : BYU	23
4	B. Hebbert	24:00.8	2 nd : UC Riverside	73
5	N. Ogden	24:05.2	3 rd : Southern Utah	131
6	R. Merriman	24:11.6	4 th : Loyola Marymt.	156
7	A. Bahr	24:15.8	5 th : Cal Poly Pomona	177
11	J. Kotter	24:23.7	6 th : CS Fullerton	218
13	R. Nelson	24:26.7	7 th : Claremont MUDD	231
14	T. Gruenewald	24:32.2	8 th : CS San Marcos	278
18	D. Shawhan	24:46.2	9 th : San Jose St.	296
22	T. Fuller	24:52.2	10 th : Pomona Pitzer	348
23	J. Nelson	24:54.4	11 th : Fort Lewis	379
26	R. Harrison	24:59.5	12 th : UC Santa Barbara	380
35	R. Frey	25:15.0	13 th : Vanguard	387
142	B. Babiracki	26:50.5	14 th : Riverside CC	407

Bill Dellinger Invitational

Oct. 2, 2009 Eugene, Ore.

2nd Place – 63 pts

3	M. Batty	23:39.6	1 st : Alabama	53
12	T. Gruenewald	23:57.0	2 nd : BYU	63
14	B. Hebbert	23:58.6	3 rd : Oregon	71
15	R. Nelson	23:59.3	4 th : Portland	73
19	A. Bahr	24:08.4	5 th : Villanova	99
24	N. Ogden	24:17.0	6 th : Cal Poly	173
27	R. Merriman	24:19.6	7 th : UTEP	196
37	T. Fuller	24:35.2	8 th : Colorado St.	207
38	J. Kotter	24:36.0	9 th : Weber St.	238
49	J. Nelson	24:49.2	10 th : San Francisco	261
52	D. Shawhan	24:57.3		
79	R. Harrison	25:55.3		

Pre-Nationals Invitational

Oct. 17, 2009 Terre Haute, Ind.

3rd Place – 163 pts

White Race:

12	M. Batty	24:02.8	1 st : No. 1 Stanford	47
19	T. Gruenewald	24:08.4	2 nd : No. 4 Colorado	130
29	R. Nelson	24:14.7	3 rd : No. 6 BYU	163
44	A. Bahr	24:28.2	4 th : No. 8 Portland	211
59	R. Merriman	24:38.7	5 th : No. 12 Iona	218
61	N. Ogden	24:39.7	6 th : No. 19 Ariz. State	232
76	B. Hebbert	24:52.3	7 th : No. 21 New Mexico	278
			8 th : No. 28 Florida St.	288

Open Race:

3	T. Fuller	24:59.7
4	J. Nelson	25:00.8
6	J. Kotter	25:14.4

19	D. Shawhan	25:52.2
38	R. Frey	26:22.4

MWC Championships

Oct. 31, 2009 Orem, UT

2nd Place – 34 pts

2	M. Batty	23:55.6	1st: No. 19 New Mexico	29
5	R. Nelson	24:01.6	2nd: No. 7 BYU	34
7	N. Ogden	24:06.8	3rd: Air Force	72
9	A. Bahr	24:16.4	4th: Colorado St.	118
11	B. Hebbert	24:25.8	5th: Wyoming	132
12	R. Merriman	24:38.9	6th: TCU	186
15	T. Gruenewald	24:47.6		
16	T. Fuller	24:53.9		
17	J. Nelson	24:55.5		

All-MWC 1st Team

M. Batty
R. Nelson
N. Ogden

All-MWC 2nd Team

A. Bahr
B. Hebbert
R. Merriman

MWC Co-Freshman of the Year: Jonathan Nelson

NCAA Mountain Regional

Nov. 14, 2009 Albuquerque, NM

1st Place – 54 pts

2	M. Batty	30:03.5	1st: No. 14 BYU	54
9	R. Nelson	30:38.6	2nd: No. 5 Colorado	55
12	B. Hebbert	30:41.2	3rd: No. 12 New Mexico	77
15	T. Gruenewald	30:49.9	4th: No. 4 Northern Ariz.	86
16	N. Ogden	30:52.3	5th: UTEP	158
20	A. Bahr	31:02.8	6th: Air Force	161
43	R. Merriman	31:53.9		

All-Region:

M. Batty T. Gruenewald
R. Nelson N. Ogden
B. Hebbert A. Bahr

NCAA Mountain Region Coach of the Year: Ed Eyestone

NCAA Championships

Nov. 23, 2009 Terre Haute, Ind.

17th Place – 468 points

50	R. Nelson	30:34
54	T. Gruenewald	30:36
87	N. Ogden	31:04
137	M. Batty	31:33
140	B. Hebbert	31:37
159	R. Merriman	31:54
186	A. Bahr	32:35

Individuals:

Miles Batty, So.:

1	BYU Autumn Classic	19:38.3
1	UC Riverside Invit.	23:41.1
3	Bill Dellinger Invit.	23:39.6
12	Pre-Nationals Invit.	24:02.8
2	MWC Championships	23:55.6
2	NCAA Mountain Regional	30:03.5
137	NCAA Championships	31:33

***2x MWC Athlete of the Week in 2009**

***All-MWC First Team**

***All-Region recipient**

Brandon Hebbert, Sr.:

2	BYU Autumn Classic	19:44.3
4	UC Riverside Invit.	24:00.8
14	Bill Dellinger Invit.	23:58.6
76	Pre-Nationals Invit.	24:52.3
11	MWC Championships	24:25.8
12	NCAA Mountain Regional	30:41.2
140	NCAA Championships	31:37

***All-MWC Second Team**

***All-Region recipient**

Richard Nelson, Sr.:

4	BYU Autumn Classic	19:58.3
13	UC Riverside Invit.	24:26.7
15	Bill Dellinger Invit.	23:59.3
29	Pre-Nationals Invit.	24:14.7
5	MWC Championships	24:01.6
9	NCAA Mountain Regional	30:38.6
50	NCAA Championships	30:34

***All-MWC First Team**

***All-Region recipient**

Tommy Gruenewald, So.:

9	BYU Autumn Classic	20:16.9
14	UC Riverside Invit.	24:32.2
12	Bill Dellinger Invit.	23:57.0
19	Pre-Nationals Invit.	24:08.4
15	MWC Championships	24:47.6
15	NCAA Mountain Regional	30:49.9
54	NCAA Championships	30:36

***All-Region recipient**

Alden Bahr, So.:

6	BYU Autumn Classic	20:03.3
7	UC Riverside Invit.	24:15.8
19	Bill Dellinger Invit.	24:08.4
44	Pre-Nationals Invit.	24:28.2
9	MWC Championships	24:16.4
20	NCAA Mountain Regional	31:02.8
186	NCAA Championships	32:35

***All-MWC Second Team**

***All-Region recipient**

Nate Ogden, Jr.:

7	BYU Autumn Classic	20:15.5
5	UC Riverside Invit.	24:05.2
24	Bill Dellinger Invit.	24:17.0
61	Pre-Nationals Invit.	24:39.7
7	MWC Championships	24:06.8
16	NCAA Mountain Regional	30:52.3
87	NCAA Championships	31:04

***All-MWC First Team**

***All-Region recipient**

Ryan Merriman, Sr.:

3	BYU Autumn Classic	19:52.9
6	UC Riverside Invit.	24:11.6
27	Bill Dellinger Invit.	24:19.6
59	Pre-Nationals Invit.	24:38.7
12	MWC Championships	24:38.9
43	NCAA Mountain Regional	31:53.9
159	NCAA Championships	31:54

***All-MWC Second Team**

Travis Fuller, So.:

11	BYU Autumn Classic	20:24.2
22	UC Riverside Invit.	24:52.2
37	Bill Dellinger Invit.	24:35.2
3	Pre-Nationals Invit. - Open Race	24:59.7
16	MWC Championships	24:53.9

Jonathan Nelson, Fr.:

15	BYU Autumn Classic	20:30.2
23	UC Riverside Invit.	24:54.4
49	Bill Dellinger Invit.	24:49.2
4	Pre-Nationals Invit. - Open Race	25:00.8
17	MWC Championships	24:55.5

***MWC Co-Freshman of the Year**

Jon Kotter, Jr.:

14	BYU Autumn Classic	20:28.3
11	UC Riverside Invit.	24:23.7
38	Bill Dellinger Invit.	24:36.0
6	Pre-Nationals Invit. - Open Race	25:14.4

Reagan Frey, Jr.:

13	BYU Autumn Classic	20:27.5
35	UC Riverside Invit.	25:15.0
38	Pre-Nationals Invit. - Open Race	26:22.4

Dylan Shawhan, RFr.:

16	BYU Autumn Classic	20:38.9
18	UC Riverside Invit.	24:46.2
52	Bill Dellinger Invit.	24:57.3
19	Pre-Nationals Invit. - Open Race	25:52.2

Ryan Harrison, Sr.:

26	UC Riverside Invit.	24:59.5
79	Bill Dellinger Invit.	25:55.3

Josh Adams, RFr.:

39	BYU Autumn Classic	21:42.3
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Karl Wilcock:

34	<i>BYU Autumn Classic</i>	21:29.7
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Jacob Cosby, RFr.:

42	<i>BYU Autumn Classic</i>	21:47.9
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Jared Rohatinsky, RFr.:

43	<i>BYU Autumn Classic</i>	21:48.7
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Nate Fletcher, RFr.:

65	<i>BYU Autumn Classic</i>	23:44.9
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Brandon Babiracki, Sr.:

142	UC Riverside Invit.	26:50.5
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