

2008 WOMEN'S TRACK & FIELD OUTDOOR BEST MARKS LIST

LAST UPDATED: 4/07/2008



100 Meters

Name	Time	Date	Meet
Kindy Longmore	12.35	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)
Chelsi Peterson	12.34 (12.37)	4/4/2008	Cougar Invitational (Provo, Utah)
Emily Page	12.86 (12.89)	4/4/2008	Cougar Invitational (Provo, Utah)
Elizabeth Bennett	13.58 (13.61)	4/4/2008	Cougar Invitational (Provo, Utah)
Brenda Benson	13.92 (13.95)	4/4/2008	Cougar Invitational (Provo, Utah)
Ashley Sheppard	14.21 (14.24)	4/4/2008	Cougar Invitational (Provo, Utah)
Katie Hawkins	14.63 (14.67)	4/4/2008	Cougar Invitational (Provo, Utah)

100 Meter Hurdles

Name	Time	Date	Meet
Mindy Robins	14.15 (14.19)	4/4/2008	Cougar Invitational (Provo, Utah)
Kathryn Beck	14.27	3/29/2008	ASU Invitational (Tempe, Ariz.)
Chelsi Petersen	14.40 (14.44)	4/4/2008	Cougar Invitational (Provo, Utah)
Sarah Lacey	14.89	3/29/2008	ASU Invitational (Tempe, Ariz.)
Alyssa Christensen	15.67 (15.71)	4/4/2008	Cougar Invitational (Provo, Utah)
Tamara Keys	15.94	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)
Erica Christensen	17.41	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)

200 Meters

Name	Time	Date	Meet
Kindy Longmore	25.15	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)
Mary Bennion	25.26 (25.33)	4/4/2008	Cougar Invitational (Provo, Utah)
Emily Page	26.27 (26.34)	4/4/2008	Cougar Invitational (Provo, Utah)
Elizabeth Bennett	28.62	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)

400 Meters

Name	Time	Date	Meet
Mary Bennion	55.94 (56.05)	4/4/2008	Cougar Invitational (Provo, Utah)
Nicole Rasmussen	58.37	3/29/2008	ASU Invitational (Tempe, Ariz.)
Sandra Mazan	58.45	3/29/2008	ASU Invitational (Tempe, Ariz.)
Abby Barker	1:01.81	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)

400 Meter Hurdles

Name	Time	Date	Meet
Nicole Rasmussen	1:01.44 (1:01.55)	4/4/2008	Cougar Invitational (Provo, Utah)
Mindy Robins	1:02.25 (1:02.36)	4/4/2008	Cougar Invitational (Provo, Utah)
Alyssa Christensen	1:07.14 (1:07.25)	4/4/2008	Cougar Invitational (Provo, Utah)
Erica Christensen	1:07.93	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)

800 Meters

Name	Time	Date	Meet
Carlee Clark-Platt	2:07.82	4/5/2008	Stanford Invitational (Palo Alto, Calif.)
Stacy Slight	2:09.44	4/5/2008	Stanford Invitational (Palo Alto, Calif.)
Katie Palmer	2:10.73	3/29/2008	ASU Invitational (Tempe, Ariz.)
Emily Dunn	2:11.09	3/29/2008	ASU Invitational (Tempe, Ariz.)
Sandra Mazan	2:13.90	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)
Laura Taylor	2:20.50 (2:19.86)	4/4/2008	Cougar Invitational (Provo, Utah)
Katie Montgomery	2:21.46	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)
Hannah Kent-Johnston	2:26.89 (2:26.25)	4/4/2008	Cougar Invitational (Provo, Utah)
Erica Christensen	2:27.42 (2:26.78)	4/4/2008	Cougar Invitational (Provo, Utah)

1500 Meters

Name	Time	Date	Meet
Katie Palmer	4:28.20	4/5/2008	Stanford Invitational (Palo Alto, Calif.)
Carolyn Quebe	4:29.22	3/29/2008	ASU Invitational (Tempe, Ariz.)
Carlee Clark-Platt	4:29.22	3/29/2008	ASU Invitational (Tempe, Ariz.)
Laura Taylor	4:43.36 (4:38.00)	4/4/2008	Cougar Invitational (Provo, Utah)
Anna Sperry	4:43.98 (4:38.62)	4/4/2008	Cougar Invitational (Provo, Utah)
Emily Dunn	4:43.67	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)
Sarah Hansen	4:46.09 (4:40.73)	4/4/2008	Cougar Invitational (Provo, Utah)
Angela Peterson	4:50.04 (4:44.68)	4/4/2008	Cougar Invitational (Provo, Utah)
Millie Rapp	4:56.70 (4:51.34)	4/4/2008	Cougar Invitational (Provo, Utah)
Hannah Kent-Johnston	5:05.44	3/29/2008	ASU Invitational (Tempe, Ariz.)
Jessica Hauser	5:17.96 (5:12.60)	4/4/2008	Cougar Invitational (Provo, Utah)

One Mile

Name	Time	Date	Meet
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3000 Meter Steeple

Name	Time	Date	Meet
Angela Wagner	10:23.64	4/5/2008	Stanford Invitational (Palo Alto, Calif.)
Tawny Bybee	10:37.21	4/5/2008	Stanford Invitational (Palo Alto, Calif.)
Amy Fowler Layne	10:44.95	4/5/2008	Stanford Invitational (Palo Alto, Calif.)

3000 Meters

Name	Time	Date	Meet
Tawny Bybee	9:49.70	3/29/2008	ASU Invitational (Tempe, Ariz.)
Katie Bowen	9:51.45	3/29/2008	ASU Invitational (Tempe, Ariz.)
Sarah Hansen	10:11.56	3/29/2008	ASU Invitational (Tempe, Ariz.)
Carolyn Quebe	10:11.61	3/29/2008	ASU Invitational (Tempe, Ariz.)
Anna Sperry	10:16.13	3/29/2008	ASU Invitational (Tempe, Ariz.)
Jessica Lemmon	10:16.49	3/29/2008	ASU Invitational (Tempe, Ariz.)
Millie Rapp	10:27.75	3/29/2008	ASU Invitational (Tempe, Ariz.)

5000 Meters

Name	Time	Date	Meet
Katie Bowen	16:43.07	4/5/2008	Stanford Invitational (Palo Alto, Calif.)
Cecily Lemmon	16:57.14	4/5/2008	Stanford Invitational (Palo Alto, Calif.)
Jenna Jensen	17:29.70	4/5/2008	Stanford Invitational (Palo Alto, Calif.)
Angela Petersen	17:47.04	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)
Jessica Lemmon	18:32.28 (18:07.73)	4/4/2008	Cougar Invitational (Provo, Utah)
Sarah Hansen	18:17.21	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)
Millie Rapp	18:23.29	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)
Jocelyn Gardner	18:39.60	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)
Jessica Hauser	19:33.69	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)

10,000 Meters

Name	Time	Date	Meet
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4x100 Meter Relay

Name	Time	Date	Meet
Beck, Longmore, Petersen, Robins	46.92	4/4/2008	Cougar Invitational (Provo, Utah)

4x400 Meter Relay

Name	Time	Date	Meet
Bennion, Petersen, Rasmussen, Robins A Team	3:48.65 3:50.03	4/4/2008 4/5/2008	Cougar Invitational (Provo, Utah) Stanford Invitational (Palo Alto, Calif.)
Mazan, Dunn, Palmer, Platt	3:50.08	3/29/2008	ASU Invitational (Tempe, Ariz.)
Bennion, Rasmussen, Robins, Petersen	3:50.63	3/29/2008	ASU Invitational (Tempe, Ariz.)
Rasmussen, Dunn Mazan, Bennion	3:54.54	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)

Long Jump

Name	Mark	Date	Meet
Chelsi Petersen	19-06.00 (5.94)	4/4/2008	Cougar Invitational (Provo, Utah)
Mindy Robins	18-07.00 (5.66)	3/29/2008	ASU Invitational (Tempe, Ariz.)
Tara Anderson	18-03.00 (5.56)	4/4/2008	Cougar Invitational (Provo, Utah)
Katlyn Merrill	17-06.25 (5.34)	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)
Elizabeth Bennett	14-06.25 (4.43)	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)

Triple Jump

Name	Mark	Date	Meet
Madara Dzable	39-09.75 (12.13)	4/4/2008	Cougar Invitational (Provo, Utah)
Katlyn Merrill	37-08.00 (11.48)	4/4/2008	Cougar Invitational (Provo, Utah)

High Jump

Name	Mark	Date	Meet
Ashley Payne	5-05.00 (1.65)	3/29/2008	ASU Invitational (Tempe, Ariz.)
Kathryn Beck	5-03.00 (1.60)	3/29/2008	ASU Invitational (Tempe, Ariz.)

Pole Vault

Name	Mark	Date	Meet
Kari McAllister	12-01.50 (3.70)	4/2/2008	Texas Relays (Austin, Texas)
Melissa Noonchester	11-01.75 (3.40)	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)
Ashley Sheppard	11-01.75 (3.40)	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)

Shot Put

Name	Mark	Date	Meet
Krystle Forester	45-03.75 (13.81)	4/4/2008	Cougar Invitational (Provo, Utah)
Megan Tyler	42-00.00 (12.80)	3/29/2008	ASU Invitational (Tempe, Ariz.)
Deezbaa Whaley	41-06.75 (12.67)	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)
Tamra Keys	38-04.00 (11.68)	4/4/2008	Cougar Invitational (Provo, Utah)
Chelsi Petersen	34-09.50 (10.60)	4/4/2008	Cougar Invitational (Provo, Utah)

Discus

Name	Mark	Date	Meet
Deezbaa Whaley	150-06 (45.88)	4/4/2008	Cougar Invitational (Provo, Utah)
Megan Tyler	145-11 (44.48)	4/4/2008	Cougar Invitational (Provo, Utah)
Madara Dzalbe	127-07 (38.90)	4/4/2008	Cougar Invitational (Provo, Utah)

Javelin

Name	Mark	Date	Meet
Sarah Lancaster	153-08 (46.83)	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)
Piret Kuresson	144-09 (44.11)	3/29/2008	ASU Invitational (Tempe, Ariz.)
Rebecca Lee	139-05 (42.50)	4/4/2008	Cougar Invitational (Provo, Utah)
Kelly Jackson	133-09 (40.78)	4/4/2008	Cougar Invitational (Provo, Utah)
Erin Christiansen	131-10 (40.19)	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)
Sarah Lacey	126-02 (38.46)	3/29/2008	ASU Invitational (Tempe, Ariz.)
Tamara Lemalu	111-06 (34.00)	3/29/2008	ASU Invitational (Tempe, Ariz.)
Tamra Keys	86-07 (26.39)	4/4/2008	Cougar Invitational (Provo, Utah)

Hammer

Name	Mark	Date	Meet
Deezbaa Whaley	152-03 (46.42)	3/22/2008	Dave Murray/Willie Williams Classic (Tucson, Ariz.)
Tamara Lemalu	127-08 (38.91)	3/29/2008	ASU Invitational (Tempe, Ariz.)
Krystle Forester	125-11 (38.39)	4/4/2008	Cougar Invitational (Provo, Utah)

Heptathlon

Name	Points	Date	Meet
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