

*BYU Women's Outdoor Track Descending Order List*

*Marks Through*

*15-Jun-11*

100M	Raw Time	Adj. Time	Date	Meet
Porshe Giddings	11.60	11.63	5/4/11	BYU
Aubrey Hale	11.76	11.79	5/4/11	BYU
Arlene Gowar	12.06	12.09	5/4/11	BYU
Erica Shields	13.06	13.06	3/17/11	SDSU
200M				
Porshe Giddings	23.94	24.01	5/14/11	MWC
Aubrey Hale	24.57	24.64	5/14/11	MWC
Arlene Gowar	24.67	24.67	3/17/11	SDSU
Mindy Sagers	24.87	24.87	3/17/11	SDSU
Fatima Makakala	25.04	25.04	4/9/11	Sun Angel
Danielle Figgins	25.07	25.14	5/4/11	BYU
Elizabeth Wilson	27.11	27.15	4/16/11	BYU
400M				
Porshe Giddings	55.01	55.12	4/16/11	USU
Lacey Bleazard	55.27	55.38	5/4/11	BYU
Katie Palmer	55.80	55.91	5/4/11	BYU
Sarah Edwards	56.92	57.03	5/4/11	BYU
Nicole Clark	57.99	58.10	5/4/11	BYU
Elizabeth Ricks	58.07	58.18	4/1/11	UVU
Danielle Figgins	1:00.88	1:00.88	3/17/11	SDSU
800M				
Katie Palmer	2:04.47	2:04.47	4/16/11	Mt. SAC
Lacey Bleazard	2:04.78	2:04.78	4/16/11	Mt. SAC
Sarah Edwards	2:07.93	2:07.93	4/9/11	Sun Angel
Nicole Clark	2:08.78	2:08.02	5/14/11	MWC
Stacy Slight	2:13.09	2:12.44	4/23/11	Robison
Ashlee Thomas	2:14.60	2:13.94	4/23/11	Robison
Bethanie Kruman	2:14.39	2:14.39	4/2/11	USC
Elizabeth Ricks	2:16.04	2:15.37	4/23/11	USU

Lisa Olander	2:18.92	2:18.24	5/4/11	BYU
Elizabeth Wilson	2:44.51	2:43.55	5/14/11	MWC
<b>1,500M</b>				
Katie Palmer	4:20.82	4:20.82	3/25/11	Stanford
Kari Hardt	4:22.17	4:22.17	4/9/11	Sun Angel
Stacy Slight	4:24.88	4:24.88	3/25/11	Stanford
Candace Eddy	4:34.28	4:28.90	5/4/11	BYU
Nicole Clark	4:29.16	4:29.16	3/25/11	Stanford
Sarah Edwards	4:30.07	4:30.07	3/25/11	Stanford
MichaelAnne Laurent	4:31.43	4:31.43	4/9/11	Sun Angel
Lisa Drury	4:37.93	4:32.48	5/4/11	BYU
Ashlee Thomas	4:38.40	4:38.40	3/17/11	SDSU
Lacey Bleazard	4:38.44	4:38.44	3/25/11	Stanford
Maren Hanson	4:51.06	4:45.20	4/1/11	UVU
Kathryn Vidmar	4:51.59	4:45.72	4/1/11	UVU
Makenna Smith	4:55.38	4:49.43	4/1/11	UVU
Katie Swanson	4:58.57	4:52.71	5/4/11	BYU
<b>3,000M-Steeplechase</b>				
Katy Andrews	10:12.04	10:12.04	4/16/11	Mt. SAC
Lisa Drury	11:00.65	11:00.65	4/9/11	Sun Angel
Stephanie Jensen	11:10.96	11:10.96	4/2/11	USC
Andrea Nelson	11:43.11	11:27.19	4/9/11	UVU Open
<b>5,000M</b>				
Kari Hardt	16:15.82	16:15.82	3/25/11	Stanford
Katy Andrews	16:38.12	16:38.12	3/17/11	SDSU
Cecily Lemmon-Lew	16:42.45	16:42.45	3/25/11	Stanford
Morgan Haws	17:11.02	16:46.60	4/23/11	Robison
Lindsey Sowards	16:54.74	16:54.74	4/16/11	Mt. SAC
Rachel Lange	17:03.20	17:03.20	3/25/11	Stanford
Kendra Christensen	17:05.78	17:05.78	3/25/11	Stanford
Lisa Drury	17:40.89	17:40.89	3/17/11	SDSU
Loren Wynn	18:23.60	17:56.75	4/1/11	UVU
Kathryn Vidmar	18:08.07	18:08.07	3/17/11	SDSU
Kelsi Tippets	18:38.06	18:10.86	4/1/11	UVU
Amy Witt	18:42.03	18:14.73	4/1/11	UVU
<b>10,000M</b>				

Morgan Haws	33:39.65	33:39.65	3/25/11	Stanford
Cecily Lemmon-Lew	33:58.24	33:58.24	5/26/11	Region
Rachel Lange	35:27.39	35:27.39	4/16/11	Mt. SAC
Kendra Christensen	36:26.05	36:26.05	4/16/11	Mt. SAC
Kathryn Vidmar	37:13.92	37:13.92	4/16/11	Mt. SAC
Loren Wynn	37:18.49	37:18.49	4/16/11	Mt. SAC
Kelsi Tippets	37:24.42	37:24.42	4/16/11	Mt. SAC
<b>100M Hurdles</b>				
Fatima Makakala	13.59	13.63	5/4/11	BYU
Mindy Sagers	13.72	13.72	4/2/11	USC
Alyssa Christensen	13.80	13.84	5/14/11	MWC
Taylor Stapley	14.76	14.80	5/4/11	BYU
Brooke Jensen	15.61	15.65	4/1/11	UVU
Elizabeth Wilson	15.62	15.66	4/23/11	Robison
<b>400M Hurdles</b>				
Alyssa Christensen	59.61	59.61	4/9/11	Sun Angel
Allysa Hansen	1:01.06	1:01.17	5/14/11	MWC
<b>4x100M Relay</b>				
BYU - Makakala, Giddin	45.21	45.33	4/1/11	UVU
Gowar, Sagers				
<b>1,600M- Relay</b>				
BYU - Giddings, Palme	3:40.75	3:41.19	5/14/11	MWC
Edwards, Bleazard				
<b>High Jump</b>				
Ada Robinson	1.86m (6-1.25)		5/14/11	MWC
Diana Blauer	1.77m (5-9.75)		5/14/11	MWC
Sarah Vaughn	1.71m (5-7.25)		4/1/11	UVU
Taylor Stapley	1.66m (5-5.25)		4/1/11	UVU
Elizabeth Wilson	1.63m (5-4.25)		4/23/11	Robison
Elise Nelson	1.61m (5-3.25)		4/1/11	UVU
Mindy Sagers	1.49m (4-10.50)		3/23/11	Cal Multis
<b>Long Jump</b>				
Fatima Makakala	5.72m (18-9.25)		5/4/11	BYU
Mindy Sagers	5.41m (17-9.00)		3/17/11	SDSU
Elizabeth Wilson	5.32m (17-5.50)		5/14/11	MWC
Erica Shields	5.24m (17-2.25)		4/23/11	Robison

<b>Triple Jump</b>				
Elizabeth Wilson	12.05m (39-6.50)		5/14/11	MWC
Mellissa Keltner	11.37m (37-3.75)		4/23/11	Robison
<b>Pole Vault</b>				
Kelli Ehardt	4.10m (13-5.25)		5/4/11	BYU
Christen Botteron	4.00m (13-1.50)		5/26/11	Region
Elizabeth Portanova	3.80m (12-5.5)		5/4/11	BYU
Shanie Bushman	3.55m (11-7.75)		5/4/11	BYU
Diane McAllister	3.45m (11-3.75)		4/23/11	Robison
Catherine Ballard	3.20m (10-6.00)		4/1/11	UVU
<b>Shot Put</b>				
Cassandra Woodall	14.99m (49-2.25)		5/14/11	MWC
Martha Shepard	13.21m (43-4.25)		4/1/11	UVU
Megan Tyler	11.85m (38-10.50)		3/25/11	Stanford
Elizabeth Wilson	10.91m (35-9.50)		3/17/11	SDSU
Mindy Sagers	9.47m (31-1.00)		3/23/11	Cal Multis
<b>Discus Throw</b>				
Megan Tyler	44.20m (145-0)		3/25/11	Stanford
Abby Aguiar	41.56m (136-4)		4/16/11	USU
Brittany Critchfield	39.14m (128-5)		4/23/11	Robison
Patrice Sapiga	38.97m (127-10)		1-Apr	UVU
Cassandra Woodall	31.92m (104-9)		4/1/11	UVU
<b>Hammer</b>				
Cassandra Woodall	56.15m (184-3)		4/9/11	Sun Angel
Tipaleli Fotu	56.02m (183-9)		5/4/11	BYU
Martha Shepard	52.84m (173-4)		5/4/11	BYU
Ashley Rencher	46.72m (153-3)		5/4/11	BYU
Patrice Sapiga	43.82m (143-9)		4/1/11	UVU
<b>Javelin</b>				
Allyson Wardell	46.33m (152-0)		5/26/11	Region
Amber Freeman	46.28m (151-10)		4/23/11	Robison
Julie Larsen	42.12m (138-2)		5/4/11	BYU
Aubri Salazar	41.72m (136-10)		4/1/11	UVU
Erin Wells	41.03m (134-7)		4/1/11	UVU
Elizabeth Wilson	33.29m (109-3)		4/16/11	USU
<b>Heptathlon</b>				

Elizabeth Wilson	4597 points	5/14/11	MWC
Mindy Sagers	2964 points	3/23/11	Cal Multis

**MWC Athlete of the Week**

*Katie Palmer - 3/29/11*

*Katy Andrews - 4/19/11*

*Ada Robinson - 4/5/11*

*Fatima Makakala - 5/10/11*