

Lauren Holbrook | Gymnastics Sports Information | BYU Athletic Communications | Office: (801) 422-8999 | Cell: (224) 422-6222 | gymnastics_sid@byu.edu

BYU 2018 SCHEDULE

Meet	Score/Resul
at Utah	194.275/2nd
Cal Berkeley	196.025/1st
Southern Utah	195.750/1st
Air Force	196.450/1st
at Denver	194.875/3rd
at Southern Utah	7 p.m. MST
Denver, Southern Utah	7 p.m. MST
Boise State	7 p.m. MST
at Utah State	7 p.m. MST
at Oregon State	7 p.m. PST
Penn State, Utah State,	7 p.m. MST
Texas Woman's	
at Washington	6 p.m. PDT
MRGC Championships	7 p.m. MDT
	at Utah Cal Berkeley Southern Utah Air Force at Denver at Southern Utah Denver, Southern Utah Boise State at Utah State at Oregon State Penn State, Utah State, Texas Woman's at Washington

2018 QUICK FACTS

Location Provo, Utah 84602
Elevation
Enrollment
FoundedOctober 15, 1875
OwnedLDS Church
NicknameCougars
BYU President Kevin J Worthen (BYU, 1979)
Athletics Director Tom Holmoe (BYU, 1983)
Assoc. Athletic Director/SWA Liz Darger (BYU, 2000)
Arena Smith Fieldhouse
Conference Mountain Rim Gymnastics
2017 Regional Finish 5th

PROGRAM TEAM HIGHS

Vault	49.625	3/12/04, Utah State
Bars	49.475	2/16/01, Missouri
Beam	49.675	3/12/04, Utah State
Floor	49.675	3/15/04, Southern Utah
Total	198.025	3/12/04, Utah State

MRGC WEEKLY AWARDS

Week 1:
Beam Specialist Jill van Mierlo
Floor Specialists Mackenzie Douglas, Shannon Evans
Week 2:
Floor Specialist
Week 3:
Bars Specialists Natasha Marsh, Shannon Evans
Floor Specialist
Week 4:
Bars Specialist Brittni Hawes

MEET INFORMATION

Date	
Location	
TV	
Live Stats	suutbirds.com/schedule



SOUTHERN UTAH UNIVERSITY THUNDERBIRDS

Head CoachJustin Howell	
Assoc. Head Coach Elisabeth Crandall-Howell	
Student Manager Alex Dudschus	,
Student Manager Emily Howe	



BYU COUGARS

Head CoachGuard Young
Assistant CoachNatalie Broekman
Assistant Coach Brogan Evanson
Volunteer Asst. Coach Mary Fredericks

MEET PREVIEW

PROVO, Utah - No. 21 BYU heads to Cedar City, Utah this Friday to compete against Southern Utah University for the second time this season.

"Southern Utah is a great in-conference team with a lot of talent," head coach Guard Young said. "We start on bars and end on beam, so it will be a good mental challenge for our girls to set up that strong start and, more importantly, have that better finish."

Last week, the Cougars set a season-high score on vault of 48.975, with freshman Avery Bennett setting a career-high 9.875 and Jill van Mierlo matching her personal record of 9.825. Kyleigh Greenlief received a season-high score of 9.850 on floor. BYU also set records on bars, with freshman Haley Pitou posting a career-high of 9.875 and Brittni Hawes earning MRGC Bars Specialist of the Week after receiving a season-high 9.925 on her routine.

This will be the third away meet for BYU. Although the Cougars have struggled in the last two meets away from home, Young has high hopes for this weekend and looking forward to the rest of the season.

"We have conference at SUU at the end of the season," Young said. "This is a great opportunity for our girls to be under those lights and in that environment to also get mentally ready for that event."

The Thunderbirds earned their first win of the year with a season-high score last weekend against Central Michigan 195.825 to 195.675. Sophomore Autumn Jorgensen was named one of four Mountain Rim Gymnastics Conference Beam Specialists of the Week following her 9.875 against the Chippewas.

The meet is scheduled to begin at 7 p.m. at Centrum Arena in Cedar City, Utah. Live streaming and live stats will both be available.

2018 BYU ROSTER

NAME	HT.	YEAR	HOMETOWN
Abby Beeston	5-6	Fr.	Lehi, UT
Avery Bennett	5-3	Fr.	Gilbert, AZ
Abby Boden	5-5	Fr.	Roseville, CA
Allegra Clarkson	5-1	Fr.	American Fork, UT
Helody Cyrenne	5-4	Fr.	Beauharnois, QC, Canada
Jordan Danbury	5-2	Fr.	Killeen, TX
Mackenzie Douglas	5-5	Sr.	Queen Creek, AZ
Kyleigh Greenlief	5-4	Sr.	Sammamish, WA
Brittni Hawes	5-5	Sr.	Idaho Falls, ID
Cheyenne Hill	5-1	Jr.	Las Vegas, NV
Erin McKayla Hilton	5-4	So.	Henderson, NV
Shannon Hortman Evans	5-2	So.	American Fork, UT
Melanie Lockhart	5-3	Fr.	Tustin, CA
Lauren Love	5-3	So.	Gilbert, AZ
Savanna Maradiaga	5-2	Jr.	Tyler, TX
Hannah Miller	5-2	So.	Farmington, UT
Abbey Miner	5-4	Fr.	Mapleton, UT
Briana Pearson	5-3	So.	Los Gatos, CA
Haley Pitou	5-4	Fr.	Park City, UT
Natasha Trejo Marsh	5-0	Jr.	Tucson, AZ
Jill van Mierlo	5-2	Sr.	San Clemente, CA
Aspen Welch	5-3	Fr.	St. George, UT
Jessie Westergard	5-2	Jr.	Norwell, MA
Angel Zhong	5-5	So.	Langley, BC, Canada

Head Coach: Guard Young (3rd Season)
Assistant Coach: Natalie Broekman (3rd Season)
Assistant Coach: Brogan Evanson (3rd Season)

Volunteer Assistant Coach: Mary Fredericks (1st Season)

BYU PROGRAM AND SEASON HIGHLIGHTS

Team Records

Overall

Program: 198.025, 3/12/04 Season: 196.450, 1/19/18

Vault

Program: 49.625, 3/12/04 Program: 49.475, 2/16/01 Season: 48.975, 2/3/18 Season: 49.200, 1/12/18

Beam Floor

Program: 49.675, 3/12/04 Program: 49.675, 3/15/04 Season: 49.125, 1/12/18 Season: 49.275, 1/12/18

2018 Season Highlights

- Team overall score of 196.450 highest since 2005.
- Team beam score of 49.125 against Cal was highest since 2010.
- Before 196.025 win against Cal, the last time BYU scored over 196.000 in the 2nd meet of the season was 2004 against Boise State.
- Five gymnasts set new career-highs during the meet against Air Force on 1/26/18: Abby Boden on bars, Mackenzie Douglas on floor, Shannon Evans in all-around, Abbey Miner on vault and floor, Haley Pitou on bars and Angel Zhong on bars and beam.
- Attendance of 5,112 fans on 1/19/18 against Southern Utah broke BYU gymnastics' home attendance record.

BYU PRONUNCIATION GUIDE

HELODY CYRENNE: Elle-oh-dee / Sv-reen KYLEIGH GREENLIEF: Ky-lee / Green-leaf Savanna MARADIAGA: Mah-rrah-dee-ah-gah Natasha TRF.IO Marsh Tray-hoe BRIANA Pearson: Bree-ah-nuh Haley PITOU: Pee-too Jill van MIERLO: Meer-low Angel ZHONG: Zong

WEEK FIVE RECAP: BYU TAKES THIRD

DENVER – No. 18 BYU took third place with an overall score of 194.875 against No. 11 Denver (196.750), Ball State (195.450) and Bowling Green (194.525) Saturday night at Hamilton Gymnasium.

"It was a great gymnastics environment tonight with a sellout crowd and four teams going on at the same time," head coach Guard Young said. "The girls will have to learn how to handle that type of environment. You either win or you learn, so we're going to learn from this."

Despite the loss, the Cougars earned a season-high 48.975 on vault while freshmen Avery Bennett and Haley Pitou set career highs on vault and bars, respectively.

BYU started the night with a strong performance on bars. Senior Brittni Hawes posted a season-high score of 9.925, followed by Pitou's career-high 9.875. Sophomore Shannon Hortman Evans earned a 9.850, giving the team a score of 49.150 for second place. Denver ended the first rotation with a 49.275 on vault, with Ball State earning a 48.550 on beam and Bowling Green receiving a 48.100 on floor.

"The bars team was spectacular," Young said. "They struggled in the warm-ups, and so seeing the girls put that aside was amazing. I am very proud of their performances."

In the second rotation, Natasha Trejo Marsh anchored the Cougars on beam with a 9.825. Abby Boden and Hannah Miller both performed well, earning a 9.750 and 9.700, respectively. However, three falls on the event brought the team's score down as BYU ended the rotation at 96.700. Denver continued to lead after the second rotation with a 98.025, with Ball State jumping to second (97.350) and Bowling Green coming in third (97.050).

Currently ranked eighth in the nation on floor, the Cougars started the third rotation strong. Briana Pearson opened the event with a 9.850, matching her season-high score. Evans and Kyleigh Greenlief both also posted a 9.850, matching another season-high score for Greenlief. Seniors Jill van Mierlo and Mackenzie Douglas both added scores of 9.825. BYU finished the rotation with a floor score of 49.200 and overall total at 145.900 for third. Denver maintained its lead at 147.400, followed by Ball State's 146.425. Bowling Green fell to fourth at 145.775.

The Cougars ended the meet on vault with a season-high score of 48.975. Bennett set a career high with the team's highest event score of the night, 9.875. Van Mierlo matched her career high on vault with a 9.825, setting a season-high score on the event as well. Angel Zhong earned a 9.800, bringing the Cougars' final score to 194.875. Denver ended the meet on top with 196.750. Ball State took second with a 195.450 and Bowling Green earned fourth with a total of 194.525.

BYU heads to Cedar City, Utah, next week to take on Southern Utah University. The meet is scheduled to take place on Friday, Feb. 9, at 7 p.m. MST in Centrum Arena. Live streaming will be available.

2018 SEASON SCORES

Me	et	Result	Vault	Bars	Beam	Floor	Total	Ranking
1/5	at Utah	2nd	48.775	47.900	48.700	48.900	194.725	17
1/12	California	1st	48.750	48.925	49.125	49.225	196.025	18
1/19	Southern Utah	1st	48.825	48.925	48.800	49.200	195.570	22
1/26	Air Force	1st	48.925	49.200	49.050	49.275	196.450	18
2/3	Denver	3rd	48.975	49.150	47.550	49.200	194.875	21

PROJECTED BYU EVENT LINE-UP

VAULT

- 1. Abbey Miner
- 2. Shannon Hortman Evans
- 3. Angel Zhong
- 4. Avery Bennett
- 5. Jill van Mierlo
- 6. Mackenzie Douglas

EXB: Haley Pitou

BARS

- 1. Jill van Mierlo
- 2. Angel Zhong
- 3. Abby Boden
- 4. Natasha Trejo Marsh
- 5. Brittni Hawes
- 6. Shannon Hortman Evans

EXB: Helody Cyrenne

BEAM

- 1. Briana Perason
- 2. Natasha Trejo Marsh
- 3. Hannah Miller
- 4. Shannon Hortman Evans
- 5. Angel Zhong
- 6. Jill van Mierlo

EXB: Cheyenne Hill

FLOOR

- 1. Briana Pearson
- 2. Abbey Miner
- 3. Jill van Mierlo
- 4. Shannon Hortman Evans
- 5. Kyleigh Greenlief
- 6. Mackenzie Douglas

EXB: Hannah Miller

2018 PHOTO ROSTER



Abby Beeston



Avery Bennett



Abby Boden Fr.



Allegra Clarkson



Helody Cyrenne



Jordan Danbury Fr.



Mackenzie Douglas Sr



Kyleigh Greenlief Sr.



Brittni Hawes Sr.



Cheyenne Hill Jr.



Erin McKayla Hilton So.



Shannon Hortman Evans So.



Melanie Lockhar Fr.



Lauren Love So.



Savanna Maradiaga Jr.



Hannah Miller So.



Abbey Miner Fr.



Briana Pearson So.



Haley Pitou



Natasha Trejo Marsh Jr.



Jill van Mierlo Sr.



Aspen Welch Fr.



Jessie Westergard Jr.



Angel Zhong So.

2018 INDIVIDUAL SCORES

- **Avery BENNETT** 2014 Junior Olympic NIT qualifier
 - 2017 Regional bronze medalist on beam

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.750				
1/12	California	9.850				
1/19	Southern Utah	9.800				
1/26	Air Force	9.775				
2/3	Denver	9.875				
Caree	r High	9.875				

Abby BODEN

- Placed at the 2017 Junior Olymic National Championships
- · Started in all 2018 season meets as a freshman

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.100		9.725		
1/12	California	9.625ex	9.800	9.850		
1/19	Southern Utah	9.650ex	9.775	9.775	9.700ex	
1/26	Air Force		9.825			
2/3	Denver		9.750	9.750		
Caree	r High	9.650	9.825	9.850	9.700	

Helody CYRENNE

- · Finished seventh in all-around at 2015 Elite Canada Championships
- · Competed at the 2015 Toyota International Cup in Japan

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah			9.625		
1/12	California			9.200		
1/26	Air Force			9.700ex		
Caree	r High			9.700		

Mackenzie DOUGLAS

- · 2017 All-MRGC Vault Co-Champion and first-team honors
- Earned a 9.800 or higher on vault in 9 of 13 meets in 2017

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.800			9.775	
1/12	California	9.725	8.900ex		9.900	
1/19	Southern Utah	9.800			9.875	
1/26	Air Force	9.825			9.925	
2/3	Denver	9.750			9.825	
Career High		9.875	9.875		9.925	

Shannon HORTMAN EVANS

- 2017 MRGC Freshman of the Year, three-time Gymnast of the Week
- Earned a 9.800 or higher on bars in 10 of 13 meets

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.750	9.800	9.550	9.800	38.900
1/12	California		9.850		9.900	
1/19	Southern Utah	9.675	9.850	9.800	9.625	38.950
1/26	Air Force	9.800	<u>9.875</u>	9.850	9.775	<u>39.300</u>
2/3	Denver	9.725	9.850		9.850	
Career High		9.875	9.875	9.875	9.900	39.300

Kyleigh GREENLIEF

- · Recorded a 9.800 or higher in six-consecutive meets on floor
- Posted a career-high 9.875 on floor on 3/13

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah				9.825	
1/12	California				9.800	
1/19	Southern Utah				9.825	
1/26	Air Force				9.825	
2/3	Denver				9.850	
Career High 9.875						

Brittni HAWES

- Career-high 9.950 ties for second in program history, leads conference
- · Recorded a 9.800 or higher on bars in seven meets
- 2017 NACGC/W Scholastic All-American

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah		9.750			
1/12	California		9.800			
1/19	Southern Utah		9.850			
1/26	Air Force		9.850			
2/3	Denver		9.925			
Career High			9.950			

Cheyenne HILL

- Earned an 9.800 or higher on vault in four meets
- 2016 NACGC/W Scholastic All-American, MRGC All-Academic Team

	Team Air Force	Va	ult	Bars	Beam 9.725ex	Floor	4	AA
2/3	Denver				9.125			
Career	High	9.8	325		9.800	9.800		

Hannah MILLER

- · Posted a career-high 9.800 on beam in the Gem State Invitational
- Earned a 9.700 or higher on beam in six meets

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah			9.775		
1/12	California	9.450		9.750	9.675ex	
1/19	Southern Utah			9.750		
1/26	Air Force			9.775	9.625ex	
2/3	Denver			9.700	9.700ex	
Caree	r High	9.700		9.800	9.700	

Abbey MINER

- · Placed second on vault and fifith on bars at Nationals in 2014
- · State Champion on vault in 2014 and 2017

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah				9.750	
1/12	California	9.650			9.750	
1/19	Southern Utah	9.675		9.550ex	9.800	
1/26	Air Force	9.750			9.850	
2/3	Denver	9.625			9.700	
Career High		9.750			9.850	

Briana PEARSON

- 2017 NACGC/W Scholastic All-American
- Earned a 9.800 or higher on floor in five meets

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah				9.750	
1/12	California			9.750	9.800	
1/19	Southern Utah			9.700	9.850	
1/26	Air Force			9.725	<u>9.850</u>	
2/3	Denver			9.125	<u>9.850</u>	
Caree	r High			9.775	9.875	

Haley PITOU

- Placed third on bars at 2017 Nationals
- · 2016 and 2017 State Bar Champion

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah		9.050			
1/19	Southern Utah		9.700ex			
1/26	Air Force	9.650ex	9.725			
2/3	Denver	9.725ex	9.875			
Caree	er High	9.725	9.875			

2018 INDIVIDUAL SCORES

- Natasha TREJO MARSH
 Earned a 9.800 or higher on beam in seven-consecutive meets
 2016 NACGC/W Scholastic All-American, MRGC All-Academic Team

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah		9.675	9.775		
1/12	California		9.725	9.875		
1/19	Southern Utah		9.750	9.775		
1/26	Air Force		9.875	9.800		
2/3	Denver		9.750	9.825		
Caree	r High		9.875	9.875	9.850	

Jill VAN MIERLO

- · Placed third in the all-around at the MRGC Championship
- 2015 MRGC Freshman of the Year

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.750	9.000	9.800	9.725	38.275
1/12	California	9.700	9.750	9.900	9.825	39.175
1/19	Southern Utah	9.775	9.700	9.700	9.850	39.025
1/26	Air Force	9.750		9.875	9.825	
2/3	Denver	9.825	9.800ex	9.150	9.825	
Career High		9.825	9.900	9.925	9.900	39.325

Angel ZHONG

- 2017 All-MRGC Vault First Team selection2017 NACGC/W Scholastic All-American with a 4.0 GPA

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.725	9.625			
1/12	California	9.825	9.675	9.675ex		
1/19	Southern Utah	9.775	9.700			
1/26	Air Force	9.775	9.775	9.750		
2/3	Denver	9.800	9.750	9.650ex		
Caree	r High	9.825	9.775	9.750		

2017 COACHING STAFF

Guard YOUNG

BYU Head Coach 2015-Present

A former BYU national champion gymnast and Olympic silver medal winner, Young enters his third year at the helm of the BYU gymnastics program.

A member of the BYU Athletic Hall of Fame, he returned to his alma mater in May of 2015.

Young came to BYU from the University of Oklahoma, where he was an assistant men's gymnastics coach from 2000-05 and 2011-15. In nine seasons at OU, Young was part of four NCAA championship teams (2002, 2003, 2005, 2015) and five NCAA runner-up teams (2001, 2004, 2012, 2013, 2014).

Young's passion for gymnastics is equaled by his love for BYU. From 1996 to 2000, he was a member of the BYU men's gymnastics team, winning six All-America awards and two NCAA National Championships on the vault (1999, 2000). As a senior, Young was also the runner-up for the individual all-around at the 2000 NCAA Championships. He was inducted into the BYU Athletic Hall of Fame in 2010.

From 2000 to 2004, Young was a member of the USA Senior National Gymnastics Team, winning a team

silver medal at the 2001 World Championships in Ghent, Belgium, and a team silver medal the 2004 Olympic Games in Athens, Greece.

As a junior gymnast, he trained under OU coach Mark Williams at the Bart Conner Gymnastics Academy in Norman, Oklahoma. Young earned the 1996 junior national champion title and three junior national team berths.

Young graduated from BYU in 2001 with a Bachelor of Arts in communications with an emphasis in broadcast journalism. He and his wife, Alisha, have two boys and one daughter (Tyler, Jaxson and Hadlev).

His father, Wayne Young, was a BYU gymnast from 1970-1975 and captained the 1976 USA Olympic team. Wayne later became the Cougars men's gymnastics coach from 1979-87 and was inducted into the BYU Athletic Hall of Fame in 1986. In addition, Guard's sister, Jessica Young Wycherly, was a gymnast at BYU from 1995-98.



YOUNG AT A GLANCE

Coaching Career

- Led BYU to NCAA regional appearances in first two seasons at BYU
- University of Oklahoma assistant men's gymnastics coach for nine years ('00-'05, '11-'15)
- Coached four NCAA championship teams at OU
- Also coached five NCAA runner-up teams at OU

Gymnastics Career

- · 2010 BYU Hall of Fame Inductee
- 2004 Olympic Silver Medalist in Athens
- Member of USA National Gymnastics Team for 10 years
- · Six-time NCAA All-American
- Two-time NCAA Vault Champion ('99, '00)
- Individual all-around title runner-up at 2000 NCAA Championships



Natalie BROEKMAN BYU Assistant Coach Balance beam coach 2015-Present

Coaching Experience

- Coached at Gold Medal Gymnastics in Chandler, Ariz., under the direction of Olympic gold medalist, Amanda Borden
- Coached for nine years at Arizona Olympian Gymnastics
- Trained at Arizona Twisters under Lisa Spini

Gymnastics Career

- Member of BYU gymnastics team from 1996-99, coached by Brad and Dawn Cattermole and Shauna Mertz
- Team captain during the 1999 season
- Broke school all-around record in 1999 with a 39.475
- Received the Dale R. McCann Team Spirit Award from the Cougar Club in 1999
- NACGC-W All-American on balance beam in 1996
- Member of the U.S. Elite National Team from 1992-94
- Finished third in the all-around senior national division at the U.S. Classic
- Demonstrator for the United States Gymnastics Federation, the Federation of International Gymanstics and U.S. Synchronized Swimming

Education

- Bachelor of Science in Family Science, BYU (2000)
- · Physical education coaching minor

Family

 Natalie and her husband, David, have four children — Davis, Brady, Holland and Tate



Brogan EVANSON BYU Assistant Coach Vault and floor coach, team choreographer 2015-Present

Judging and Coaching Experience

- Level 10 Official for the NCAA and USA Gymnastics since 2007
- Gymnastics Program Director and Head Coach at Peak Athletics in Highlands Ranch, Colo.
- Assistant coach for the Southeast Missouri Redhawks gymnastics team under the direction of Tom Farden (current co-head coach at Utah)
- Named Co-Midwest Independent Conference Assistant Coach of the Year in 2007
- Volunteer assistant coach for BYU in 2005, contributing to Cougars' NCAA National Championship Appearance

Gymnastics Career

- Member of BYU gymnastics team from 2001-04, coached by Dawn and Brad Cattermole and Shauna Mertz
- · Ranked No. 14 nationally on uneven bars
- Scored a 9.975 on bars against Utah to set a new school record in 2004
- Recorded a perfect 10.000 on floor in 2003
- Awarded the BYU Scholar-Athlete Award four straight years
- Nominated for the Lu Wallace Outstanding Senior Female Award in 2004

Education

- Masters of Art in Athletic Administration, Southeast Missouri State (2007)
- · Bachelor of Science in Exercise Science, BYU (2005)
- Personal Training Certification with the American College of Sports Medicine

Family

 Brogan and her husband, Troy, have three children — Rigden, Tegan and L. Jaclyn