



GYMNASTICS

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BYU 2018 SCHEDULE

Date	Meet	Score/Result
1/7	at Utah	194.275/2nd
1/12	Cal Berkeley	196.025/1st
1/19	Southern Utah*	11 a.m. MST
1/26	Air Force	7 p.m. MST
2/3	at Denver	6 p.m. MST
2/9	at Southern Utah	7 p.m. MST
2/16	Denver, Southern Utah	7 p.m. MST
2/23	Boise State	7 p.m. MST
3/2	at Utah State	7 p.m. MST
3/5	at Oregon State	7 p.m. PST
3/9	Penn State, Utah State, Texas Woman's	7 p.m. MST
3/15	at Washington	6 p.m. PDT
3/24	MRGC Championships	7 p.m. MDT

*Held at Marriott Center

2018 QUICK FACTS

Location Provo, Utah 84602
 Elevation 4,553 feet
 Enrollment 33,336
 Founded October 15, 1875
 Owned LDS Church
 Nickname Cougars
 BYU President Kevin J Worthen (BYU, 1979)
 Athletics Director Tom Holmoe (BYU, 1983)
 Assoc. Athletic Director/SWA . . Liz Darger (BYU, 2000)
 Arena Smith Fieldhouse
 Conference Mountain Rims Gymnastics
 2017 Regional Finish 5th

PROGRAM TEAM HIGHS

Vault	49.625	3/12/04, Utah State
Bars	49.475	2/16/01, Missouri
Beam	49.675	3/12/04, Utah State
Floor	49.675	3/15/04, Southern Utah
Total	198.025	3/12/04, Utah State

MRGC WEEKLY AWARDS

Week 1:
 Beam Specialist Jill van Mierlo
 Floor Specialists Mackenzie Douglas, Shannon Evans

MEET INFORMATION

Date Friday, Jan. 19, 2018 @ 11 a.m. MST
 Location Smith Fieldhouse, Provo, Utah
 TV BYUtv
 TV Announcers Mitchell Marshall, Emily Vidmar Day
 Live Statsbyu.statbroadcast.com



SOUTHERN UTAH UNIVERSITY THUNDERBIRDS

Head Coach Justin Howell
 Assoc. Head Coach Elisabeth Grandall-Howell
 Student Manager Alex Dudschus
 Student Manager Emily Howe



BYU COUGARS

Head Coach Guard Young
 Assistant Coach Natalie Broekman
 Assistant Coach Brogan Evanson
 Volunteer Asst. Coach Mary Fredericks

MEET PREVIEW

PROVO, Utah – Over 3,000 local elementary school students will watch No. 18 BYU take on Southern Utah Friday morning in the Smith Fieldhouse.

"We're so excited to have all these school kids come," BYU head coach Guard Young said. "I'm really excited for the energy in the Smith Fieldhouse. I think our girls are going to thrive off of that."

Children in attendance Friday will each receive a voucher to attend the next meet free of charge. The students will be seated starting on the eighth row and reserved seating will be limited. Those planning to attend the meet should arrive early.

The Cougars come off a strong win against California last Friday, 196.025-194.350. Jill van Mierlo recorded a 9.900 on beam, leading the team to its highest team beam score since 2010, 49.125. BYU also posted a 49.225 on floor, the highest team floor score since 2015.

Southern Utah came in second last Thursday against Boise State, 196.225-194.350. Despite the loss, sophomore Megan McBride was named MRGC Vault Specialist of the Week with her career-high 9.900 score on vault. The Thunderbirds also brought five freshmen into the lineup.

The meet begins at 11 a.m. MST and will be televised live on BYUtv and BYUtv.org. Live stats will also be available.

PROJECTED BYU EVENT LINE-UP

VAULT

- Abbey Miner
 - Shannon Hortman Evans
 - Angel Zhong
 - Avery Bennett
 - Jill van Mierlo
 - Mackenzie Douglas
- EXB: Abby Boden

BARs

- Jill van Mierlo
 - Angel Zhong
 - Abby Boden
 - Natasha Trejo Marsh
 - Brittini Hawes
 - Shannon Hortman Evans
- EXB: Haley Pitou

BEAM

- Hannah Miller
 - Briana Pearson
 - Natasha Trejo Marsh
 - Shannon Hortman Evans
 - Abby Boden
 - Jill van Mierlo
- EXB: Abbey Miner

FLOOR

- Briana Pearson
 - Jill van Mierlo
 - Abbey Miner
 - Mackenzie Douglas
 - Kyleigh Greenlief
 - Shannon Hortman Evans
- EXB: Abby Boden

2018 BYU ROSTER

NAME	HT.	YEAR	HOMETOWN
Abby Beeston	5-6	Fr.	Lehi, UT
Avery Bennett	5-3	Fr.	Gilbert, AZ
Abby Boden	5-5	Fr.	Roseville, CA
Allegra Clarkson	5-1	Fr.	American Fork, UT
Helody Cyrenne	5-4	Fr.	Beauharnois, QC, Canada
Jordan Danbury	5-2	Fr.	Killeen, TX
Mackenzie Douglas	5-5	Sr.	Queen Creek, AZ
Kyleigh Greenlief	5-4	Sr.	Sammamish, WA
Brittini Hawes	5-5	Sr.	Idaho Falls, ID
Cheyenne Hill	5-1	Jr.	Las Vegas, NV
Erin McKayla Hilton	5-4	So.	Henderson, NV
Shannon Hortman Evans	5-2	So.	American Fork, UT
Melanie Lockhart	5-3	Fr.	Tustin, CA
Lauren Love	5-3	So.	Gilbert, AZ
Savanna Maradiaga	5-2	Jr.	Tyler, TX
Hannah Miller	5-2	So.	Farmington, UT
Abbey Miner	5-4	Fr.	Mapleton, UT
Briana Pearson	5-3	So.	Los Gatos, CA
Haley Pitou	5-4	Fr.	Park City, UT
Natasha Trejo Marsh	5-0	Jr.	Tucson, AZ
Jill van Mierlo	5-2	Sr.	San Clemente, CA
Aspen Welch	5-3	Fr.	St. George, UT
Jessie Westergard	5-2	Jr.	Norwell, MA
Angel Zhong	5-5	So.	Langley, BC, Canada

Head Coach: Guard Young (3rd Season)

Assistant Coach: Natalie Broekman (3rd Season)

Assistant Coach: Brogan Evanson (3rd Season)

Volunteer Assistant Coach: Mary Fredericks (1st Season)

BYU PRONUNCIATION GUIDE

HELODY CYRENNE:	Elle-oh-dee / Sy-reen	Haley PITOU:	Pee-too
KYLEIGH GREENLIEF:	Ky-lee / Green-leaf	Natasha TREJO Marsh:	Tray-hoe
Savanna MARADIAGA:	Mah-rrah-dee-ah-gah	Jill van MIERLO:	Meer-low
BRIANA Pearson:	Bree-ah-nuh	Angel ZHONG:	Zong

WEEK TWO RECAP: BYU UPSETS NO. 10 CAL

PROVO, Utah – The BYU gymnastics team upset No. 10 California 196.025 to 194.350 in its 2018 season home opener on Friday night in the Smith Fieldhouse.

"We're doing some really high-level gymnastics," BYU gymnastics head coach Guard Young said. "I'm so proud of the girls and how they stuck with it tonight. I think great things are going to happen for BYU gymnastics."

Jill van Mierlo took home the all-around title with a score of 39.175. Four Cougars matched career-high scores including Angel Zhong on vault and Natasha Trejo Marsh on beam. Senior captain Mackenzie Douglas and sophomore Shannon Hortman Evans both tied career-highs with a 9.900 on the floor.

"Jill was great tonight, leading off on bars and having a great finish on balance beam," Young said. "Hats off to Jill tonight."

The Cougars started their first rotation on vault, posting a 48.750. Freshman Avery Bennett led BYU with a 9.850. Zhong matched a career-high 9.825 and Douglas added a 9.725. At the end of the first rotation, the Cougars led the Golden Bears 48.750 to 47.925.

In the second rotation, BYU posted a 48.925 as Evans led the team with a 9.850. Freshman Abby Boden and senior captain Brittini Hawes followed both with a 9.800. Van Mierlo contributed a 9.750 as well. The Cougars maintained their lead over Cal, 97.675 to 96.825.

Led by van Mierlo's 9.900 team-high on beam in the third rotation, the Cougars recorded a 49.125. Marsh followed by matching a career-high 9.875 while Boden added a 9.850. BYU extended its lead, 146.800 to 145.300.

To close the meet, the Cougars earned their highest event score of the night with a 49.225. Evans and Douglas recorded high scores of 9.900, both matching career highs. Briana Pearson and senior captain Kyleigh Greenlief both added a 9.850 and van Mierlo contributed a 9.825 as BYU took the victory over Cal, 196.025 to 194.350.

The Cougars continue at home next Friday, Jan. 19 at 11:00 a.m. MST. Over 3,000 elementary school kids will attend the meet at the Smith Fieldhouse. The meet will be broadcast live on BYUtv with live stats available on the women's gymnastics schedule page.

2018 CALIFORNIA ROSTER

NAME	HT.	YEAR	HOMETOWN
Morgan Alfaro	5' 3"	Fr.	Placentia, CA
Kamryn Bayer	5' 4"	Jr.	Gilbert, AZ
Jiang Braley	5' 1"	Fr.	Arvada, CO
McKenna Burnside	5' 0"	Fr.	Fort Worth, TX
Julianna Dahlke	5' 5"	Fr.	Irvine, CA
Mikaela DeFilippo	5' 0"	Fr.	Abbottstown, PA
Karen Gonzalez	5' 3"	Sr.	Murrieta, CA
Amber Heltemes	5' 3"	Sr.	Coon Rapids, MN
Madison Howlett	5' 2"	So.	Temecula, CA
Autumn Jorgensen	5' 2"	So.	Orem, UT
Molly Jozwiakowski	5' 2"	Fr.	Kirkwood, MO
Alyssa LaDieu	5' 1"	Fr.	Rockwall, TX
Madison Loomis	5' 2"	So.	Hemet, CA
Madison McBride	5' 2"	So.	Orem, UT
Megan McBride	5' 2"	So.	Orem, UT
Hannah Nipp	5' 2"	Fr.	Laguna Hills, CA
Mary Packham	5' 2"	Fr.	Portland, OR
Becky Rozsa	5' 9"	So.	Gilbert, AZ
Emily Wilson	5' 4"	So.	Vancouver, WA
Amanda Wiltsie	5' 2"	Fr.	Layton, UT
Kirsten Yee	5' 3"	RSr.	Alisa Viejo, California

SUU PRONUNCIATION GUIDE

JIANG Braley:	Gee-on
JULIANNA DAHLKE:	Julie-anne-a Doll-key
Mikaela DEFILIPPO:	Day-fuh-leap-o
Amber HELTEMES:	Hell-tuh-miss
Madison HOWLETT:	How-lit
Molly JOZWIAKOWSKI:	Jaws-wa-cow-ski
Alyssa LADIEU:	La-dew
Mary PACKHAM:	Pack-um
Becky ROZSA:	Rose-za
Amanda WILTSIE:	Wilt-sea
KIRSTIE Yee:	Kur-stee

Coach: Scotty BAUMAN: Bomb-men

Head Coach: Scotty Bauman (27th season)

Assistant Coach: Emily Hester (7th season)

Assistant Coach: Jamie Wysong (5th season)

Director of Gymnastics Operations: Ciera Martin

Athletic Trainer: Zac Willson

2018 SEASON SCORES

Meet	Result	Vault	Bars	Beam	Floor	Total
1/5 at Utah	2nd	48.775	47.900	48.700	48.900	194.725
1/12 California	1st	48.750	48.925	49.125	49.225	196.025

BYU PROGRAM AND SEASON HIGHLIGHTS

Team Records

Overall

Program: 198.025, 3/12/04 Season: 196.025, 1/12/18

Vault

Program: 49.625, 3/12/04
Season: 48.750, 1/5/18

Beam

Program: 49.675, 3/12/04
Season: 49.125, 1/12/18

Bars

Program: 49.475, 2/16/04
Season: 48.925, 1/12/18

Floor

Program: 49.675, 3/15/04
Season: 49.225, 1/12/18

2018 Season Highlights

- Team beam score of 49.125 against Cal was highest since 2010.
- Team floor score of 49.225 against Cal was the highest since Young began coaching at BYU.
- Before 196.025 win against Cal, the last time BYU scored over 196.000:
 - overall was 3/10/2017 against Arizona
 - in the 2nd meet of the season was 2004 against Boise State.
- Four gymnasts matched career-highs during the meet against California on 1/12/18: Angel Zhong on vault, Natasha Marsh on beam, Mackenzie Douglas & Shannon Evans on floor

2018 PHOTO ROSTER



Abby Beeston
Fr.



Avery Bennett
Fr.



Abby Boden
Fr.



Allegra Clarkson
Fr.



Helody Cyrenne
Fr.



Jordan Danbury
Fr.



Mackenzie Douglas
Sr.



Kyleigh Greenlief
Sr.



Brittni Hawes
Sr.



Cheyenne Hill
Jr.



Erin McKayla Hilton
So.



Shannon Hortman Evans
So.



Melanie Lockhart
Fr.



Lauren Love
So.



Savanna Maradiaga
Jr.



Hannah Miller
So.



Abbey Miner
Fr.



Briana Pearson
So.



Haley Pitou
Fr.



Natasha Trejo Marsh
Jr.



Jill van Mierlo
Sr.



Aspen Welch
Fr.



Jessie Westergard
Jr.



Angel Zhong
So.

2018 INDIVIDUAL SCORES

Avery BENNETT

- 2014 Junior Olympic NIT qualifier
- 2017 Regional bronze medalist on beam

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.750				
1/12	California	9.850				
Career High		9.850				

Abby BODEN

- Placed at the 2017 Junior Olympic National Championships
- Started in all 2018 season meets as a freshman

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.100		9.725		
1/12	California		9.800	9.850		
Career High		9.100	9.800	9.850		

Helody CYRENNE

- Finished seventh in all-around at 2015 Elite Canada Championships
- Competed at the 2015 Toyota International Cup in Japan

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah			9.625		
1/12	California			9.200		
Career High				9.625		

Mackenzie DOUGLAS

- 2017 All-MRGC Vault Co-Champion and first-team honors
- Earned a 9.800 or higher on vault in 9 of 13 meets in 2017

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.800			9.775	
1/12	California	9.725			9.900	
Career High		9.875	9.875		9.900	

Shannon HORTMAN EVANS

- 2017 MRGC Freshman of the Year, three-time Gymnast of the Week
- Earned a 9.800 or higher on bars in 10 of 13 meets

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.750	9.800	9.550	9.800	38.900
1/12	California		9.850		9.900	
Career High		9.875	9.875	9.875	9.900	39.275

Kyleigh GREENLIEF

- Recorded a 9.800 or higher in six-consecutive meets on floor
- Posted a career-high 9.875 on floor on 3/13

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah				9.825	
1/12	California				9.800	
Career High					9.875	

Brittini HAWES

- Career-high 9.950 ties for second in program history, leads conference
- Recorded a 9.800 or higher on bars in seven meets
- 2017 NACGC/W Scholastic All-American

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah		9.750			
1/12	California		9.800			
Career High			9.950			

Hannah MILLER

- Posted a career-high 9.800 on beam in the Gem State Invitational
- Earned a 9.700 or higher on beam in six meets

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah			9.775		
1/12	California	9.450		9.750		
Career High		9.700		9.800		

Abbey MINER

- Placed second on vault and fifth on bars at Nationals in 2014
- State Champion on vault in 2014 and 2017

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.650			9.750	
1/12	California				9.750	
Career High		9.650			9.750	

Briana PEARSON

- 2017 NACGC/W Scholastic All-American
- Earned a 9.800 or higher on floor in five meets

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah				9.750	
1/12	California			9.750	9.800	
Career High				9.775	9.875	

Haley PITOU

- Placed third on bars at 2017 Nationals
- 2016 and 2017 State Bar Champion

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah		9.050			
1/12	California					
Career High			9.050			

Natasha TREJO MARSH

- Earned a 9.800 or higher on beam in seven-consecutive meets
- 2016 NACGC/W Scholastic All-American, MRGC All-Academic Team

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah		9.675	9.775		
1/12	California		9.725	9.875		
Career High			9.875	9.875	9.850	

Jill VAN MIERLO

- Placed third in the all-around at the MRGC Championship
- 2015 MRGC Freshman of the Year

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.750	9.000	9.800	9.725	38.275
1/12	California	9.700	9.750	9.900	9.825	39.175
Career High		9.825	9.900	9.925	9.900	39.325

Angel ZHONG

- 2017 All-MRGC Vault First Team selection
- 2017 NACGC/W Scholastic All-American with a 4.0 GPA

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.725	9.625			
1/12	California	9.825	9.675			
Career High		9.825	9.675	9.500		

Guard YOUNG

BYU Head Coach
2015-Present

A former BYU national champion gymnast and Olympic silver medal winner, Young enters his third year at the helm of the BYU gymnastics program.

A member of the BYU Athletic Hall of Fame, he returned to his alma mater in May of 2015.

Young came to BYU from the University of Oklahoma, where he was an assistant men's gymnastics coach from 2000-05 and 2011-15. In nine seasons at OU, Young was part of four NCAA championship teams (2002, 2003, 2005, 2015) and five NCAA runner-up teams (2001, 2004, 2012, 2013, 2014).

Young's passion for gymnastics is equaled by his love for BYU. From 1996 to 2000, he was a member of the BYU men's gymnastics team, winning six All-America awards and two NCAA National Championships on the vault (1999, 2000). As a senior, Young was also the runner-up for the individual all-around at the 2000 NCAA Championships. He was inducted into the BYU Athletic Hall of Fame in 2010.

From 2000 to 2004, Young was a member of the USA Senior National Gymnastics Team, winning a team silver medal at the 2001 World Championships in Ghent, Belgium, and a team silver medal the 2004 Olympic Games in Athens, Greece.

As a junior gymnast, he trained under OU coach Mark Williams at the Bart Conner Gymnastics Academy in Norman, Oklahoma. Young earned the 1996 junior national champion title and three junior national team berths.

Young graduated from BYU in 2001 with a Bachelor of Arts in communications with an emphasis in broadcast journalism. He and his wife, Alisha, have two boys and one daughter (Tyler, Jaxson and Hadley).

His father, Wayne Young, was a BYU gymnast from 1970-1975 and captained the 1976 USA Olympic team. Wayne later became the Cougars men's gymnastics coach from 1979-87 and was inducted into the BYU Athletic Hall of Fame in 1986. In addition, Guard's sister, Jessica Young Wycherly, was a gymnast at BYU from 1995-98.



YOUNG AT A GLANCE

Coaching Career

- Led BYU to an NCAA regional appearance in first season at BYU
- University of Oklahoma assistant men's gymnastics coach for nine years ('00-'05, '11-'15)
- Coached four NCAA championship teams at OU
- Also coached five NCAA runner-up teams at OU

Gymnastics Career

- 2010 BYU Hall of Fame Inductee
- 2004 Olympic Silver Medalist in Athens
- Member of USA National Gymnastics Team for 10 years
- Six-time NCAA All-American
- Two-time NCAA Vault Champion ('99, '00)
- Individual all-around title runner-up at 2000 NCAA Championships



Natalie BROEKMAN

BYU Assistant Coach
Balance beam coach
2015-Present

Coaching Experience

- Coached at Gold Medal Gymnastics in Chandler, Ariz., under the direction of Olympic gold medalist, Amanda Borden
- Coached for nine years at Arizona Olympian Gymnastics
- Trained at Arizona Twisters under Lisa Spini

Gymnastics Career

- Member of BYU gymnastics team from 1996-99, coached by Brad and Dawn Cattermole and Shauna Mertz
- Team captain during the 1999 season
- Broke school all-around record in 1999 with a 39.475
- Received the Dale R. McCann Team Spirit Award from the Cougar Club in 1999
- NACGC-W All-American on balance beam in 1996
- Member of the U.S. Elite National Team from 1992-94
- Finished third in the all-around senior national division at the U.S. Classic
- Demonstrator for the United States Gymnastics Federation, the Federation of International Gymnastics and U.S. Synchronized Swimming

Education

- Bachelor of Science in Family Science, BYU (2000)
- Physical education coaching minor

Family

- Natalie and her husband, David, have four children — Davis, Brady, Holland and Tate



Brogan EVANSON

BYU Assistant Coach
Vault and floor coach, team choreographer
2015-Present

Judging and Coaching Experience

- Level 10 Official for the NCAA and USA Gymnastics since 2007
- Gymnastics Program Director and Head Coach at Peak Athletics in Highlands Ranch, Colo.
- Assistant coach for the Southeast Missouri Redhawks gymnastics team under the direction of Tom Farden (current co-head coach at Utah)

- Named Co-Midwest Independent Conference Assistant Coach of the Year in 2007
- Volunteer assistant coach for BYU in 2005, contributing to Cougars' NCAA National Championship Appearance

Gymnastics Career

- Member of BYU gymnastics team from 2001-04, coached by Dawn and Brad Cattermole and Shauna Mertz
- Ranked No. 14 nationally on uneven bars
- Scored a 9.975 on bars against Utah to set a new school record in 2004
- Recorded a perfect 10.000 on floor in 2003
- Awarded the BYU Scholar-Athlete Award four straight years
- Nominated for the Lu Wallace Outstanding Senior Female Award in 2004

Education

- Masters of Art in Athletic Administration, Southeast Missouri State (2007)
- Bachelor of Science in Exercise Science, BYU (2005)
- Personal Training Certification with the American College of Sports Medicine

Family

- Brogan and her husband, Troy, have three children — Rigidon, Tegan and L. Jaclyn