



GYMNASTICS

Lauren Holbrook | Gymnastics Sports Information | BYU Athletic Communications | Office: (801) 422-8999 | Cell: (224) 422-6222 | gymnastics_sid@byu.edu

BYU 2018 SCHEDULE

Date	Meet	Score/Result
1/7	at Utah	194.275/2nd
1/12	Cal Berkeley	196.025/1st
1/19	Southern Utah	195.750/1st
1/26	Air Force	7 p.m. MST
2/3	at Denver	6 p.m. MST
2/9	at Southern Utah	7 p.m. MST
2/16	Denver, Southern Utah	7 p.m. MST
2/23	Boise State	7 p.m. MST
3/2	at Utah State	7 p.m. MST
3/5	at Oregon State	7 p.m. PST
3/9	Penn State, Utah State, Texas Woman's	7 p.m. MST
3/15	at Washington	6 p.m. PDT
3/24	MRGC Championships	7 p.m. MDT

2018 QUICK FACTS

Location Provo, Utah 84602
 Elevation 4,553 feet
 Enrollment 33,336
 Founded October 15, 1875
 Owned LDS Church
 Nickname Cougars
 BYU President Kevin J Worthen (BYU, 1979)
 Athletics Director Tom Holmoe (BYU, 1983)
 Assoc. Athletic Director/SWA . . . Liz Darger (BYU, 2000)
 Arena Smith Fieldhouse
 Conference Mountain Rim Gymnastics
 2017 Regional Finish 5th

PROGRAM TEAM HIGHS

Vault	49.625	3/12/04, Utah State
Bars	49.475	2/16/01, Missouri
Beam	49.675	3/12/04, Utah State
Floor	49.675	3/15/04, Southern Utah
Total	198.025	3/12/04, Utah State

MRGC WEEKLY AWARDS

Week 1:

Beam Specialist Jill van Mierlo
 Floor Specialists . . . Mackenzie Douglas, Shannon Evans

Week 2:

Floor Specialist Mackenzie Douglas

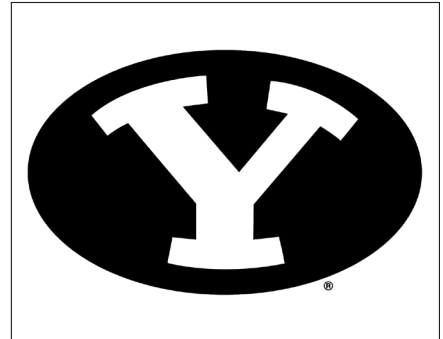
MEET INFORMATION

Date Friday, Jan. 26, 2018 @ 7:00 p.m. MST
 Location Smith Fieldhouse, Provo, Utah
 TV BYUtv
 Live Stats byu.statbroadcast.com



AIR FORCE
FALCONS

Head Coach Doug Day
 Assoc. Head Coach Jen Langley
 Assistant Coach Josh Nilson



BYU
COUGARS

Head Coach Guard Young
 Assistant Coach Natalie Broekman
 Assistant Coach Brogan Evanson
 Volunteer Asst. Coach Mary Fredericks

MEET PREVIEW

PROVO, Utah - No. 22 BYU will honor veterans during the gymnastics meet this Friday at 7 p.m. when Air Force comes to compete at the Smith Fieldhouse.

"I'm really excited that we get to compete this week," head coach Guard Young said. "We'll probably run some different lineups. This is a great chance to rest some girls and maybe let a few others compete instead."

Air Force comes to BYU in what will be the third-straight home meet of the season. After a record-breaking crowd last Friday and earning the highest team score on beam this season, the Cougars look forward to continuing the streak of home wins.

Last week, Mackenzie Douglas repeated as Mountain Rim Gymnastics Conference (MRGC) Floor Specialist of the Week with her 9.875 on floor. In the meet against Southern Utah, Shannon Hortman Evans and Brittni Hawes led the Cougars on bars with scores of 9.850. Freshman Avery Bennett and senior Douglas both recorded 9.800 on vault, giving the team its highest vault score of the season.

"There's still room for us to improve and clean up," Young said. "We need to look at the details of the routines. We didn't earn a lot of 9.900 scores last weekend, so we will be cleaning those up."

BYU's ROTC will post the nation's colors followed by a live performance of the national anthem. The team will also recognize veterans in attendance. The meet will be broadcast live on BYUtv and streamed on BYUtv.org. Live stats can be found through the schedule page.

PROJECTED BYU EVENT LINE-UP

VAULT

- Abbey Miner
 - Shannon Hortman Evans
 - Angel Zhong
 - Avery Bennett
 - Jill van Mierlo
 - Mackenzie Douglas
- EXB: Haley Pitou

BARs

- Jill van Mierlo
 - Angel Zhong
 - Abby Boden
 - Natasha Trejo Marsh
 - Brittni Hawes
 - Shannon Hortman Evans
- EXB: Helody Cyrenne

BEAM

- Briana Perason
 - Natasha Trejo Marsh
 - Hannah Miller
 - Shannon Hortman Evans
 - Angel Zhong
 - Jill van Mierlo
- EXB: Cheyenne Hill

FLOOR

- Briana Pearson
 - Abbey Miner
 - Jill van Mierlo
 - Shannon Hortman Evans
 - Kyleigh Greenlief
 - Mackenzie Douglas
- EXB: Hannah Miller

2018 BYU ROSTER

NAME	HT.	YEAR	HOMETOWN
Abby Beeston	5-6	Fr.	Lehi, UT
Avery Bennett	5-3	Fr.	Gilbert, AZ
Abby Boden	5-5	Fr.	Roseville, CA
Allegra Clarkson	5-1	Fr.	American Fork, UT
Helody Cyrenne	5-4	Fr.	Beauharnois, QC, Canada
Jordan Danbury	5-2	Fr.	Killeen, TX
Mackenzie Douglas	5-5	Sr.	Queen Creek, AZ
Kyleigh Greenlief	5-4	Sr.	Sammamish, WA
Brittini Hawes	5-5	Sr.	Idaho Falls, ID
Cheyenne Hill	5-1	Jr.	Las Vegas, NV
Erin McKayla Hilton	5-4	So.	Henderson, NV
Shannon Hortman Evans	5-2	So.	American Fork, UT
Melanie Lockhart	5-3	Fr.	Tustin, CA
Lauren Love	5-3	So.	Gilbert, AZ
Savanna Maradiaga	5-2	Jr.	Tyler, TX
Hannah Miller	5-2	So.	Farmington, UT
Abbey Miner	5-4	Fr.	Mapleton, UT
Briana Pearson	5-3	So.	Los Gatos, CA
Haley Pitou	5-4	Fr.	Park City, UT
Natasha Trejo Marsh	5-0	Jr.	Tucson, AZ
Jill van Mierlo	5-2	Sr.	San Clemente, CA
Aspen Welch	5-3	Fr.	St. George, UT
Jessie Westergard	5-2	Jr.	Norwell, MA
Angel Zhong	5-5	So.	Langley, BC, Canada

Head Coach: Guard Young (3rd Season)

Assistant Coach: Natalie Broekman (3rd Season)

Assistant Coach: Brogan Evanson (3rd Season)

Volunteer Assistant Coach: Mary Fredericks (1st Season)

WEEK THREE RECAP: NO. 22 BYU DEFEATS SUU

PROVO, Utah – No. 18 BYU defeated Southern Utah University 195.750 to 194.475 Friday afternoon in the Smith Fieldhouse in front of a record-setting crowd.

"This is huge for us to go and beat an in-conference opponent that was ranked ahead of us at the beginning of the season," BYU head coach Guard Young said. "We outperformed them today. We have high-level Cougar gymnastics going on right now."

The Smith Fieldhouse welcomed over 3,000 local elementary school students to watch the Cougars take on the Thunderbirds and set a gymnastics attendance record of 5,112. The previous record of 4,753 attending had stood since 1999.

"The atmosphere was great," Young said. "This place was packed from the floor all the way up to the ceiling. It was unbelievable to have all these kids here and get them excited about Cougar gymnastics."

BYU began its first rotation on vault and posted a 48.825, the team's highest vault score of the season. Senior captain Mackenzie Douglas and freshman Avery Bennett led the team, both scoring a 9.800. Sophomore Angel Zhong and senior captain Jill Van Mierlo added scores of 9.775 each to help the Cougars reach the season high. After the first rotation, BYU led SUU 48.825 to 48.675.

In the second rotation on bars, the Cougars earned a 48.925, matching the team's season-high in its upset win over California. Senior captain Brittini Hawes and sophomore Shannon Evans both recorded a 9.850. Freshman Abbey Boden contributed a score of 9.775 to help the Cougars maintain their edge over the Thunderbirds 97.750 to 96.825.

Evans received a 9.800 on beam to lead BYU in the third rotation. Junior Natasha Marsh and freshman Abby Boden both earned 9.775 for their routines, keeping the Cougars ahead by almost a whole point, 146.550 to 145.575.

The Cougars closed the meet on floor with a 49.200, the highest event score of the meet. Douglas earned a 9.875, the highest individual score for BYU. Sophomore Brianna Pearson and van Mierlo each earned scores of 9.850 to ensure the victory for the Cougars over the Thunderbirds, 195.750 to 194.475. Evans and van Mierlo battled for the all-around title, resulting in van Mierlo coming out on top with a 39.025.

BYU PRONUNCIATION GUIDE

HELODY CYRENNE:	Elle-oh-dee / Sy-reen	Haley PITOU:	Pee-too
KYLEIGH GREENLIEF:	Ky-lee / Green-leaf	Natasha TREJO Marsh:	Tray-hoe
Savanna MARADIAGA:	Mah-rrah-dee-ah-gah	Jill van MIERLO:	Meer-low
BRIANA Pearson:	Bree-ah-nuh	Angel ZHONG:	Zong

2018 AIR FORCE ROSTER

NAME	HT.	YEAR	HOMETOWN
Cam Barber	5-3	Fr.	Rockledge, FL
Casey Bell	5-1	Sr.	The Woodlands, TX
Brooke Bruder	5-3	Fr.	Superior, CO
Chloe Camello	5-2	Fr.	Waipahu, HI
Tyler Davis	5-2	Fr.	Rowlett, TX
Chelsea Grimison	5-2	Sr.	Orlando, FL
Riley Hill	5-3	Jr.	Ventura, CA
Analise Howard	5-4	Jr.	Westminster, CA
Lynne Jad	5-7	Fr.	Centennial, CO
Jessica Kirkpatrick	5-4	Fr.	Broomfield, CO
Rita Koenigbauer	5-5	So.	Ira Township, MI
Jamie Lewis	5-7	Sr.	Plano, TX
Emily Luers	5-2	Jr.	Maineville, OH
Lauren Miller	5-5	Fr.	Marietta, GA
Mariana Murphy	5-3	Jr.	Phoenix, AZ
Brittney Reed	5-2	Jr.	Yucaipa, CA
Anna Salamone	5-2	So.	Bayport, NY
Heidi Sand	5-2	Fr.	Union, KY

PRONUNCIATION GUIDE

Brooke BRUDER:	brew-der
Chloe CAMELLO:	cam-ello
Chelsea GRIMISON:	grim-ih-sen
ANALISE Howard:	anna-lease
Rita KOENIGBAUER:	koh-nig-bower
Emily LUERS:	lures
Anna SALAMONE:	sal-uh-mohn-ee

Head Coach: Doug Day (12th season)

Associate Head Coach: Jen Langley (2nd season)

Assistant Coach: Josh Nilson (5th season)

2018 SEASON SCORES

Meet	Result	Vault	Bars	Beam	Floor	Total
1/5 at Utah	2nd	48.775	47.900	48.700	48.900	194.725
1/12 California	1st	48.750	48.925	49.125	49.225	196.025
1/19 Southern Utah	1st	48.825	48.925	48.800	49.200	195.570

BYU PROGRAM AND SEASON HIGHLIGHTS

Team Records

Overall

Program: 198.025, 3/12/04 Season: 196.025, 1/12/18

Vault

Program: 49.625, 3/12/04
Season: 48.825, 1/19/18

Bars

Program: 49.475, 2/16/01
Season: 48.925, 1/19/18

Beam

Program: 49.675, 3/12/04
Season: 49.125, 1/12/18

Floor

Program: 49.675, 3/15/04
Season: 49.225, 1/12/18

2018 Season Highlights

- Team beam score of 49.125 against Cal was highest since 2010.
- Team floor score of 49.225 against Cal was the highest since Young began coaching at BYU in 2015.
- Before 196.025 win against Cal, the last time BYU scored over 196.000:
 - overall was 3/10/2017 against Arizona
 - in the 2nd meet of the season was 2004 against Boise State.
- Four gymnasts matched career-highs during the meet against California on 1/12/18: Angel Zhong on vault, Natasha Marsh on beam, Mackenzie Douglas & Shannon Evans on floor
- Attendance of 5,112 fans on 1/19/18 against Southern Utah broke BYU gymnastics' home attendance record.

2018 PHOTO ROSTER



Abby Beeston
Fr.



Avery Bennett
Fr.



Abby Boden
Fr.



Allegra Clarkson
Fr.



Helody Cyrenne
Fr.



Jordan Danbury
Fr.



Mackenzie Douglas
Sr.



Kyleigh Greenlief
Sr.



Brittni Hawes
Sr.



Cheyenne Hill
Jr.



Erin McKayla Hilton
So.



Shannon Hortman Evans
So.



Melanie Lockhart
Fr.



Lauren Love
So.



Savanna Maradiaga
Jr.



Hannah Miller
So.



Abbey Miner
Fr.



Briana Pearson
So.



Haley Pitou
Fr.



Natasha Trejo Marsh
Jr.



Jill van Mierlo
Sr.



Aspen Welch
Fr.



Jessie Westergard
Jr.



Angel Zhong
So.

2018 INDIVIDUAL SCORES

Avery BENNETT

- 2014 Junior Olympic NIT qualifier
- 2017 Regional bronze medalist on beam

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.750				
1/12	California	<u>9.850</u>				
1/19	Southern Utah	9.800				
Career High		9.850				

Abby BODEN

- Placed at the 2017 Junior Olympic National Championships
- Started in all 2018 season meets as a freshman

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.100		9.725		
1/12	California	9.625ex	<u>9.800</u>	<u>9.850</u>		
1/19	Southern Utah	<u>9.650ex</u>	9.775	9.775	9.700ex	
Career High		9.650	9.800	9.850	9.700	

Helody CYRENNE

- Finished seventh in all-around at 2015 Elite Canada Championships
- Competed at the 2015 Toyota International Cup in Japan

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah			<u>9.625</u>		
1/12	California			9.200		
1/19	Southern Utah					
Career High				9.625		

Mackenzie DOUGLAS

- 2017 All-MRGC Vault Co-Champion and first-team honors
- Earned a 9.800 or higher on vault in 9 of 13 meets in 2017

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.800			9.775	
1/12	California	9.725	8.900ex		<u>9.900</u>	
1/19	Southern Utah	<u>9.800</u>			9.875	
Career High		9.875	9.875		9.900	

Shannon HORTMAN EVANS

- 2017 MRGC Freshman of the Year, three-time Gymnast of the Week
- Earned a 9.800 or higher on bars in 10 of 13 meets

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	<u>9.750</u>	9.800	9.550	9.800	38.900
1/12	California		9.850		<u>9.900</u>	
1/19	Southern Utah	9.675	<u>9.850</u>	<u>9.800</u>	9.625	<u>38.950</u>
Career High		9.875	9.875	9.875	9.900	39.275

Kyleigh GREENLIEF

- Recorded a 9.800 or higher in six-consecutive meets on floor
- Posted a career-high 9.875 on floor on 3/13

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah				9.825	
1/12	California				9.800	
1/19	Southern Utah				<u>9.825</u>	
Career High					9.875	

Brittni HAWES

- Career-high 9.950 ties for second in program history, leads conference
- Recorded a 9.800 or higher on bars in seven meets
- 2017 NACGC/W Scholastic All-American

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah		9.750			
1/12	California		9.800			
1/19	Southern Utah		<u>9.850</u>			
Career High			9.950			

Cheyenne HILL

- Earned a 9.800 or higher on vault in four meets
- 2016 NACGC/W Scholastic All-American, MRGC All-Academic Team

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah					
1/12	California					
1/19	Southern Utah					
Career High		9.825		9.800	9.800	

Hannah MILLER

- Posted a career-high 9.800 on beam in the Gem State Invitational
- Earned a 9.700 or higher on beam in six meets

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah			<u>9.775</u>		
1/12	California	9.450		9.750	9.675ex	
1/19	Southern Utah			9.750		
Career High		9.700		9.800		

Abbey MINER

- Placed second on vault and fifth on bars at Nationals in 2014
- State Champion on vault in 2014 and 2017

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah				9.750	
1/12	California	9.650			9.750	
1/19	Southern Utah	<u>9.675</u>		9.550ex	<u>9.800</u>	
Career High		9.675			9.800	

Briana PEARSON

- 2017 NACGC/W Scholastic All-American
- Earned a 9.800 or higher on floor in five meets

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah				9.750	
1/12	California			<u>9.750</u>	9.800	
1/19	Southern Utah			9.700	<u>9.850</u>	
Career High				9.775	9.875	

Haley PITOU

- Placed third on bars at 2017 Nationals
- 2016 and 2017 State Bar Champion

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah		9.050			
1/12	California					
1/19	Southern Utah		<u>9.700ex</u>			
Career High			9.700			

Natasha TREJO MARSH

- Earned a 9.800 or higher on beam in seven-consecutive meets
- 2016 NACGC/W Scholastic All-American, MRGC All-Academic Team

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah		9.675	9.775		
1/12	California		9.725	<u>9.875</u>		
1/19	Southern Utah		<u>9.750</u>	9.775		
Career High			9.875	9.875	9.850	

Jill VAN MIERLO

- Placed third in the all-around at the MRGC Championship
- 2015 MRGC Freshman of the Year

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.750	9.000	9.800	9.725	38.275
1/12	California	9.700	<u>9.750</u>	<u>9.900</u>	9.825	<u>39.175</u>
1/19	Southern Utah	<u>9.775</u>	9.700	9.700	<u>9.850</u>	39.025
Career High		9.825	9.900	9.925	9.900	39.325

Angel ZHONG

- 2017 All-MRGC Vault First Team selection
- 2017 NACGC/W Scholastic All-American with a 4.0 GPA

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.725	9.625			
1/12	California	<u>9.825</u>	<u>9.675</u>	<u>9.675ex</u>		
1/19	Southern Utah	9.775	9.700			
Career High		9.825	9.675	9.675		

Guard YOUNG

BYU Head Coach
2015-Present

A former BYU national champion gymnast and Olympic silver medal winner, Young enters his third year at the helm of the BYU gymnastics program.

A member of the BYU Athletic Hall of Fame, he returned to his alma mater in May of 2015.

Young came to BYU from the University of Oklahoma, where he was an assistant men's gymnastics coach from 2000-05 and 2011-15. In nine seasons at OU, Young was part of four NCAA championship teams (2002, 2003, 2005, 2015) and five NCAA runner-up teams (2001, 2004, 2012, 2013, 2014).

Young's passion for gymnastics is equaled by his love for BYU. From 1996 to 2000, he was a member of the BYU men's gymnastics team, winning six All-America awards and two NCAA National Championships on the vault (1999, 2000). As a senior, Young was also the runner-up for the individual all-around at the 2000 NCAA Championships. He was inducted into the BYU Athletic Hall of Fame in 2010.

From 2000 to 2004, Young was a member of the USA Senior National Gymnastics Team, winning a team silver medal at the 2001 World Championships in Ghent, Belgium, and a team silver medal the 2004 Olympic Games in Athens, Greece.

As a junior gymnast, he trained under OU coach Mark Williams at the Bart Conner Gymnastics Academy in Norman, Oklahoma. Young earned the 1996 junior national champion title and three junior national team berths.

Young graduated from BYU in 2001 with a Bachelor of Arts in communications with an emphasis in broadcast journalism. He and his wife, Alisha, have two boys and one daughter (Tyler, Jaxson and Hadley).

His father, Wayne Young, was a BYU gymnast from 1970-1975 and captained the 1976 USA Olympic team. Wayne later became the Cougars men's gymnastics coach from 1979-87 and was inducted into the BYU Athletic Hall of Fame in 1986. In addition, Guard's sister, Jessica Young Wycherly, was a gymnast at BYU from 1995-98.



YOUNG AT A GLANCE

Coaching Career

- Led BYU to NCAA regional appearances in first two seasons at BYU
- University of Oklahoma assistant men's gymnastics coach for nine years ('00-'05, '11-'15)
- Coached four NCAA championship teams at OU
- Also coached five NCAA runner-up teams at OU

Gymnastics Career

- 2010 BYU Hall of Fame Inductee
- 2004 Olympic Silver Medalist in Athens
- Member of USA National Gymnastics Team for 10 years
- Six-time NCAA All-American
- Two-time NCAA Vault Champion ('99, '00)
- Individual all-around title runner-up at 2000 NCAA Championships



Natalie BROEKMAN

BYU Assistant Coach
Balance beam coach
2015-Present

Coaching Experience

- Coached at Gold Medal Gymnastics in Chandler, Ariz., under the direction of Olympic gold medalist, Amanda Borden
- Coached for nine years at Arizona Olympian Gymnastics
- Trained at Arizona Twisters under Lisa Spini

Gymnastics Career

- Member of BYU gymnastics team from 1996-99, coached by Brad and Dawn Cattermole and Shauna Mertz
- Team captain during the 1999 season
- Broke school all-around record in 1999 with a 39.475
- Received the Dale R. McCann Team Spirit Award from the Cougar Club in 1999
- NACGC-W All-American on balance beam in 1996
- Member of the U.S. Elite National Team from 1992-94
- Finished third in the all-around senior national division at the U.S. Classic
- Demonstrator for the United States Gymnastics Federation, the Federation of International Gymnastics and U.S. Synchronized Swimming

Education

- Bachelor of Science in Family Science, BYU (2000)
- Physical education coaching minor

Family

- Natalie and her husband, David, have four children — Davis, Brady, Holland and Tate



Brogan EVANSON

BYU Assistant Coach
Vault and floor coach, team choreographer
2015-Present

Judging and Coaching Experience

- Level 10 Official for the NCAA and USA Gymnastics since 2007
- Gymnastics Program Director and Head Coach at Peak Athletics in Highlands Ranch, Colo.
- Assistant coach for the Southeast Missouri Redhawks gymnastics team under the direction of Tom Farden (current co-head coach at Utah)

- Named Co-Midwest Independent Conference Assistant Coach of the Year in 2007
- Volunteer assistant coach for BYU in 2005, contributing to Cougars' NCAA National Championship Appearance

Gymnastics Career

- Member of BYU gymnastics team from 2001-04, coached by Dawn and Brad Cattermole and Shauna Mertz
- Ranked No. 14 nationally on uneven bars
- Scored a 9.975 on bars against Utah to set a new school record in 2004
- Recorded a perfect 10.000 on floor in 2003
- Awarded the BYU Scholar-Athlete Award four straight years
- Nominated for the Lu Wallace Outstanding Senior Female Award in 2004

Education

- Masters of Art in Athletic Administration, Southeast Missouri State (2007)
- Bachelor of Science in Exercise Science, BYU (2005)
- Personal Training Certification with the American College of Sports Medicine

Family

- Brogan and her husband, Troy, have three children — Rigden, Tegan and L. Jaclyn