

Lauren Holbrook | Gymnastics Sports Information | BYU Athletic Communications | Office: (801) 422-8999 | Cell: (224) 422-6222 | gymnastics_sid@byu.edu

BYU 2018 SCHEDULE

_		
Date	Meet	Score/Result
1/7	at Utah	194.275/2nd
1/12	Cal Berkeley	196.025/1st
1/19	Southern Utah	195.750/1st
1/26	Air Force	196.450/1st
2/3	at Denver	6 p.m. MST
2/9	at Southern Utah	7 p.m. MST
2/16	Denver, Southern Utah	7 p.m. MST
2/23	Boise State	7 p.m. MST
3/2	at Utah State	7 p.m. MST
3/5	at Oregon State	7 p.m. PST
3/9	Penn State, Utah State,	7 p.m. MST
	Texas Woman's	
3/15	at Washington	6 p.m. PDT
3/24	MRGC Championships	7 p.m. MDT

2018 QUICK FACTS

PROGRAM TEAM HIGHS

Vault	49.625	3/12/04, Utah State
Bars	49.475	2/16/01, Missouri
Beam	49.675	3/12/04, Utah State
Floor	49.675	3/15/04, Southern Utah
Total	198.025	3/12/04, Utah State

2018 SEASON AVERAGES

Vault	48.819
Bars	48.738
Beam	48.919
Floor	49.150
Total	195 625

MRGC WEEKLY AWARDS

۱ ۸ /	eek	. 4 .
VV	eek	

Beam Specialist	Jill van Mierlo
Floor Specialists Mackenzie Dou	ıglas, Shannon Evans
Week 2:	

Week 2

Floor Specialist	 Mackenzie Douglas

Week 3:

Bars Specialists	Natasha Marsh,	Shannon Evans
Floor Specialist	Ma	ckenzie Douglas

MEET INFORMATION

Date	.Saturday, Feb. 3, 2018 @ 6:00 p.m. MST
Location	Hamilton Gymnasium, Denver, Colo.
Live Stats	www.denverpioneers.com



BYU COUGARS

Head Coach	Guard Young
Assistant Coach	. Natalie Broekman
Assistant Coach	. Brogan Evanson
Volunteer Asst. Coach	Mary Fredericks

SEASON HIGHS

Uveraii 190.430	
Vault 48.925	
Bars 49.200	
Beam 49 125	
Floor 49.275	



DENVER PIONEERS

Head Coach Melissa Kutcher-Rinehart
Assoc. Head Coach Linas Gaveika
Assistant Coach Jay Hogue
Volunteer Asst. Coach Jessica Lopez

SEASON HIGHS

	Overall 196.800
	Vault 49.225
	Bars 48.800
t	Bars 48.800 Beam 49.325
ì	Floor 49.475
,	



BALL STATE CARDINALS

Head Coach	Joanna Saleem
Assistant Coach	Scott Wilson
Assistant Coach	. Jessie DeZiel
Head CoachAssistant CoachAssistant CoachVolunteerAsst.CoachJ	onathan Newby

CE	\mathbf{z}	דאחי	HIG	: 110
35	Δ	OIA	THE	по

	Overall 195.600
	Vault 49.075
	Bars 48.875 Beam 48.875 Floor 49.325
ì	Beam 48.875
ì	Floor 49.325
l	



BOWLING GREEN FALCONS

ı	Head Coach Assoc. Head Coach	Jason Bauer
ı	Assistant Coach N VolunteerAsst.CoachAla	larissa Beucler

SEASON HIGHS

Overall					190.000
Vault					. 48.950
Bars					. 48.725
Beam .					. 48.800
Floor					. 49.150

MEET PREVIEW

PROVO, Utah - No. 18 BYU gymnastics continues its record-breaking season on the road in Colorado against No. 11 Denver, Bowling Green and Ball State on Saturday night.

"I like our high-scoring gymnastics," head coach Guard Young said. "We're competing with some of the bigger teams out there. I hope we can go and perform just like we did last week so we can earn some of those same big scores."

After three weeks of home meets, the Cougars head to Denver to compete in their second away meet of the season. The Pioneers beat Utah State last week 196.675 to 195.000. On Sunday, Bowling Green set a season-high score of 195.500 against Western Michigan while Ball State beat Kent State with a season-high 195.600 to 193.600.

Last Friday, BYU set a season-high score of 196.450 against Air Force, the team's highest overall score since 2005. Five Cougars set new career-highs: Shannon Hortman Evans in all-around (39.300), Abby Boden on bars (9.825), Abby Miner on vault (9.750) and floor (9.850), Haley Pitou on bars (9.725) and Angel Zhong on bars (9.775) and beam (9.750).

Mackenzie Douglas' career-high 9.925 on floor led to her third-consecutive week as Mountain Rim Gymnastics Conference Floor Specialist of the Week. Natasha Trejo Marsh and Evans both matched career-high scores on bars, leading to their titles as MRGC Bars Specialists of the Week.

The meet is scheduled to begin at 6 p.m. MST at Hamilton Gymnasium in Denver. The meet will have live stats available.

2018 BYU ROSTER

NAME	HT.	YEAR	HOMETOWN
Abby Beeston	5-6	Fr.	Lehi, UT
Avery Bennett	5-3	Fr.	Gilbert, AZ
Abby Boden	5-5	Fr.	Roseville, CA
Allegra Clarkson	5-1	Fr.	American Fork, UT
Helody Cyrenne	5-4	Fr.	Beauharnois, QC, Canada
Jordan Danbury	5-2	Fr.	Killeen, TX
Mackenzie Douglas	5-5	Sr.	Queen Creek, AZ
Kyleigh Greenlief	5-4	Sr.	Sammamish, WA
Brittni Hawes	5-5	Sr.	Idaho Falls, ID
Cheyenne Hill	5-1	Jr.	Las Vegas, NV
Erin McKayla Hilton	5-4	So.	Henderson, NV
Shannon Hortman Evans	5-2	So.	American Fork, UT
Melanie Lockhart	5-3	Fr.	Tustin, CA
Lauren Love	5-3	So.	Gilbert, AZ
Savanna Maradiaga	5-2	Jr.	Tyler, TX
Hannah Miller	5-2	So.	Farmington, UT
Abbey Miner	5-4	Fr.	Mapleton, UT
Briana Pearson	5-3	So.	Los Gatos, CA
Haley Pitou	5-4	Fr.	Park City, UT
Natasha Trejo Marsh	5-0	Jr.	Tucson, AZ
Jill van Mierlo	5-2	Sr.	San Clemente, CA
Aspen Welch	5-3	Fr.	St. George, UT
Jessie Westergard	5-2	Jr.	Norwell, MA
Angel Zhong	5-5	So.	Langley, BC, Canada

Head Coach: Guard Young (3rd Season)
Assistant Coach: Natalie Broekman (3rd Season)
Assistant Coach: Brogan Evanson (3rd Season)

Volunteer Assistant Coach: Mary Fredericks (1st Season)

BYU PRONUNCIATION GUIDE

HELODY CYRENNE: Elle-oh-dee / Sy-reen Haley PITOU: Pee-too KYLEIGH GREENLIEF: Ky-lee / Green-leaf Natasha TREJO Marsh: Tray-hoe Savanna MARADIAGA: Mah-rrah-dee-ah-gah Jill van MIERLO: Meer-low BRIANA Pearson: Bree-ah-nuh Angel ZHONG: Zong

WEEK FOUR RECAP: BYU BREAKS RECORDS

PROVO, Utah — No. 22 BYU gymnastics beat Air Force 196.450 to 192.700 Friday night in the Smith Fieldhouse with record-breaking performances.

"It was a great meet for us again," BYU head coach Guard Young said. "It feels like the girls are performing at a really high confidence level. We're deep and have lots of options, and it's hard to know who to put in."

On a night filled with with career and season highs, the Cougars scored a season-high total score of 196.450. Seven gymnasts set new personal records, and sophomore Shannon Hortman Evans led BYU with an all-around career-high of 39.300.

In the first rotation, the Cougars posted a 48.925 on vault, the team's highest score on the event this season. Mackenzie Douglas led the team with a season-high 9.825. Evans scored a 9.800 while Angel Zhong and Avery Bennett each earned a 9.775. At the conclusion of the first rotation, BYU led Air Force 48.925 to 48.550.

Five gymnasts earned career-high scores as the Cougars scored a season-high team score of 49.200 on bars in the second rotation. Natasha Trejo Marsh and Evans tied their career-highs of 9.875. Freshman Abby Boden recorded a career-high 9.825, and Zhong set her own career-high with a 9.775. BYU extended their lead over the Falcons to 98.125 to 96.025.

After the third rotation, the Cougars stayed on top 147.175 to 144.275. Van Mierlo led on beam with a 9.875, leading BYU to earn a 49.050. Evans recorded a 9.850 and Marsh earned a 9.800. Zhong set a second career high after receiving a 9.750.

In the final rotation, BYU ended strong with a final season-high team score of 49.275 on the floor. Douglas continued to show her dominance on floor, earning a career-best 9.925. Abbey Miner also scored a career-high 9.850 while Briana Pearson had an equally impressive performance with another 9.850.

The Cougars will compete next at Denver University on Feb. 3. The meet is scheduled to begin at 6 p.m. MST in the Hamilton Gymnasium.

PROJECTED BYU EVENT LINE-UP

VAULT

- 1. Abbey Miner
- 2. Shannon Hortman Evans
- 3. Angel Zhong
- 4. Avery Bennett
- 5. Jill van Mierlo
- 6. Mackenzie Douglas
- EXB: Haley Pitou

BEAM

- 1. Briana Perason
- 2. Natasha Trejo Marsh
- 3. Hannah Miller
- 4. Shannon Hortman Evans
- 5. Angel Zhong
- 6. Jill van Mierlo
- EXB: Cheyenne Hill

BARS

- 1. Jill van Mierlo
- 2. Angel Zhong
- 3. Abby Boden
- 4. Natasha Trejo Marsh
- 5. Brittni Hawes
- 6. Shannon Hortman Evans
- EXB: Helody Cyrenne

FLOOR

- 1. Briana Pearson
- 2. Abbey Miner
- 3. Jill van Mierlo
- 4. Shannon Hortman Evans
- 5. Kyleigh Greenlief
- 6. Mackenzie Douglas
- EXB: Hannah Miller

BYU PROGRAM AND SEASON HIGHLIGHTS

Team Records

Overall

Program: 198.025, 3/12/04 Season: 196.450, 1/19/18

ault Bars

Program: 49.625, 3/12/04 Program: 49.475, 2/16/01

Beam Floor

Program: 49.675, 3/12/04 Program: 49.675, 3/15/04

2018 Season Highlights

- Team overall score of 196.450 highest since 2005.
- Team beam score of 49.125 against Cal was highest since 2010.
- Before 196.025 win against Cal, the last time BYU scored over 196.000 in the 2nd meet of the season was 2004 against Boise State.
- Five gymnasts set new career-highs during the meet against Air Force on 1/26/18: Abby Boden on bars, Mackenzie Douglas on floor, Shannon Evans in all-around, Abbey Miner on vault and floor, Haley Pitou on bars and Angel Zhong on bars and beam.
- Attendance of 5,112 fans on 1/19/18 against Southern Utah broke BYU gymnastics' home attendance record.

2018 SEASON SCORES

Me	et	Result	Vault	Bars	Beam	Floor	Total	Ranking
1/5	at Utah	2nd	48.775	47.900	48.700	48.900	194.725	17
1/12	California	1st	48.750	48.925	49.125	49.225	196.025	18
1/19	Southern Utah	1st	48.825	48.925	48.800	49.200	195.570	22
1/26	Air Force	1st	48.925	49.200	49.050	49.275	196.450	18

2018 PHOTO ROSTER



Abby Beeston Fr.



Avery Bennett Fr.



Abby Boden Fr.



Allegra Clarkson Fr.



Helody Cyrenne Fr.



Jordan Danbury Fr.



Mackenzie Douglas Sr.



Kyleigh Greenlief Sr.



Brittni Hawes Sr.



Cheyenne Hill Jr.



Erin McKayla Hilton So.



Shannon Hortman Evans So.



Melanie Lockhart Fr.



Lauren Love So.



Savanna Maradiaga Jr.



Hannah Miller So.



Abbey Miner Fr.



Briana Pearson So.



Fr.



Jr.



Sr.



Fr.



Jr.



So.

2018 INDIVIDUAL SCORES

- **Avery BENNETT** 2014 Junior Olympic NIT qualifier
 - 2017 Regional bronze medalist on beam

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.750				
1/12	California	9.850				
1/19	Southern Utah	9.800				
1/26	Air Force	9.775				
Career High		9.850				

Abby BODEN

- Placed at the 2017 Junior Olymic National Championships
- · Started in all 2018 season meets as a freshman

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.100		9.725		
1/12	California	9.625ex	9.800	9.850		
1/19	Southern Utah	9.650ex	9.775	9.775	9.700ex	
1/26	Air Force		9.825			
Career High		9.650	9.825	9.850	9.700	

Helody CYRENNE

- Finished seventh in all-around at 2015 Elite Canada Championships
- · Competed at the 2015 Toyota International Cup in Japan

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah			9.625		
1/12	California			9.200		
1/26	Air Force			9.700ex		
Caree	r High			9.700		

Mackenzie DOUGLAS

- · 2017 All-MRGC Vault Co-Champion and first-team honors
- Earned a 9.800 or higher on vault in 9 of 13 meets in 2017

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.800			9.775	
1/12	California	9.725	8.900ex		9.900	
1/19	Southern Utah	9.800			9.875	
1/26	Air Force	9.825			9.925	
Career High		9.875	9.875		9.925	

Shannon HORTMAN EVANS

- · 2017 MRGC Freshman of the Year, three-time Gymnast of the Week
- · Earned a 9.800 or higher on bars in 10 of 13 meets

		O				
Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.750	9.800	9.550	9.800	38.900
1/12	California		9.850		9.900	
1/19	Southern Utah	9.675	9.850	9.800	9.625	38.950
1/26	Air Force	9.800	<u>9.875</u>	9.850	9.775	<u>39.300</u>
Caree	r High	9.875	9.875	9.875	9.900	39.300

Kyleigh GREENLIEF

- Recorded a 9.800 or higher in six-consecutive meets on floor
- Posted a career-high 9.875 on floor on 3/13

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah				9.825	
1/12	California				9.800	
1/19	Southern Utah				9.825	
1/26	Air Force				9.825	
Caree	r High				9.875	

Brittni HAWES

- · Career-high 9.950 ties for second in program history, leads conference
- · Recorded a 9.800 or higher on bars in seven meets
- · 2017 NACGC/W Scholastic All-American

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah		9.750			
1/12	California		9.800			
1/19	Southern Utah		9.850			
1/26	Air Force		9.850			
Caree	r High		9.950			

Cheyenne HILL

- Earned an 9.800 or higher on vault in four meets
- · 2016 NACGC/W Scholastic All-American, MRGC All-Academic Team

Date	Team	V ault	Bars	Beam	Floor	AA
1/26	Air Force			9.725ex		
Career	High	9.825		9.800	9.800	

Hannah MILLER

- Posted a career-high 9.800 on beam in the Gem State Invitational
- · Earned a 9.700 or higher on beam in six meets

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah			9.775		
1/12	California	9.450		9.750	9.675ex	
1/19	Southern Utah			9.750		
1/26	Air Force			9.775	9.625ex	
Caree	r High	9.700		9.800	9.675	

Abbey MINER

- Placed second on vault and fifith on bars at Nationals in 2014
- State Champion on vault in 2014 and 2017

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah				9.750	
1/12	California	9.650			9.750	
1/19	Southern Utah	9.675		9.550ex	9.800	
1/26	Air Force	9.750			9.850	
Caree	r High	9.750			9.850	

Briana PEARSON

- · 2017 NACGC/W Scholastic All-American
- Earned a 9.800 or higher on floor in five meets

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah				9.750	
1/12	California			9.750	9.800	
1/19	Southern Utah			9.700	9.850	
1/26	Air Force			9.725	9.850	
Caree	er High			9.775	9.875	

Haley PITOU

- · Placed third on bars at 2017 Nationals
- · 2016 and 2017 State Bar Champion

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah		9.050			
1/19	Southern Utah		9.700ex			
1/26	Air Force	9.650ex	9.725			
Caree	r High	9.650	9.725			

Natasha TREJO MARSH

- Earned a 9.800 or higher on beam in seven-consecutive meets
- 2016 NACGC/W Scholastic All-American, MRGC All-Academic Team

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah		9.675	9.775		
1/12	California		9.725	9.875		
1/19	Southern Utah		9.750	9.775		
1/26	Air Force		9.875	9.800		
Caree	r High		9.875	9.875	9.850	

Jill VAN MIERLO

- · Placed third in the all-around at the MRGC Championship
- 2015 MRGC Freshman of the Year

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.750	9.000	9.800	9.725	38.275
1/12	California	9.700	9.750	9.900	9.825	<u>39.175</u>
1/19	Southern Utah	9.775	9.700	9.700	9.850	39.025
1/26	Air Force	9.750		9.875	9.825	
Caree	r High	9.825	9.900	9.925	9.900	39.325

Angel ZHONG

- 2017 All-MRGC Vault First Team selection
- 2017 NACGC/W Scholastic All-American with a 4.0 GPA

Date	Team	Vault	Bars	Beam	Floor	AA
1/5	Utah	9.725	9.625			
1/12	California	9.825	9.675	9.675ex		
1/19	Southern Utah	9.775	9.700			
1/26	Air Force	9.775	9.775	9.750		
Career	· High	9.825	9.775	9.750		

Guard YOUNG

BYU Head Coach 2015-Present

A former BYU national champion gymnast and Olympic silver medal winner, Young enters his third year at the helm of the BYU gymnastics program.

A member of the BYU Athletic Hall of Fame, he returned to his alma mater in May of 2015.

Young came to BYU from the University of Oklahoma, where he was an assistant men's gymnastics coach from 2000-05 and 2011-15. In nine seasons at OU, Young was part of four NCAA championship teams (2002, 2003, 2005, 2015) and five NCAA runner-up teams (2001, 2004, 2012, 2013, 2014).

Young's passion for gymnastics is equaled by his love for BYU. From 1996 to 2000, he was a member of the BYU men's gymnastics team, winning six All-America awards and two NCAA National Championships on the vault (1999, 2000). As a senior, Young was also the runner-up for the individual all-around at the 2000 NCAA Championships. He was inducted into the BYU Athletic Hall of Fame in 2010.

From 2000 to 2004, Young was a member of the USA Senior National Gymnastics Team, winning a team

silver medal at the 2001 World Championships in Ghent, Belgium, and a team silver medal the 2004 Olympic Games in Athens, Greece.

As a junior gymnast, he trained under OU coach Mark Williams at the Bart Conner Gymnastics Academy in Norman, Oklahoma. Young earned the 1996 junior national champion title and three junior national team berths.

Young graduated from BYU in 2001 with a Bachelor of Arts in communications with an emphasis in broadcast journalism. He and his wife, Alisha, have two boys and one daughter (Tyler, Jaxson and Hadley).

His father, Wayne Young, was a BYU gymnast from 1970-1975 and captained the 1976 USA Olympic team. Wayne later became the Cougars men's gymnastics coach from 1979-87 and was inducted into the BYU Athletic Hall of Fame in 1986. In addition, Guard's sister, Jessica Young Wycherly, was a gymnast at BYU from 1995-98.



YOUNG AT A GLANCE

Coaching Career

- Led BYU to NCAA regional appearances in first two seasons at BYU
- University of Oklahoma assistant men's gymnastics coach for nine years ('00-'05, '11-'15)
- Coached four NCAA championship teams at OU
- Also coached five NCAA runner-up teams at OU

Gymnastics Career

- · 2010 BYU Hall of Fame Inductee
- 2004 Olympic Silver Medalist in Athens
- Member of USA National Gymnastics Team for 10 years
- Six-time NCAA All-American
- Two-time NCAA Vault Champion ('99, '00)
- Individual all-around title runner-up at 2000 NCAA Championships



Natalie BROEKMAN

BYU Assistant Coach Balance beam coach 2015-Present

Coaching Experience

- Coached at Gold Medal Gymnastics in Chandler, Ariz., under the direction of Olympic gold medalist, Amanda Borden
- Coached for nine years at Arizona Olympian Gymnastics
- Trained at Arizona Twisters under Lisa Spini

Gymnastics Career

- Member of BYU gymnastics team from 1996-99, coached by Brad and Dawn Cattermole and Shauna Mertz
- · Team captain during the 1999 season
- Broke school all-around record in 1999 with a 39.475
- Received the Dale R. McCann Team Spirit Award from the Cougar Club in 1999
- NACGC-W All-American on balance beam in 1996
- · Member of the U.S. Elite National Team from 1992-94
- Finished third in the all-around senior national division at the U.S. Classic
- Demonstrator for the United States Gymnastics Federation, the Federation of International Gymanstics and U.S. Synchronized Swimming

Education

- Bachelor of Science in Family Science, BYU (2000)
- Physical education coaching minor

Family

 Natalie and her husband, David, have four children — Davis, Brady, Holland and Tate



Brogan EVANSON BYU Assistant Coach

Vault and floor coach, team choreographer 2015-Present

Judging and Coaching Experience

- Level 10 Official for the NCAA and USA Gymnastics since 2007
- Gymnastics Program Director and Head Coach at Peak Athletics in Highlands Ranch, Colo.
- Assistant coach for the Southeast Missouri Redhawks gymnastics team under the direction of Tom Farden (current co-head coach at Utah)
- Named Co-Midwest Independent Conference Assistant Coach of the Year in 2007
- Volunteer assistant coach for BYU in 2005, contributing to Cougars' NCAA National Championship Appearance

Gymnastics Career

- Member of BYU gymnastics team from 2001-04, coached by Dawn and Brad Cattermole and Shauna Mertz
- Ranked No. 14 nationally on uneven bars
- Scored a 9.975 on bars against Utah to set a new school record in 2004
- Recorded a perfect 10.000 on floor in 2003
- Awarded the BYU Scholar-Athlete Award four straight years
- Nominated for the Lu Wallace Outstanding Senior Female Award in 2004

Education

- Masters of Art in Athletic Administration, Southeast Missouri State (2007)
- Bachelor of Science in Exercise Science, BYU (2005)
- Personal Training Certification with the American College of Sports Medicine

Family

 Brogan and her husband, Troy, have three children — Rigden, Tegan and L. Jaclyn