



# BYU GYMNASTICS

Natalie Orr | BYU Gymnastics SID | BYU Athletic Communications | Office: (801) 422-8999 | gymnastics\_sid@byu.edu

## BYU 2020 SCHEDULE

Date	Meet	Score/Result
1/6	Nebraska <sup>^</sup>	195.750 / W
1/11	Rio Tinto Best of Utah <sup>+</sup>	
1/18	UCLA/Utah State <sup>**</sup>	
1/24	at Southern Utah <sup>*</sup>	
1/31	at Boise State <sup>*</sup>	
2/7	Sacramento State	
2/15	Boise State <sup>*</sup>	
2/22	at Denver	
2/28	at Illinois State	
3/6	at Utah State <sup>*</sup>	
3/14	Southern Utah <sup>*</sup>	
3/21	MRGC Championships <sup>#</sup>	

\*MRGC Opponent

<sup>^</sup>Held at Marriott Center

<sup>+</sup>Held at the Maverik Center

<sup>#</sup>Held at Boise State

## 2019 QUICK FACTS

Location	Provo, Utah 84602
Elevation	4,553 feet
Enrollment	33,511
Founded	October 15, 1875
Owned	LDS Church
Nickname	Cougars
BYU President	Kevin J Worthen (BYU, 1979)
Athletics Director	Tom Holmoe (BYU, 1983)
Assoc. Athletic Director/SWALiz Darger	(BYU, 2000)
Arena	Smith Fieldhouse
Conference	Mountain Rim Gymnastics
2019 NCAA Finish	21st

## 2020 TEAM HIGHS

Vault	48.675
Bars	49.100
Beam	48.800
Floor	49.175
Total	195.750

## PROGRAM TEAM HIGHS

Vault	49.625	3/12/04, Utah State
Bars	49.475	2/16/01, Missouri
Beam	49.675	3/12/04, Utah State
Floor	49.675	3/15/04, Southern Utah
Total	198.025	3/12/04, Utah State



## BRIGHAM YOUNG COUGARS

Head Coach	Guard Young
Assistant Coach	Natalie Broekman
Assistant Coach	Brogan Evanson
Volunteer Asst. Coach	Warde Allan



## UNIVERSITY OF UTAH UTES

Head Coach	Tom Farden
Assistant Coach	Carly Dockendorf
Assistant Coach	Garrett Griffith
Volunteer Asst. Coach	Courtney Griffith



## UTAH STATE AGGIES

Head Coach	Amy Smith
Assistant Coach	Erik Lewis
Assistant Coach	Amanda Wellick



## SOUTHERN UTAH THUNDERBIRDS

Head Coach	Scotty Bauman
Assistant Coach	Jeff Richards
Assistant Coach	Jamie Wysong
Volunteer Asst. Coach	Adam AhQuin

## MEET INFORMATION

Date	Saturday, Jan. 11, 2020 @ 7:00 p.m. MST
Location	Maverik Center, West Valley City, Utah
Live Stats	Sidearmstats.com

## MEET PREVIEW

PROVO, Utah - The BYU gymnastics team will attend the first-ever Rio Tinto Best of Utah NCAA Gymnastics meet this Saturday, Jan. 11, at 7 p.m. MST at the Maverik Center, facing local rivals Utah, Utah State and Southern Utah.

This meet will be the first of a multi-year partnership with Rio Tinto and the Maverik Center and will take place for the next five seasons. Additionally, this marks the second time the schools will compete all together, the first time being in 1993.

The gymnasts will compete on a raised podium floor, a new aspect for several of head coach Guard Young's gymnasts.

"It's a treat for gymnastics fans," Young said. "Being up on a podium actually heightens the event. I'm a gymnastics fan first, so I'm just going to sit back and enjoy it and see how these girls handle being on a podium."

## 2020 BYU ROSTER

NAME	HT.	YEAR	HOMETOWN
Anysa Alvarado	5-3	Fr.	Rancho Cucamonga, California
Rachel Bain	5-0	So.	Draper, Utah
Sarah Barron	5-7	Fr.	Honolulu, Hawai'i
Rebekah Bean	5-2	So.	St. George, Utah
Abby Beeston	5-6	So.	Lehi, Utah
Avery Bennett	5-3	Jr.	Gilbert, Arizona
Helody Cyrenne	5-4	So.	Beauharnois, QC, Canada
Jordan Danburry	5-2	Jr.	Killeen, Texas
Shannon Evans	5-2	Sr.	American Fork, Utah
Lexi Griffith	5-3	Fr.	Allen, Texas
Gabrielle Hubbard	5-6	So.	Mapleton, Utah
Lindsey Hunter	5-4	Fr.	Santa Clarita, California
Ashley Kernan	5-5	So.	Thousand Oaks, California
Allix Mason	5-3	Fr.	Rancho Cucamonga, California
Lexi Mather	5-5	Fr.	Taylorsville, Utah
Abbey Miner	5-4	Jr.	Mapleton, Utah
Sadie Miner	5-2	So.	Mapleton, Utah
Maya Page	5-4	Fr.	Houston, Texas
Briana Pearson	5-3	Sr.	Los Gatos, California
Haley Pitou	5-4	Jr.	Park City, Utah
Adeline Rieder	5-2	So.	Scranton, Pennsylvania
Eleese Rollins	4-11	Fr.	West Jordan, Utah
Abby Boden Stainton	5-5	Jr.	Roseville, California
Brittney Vitkauskas	5-2	So.	Portland, Oregon
Angel Zhong	5-5	Sr.	Langley, BC, Canada

Head Coach: Guard Young (5th Season)

Assistant Coach: Natalie Broekman (5th Season)

Assistant Coach: Brogan Evanson (5th Season)

Volunteer Assistant Coach: Warde Allan (1st Season)

### BYU PRONUNCIATION GUIDE

ANYSSA ALVARADO	UH-nissa / AL-vuh-RAH-DO
HELODY CYRENNE	Elle-oh-dee / Sy-reen
Lexi MATHER	Math-er
Haley PITOU	Pee-too
ADELINE RIEDER	Add-a-line / Ree-der
ELEASE Rollins	UH-lease Rollins
Brittney VITKAUSKAS	Vit-cows-kiss
Angel ZHONG	Zong

## MEET PREVIEW

**THE COUGARS.** BYU received a preseason WCGA ranking of No. 23. In the season opener on Monday, the Cougars took down No. 15 Nebraska, snagging the first win of the season 195.750-195.600. This win ended a four-meet losing streak against the Huskers since BYU's last series win in 1998.

**THE THUNDERBIRDS.** At the MRGC Championships in 2019, SUU finished second place, ending the season with a No. 24 ranking. This season, the team received a pre-season ranking of No. 26 from the WCGA's Preseason Poll to follow just behind other nationally ranked MRGC contenders No. 18 Boise State and No. 23 BYU. The Thunderbirds will kick off their season on Thursday, Jan. 9 against No. 15 Nebraska.

**THE UTES.** Currently sitting at No. 5, Utah started the season with a 196.425-195.350 win against No. 12 Kentucky on Friday, Jan. 3. A standout performer, senior Kim Tessen, picked up wins on all three of her events—vault, uneven bars and floor.

**THE AGGIES.** Utah State came off the 2019 season with a 5-13 overall record. In the pre-season polls, the team earned a No. 41 ranking in the country. The Aggies will be on the road the entire month of January and will make their season debut at the Best of Utah meet. On Saturday, Jan. 18, the Aggies will compete in the Marriott Center against BYU and UCLA.

## NO. 23 BYU DEFEATS NO. 15 NEBRASKA IN SEASON OPENER

PROVO, Utah – The No. 23 BYU gymnastics team took down No. 15 Nebraska 195.750 – 195.600 for the first time since 1998 Monday night at the Marriott Center.

"Our routines are practiced over and over again, but you just never know what is going to happen when you dial down and get in front of the lights and the cameras," BYU head coach Guard Young said. "We practice in the Smith Fieldhouse and this is the first time some of the freshmen have been in the Marriott Center. It was not a perfect day for the Cougars, but I liked how we responded. The future looks bright for us this season."

Going into BYU's final routine of the meet, the teams were tied at 195.600 and the Cougars needed higher than a 9.725 to take the lead. Junior Abbey Miner was the anchor for the Cougars on floor and finished with a score of 9.875, helping BYU land the win at 195.750.

Miner won the all-around with a career high of 39.325. Junior Abby Boden Stainton followed in second with a score of 39.175.

BYU opened up the meet on vault with Miner leading the team with a score of 9.800. Sophomore Sadie Miner posted her personal best with a score of 9.775, while junior Avery Bennett and Boden Stainton received matching scores of 9.725. The Cougars ended their vault rotation .150 behind Nebraska with a score of 48.675.

During the second rotation, Boden Stainton brought BYU's highest score on the uneven bars, tying her career best with a 9.900. Abby Beeston and Abbey Miner broke each of their personal records with scores of 9.825 and 9.800, respectively. Junior Haley Pitou recorded a 9.850 to give the Cougars four gymnasts who scored 9.800 or better. After the second rotation, BYU took the lead with a score of 97.775 to Nebraska's 97.600.

The Cougars moved to beam where Abbey Miner led BYU with a score of 9.850. Stainton followed with a 9.825 as well as freshman Lexi Mather with a 9.75 in her career debut. Going into the last rotation, BYU lost its lead as the Huskers led 146.600 to 146.575.

In the final rotation, Sadie Miner earned a career-high score of 9.875. Sophomore Brittney Vitkauskas tied her personal best with a score of 9.850, while sophomore Rachel Bain also received an impressive score of 9.800 during her first official career performance.

Next, the Cougars will compete on Saturday, Jan. 11 at 7 p.m. MST at the first-ever Rio Tinto Best of Utah NCAA Gymnastics meet at the Maverik Center. BYU will compete against Utah, Southern Utah and Utah State.

## 2020 SEASON SCORES

Meet	Result	Vault	Bars	Beam	Floor	Total
1/6 Nebraska	1st	48.675	49.100	48.800	49.175	195.750
1/11 Rio Tinto Best of Utah						
1/18 UCLA/Utah State						
1/24 @ Southern Utah						
1/31 @ Boise State						
2/7 Sacramento State						
2/15 Boise State						
2/22 @ Denver						
2/28 @ Illinois State						
3/6 @ Utah State						
3/14 Southern Utah						
3/21 MRGC Championships						
Bold indicates season high						

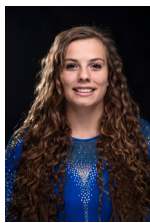
## 2020 PHOTO ROSTER



**Anyssa Alvarado**  
Fr.



**Rachel Bain**  
So.



**Sarah Barron**  
Fr.



**Rebekah Bean**  
So.



**Abby Beeston**  
So.



**Avery Bennett**  
Jr.



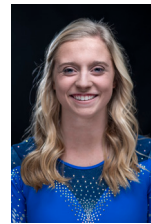
**Helody Cyrenne**  
So.



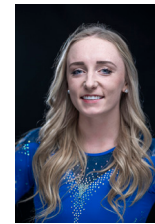
**Jordan Danbury**  
Jr.



**Shannon Evans**  
Sr.



**Lexi Griffith**  
Fr.



**Gabrielle Hubbard**  
So.



**Lindsey Hunter**  
Fr.



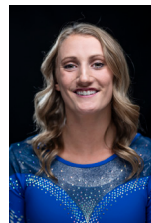
**Ashley Kernan**  
So.



**Allix Mason**  
Fr.



**Lexi Mather**  
Fr.



**Abbey Miner**  
Jr.



**Sadie Miner**  
So.



**Maya Page**  
Fr.



**Briana Pearson**  
Sr.



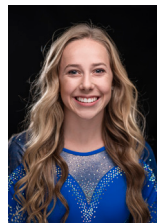
**Haley Pitou**  
Jr.



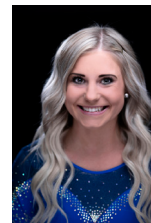
**Adeline Rieder**  
So.



**Elease Rollins**  
Fr.



**Abby Stainton**  
Jr.



**Brittney Vitkauskas**  
So.



**Angel Zhong**  
Sr.

## 2020 INDIVIDUAL SCORES

### Anyssa ALVARADO Bars: 9.700

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		<b>9.700</b>			
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Rachel BAIN Floor: 9.800

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska				9.800	
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Sarah BARRON

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Rebekah BEAN Vault: 9.850 Floor: 9.700

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Abby BEESTON Bars: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska				9.825	
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Avery BENNETT Vault: 9.875

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.725				
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

## 2020 INDIVIDUAL SCORES

### Helody CYRENNE

Bars: 9.950 Beam: 9.925

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		9.725	9.700		
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Jordan DANBURY MATHEWS

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.650				
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Shannon EVANS

Vault: 9.950 Bars: 9.950 Beam: 9.875 Floor: 9.950 AA: 39.575

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Lexi GRIFFITH

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Gabrielle HUBBARD

Bars: 9.775

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Lindsey HUNTER

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

## 2020 INDIVIDUAL SCORES

### Ashley KERNAN

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Allix MASON

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Lexi MATHER

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska			9.750		
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Abbey MINER

**Vault: 9.875 Bars: 9.800 Beam: 9.900 Floor: 9.925 AA: 39.325**

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.800	9.800	9.850	9.875	39.325
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Sadie MINER

**Vault: 9.775 Floor: 9.850**

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.775		9.675	9.875	
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Maya PAGE

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

## 2020 INDIVIDUAL SCORES

Briana PEARSON

**Beam: 9.825 Floor: 9.900**

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska			9.550	9.775	
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Haley PITOU

**Vault: 9.850 Bars: 9.875**

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	8.975	9.850			
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Adeline RIEDER

**Vault: 9.675**

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Elease ROLLINS

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Abby BODEN STANTON

**Vault: 9.800 Bars: 9.900 Beam: 9.900 Floor: 9.825 AA: 39.175**

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.725	9.900	9.825	9.725	39.175
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Brittney VITKAUSKAS

**Floor: 9.850**

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska				9.850	
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

## 2020 COACHING STAFF

### Guard YOUNG

BYU Head Coach  
2015-Present

A former BYU national champion gymnast and Olympic silver medal winner, Young returned to his alma mater in May 2015 to take the helm of the BYU gymnastics program.

A member of the BYU Athletic Hall of Fame, Young returned to Provo from the University of Oklahoma, where he was an assistant men's gymnastics coach from 2000-05 and 2011-15. In nine seasons at OU, Young was part of four NCAA championship teams (2002, 2003, 2005, 2015) and five NCAA runner-up teams (2001, 2004, 2012, 2013, 2014).

Young's passion for gymnastics is equaled by his love for BYU. From 1996 to 2000, he was a member of the BYU men's gymnastics team, winning six All-America awards and two NCAA National Championships on the vault (1999, 2000). As a senior, Young was also the runner-up for the individual all-around at the 2000 NCAA Championships. He was inducted into the BYU Athletic Hall of Fame in 2010.

From 2000 to 2004, Young was a member of the USA Senior National Gymnastics Team, winning a team silver medal at the 2001 World Championships in Ghent, Belgium, and a team silver medal the 2004 Olympic Games in Athens, Greece.

As a junior gymnast, he trained under OU coach Mark Williams at the Bart Conner Gymnastics Academy in Norman, Oklahoma. Young earned the 1996 junior national champion title and three junior national team berths.

Young graduated from BYU in 2001 with a Bachelor of Arts in communications with an emphasis in broadcast journalism. He and his wife, Alisha, have two boys and one daughter (Tyler, Jaxson and Hadley).

His father, Wayne Young, was a BYU gymnast from 1970-1975 and captained the 1976 USA Olympic team. Wayne later became the Cougars men's gymnastics coach from 1979-87 and was inducted into the BYU Athletic Hall of Fame in 1986. In addition, Guard's sister, Jessica Young Wycherly, was a gymnast at BYU from 1995-98.



### YOUNG AT A GLANCE

#### Coaching Career

- Named 2019 MRGC Coach of the Year after guiding BYU to a No. 21 ranking that included scoring a 197 for the first time in 15 years
- University of Oklahoma assistant men's gymnastics coach for nine years ('00-'05, '11-'15)
- Coached four NCAA championship teams at OU
- Also coached five NCAA runner-up teams at OU

#### Gymnastics Career

- 2010 BYU Hall of Fame Inductee
- 2004 Olympic Silver Medalist in Athens
- Member of USA National Gymnastics Team for 10 years
- Six-time NCAA All-American
- Two-time NCAA Vault Champion ('99, '00)
- Individual all-around title runner-up at 2000 NCAA Championships



### Natalie BROEKMAN

BYU Assistant Coach  
Balance beam coach  
2015-Present

#### Coaching Experience

- Coached at Gold Medal Gymnastics in Chandler, Ariz., under the direction of Olympic gold medalist, Amanda Borden
- Coached for nine years at Arizona Olympian Gymnastics

#### Gymnastics Career

- Member of BYU gymnastics team from 1996-99, coached by Brad and Dawn Cattermole and Shauna Mertz
- Team captain during the 1999 season
- Broke school all-around record in 1999 with a 39.475
- Received the Dale R. McCann Team Spirit Award from the Cougar Club in 1999
- NACGC-W All-American on balance beam in 1996
- Member of the U.S. Elite National Team from 1992-94
- Finished third in the all-around senior national division at the U.S. Classic
- Demonstrator for the United States Gymnastics Federation, the Federation of International Gymnastics and U.S. Synchronized Swimming

#### Education

- Bachelor of Science in Family Science, BYU (2000)
- Physical education coaching minor

#### Family

- Natalie and her husband, David, have four children – Davis, Brady, Holland and Tate



### Brogan EVANSON

BYU Assistant Coach  
Vault and floor coach, team choreographer  
2015-Present

#### Judging and Coaching Experience

- Level 10 Official for the NCAA and USA Gymnastics since 2007
- Gymnastics Program Director and Head Coach at Peak Athletics in Highlands Ranch, Colo.

- Co-Midwest Independent Conference Assistant Coach of the Year in 2007
- Volunteer assistant coach for BYU in 2005, contributing to Cougars' NCAA National Championship Appearance

#### Gymnastics Career

- Member of BYU gymnastics team from 2001-04, coached by Dawn and Brad Cattermole and Shauna Mertz
- Ranked No. 14 nationally on uneven bars
- Scored a 9.975 on bars against Utah to set a new school record in 2004
- Recorded a perfect 10.000 on floor in 2003
- Awarded the BYU Scholar-Athlete Award four straight years
- Nominated for the Lu Wallace Outstanding Senior Female Award in 2004

#### Education

- Masters of Art in Athletic Administration, Southeast Missouri State (2007)
- Bachelor of Science in Exercise Science, BYU (2005)
- Personal Training Certification with the American College of Sports Medicine

#### Family

- Brogan and her husband, Troy, have four children – Rigden, Tegan, L. Jaclyn and Emmy