

2021 BYU Collegiate Cougar Indoor Invitational

Schedule of Events

January 14-16

Thursday, January 14

Field Events-DT in the IPF

4:30	Shot Put (W)
5:30	Shot Put (M)
7:00	Discus (M)/Wt Throw (W)
8:00	Discus (W)/Wt Throw (M)

Men's Heptathlon (1st day)

Start times based on 30 min rest.

2:00	60m
2:35	LJ
3:25	SP
4:15	HJ

Womens' Pentathlon

Start times based on 30 min rest.

1:45	60 mh
2:20	HJ
3:15	SP
4:10	LJ
5:00	800m

Friday, January 15

Men's Heptathlon (2nd Day)

Start times based on 30 min rest

1:00	60mh
1:35	PV
2:55	1000 m

Field Events

12:30	Long Jump (M)
1:30	High Jump (W)
2:15	Long Jump (W)
3:00	High Jump (M)
3:15	Triple Jump (M&W)

Saturday, January 16

Field Events

12:00	Pole Vault (M)
2:30	Pole Vault (W)

Running Events

12:00	60 mH Trials (M)
12:15	60 mH Trials (W)
12:35	60 m Trials (M)
12:55	60 m Trials (W)
1:10	400m (M)
1:25	400m (W)
1:35	Mile (M)
1:45	Mile (W)
2:00	60 mH Finals (M)
2:10	60 mH Finals (W)
2:20	60 m Finals (M)
2:25	60 m Finals (W)
2:35	800m (M)
2:45	800m (W)
2:55	200m (M)
3:10	200m (W)
3:25	3000m (M)
3:40	3000m (W)
3:55	4x400 Relay (M)
4:05	4x400 Relay (W)