



#15 BYU WOMEN'S TRACK & FIELD



ERICA BIRK-JARVIS

5-4 • Junior • Steeplechase
Coalville, Utah [North Summit HS]

CAREER MARKS

Steeplechase: 9:42.54 (2019)
5000m: 15:38.12 (2019)
1500m: 4:13.57 (2019)

NOTABLES

- Set 5 school records since 2/8/19
- Outdoor:** Steeplechase, 5000m
- Indoor:** Mile, 3000m, DMR
- No. 2 steeplechase time in NCAA this season (9:42.54)
- Rejoined the team Fall 2018 after having son, Jack, in December 2017
- Five-time All-American (T&F: 2014-DMR; 2019-DMR, 3000m); (XC: 2014, 2018)
- 7th place at 2018 NCAA XC Championships
- Served mission in Cleveland, Ohio for The Church of Jesus Christ of Latter-day Saints



ANNA CAMP-BENNETT

5-6 • Junior • 800m
Fillmore, Utah [Milford HS]

CAREER MARKS

800m: 2:03.69 (2019)
1500m: 4:15.15 (2019)

NOTABLES

- No. 12 800m time in NCAA this season (2:03.69)
- Ran on school record-breaking DMR team
- 2019 Indoor first-team All-American (DMR)
- Top 10 in school history in outdoor 800m (No. 8) and 1500m (No. 5)
- First trip to NCAA Outdoor Championships



LAUREN ELLSWORTH-BARNES

5-8 • Sophomore • 800m
Gilbert, Arizona [Highland HS]

CAREER MARKS

800m: 2:02.49 (2019)
1500m: 4:18.95 (2019)

NOTABLES

- No. 3 800m time in NCAA this season (2:02.49)
- Ran on school record-breaking DMR team
- 2019 Indoor first-team All-American (DMR)
- Top 10 in school history in outdoor 800m (No. 4) and indoor 800m (No. 9)
- First trip to NCAA Outdoor Championships
- Served mission in Des Moines, Iowa for The Church of Jesus Christ of Latter-day Saints



WHITTONI ORTON

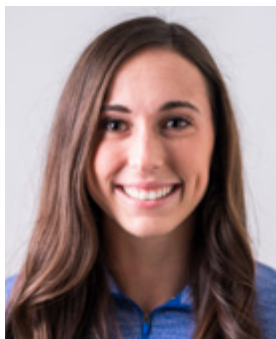
5-7 • Junior • 1500m
Panguitch, Utah [Panguitch HS]

CAREER MARKS

1500m: 4:13.57 (2019)
800m: 2:05.97 (2019)

NOTABLES

- Third-straight appearance to the NCAA Outdoor Championships (1500m)
- No. 12 1500m time in NCAA this season (4:13.57)
- Two-time All-American (2019-Mile; 2018 Mile)
- Top 10 in school history in mile (No. 2) and 1500m (No. 4)



BRENNA PORTER

5-9 • Senior • 400H
Logan, Utah [Sky View HS]

CAREER MARKS

400H: 46.89 (2019)

NOTABLES

- Second-straight appearance to the NCAA Outdoor Championships (400H)
- No. 11 400H time in NCAA this season (46.89)
- Three-time All-American (2017, 2018, 2019-DMR)
- Set school record this year in 400H, 500m and DMR
- Served mission in Asuncion, Paraguay for The Church of Jesus Christ of Latter-day Saints



ANDREA STAPLETON-JOHNSON

6-1 • Senior • High Jump
Kennewick, Washington [Kamiakin HS]

CAREER MARKS

High Jump: 1.89m/6-2.25 (2019)

NOTABLES

- Third-straight appearance to the NCAA Outdoor Championships (HJ)
- No. 1 jump in NCAA this season (1.89m/6-2.25)
- Broke school outdoor record in high jump
- Father, Dave Stapleton, holds men's outdoor high jump record (1983 - 2.27m/7-5.5)
- Five-time All-American (2017, 2018, 2019-high jump)

2019 TEAM NOTABLES

- Ranked No. 15 in the NCAA by USTFCCCA
- Qualified 24 women's entries to the 2019 NCAA West Prelims
- 6 individual marks rank top 10 in the NCAA this season
- Finished 14th overall at the 2019 NCAA Indoor Championships
- Women's cross country took 7th at 2018 NCAA Championships
- Top-ranked 800m and Steeplechase squads (USTFCCCA)

2019 QUICK FACTS

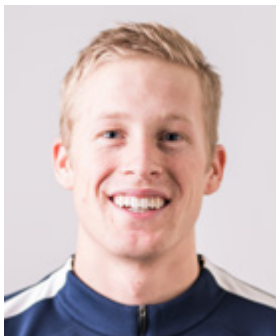
University Information

Location: Provo, Utah 84602
Elevation: 4,553 feet
Enrollment: 33,633 (Daytime)
Founded: October 15, 1875
Nickname: Cougars
Mascot: Cosmo
Colors: Blue and White
Conference: Independent
President: Kevin J Worthen (BYU, 1979)
Athletic Director: Tom Holmoe (BYU, 1983)

Program Information (Women's Outdoor)

All-American Honors: 135
National Champions: 15
Top 10 finishes at nationals: 12
Top 25 finishes at nationals: 26
Best finish: 3rd place (1998)
Last top-10 finish: 2005 (10th)

#4 BYU MEN'S TRACK & FIELD



MICHAEL BLUTH

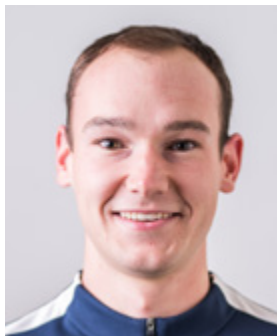
6-0 • Sophomore • 4x400m
Riverton, Utah [Utah State/Riverton HS]

CAREER MARKS

400m: 46.01 (2019)
4x400m: 3:06.64 (2019)

NOTABLES

- Finished 13th in the 400m quarterfinal at the 2019 NCAA West Prelims
- First trip to NCAA Outdoor Championships
- Top 10 in school history in 400m (No. 7), indoor 400m (No. 2)
- Served mission in Rosario, Argentina for The Church of Jesus Christ of Latter-day Saints



BLAKE ELLIS

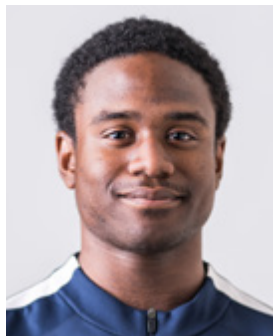
6-0 • Junior • 4x400m
Highland, Utah [Lone Peak HS]

CAREER MARKS

400m: 47.54 (2019)
4x400m: 3:06.64 (2019)

NOTABLES

- First trip to NCAA Outdoor Championships
- Served mission in Frankfurt, Germany for The Church of Jesus Christ of Latter-day Saints



RICKEY FANTROY JR.

5-10 • Junior • Triple Jump
McKinney, Texas [McKinney HS]

CAREER MARKS

Triple Jump: 15.55m/51-0.25 (2019)

NOTABLES

- Jumped a career-best on his final attempt at the NCAA West Prelims to secure his first bid to the NCAA Championships
- No. 8 in school history in the triple jump
- Won a 5A State Championship in the triple jump at Mike A. Myers Track Stadium
- Ran on the BYU 4x100m relay team at the 2019 NCAA West Prelims



DALLIN FARNSWORTH

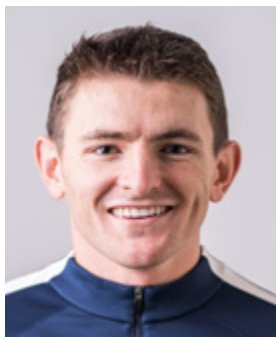
5-10 • Senior • 10,000m
Pocatello, Idaho [Highland HS]

CAREER MARKS

10,000m: 28:56.02 (2019)
5000m: 13:53.38 (2015)

NOTABLES

- Overcame three navicular fractures while at BYU
- First trip to NCAA Outdoor Championships
- Served mission in Reno, Nevada for The Church of Jesus Christ of Latter-day Saints



TALEM FRANCO

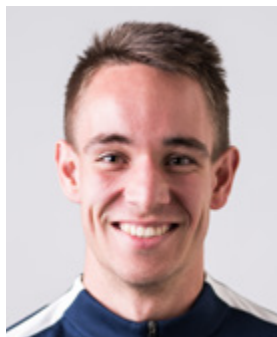
5-10 • Junior • 1500m
Heber City, Utah [Wasatch HS]

CAREER MARKS

1500m: 3:42.15 (2019)

NOTABLES

- Qualified for first NCAA Championships one year after finishing 13th to miss qualifying by one spot
- No. 9 in school history in the 1500m
- Served mission in Papeete, Tahiti for The Church of Jesus Christ of Latter-day Saints



JACOB HESLINGTON

6-0 • Junior • Steeplechase
Orem, Utah [Timpanogos HS]

CAREER MARKS

Steeplechase: 8:39.58 (2019)

NOTABLES

- No. 15 steeplechase time in NCAA this season (8:32.59)
- Placed 10th in steeplechase at the 2017 NCAA Outdoor Championships
- 2017 second-team All-American
- Served mission in Guatemala City, Guatemala for The Church of Jesus Christ of Latter-day Saints



RORY LINKLETTER

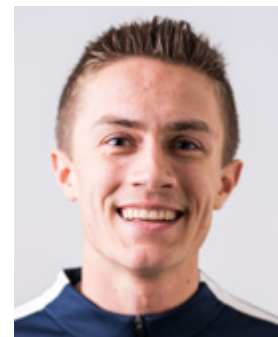
5-11 • Senior • 10,000m
Herriman, Utah [Herriman HS]

CAREER MARKS

10,000m: 28:12.42 (2019)
5000m: 13:36.41 (2019)

NOTABLES

- No. 2 10,000m time in NCAA this season (28:12.42)
- Took 8th place in 5000m and 24th place in 10,000m at the 2018 NCAA Outdoor Championships
- 2017 National Runner-Up in the 10,000m
- Seven-time All-American (T&F: 2017-5000m, 10,000m; 2018-5000m, 5000m); (XC: 2016, 2017, 2018)
- Top 10 in school history in 10,000m (No. 5), 5000m (No. 9) and indoor 5000m (No. 4)



CONNER MANTZ

5-8 • Sophomore • 5000m/10,000m
Smithfield, Utah [Sky View HS]

CAREER MARKS

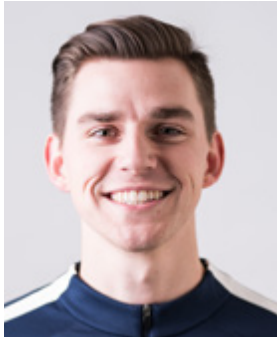
10,000m: 28:18.18 (2019)
5000m: 13:29.73 (2019)

NOTABLES

- No. 3 5000m & 10,000m times in NCAA this season (13:29.73 / 28:18.18)
- Finished 22nd in the 10,000m at the 2018 NCAA Outdoor Championships
- Three-time All-American (T&F: 2019-3000m, 5000m); (XC: 2018)
- 10th place at 2018 NCAA XC Championships
- Top 10 in school history in 5000m (No. 2), 10,000m (No. 6), indoor 5000m (No. 3) and 3000m (No. 5)
- Served mission in Accra, Ghana for The Church of Jesus Christ of Latter-day Saints



#4 BYU MEN'S TRACK & FIELD



BRIAN MATTHEWS

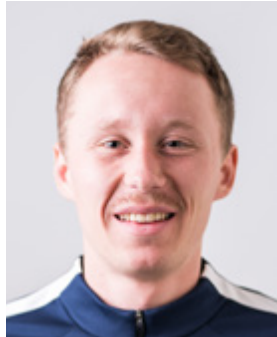
6-3 • Junior • Decathlon
Whitehall, Wisconsin [Whitehall Memorial HS]

CAREER MARKS

Decathlon: 7335 (2019)

NOTABLES

- First trip to NCAA Outdoor Championships
- Served mission in Santiago, Chile for The Church of Jesus Christ of Latter-day Saints



CONNOR MCMILLAN

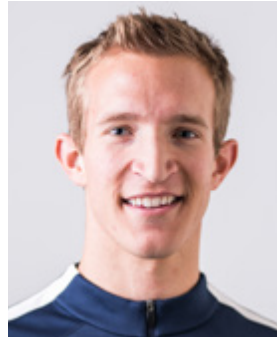
5-11 • Senior • 10,000m
American Fork, Utah [American Fork HS]

CAREER MARKS

10,000m: 28:09.55 (2018)
5000m: 13:38.63 (2019)

NOTABLES

- No. 1 10,000m time in NCAA this season (28:11.30)
- Finished 12th in 10,000m at the 2018 NCAA Outdoor Championships
- Seven-time All-American (T&F: 2016-10,000m; 2018-5000m, 10,000m; 2019-3000m, 5000m); (XC: 2017, 2018)
- Top 10 in school history in 10,000m (No. 4), 5000m (No. 10), indoor 5000m (No. 2) and 3000m (No. 9)



MATT OWENS

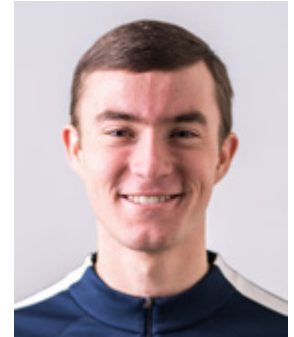
6-0 • Sophomore • Steeplechase
Orem, Utah [Orem HS]

CAREER MARKS

Steeplechase: 8:32.59 (2019)

NOTABLES

- No. 3 steeplechase time in NCAA this season (8:32.59)
- Placed 6th in the steeplechase at the 2018 NCAA Outdoor Championships
- 2019 outdoor first-team All-American
- No. 3 steeplechase time in school history
- Served mission in Seattle, Washington for The Church of Jesus Christ of Latter-day Saints



KENNETH ROOKS

5-7 • Freshman • Steeplechase
College Place, Washington [College Place HS]

CAREER MARKS

Steeplechase: 8:36.08 (2019)

NOTABLES

- No. 8 steeplechase time in NCAA this season (8:36.08)
- No. 6 steeplechase time in school history
- First trip to NCAA Outdoor Championships
- Will serve two-year mission in Uganda for The Church of Jesus Christ of Latter-day Saints beginning this summer



ABRAM SCHAAP

6-0 • Sophomore • 4x400m
Albuquerque, New Mexico [Volcano Vista HS]

CAREER MARKS

400m: 47.83 (2019)
4x400m: 3:06.64 (2019)

NOTABLES

- First trip to NCAA Outdoor Championships
- Will serve two-year mission in Madrid, Spain for The Church of Jesus Christ of Latter-day Saints beginning this summer



CLAYSON SHUMWAY

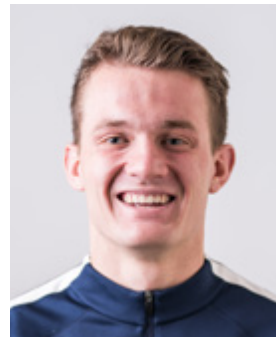
5-9 • Junior • Steeplechase
Colorado Springs, Colorado [Liberty HS]

CAREER MARKS

Steeplechase: 8:36.25 (2019)
10,000m: 28:36.07 (2019)

NOTABLES

- No. 9 steeplechase time in NCAA this season (8:36.25)
- Took 7th in the steeplechase at the 2018 NCAA Outdoor Championships
- Two-time All-American (T&F: 2018-Steeplechase); (XC: 2018)
- Top 10 in school history in steeplechase (No. 7) and 10,000m (No. 9)
- Served mission in Arcadia, California for The Church of Jesus Christ of Latter-day Saints



CONNOR WEAVER

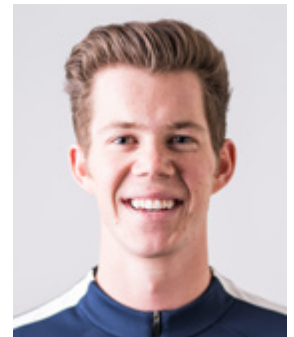
5-10 • Junior • 10,000m
Parker, Colorado [Mountain Vista HS]

CAREER MARKS

10,000m: 29:02.15 (2019)
5000m: 14:00.06 (2019)

NOTABLES

- First trip to NCAA Outdoor Championships
- Has made two consecutive appearances in 10,000m at the NCAA West Prelims
- Three-time amateur champion triathlete (2013, 2014, 2017)
- Served mission in Santiago, Chile for The Church of Jesus Christ of Latter-day Saints



COLTEN YARDLEY

6-4 • Sophomore • 4x400m
Clinton, Utah [Syracuse HS]

CAREER MARKS

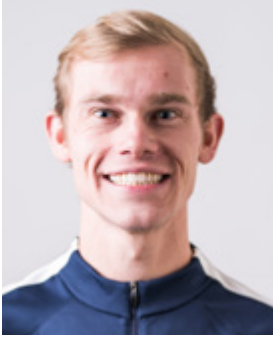
400m: 48.01 (2019)
4x400m: 3:06.64 (2019)
400H: 51.38 (2019)

NOTABLES

- Has made two consecutive trips to NCAA West Prelims in the 400m hurdles
- First trip to NCAA Outdoor Championships
- Served mission in Sydney, Australia for The Church of Jesus Christ of Latter-day Saints



#4 BYU MEN'S TRACK & FIELD



CLAYTON YOUNG

6-0 • Senior • 5000m/10,000m
American Fork, Utah [American Fork HS]

CAREER MARKS

10,000m: 28:18.50 (2019)
5000m: 13:31.79 (2019)

NOTABLES

- Third-straight year double-qualifying for the NCAA Outdoor Championships
- No. 4 10,000m & No. 5 5000m times in NCAA this season (28:18.18 / 13:31.79)
- Six-time All-American (2017-3000m, 5000m; 2018-5000m, 5000m; 2019-3000m, 5000m)
- Holds school record in the indoor 5000m
- Served mission in Raliegh, North Carolina for The Church of Jesus Christ of Latter-day Saints



ED EYESTONE

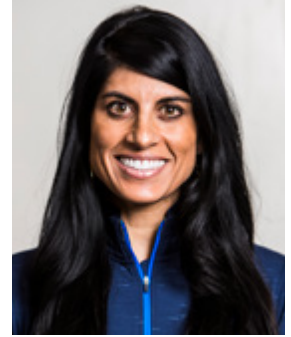
Head Coach
Men's Distance

- Head coach at BYU since 2013
- Has coached two men's distance athletes to outdoor national championships
 - Kyle Perry | Steeplechase (2009)
 - Josh McAdams | Steeplechase (2006)
- Best finishes at outdoor championships
Men: 13th (2015); **Women:** 42nd (2016)
- Three-time track & field national champion (1984-10K; 1985-5K, 10K)
- Two-time Olympian (1988, 1992-Marathon)



MARK ROBISON

Associate Head Coach
Multi Events/Vertical Jumps



DILJEET TAYLOR

Associate Head Coach
Women's Distance



STEPHANI PERKINS

Assistant Coach
Horizontal Jumps/Short Sprints



KYLE GROSSARTH

Assistant Coach
Relays/Long Sprints

2019 TEAM NOTABLES

- Ranked No. 4 in the NCAA by USTFCCCA
- Qualified 35 men's entries to the 2019 NCAA West Prelims
- Broke NCAA record for most entries from one school in one event with 6 qualifiers in 10,000m (BYU held previous record in 1975 with 5 decathletes)
- Top-ranked steeplechase and 10,000m squads (USTFCCCA)
- 9 individual marks rank top 10 in the NCAA this season
- Finished 13th (tie) at the 2019 NCAA Indoor Championships
- Men's cross country took second at 2018 NCAA Championships

2019 QUICK FACTS

University Information

Location: Provo, Utah 84602
 Elevation: 4,553 feet
 Enrollment: 33,633 (Daytime)
 Founded: October 15, 1875
 Nickname: Cougars
 Mascot: Cosmo
 Colors: Blue and White
 Conference: Independent
 President: Kevin J Worthen (BYU, 1979)
 Athletic Director: Tom Holmoe (BYU, 1983)

Program Information (Men's Outdoor)

National Champions: 32
 National Championships: 1 (1970-Tie)
 Top 10 finishes at nationals: 23
 Top 25 finishes at nationals: 39
 Last top-10 finish: 2011 (8th)



NIKLAS ARRHENIUS

Assistant Coach
Throws



ISAAC WOOD

Director of Operations