



BYU GYMNASTICS

BYU 2021 SCHEDULE

Date	Meet	Score/Result
1/9	Rio Tinto Best of Utah+	195.700/ 2nd
1/16	at Arizona State	
1/23	at Boise State*	
1/29	at Utah State*	
2/5	Southern Utah *^	
2/12	at Southern Utah*	
2/19	Boise State*^	
2/26	Utah State*^	
3/5	at Univ. Oklahoma	
3/11	Illinois State & Univ. Denver^	
3/20	MRGC Championships#	

*MRGC Opponent
 ^Held at Smith Fieldhouse
 +Held at the Maverik Center
 #Held at Utah State

2021 QUICK FACTS

Location	Provo, Utah 84602
Elevation	4,553 feet
Enrollment	33,517
Founded	October 15, 1875
Owned	LDS Church
Nickname	Cougars
BYU President	Kevin J Worthen (BYU, 1979)
Athletics Director	Tom Holmoe (BYU, 1983)
Assoc. Athletic Director/SWA	Liz Darger (BYU, 2000)
Arena	Smith Fieldhouse
Conference	Mountain Rim Gymnastics
2020 NCAA Finish	16th

2021 TEAM HIGHS

Vault	48.900	1/09/21
Bars	49.075	1/09/21
Beam	48.450	1/09/21
Floor	49.275	1/09/21
Total	195.700	1/09/21

PROGRAM TEAM HIGHS

Vault	49.625	3/12/04, Utah State
Bars	49.475	2/16/01, Missouri
Beam	49.675	3/12/04, Utah State
Floor	49.675	3/15/04, Southern Utah
Total	198.025	3/12/04, Utah State



BRIGHAM YOUNG COUGARS

Head Coach	Guard Young
Assistant Coach	Natalie Broekman
Assistant Coach	Brogan Evanson
Volunteer Asst. Coach	Warde Allen



ARIZONA STATE SUN DEVILS

Head Coach	Jay Santos
Associate Head Coach	Jessica Santos
Assistant Coach	Kristin White
Volunteer Asst. Coach	Rachel Slocum

MEET INFORMATION

Date	Saturday, Jan. 16, 2021 @ 4:00 p.m. MST
Location	Wells Fargo Arena, Tempe, AZ
Live Stream	Pac-12 Streaming
Live Stats	Statbroadcast.com

MEET PREVIEW

PROVO, Utah – No. 10 BYU gymnastics prepares to battle No. 11 Arizona State University of the Pac-12 in Tempe, Arizona, this Saturday, Jan. 16, at 4 p.m. MST in the Wells Fargo Arena.

This will be the third time the teams face each other in head coach Guard Young's time as coach.

In February 2019, University of California, Berkeley and ASU joined the Cougars for a tri-meet in California. Placing third, BYU earned a 194.975, just behind ASU's 195.700.

In March 2019, just a month later, the teams faced in another tri-meet. BYU, ASU and West Virginia University competed in Tempe, Arizona, where the Cougars fell to the Devils again, 196.550-195.825.

Looking at the progress of the team since then, Young is excited for the opportunity to face off yet again.

"ASU is a very strong Pac-12 opponent," Young said. "I'm very happy with the start of the season and I'm looking for our team to build upon what they learned last week. I loved the energy the team brought to the floor rotation. With arenas not having a lot of fans, we're going to have to work to bring that kind of energy to every single event."

THE COUGARS. BYU made its season debut at the Rio Tinto Best of Utah NCAA Gymnastics Meet on Saturday, Jan. 9, earning second place (195.700) amongst No. 3 University of Utah, Utah State University and Southern Utah University. This brought the Cougars from No. 17 up to No. 10. Senior Abbey Miner-Alder competed in the all-around competition, earning a 39.275 and the MRGC's Gymnast of the Week, Vault Specialist of the Week and Floor Specialist of the Week.

THE SUN DEVILS. In the WCGA preseason ranking, ASU earned a No. 21 ranking. This is also the team's finishing ranking after the shortened 2020 season. The Sun Devils faced Pac-12 rival No. 2 Oklahoma on Sunday, Jan. 10 in their season opener, falling 197.450-194.725 but moving up to No. 11 in the rankings. Among the 11 returners for the 2021 season, one to watch is three-time All-American senior Cairo Leonard-Baker. She is known for her work on the uneven bars, ranking No. 19 in the nation last season.

PROJECTED BYU EVENT LINEUP

VAULT	BARS	BEAM	FLOOR
1. Haley Pitou	1. Angel Zhong	1. Lexi Mather	1. Rachel Bain-Heaton
2. Angel Zhong	2. Lindsey Hunter	2. Angel Zhong	2. Jordan Danbury-Matthews
3. Avery Bennett	3. Abby Beeston	3. Abbey Miner-Alder	3. Brittney Vitkauskas
4. Allix Mason	4. Anyssa Alvarado	4. Allix Mason	4. Abbey Miner-Alder
5. Abbey Miner-Alder	5. Haley Pitou	5. Elease Rollins	5. Abby Boden-Stainton
6. Sadie Miner	6. Abby Boden-Stainton	6. Abby Boden-Stainton	6. Sadie Miner

2021 BYU ROSTER

NAME	HT.	YEAR	HOMETOWN
Anyssa Alvarado	5-3	So.	Rancho Cucamonga, California
Rachel Bain-Heaton	5-0	Jr.	Draper, Utah
Sarah Barron	5-7	So.	Honolulu, Hawai'i
Rebekah Bean-Ripley	5-2	So.	St. George, Utah
Abby Beeston	5-6	Jr.	Lehi, Utah
Avery Bennett	5-3	Sr.	Gilbert, Arizona
Sydney Benson	5-4	Fr.	Riverton, UT
Anna Bramblett	5-4	Fr.	Prescott Valley, AZ
Helody Cyrenne	5-4	Sr.	Beauharnois, QC, Canada
Jordan Danbury-Matthews	5-2	Sr.	Killeen, Texas
Lexi Griffith	5-3	So.	Allen, Texas
Lindsey Hunter	5-4	So.	Santa Clarita, California
Ashley Kernan	5-5	So.	Thousand Oaks, California
Allix Mason	5-3	Fr.	Rancho Cucamonga, California
Lexi Mather	5-5	So.	Taylorville, Utah
Sophia McClelland	5-2	Fr.	Camarillo, California
Abbey Miner-Alder	5-4	Sr.	Mapleton, Utah
Sadie Miner	5-2	Jr.	Mapleton, Utah
Lauren Ono	5-1	Fr.	San Dimas, California
Maya Page	5-4	Fr.	Houston, Texas
Haley Pitou	5-4	Sr.	Park City, Utah
Adeline Rieder	5-2	Jr.	Scranton, Pennsylvania
Elease Rollins	4-11	So.	West Jordan, Utah
Abby Boden-Stainton	5-5	Sr.	Roseville, California
Brittney Vitkauskas	5-2	Jr.	Portland, Oregon
Angel Zhong	5-5	Sr.	Langley, BC, Canada

Head Coach: Guard Young (6th Season)

Assistant Coach: Natalie Broekman (6th Season)

Assistant Coach: Brogan Evanson (6th Season)

Volunteer Assistant Coach: Warde Allan (2nd Season)

BYU PRONUNCIATION GUIDE

ANYSSA ALVARADO	UH-nissa / AL-vuh-RAH-DO
HELODY CYRENNE	Elle-oh-dee / Sy-reen
Lexi MATHER	Math-er
Haley PITOU	Pee-too
ADELINE RIEDER	Add-a-line / Ree-der
ELEASE Rollins	UH-lease Rollins
Brittney VITKAUSKAS	Vit-cows-kiss
Angel ZHONG	Zong

BYU PLACES SECOND AT THE RIO TINTO BEST OF UTAH NCAA GYMNASTICS MEET

WEST VALLEY CITY, Utah — The No. 17 BYU gymnastics team racked up a 195.700 to earn second place at the second annual Rio Tinto Best of Utah NCAA Gymnastics Meet on Saturday at the Maverik Center.

Keeping its title, the University of Utah posted a 196.900 for the win. Utah State placed third at 194.350 and Southern Utah followed at 194.325.

This meet marks the second of a multi-year partnership between Rio Tinto and the Maverik Center. The two are contracted to host this meet for a minimum of five seasons. Luckily, the partners and universities made it happen with the COVID-19 circumstances.

"It's been such a whirlwind preseason all around the country," head coach Guard Young said. "Gymnastics is a precision sport that takes lots of repetitions and it keeps getting interrupted with COVID-19. Just the fact that four schools in the state of Utah can come out during opening week and put a meet together, it's a miracle."

BYU kicked off the meet by starting on the balance beam in the first rotation. Senior Abbey Miner-Alder led the team with a 9.800, followed with a 9.725 by fellow captain senior Abby Boden-Stainton. A highlight included a new face in the lineup, freshman Allix Mason. In her career debut performance, she earned a 9.425.

"Beam is a hard one to start on," Young said. "It was good for a first meet, in terms of going out there and staying on the beam. No. 1 rule for beam is stay on it. They did that. You could tell that out of the six routines, not a single one of them was relaxed. They all fought and they all stayed on. It didn't sink us."

Additionally, senior Angel Zhong returned to the apparatus for the first time since 2019, now fully recovered from an Achilles tear. With a total score of 48.450, the Cougars ended the rotation in fourth, trailing Utah State by .025.

In the second rotation, BYU found its groove on the floor with all athletes scoring 9.800 or higher. Alder continued to lead the team with a meet-high floor score of 9.900, followed up by Stainton tying her career-high score of 9.875. Senior Jordan Danbury-Matthews notched a 9.800, her first official floor score of her BYU career. A 49.275 score on floor boosted the Cougars into second place, trailing Utah by .650.

"To come over to the floor right after beam and bring that energy up, it was fantastic," Young said. "I believe Brogan Evanson is one of the best floor choreographers in the country. We're really lucky to have her talent in that field."

BYU took to the vault in rotation three, earning a 48.900. Alder continued to shine with a rotation high of 9.850. Zhong and Mason made their second appearance, both pulling a 9.775. The Cougars maintain their second place standing, widening the gap over Utah State 146.625-146.375.

"My kudos go to Angel Zhong this year," Young said. "A year ago she tore her Achilles. And, to come back and be solid on three events is pretty remarkable to see from a young lady."

The pressure remained throughout the fourth rotation as BYU tackled the uneven bars. Sophomore Anyssa Alvarado, senior Haley Pitou and Stainton all earned a score of 9.825. BYU finished with a solid 49.075, earning a final score of 195.700.

Utah's Cristal Isa came out on top in the All-Around competition, leading with an impressive 39.400. Another Ute, Maile O' Keefe, followed in second with a close 39.375. BYU's Alder placed third in the all-around, earning a 39.275, in addition to MVP for the Cougars.

"Abbey won this event last year," Young said. "I think she did a good job of going out there and representing BYU."

2021 SEASON SCORES

Meet	Result	Vault	Bars	Beam	Floor	Total
1/9 Rio Tinto Best of Utah	2nd	48.900	49.075	48.450	49.275	195.700
1/16 @ Arizona State						
1/23 @ Boise State						
1/29 @ Utah State						
2/5 Southern Utah						
2/12 @ Southern Utah						
2/19 Boise State						
2/26 Utah State						
3/5 @ Univ. of Oklahoma						
3/11 Illinois State/ Univ. Denver						
3/20 MRGC Championships						
Bold indicates season high						

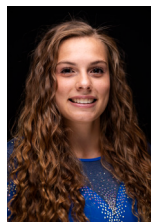
2021 PHOTO ROSTER



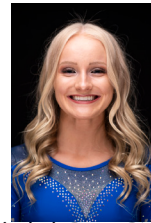
Anyssa Alvarado
So.



Rachel Bain-Heaton
Jr.



Sarah Barron
So.



Rebekah Bean-Ripley
So.



Abby Beeston
Jr.



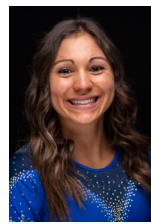
Avery Bennett
Sr.



Sydney Benson
Fr.



Anna Bramblett
Fr.



Helody Cyrenne
Sr.



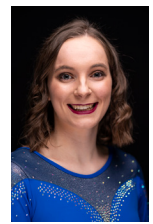
Jordan Danbury-Matthews
Sr.



Lexi Griffith
So.



Lindsey Hunter
So.



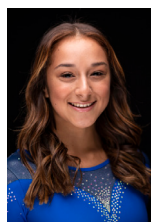
Ashley Kernan
So.



Allix Mason
Fr.



Lexi Mather
So.



Sophia McClelland
Fr.



Abbey Miner-Alder
Sr.



Sadie Miner
Jr.



Lauren Ono
Fr.



Maya Page
Fr.



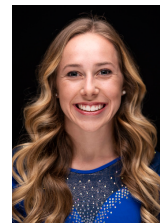
Haley Pitou
Sr.



Adeline Rieder
Jr.



Elease Rollins
So.



Abby Boden-Stainton
Sr.



Brittney Vitkauskas
Jr.



Angel Zhong
Sr.

2021 INDIVIDUAL SCORES

Anyssa ALVARADO

Bars: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah		9.825			
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Rachel BAIN-HEATON

Beam: 9.125 Floor: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah				9.800	
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Sarah BARRON

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Rebekah BEAN-RIPLEY

Vault: 9.850 Floor: 9.700

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Abby BEESTON

Bars: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah		9.800			
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Avery BENNETT

Vault: 9.875

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	9.750				ex 9.750
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 INDIVIDUAL SCORES

Sydney BENSON

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Anna BRAMBLETT

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Helody CYRENNE

Bars: 9.950 Beam: 9.925

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Jordan DANBURY-MATTHEWS

Vault: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah				9.800	
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Lexi GRIFFITH

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Lindsey HUNTER

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 INDIVIDUAL SCORES

Ashley KERNAN

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Allix MASON

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	9.775		9.425		
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Lexi MATHER

Beam: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah			9.700		
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Sophia MCCLELLAND

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Abbey MINER-ALDER

Vault: 9.875 Bars: 9.800 Beam: 9.950 Floor: 9.925 AA: 39.375

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	9.850	9.725	9.800	9.900	39.275
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Sadie MINER

Vault: 9.900 Beam: 9.875 Floor: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	9.725			9.850	
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 INDIVIDUAL SCORES

Lauren ONO

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Maya PAGE

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Haley PITOU

Vault: 9.850 Bars: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	9.750	9.825			
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Adeline RIEDER

Vault: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Elese ROLLINS

Beam: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					9.600
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Abby BODEN-STANTON

Vault: 9.800 Bars: 9.925 Beam: 9.950 Floor: 9.875 AA: 39.175

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah		9.825	9.725	9.875	
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 INDIVIDUAL SCORES

Brittney VITKAUSKAS

Floor: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah				9.850	
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Angel ZHONG

Vault: 9.850 Bars: 9.850 Beam: 9.750

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	9.775	9.800	9.625		
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 COACHING STAFF

Guard YOUNG

BYU Head Coach
2015-Present

A former BYU national champion gymnast and Olympic silver medal winner, Young returned to his alma mater in May 2015 to take the helm of the BYU gymnastics program.

A member of the BYU Athletic Hall of Fame, Young returned to Provo from the University of Oklahoma, where he was an assistant men's gymnastics coach from 2000-05 and 2011-15. In nine seasons at OU, Young was part of four NCAA championship teams (2002, 2003, 2005, 2015) and five NCAA runner-up teams (2001, 2004, 2012, 2013, 2014).

Young's passion for gymnastics is equaled by his love for BYU. From 1996 to 2000, he was a member of the BYU men's gymnastics team, winning six All-America awards and two NCAA National Championships on the vault (1999, 2000). As a senior, Young was also the runner-up for the individual all-around at the 2000 NCAA Championships. He was inducted into the BYU Athletic Hall of Fame in 2010.

From 2000 to 2004, Young was a member of the USA Senior National Gymnastics Team, winning a team silver medal at the 2001 World Championships in Ghent, Belgium, and a team silver medal at the 2004 Olympic Games in Athens, Greece.

As a junior gymnast, he trained under OU coach Mark Williams at the Bart Conner Gymnastics Academy in Norman, Oklahoma. Young earned the 1996 junior national champion title and three junior national team berths.

Young graduated from BYU in 2001 with a Bachelor of Arts in communications with an emphasis in broadcast journalism. He and his wife, Alisha, have two boys and one daughter (Tyler, Jaxson and Hadley).

His father, Wayne Young, was a BYU gymnast from 1970-1975 and captained the 1976 USA Olympic team. Wayne later became the Cougars men's gymnastics coach from 1979-87 and was inducted into the BYU Athletic Hall of Fame in 1986. In addition, Guard's sister, Jessica Young Wycherly, was a gymnast at BYU from 1995-98.



YOUNG AT A GLANCE

Coaching Career

- Named 2019 MRGC Coach of the Year after guiding BYU to a No. 21 ranking that included scoring a 197 for the first time in 15 years
- University of Oklahoma assistant men's gymnastics coach for nine years ('00-'05, '11-'15)
- Coached four NCAA championship teams at OU
- Also coached five NCAA runner-up teams at OU

Gymnastics Career

- 2010 BYU Hall of Fame Inductee
- 2004 Olympic Silver Medalist in Athens
- Member of USA National Gymnastics Team for 10 years
- Six-time NCAA All-American
- Two-time NCAA Vault Champion ('99, '00)
- Individual all-around title runner-up at 2000 NCAA Championships



Natalie BROEKMAN

BYU Assistant Coach
Balance beam coach
2015-Present

Coaching Experience

- Coached at Gold Medal Gymnastics in Chandler, Ariz., under the direction of Olympic gold medalist, Amanda Borden
- Coached for nine years at Arizona Olympian Gymnastics

Gymnastics Career

- Member of BYU gymnastics team from 1996-99, coached by Brad and Dawn Cattermole and Shauna Mertz
- Team captain during the 1999 season
- Broke school all-around record in 1999 with a 39.475
- Received the Dale R. McCann Team Spirit Award from the Cougar Club in 1999
- NACGC-W All-American on balance beam in 1996
- Member of the U.S. Elite National Team from 1992-94
- Finished third in the all-around senior national division at the U.S. Classic
- Demonstrator for the United States Gymnastics Federation, the Federation of International Gymnastics and U.S. Synchronized Swimming

Education

- Bachelor of Science in Family Science, BYU (2000)
- Physical education coaching minor

Family

- Natalie and her husband, David, have four children — Davis, Brady, Holland and Tate



Brogan EVANSON

BYU Assistant Coach
Vault and floor coach, team choreographer
2015-Present

Judging and Coaching Experience

- Level 10 Official for the NCAA and USA Gymnastics since 2007
- Gymnastics Program Director and Head Coach at Peak Athletics in Highlands Ranch, Colo.

- Co-Midwest Independent Conference Assistant Coach of the Year in 2007
- Volunteer assistant coach for BYU in 2005, contributing to Cougars' NCAA National Championship Appearance

Gymnastics Career

- Member of BYU gymnastics team from 2001-04, coached by Dawn and Brad Cattermole and Shauna Mertz
- Ranked No. 14 nationally on uneven bars
- Scored a 9.975 on bars against Utah to set a new school record in 2004
- Recorded a perfect 10.000 on floor in 2003
- Awarded the BYU Scholar-Athlete Award four straight years
- Nominated for the Lu Wallace Outstanding Senior Female Award in 2004

Education

- Masters of Art in Athletic Administration, Southeast Missouri State (2007)
- Bachelor of Science in Exercise Science, BYU (2005)
- Personal Training Certification with the American College of Sports Medicine

Family

- Brogan and her husband, Troy, have four children — Rigden, Tegan, L. Jaclyn and Emmy