



BYU GYMNASTICS

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BYU 2021 SCHEDULE

Date	Meet	Score/Result
1/9	Rio Tinto Best of Utah+	195.700 / 2nd
1/16	at Arizona State	196.250 / 2nd
1/23	at Boise State*	
1/29	at Utah State*	
2/5	Southern Utah *^	
2/12	at Southern Utah*	
2/19	Boise State*^	
2/26	Utah State*^	
3/5	at Univ. Oklahoma	
3/11	Illinois State & Univ. Denver^	
3/20	MRGC Championships#	

*MRGC Opponent
 ^Held at Smith Fieldhouse
 +Held at the Maverik Center
 #Held at Utah State

2021 QUICK FACTS

Location	Provo, Utah 84602
Elevation	4,553 feet
Enrollment	33,517
Founded	October 15, 1875
Owned	LDS Church
Nickname	Cougars
BYU President	Kevin J Worthen (BYU, 1979)
Athletics Director	Tom Holmoe (BYU, 1983)
Assoc. Athletic Director/SWA	Liz Darger (BYU, 2000)
Arena	Smith Fieldhouse
Conference	Mountain Rim Gymnastics
2020 NCAA Finish	16th

2021 TEAM HIGHS

Vault	48.950	1/16/21
Bars	49.350	1/16/21
Beam	48.775	1/16/21
Floor	49.275	1/09/21
Total	196.250	1/16/21

PROGRAM TEAM HIGHS

Vault	49.625	3/12/04, Utah State
Bars	49.475	2/16/01, Missouri
Beam	49.675	3/12/04, Utah State
Floor	49.675	3/15/04, Southern Utah
Total	198.025	3/12/04, Utah State



BRIGHAM YOUNG COUGARS

Head Coach	Guard Young
Assistant Coach	Natalie Broekman
Assistant Coach	Brogan Evanson
Volunteer Asst. Coach	Warde Allen



BOISE STATE BRONCOS

Head Coach	Tina Bird
Assistant Coach	Patty Resnick
Assistant Coach	Ivan Alexov

MEET INFORMATION

Date	Saturday, Jan. 23, 2021 @ 6:00 p.m. MST
Location	ExtraMile Arena, Boise, ID
Live Stream	Mountain West Streaming
Live Stats	Statbroadcast.com

MEET PREVIEW

PROVO, Utah - Traveling for the second week in a row, the No. 14 BYU Cougars head to the ExtraMile Arena in Boise, Idaho, to face MRGC rival No. 25 Boise State on Saturday, Jan. 23, at 6 p.m. MST.

Currently, BYU holds a three-meet winning streak over the five-time MRGC champions. Last season on Jan. 31, the teams faced off on Boise's turf, where BYU walked away with a major win of 196.100-194.450.

Later that season on Feb. 15, the Broncos visited Provo, Utah, losing again to the Cougars, 196.350-196.150.

THE COUGARS. Last week, ASU hosted BYU in Tempe, Arizona, where the Sun Devils snagged a narrow win of 196.275-196.250. Only losing by a small margin of .025, the Cougars notched a new season-high total. Additionally, BYU earned its highest uneven bars score since 2019, a 49.350. On Monday, the MRGC honored senior Abbey Miner-Alder as the Vault Specialist of the Week for the second week in a row, earning a 9.825.

THE BRONCOS. Making their season debut, the Broncos faced Oregon State on Friday, Jan. 15, at Gill Coliseum. On the road, Boise State won by a large margin of 194.300-191.950. The team pulled off an impressive uneven bars score of 49.250, featuring a 9.925 by freshman Emily Lopez and a 9.950 by senior Emily Muhlenhaupt. Muhlenhaupt boasts first-team All-American on bars and 2020 MRGC Bars Specialist of the Year.

PROJECTED BYU EVENT LINEUP

VAULT	BARS	BEAM	FLOOR
1. Jordan Danbury-Matthews	1. Angel Zhong	1. Lexi Mather	1. Rachel Bain-Heaton
2. Haley Pitou	2. Lindsey Hunter	2. Angel Zhong	2. Avery Bennett
3. Angel Zhong	3. Abby Beeston	3. Abbey Miner-Alder	3. Jordan Danbury-Matthews
4. Allix Mason	4. Anyssa Alvarado	4. Allix Mason	4. Brittney Vitkauskas
5. Avery Bennett	5. Haley Pitou	5. Elease Rollins	5. Abby Boden-Stainton
6. Abbey Miner-Alder	6. Abby Boden-Stainton	6. Abby Boden-Stainton	6. Abbey Miner-Alder

2021 BYU ROSTER

NAME	HT.	YEAR	HOMETOWN
Anysa Alvarado	5-3	So.	Rancho Cucamonga, California
Rachel Bain-Heaton	5-0	Jr.	Draper, Utah
Sarah Barron	5-7	So.	Honolulu, Hawai'i
Rebekah Bean-Ripley	5-2	So.	St. George, Utah
Abby Beeston	5-6	Jr.	Lehi, Utah
Avery Bennett	5-3	Sr.	Gilbert, Arizona
Sydney Benson	5-4	Fr.	Riverton, UT
Anna Bramblett	5-4	Fr.	Prescott Valley, AZ
Helody Cyrenne	5-4	Sr.	Beauharnois, QC, Canada
Jordan Danbury-Matthews	5-2	Sr.	Killeen, Texas
Lexi Griffith	5-3	So.	Allen, Texas
Lindsey Hunter	5-4	So.	Santa Clarita, California
Ashley Kernan	5-5	So.	Thousand Oaks, California
Allix Mason	5-3	Fr.	Rancho Cucamonga, California
Lexi Mather	5-5	So.	Taylorsville, Utah
Sophia McClelland	5-2	Fr.	Camarillo, California
Abbey Miner-Alder	5-4	Sr.	Mapleton, Utah
Sadie Miner	5-2	Jr.	Mapleton, Utah
Lauren Ono	5-1	Fr.	San Dimas, California
Maya Page	5-4	Fr.	Houston, Texas
Haley Pitou	5-4	Sr.	Park City, Utah
Adeline Rieder	5-2	Jr.	Scranton, Pennsylvania
Elease Rollins	4-11	So.	West Jordan, Utah
Abby Boden-Stainton	5-5	Sr.	Roseville, California
Brittney Vitkauskas	5-2	Jr.	Portland, Oregon
Angel Zhong	5-5	Sr.	Langley, BC, Canada

Head Coach: Guard Young (6th Season)

Assistant Coach: Natalie Broekman (6th Season)

Assistant Coach: Brogan Evanson (6th Season)

Volunteer Assistant Coach: Warde Allan (2nd Season)

BYU PRONUNCIATION GUIDE

ANYSSA ALVARADO	UH-nissa / AL-vuh-RAH-DO
HELODY CYRENNE	Elle-oh-dee / Sy-reen
Lexi MATHER	Math-er
Haley PITOU	Pee-too
ADELINE RIEDER	Add-a-line / Ree-der
ELEASE Rollins	UH-lease Rollins
Brittney VITKAUSKAS	Vit-cows-kiss
Angel ZHONG	Zong

NO. 10 BYU GYMNASTICS EDGED 196.275-196.250 BY NO. 11 ASU

TEMPE, Arizona – In a battle until the final routine, No. 11 ASU scraped by with a narrow 196.275-196.250 win over No. 10 BYU by a margin of only .025 on Saturday in Tempe, Arizona, at the Wells Fargo Arena.

This stands as the third time that the teams battled in head coach Guard Young's time as coach, each time closing the gap between the Cougars and the Sun Devils. BYU's 196.250 total is a season high for the Cougars, improving on its 195.700 tally in the season opener last week.

BYU came in hot in the first rotation, sticking nearly every landing on the uneven bars. Sophomore Anysa Alvarado led the pack with a career-high score of 9.925, topping her former high by an entire .100. Senior Haley Pitou followed by tying her career high of 9.900. For her season debut and second collegiate performance, sophomore Lindsey Hunter continued the streak, notching a career high of 9.875. The Cougars earned a total score of 49.350, BYU's highest uneven bars score since the 2019 season.

"I really worked with the bar team this week," Young said. "Last week, our finishing event was bars and this week we started on bars. It's a different mindset. We had to start like lightening. We wanted to start with a big bang. They ran with it. I'm super proud of Lindsey holding her own with that group."

Heading into the second rotation, BYU held a .475 lead over ASU. On the vault, senior Abbey Miner-Alder posted a team-high score of 9.825, followed with a season-high score of 9.800 by her sister, junior Sadie Miner. Senior Avery Bennett and Pitou achieved season-high scores of 9.775, pushing up the total to 48.950. However, ASU takes pride in its uneven bars work and gaining on BYU, 98.300-98.000.

In the third rotation, BYU shined on the floor, exuding personality. However a fall for the Cougars and a strong showing by ASU on beam, including an impressive 9.925 by all-rounder Hannah Scharf, inched the Sun Devils closer to the top. BYU's highest score, a 9.875, came from junior Brittney Vitkauskas and senior Abby Boden-Stainton, a season-high score for the two Cougars. A notable performance went to senior Jordan Danbury-Matthews, who matched her career high, 9.800. The teams headed into the final rotation 147.475-147.225.

The pressure remained until the final routine, as the Cougars competed on beam. Stainton led the team with a clean routine, earning a 9.850. Freshman Allix Mason followed, earning a career high of 9.800, compared to her former 9.425. Additionally, sophomore Lexi Mather boasted a season-high 9.775. In the end, minor mistakes added up, putting the Cougars behind in the final minutes. BYU managed a 48.775 on the apparatus, but ASU's 49.050 on floor propelled the team that extra .025 for the win.

"It's going to take us some time to figure out our ending on beam," Young said. "They'll get there. I believe we're doing the right routines. I believe it's the right lineup. I believe we're doing the right things in practice. Those girls just have to come together as a beam unit."

A highlight of the meet included Alvarado winning uneven bars with her impressive 9.925 score. Additionally, BYU made progress this week as the team improved overall scores on vault, uneven bars and beam.

BYU will travel to Boise, Idaho, next week to take on Boise State on Saturday, Jan. 23. The meet in ExtraMile Arena starts at 7 p.m. MST.

2021 SEASON SCORES

Meet	Result	Vault	Bars	Beam	Floor	Total
1/9 Rio Tinto Best of Utah	2nd	48.900	49.075	48.450	<u>49.275</u>	195.700
1/16 @ Arizona State	2nd	<u>48.950</u>	<u>49.350</u>	<u>48.775</u>	49.175	<u>196.250</u>
1/23 @ Boise State						
1/29 @ Utah State						
2/5 Southern Utah						
2/12 @ Southern Utah						
2/19 Boise State						
2/26 Utah State						
3/5 @ Univ. of Oklahoma						
3/11 Illinois State/ Univ. Denver						
3/20 MRGC Championships						

Bold indicates season high

2021 PHOTO ROSTER



Anyssa Alvarado
So.



Rachel Bain-Heaton
Jr.



Sarah Barron
So.



Rebekah Bean-Ripley
So.



Abby Beeston
Jr.



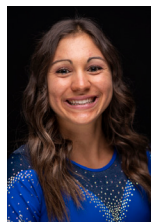
Avery Bennett
Sr.



Sydney Benson
Fr.



Anna Bramblett
Fr.



Helody Cyrenne
Sr.



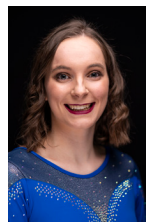
Jordan Danbury-Matthews
Sr.



Lexi Griffith
So.



Lindsey Hunter
So.



Ashley Kernan
So.



Allix Mason
Fr.



Lexi Mather
So.



Sophia McClelland
Fr.



Abbey Miner-Alder
Sr.



Sadie Miner
Jr.



Lauren Ono
Fr.



Maya Page
Fr.



Haley Pitou
Sr.



Adeline Rieder
Jr.



Elease Rollins
So.



Abby Boden-Stainton
Sr.



Brittney Vitkauskas
Jr.



Angel Zhong
Sr.

2021 INDIVIDUAL SCORES

Anyssa ALVARADO

Bars: 9.925

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah		9.825			
1/16	@ Arizona State		<u>9.925</u>			
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Rachel BAIN-HEATON

Beam: 9.125 Floor: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah				<u>9.800</u>	
1/16	@ Arizona State			8.800		
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Sarah BARRON

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Rebekah BEAN-RIPLEY

Vault: 9.850 Floor: 9.700

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Abby BEESTON

Bars: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah		9.800			
1/16	@ Arizona State		<u>9.850</u>			
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Avery BENNETT

Vault: 9.875

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	9.750				ex 9.750
1/16	@ Arizona State	<u>9.775</u>				
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 INDIVIDUAL SCORES

Sydney BENSON

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Anna BRAMBLETT

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Helody CYRENNE

Bars: 9.950 Beam: 9.925

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Jordan DANBURY-MATTHEWS

Vault: 9.900 Floor: 9.800

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah				<u>9.800</u>	
1/16	@ Arizona State				<u>9.800</u>	
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Lexi GRIFFITH

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Lindsey HUNTER

Bars: 9.875

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State		9.875			
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 INDIVIDUAL SCORES

Ashley KERNAN

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Allix MASON

Vault: 9.775 Beam: 9.800

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	<u>9.775</u>		9.425		
1/16	@ Arizona State	9.725		<u>9.800</u>		
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Lexi MATHER

Beam: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah			9.700		
1/16	@ Arizona State			<u>9.775</u>		
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Sophia MCCLELLAND

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Abbey MINER-ALDER

Vault: 9.875 Bars: 9.800 Beam: 9.950 Floor: 9.925 AA: 39.375

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	<u>9.850</u>	9.725	<u>9.800</u>	<u>9.900</u>	39.275
1/16	@ Arizona State	9.825		9.750	9.800	
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Sadie MINER

Vault: 9.900 Beam: 9.875 Floor: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	9.725			<u>9.850</u>	
1/16	@ Arizona State	<u>9.800</u>			9.825	
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 INDIVIDUAL SCORES

Lauren ONO

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Maya PAGE

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Haley PITOU

Vault: 9.850 Bars: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	9.750	9.825			
1/16	@ Arizona State	<u>9.775</u>	<u>9.900</u>			
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Adeline RIEDER

Vault: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Elese ROLLINS

Beam: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Abby BODEN-STANTON

Vault: 9.800 Bars: 9.925 Beam: 9.950 Floor: 9.875 AA: 39.175

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 INDIVIDUAL SCORES

Brittney VITKAUSKAS

Floor: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah				9.850	
1/16	@ Arizona State				<u>9.875</u>	
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Angel ZHONG

Vault: 9.850 Bars: 9.850 Beam: 9.750

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	<u>9.775</u>	<u>9.800</u>	<u>9.625</u>		
1/16	@ Arizona State	<u>9.775</u>	9.775	9.600		
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 COACHING STAFF

Guard YOUNG

BYU Head Coach
2015-Present

A former BYU national champion gymnast and Olympic silver medal winner, Young returned to his alma mater in May 2015 to take the helm of the BYU gymnastics program.

A member of the BYU Athletic Hall of Fame, Young returned to Provo from the University of Oklahoma, where he was an assistant men's gymnastics coach from 2000-05 and 2011-15. In nine seasons at OU, Young was part of four NCAA championship teams (2002, 2003, 2005, 2015) and five NCAA runner-up teams (2001, 2004, 2012, 2013, 2014).

Young's passion for gymnastics is equaled by his love for BYU. From 1996 to 2000, he was a member of the BYU men's gymnastics team, winning six All-America awards and two NCAA National Championships on the vault (1999, 2000). As a senior, Young was also the runner-up for the individual all-around at the 2000 NCAA Championships. He was inducted into the BYU Athletic Hall of Fame in 2010.

From 2000 to 2004, Young was a member of the USA Senior National Gymnastics Team, winning a team silver medal at the 2001 World Championships in Ghent, Belgium, and a team silver medal the 2004 Olympic Games in Athens, Greece.

As a junior gymnast, he trained under OU coach Mark Williams at the Bart Conner Gymnastics Academy in Norman, Oklahoma. Young earned the 1996 junior national champion title and three junior national team berths.

Young graduated from BYU in 2001 with a Bachelor of Arts in communications with an emphasis in broadcast journalism. He and his wife, Alisha, have two boys and one daughter (Tyler, Jaxson and Hadley).

His father, Wayne Young, was a BYU gymnast from 1970-1975 and captained the 1976 USA Olympic team. Wayne later became the Cougars men's gymnastics coach from 1979-87 and was inducted into the BYU Athletic Hall of Fame in 1986. In addition, Guard's sister, Jessica Young Wycherly, was a gymnast at BYU from 1995-98.



YOUNG AT A GLANCE

Coaching Career

- Named 2019 MRGC Coach of the Year after guiding BYU to a No. 21 ranking that included scoring a 197 for the first time in 15 years
- University of Oklahoma assistant men's gymnastics coach for nine years ('00-'05, '11-'15)
- Coached four NCAA championship teams at OU
- Also coached five NCAA runner-up teams at OU

Gymnastics Career

- 2010 BYU Hall of Fame Inductee
- 2004 Olympic Silver Medalist in Athens
- Member of USA National Gymnastics Team for 10 years
- Six-time NCAA All-American
- Two-time NCAA Vault Champion ('99, '00)
- Individual all-around title runner-up at 2000 NCAA Championships



Natalie BROEKMAN

BYU Assistant Coach
Balance beam coach
2015-Present

Coaching Experience

- Coached at Gold Medal Gymnastics in Chandler, Ariz., under the direction of Olympic gold medalist, Amanda Borden
- Coached for nine years at Arizona Olympian Gymnastics

Gymnastics Career

- Member of BYU gymnastics team from 1996-99, coached by Brad and Dawn Cattermole and Shauna Mertz
- Team captain during the 1999 season
- Broke school all-around record in 1999 with a 39.475
- Received the Dale R. McCann Team Spirit Award from the Cougar Club in 1999
- NACGC-W All-American on balance beam in 1996
- Member of the U.S. Elite National Team from 1992-94
- Finished third in the all-around senior national division at the U.S. Classic
- Demonstrator for the United States Gymnastics Federation, the Federation of International Gymnastics and U.S. Synchronized Swimming

Education

- Bachelor of Science in Family Science, BYU (2000)
- Physical education coaching minor

Family

- Natalie and her husband, David, have four children — Davis, Brady, Holland and Tate



Brogan EVANSON

BYU Assistant Coach
Vault and floor coach, team choreographer
2015-Present

Judging and Coaching Experience

- Level 10 Official for the NCAA and USA Gymnastics since 2007
- Gymnastics Program Director and Head Coach at Peak Athletics in Highlands Ranch, Colo.

- Co-Midwest Independent Conference Assistant Coach of the Year in 2007
- Volunteer assistant coach for BYU in 2005, contributing to Cougars' NCAA National Championship Appearance

Gymnastics Career

- Member of BYU gymnastics team from 2001-04, coached by Dawn and Brad Cattermole and Shauna Mertz
- Ranked No. 14 nationally on uneven bars
- Scored a 9.975 on bars against Utah to set a new school record in 2004
- Recorded a perfect 10.000 on floor in 2003
- Awarded the BYU Scholar-Athlete Award four straight years
- Nominated for the Lu Wallace Outstanding Senior Female Award in 2004

Education

- Masters of Art in Athletic Administration, Southeast Missouri State (2007)
- Bachelor of Science in Exercise Science, BYU (2005)
- Personal Training Certification with the American College of Sports Medicine

Family

- Brogan and her husband, Troy, have four children — Rigden, Tegan, L. Jaclyn and Emmy