



BYU GYMNASTICS

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BYU 2020 SCHEDULE

Date	Meet	Score/Result
1/6	Nebraska [^]	195.750 / 1st
1/11	Rio Tinto Best of Utah+	195.575 / 2nd
1/18	UCLA/Utah State* [^]	195.875 / 2nd
1/24	at Southern Utah*	197.075 / 1st
1/31	at Boise State*	
2/7	Sacramento State	
2/15	Boise State*	
2/22	at Denver	
2/28	at Illinois State	
3/6	at Utah State*	
3/14	Southern Utah*	
3/21	MRGC Championships#	

*MRGC Opponent

[^]Held at Marriott Center

+Held at the Maverik Center

#Held at Boise State

2020 QUICK FACTS

Location	Provo, Utah 84602
Elevation	4,553 feet
Enrollment	33,511
Founded	October 15, 1875
Owned	LDS Church
Nickname	Cougars
BYU President	Kevin J Worthen (BYU, 1979)
Athletics Director	Tom Holmoe (BYU, 1983)
Assoc. Athletic Director/SWA	Liz Darger (BYU, 2000)
Arena	Smith Fieldhouse
Conference	Mountain Rim Gymnastics
2019 NCAA Finish	21st

2020 TEAM HIGHS

Vault	49.200	1/11/20
Bars	49.225	1/24/20
Beam	49.525	1/24/20
Floor	49.325	1/24/20
Total	197.075	1/24/20

PROGRAM TEAM HIGHS

Vault	49.625	3/12/04, Utah State
Bars	49.475	2/16/01, Missouri
Beam	49.675	3/12/04, Utah State
Floor	49.675	3/15/04, Southern Utah
Total	198.025	3/12/04, Utah State



BOISE STATE BRONCOS

Head Coach..... Tina Bird
 Assistant Coach..... Patty Resnick
 Assistant Coach..... Ivan Alexov



BRIGHAM YOUNG COUGARS

Head Coach..... Guard Young
 Assistant Coach..... Natalie Broekman
 Assistant Coach..... Brogan Evanson
 Volunteer Asst. Coach..... Warde Allan

MEET INFORMATION

Date	Friday, Jan. 31, 2020 @ 7:00 p.m. MST
Location	Extra Mile Arena, Boise, Idaho
Live Stats	BroncoSports.com

MEET PREVIEW

PROVO, Utah – Traveling for the second week in a row, the No. 15 Cougars head to the ExtraMile Arena in Boise, Idaho, to face MRGC rival Boise State on Friday, Jan. 31, at 7 p.m. MST.

The Cougars will take on the 2019 MRGC Champions in the first of two scheduled regular-season meets against the Broncos this season. Last season, BYU hosted Boise State in Provo on Feb. 15, falling 197.175-196.900. Weeks later on March 7, the Cougars achieved their highest score of the 2019 season, a 197.000, topping BSU's 196.325 in ExtraMile Arena. This stood as the first time that the Cougars beat the Broncos in Boise since 2007.

At the end of the season at the MRGC Championships, Boise State took home its fifth-straight conference title (196.950.)

THE COUGARS. Last week, the Cougars faced Southern Utah in Cedar City, Utah, on Jan. 24, collecting their highest score not only during head coach Guard Young's time but also since 2004, a 197.075. For the third week in a row, junior Abbey Miner acquired the MRGC Gymnast of the Week award with her all-around score of 39.350. Senior All-American Shannon Evans returned to floor for the first time post-injury, earning a 9.900 and MRGC Floor Specialist of the Week, in addition to Co-Vault Specialist (9.875.)

THE BRONCOS. Currently ranked No 28, the 2019 MRGC Champions started the season with two road losses, facing both UCLA and the University of Washington. However, on Jan. 26, the Broncos swept a tri-meet against San Jose State and Seattle Pacific, achieving the team's season high of 195.525. The MRGC awarded junior Emily Muhlenhaupt the honor of Bars Specialist of the Week for the second time this season for her 9.975 performance on Sunday, tying the MRGC record. She is also ranked No. 3 in the nation on the apparatus.

PROJECTED BYU EVENT LINEUP

VAULT

- Jordan Matthews
- Haley Pitou
- Sadie Miner
- Avery Bennett
- Abbey Miner
- Shannon Evans

BAR

- Abbey Miner
- Abby Beeston
- Anyssa Alvarado
- Helody Cyrenne
- Haley Pitou
- Abby Stainton

BEAM

- Lexi Mather
- Abbey Miner
- Helody Cyrenne
- Abby Stainton
- Sadie Miner
- Shannon Evans

FLOOR

- Abby Stainton
- Brittney Vitkauskas
- Sadie Miner
- Briana Pearson
- Abbey Miner
- Shannon Evans

NAME	HT.	YEAR	HOMETOWN
Anyssa Alvarado	5-3	Fr.	Rancho Cucamonga, California
Rachel Bain	5-0	So.	Draper, Utah
Sarah Barron	5-7	Fr.	Honolulu, Hawai'i
Rebekah Bean	5-2	So.	St. George, Utah
Abby Beeston	5-6	So.	Lehi, Utah
Avery Bennett	5-3	Jr.	Gilbert, Arizona
Helody Cyrenne	5-4	So.	Beauharnois, QC, Canada
Jordan Danburry	5-2	Jr.	Killeen, Texas
Shannon Evans	5-2	Sr.	American Fork, Utah
Lexi Griffith	5-3	Fr.	Allen, Texas
Gabrielle Hubbard	5-6	So.	Mapleton, Utah
Lindsey Hunter	5-4	Fr.	Santa Clarita, California
Ashley Kernan	5-5	So.	Thousand Oaks, California
Allix Mason	5-3	Fr.	Rancho Cucamonga, California
Lexi Mather	5-5	Fr.	Taylorsville, Utah
Abbey Miner	5-4	Jr.	Mapleton, Utah
Sadie Miner	5-2	So.	Mapleton, Utah
Maya Page	5-4	Fr.	Houston, Texas
Briana Pearson	5-3	Sr.	Los Gatos, California
Haley Pitou	5-4	Jr.	Park City, Utah
Adeline Rieder	5-2	So.	Scranton, Pennsylvania
Elease Rollins	4-11	Fr.	West Jordan, Utah
Abby Boden Stainton	5-5	Jr.	Roseville, California
Brittney Vitkauskas	5-2	So.	Portland, Oregon
Angel Zhong	5-5	Sr.	Langley, BC, Canada

Head Coach: Guard Young (5th Season)

Assistant Coach: Natalie Broekman (5th Season)

Assistant Coach: Brogan Evanson (5th Season)

Volunteer Assistant Coach: Warde Allan (1st Season)

BYU EARNS HIGHEST SCORE SINCE 2004 IN A WIN OVER SUU

PROVO, Utah – BYU women's gymnastics achieved the program's highest score since 2004 in a 197.075-196.600 victory over Southern Utah on Friday at America First Event Center in Cedar City, Utah.

Back in 2004, the Cougars earned a 197.150 against Oregon State. This finish ranks as the 10th highest score in BYU's history for women's gymnastics. The team performance is also the second win for the Cougars against the Thunderbirds this season after earning a 195.575 to SUU's 194.650 at the Rio Tinto Best of Utah meet earlier this month.

"They were hitting and we were hitting—it was a great gymnastics environment," head coach Guard Young said. "It's indicative of all the hard work from everybody. Great performances from everyone. It's a program win."

In the first rotation of the night, BYU started off strong with a season-high score of 49.225 on bars. Each gymnast either tied a personal season best or career high. Freshman Anyssa Alvarado and sophomore Gabrielle Hubbard earned a score of 9.825, creating new career highs. Junior Haley Pitou tied her career best of 9.875, her highest of the season. Finishing off the set, junior Abby Stainton delivered the team's highest score and tied her career high with a 9.900. BYU headed into the second rotation leading 49.225-49.050.

Next, the Cougars performed on vault and earned a solid 49.000. Sophomore Jordan Danburry Matthews earned a 9.850, tying her career high. The remaining gymnasts earned at least a 9.675 or higher. In addition, senior Shannon Evans earned a season-high 9.875, tying with SUU's Morgan Alfaro for the event title.

"It was great to have Shannon back on three events," Young said. "She's been a trooper through injury and having patience to let her body heal and letting other girls step into her place. She's starting to feel herself again and I couldn't be more proud."

However, BYU fell into second place as SUU set a team record on bars, earning a 49.400. The Thunderbirds led by .050 entering the third rotation.

On the floor, Stainton has continually climbed the last three meets and on Friday she finally beat her former career high of 9.825, earning a 9.850. Following Stainton, sophomore Brittney Vitkauskas earned a career high of 9.875. Finishing up for the Cougars, All-American Evans made her floor debut with a 9.900 to win the floor title. These scores contributed to another team season-high event total of 49.325. Heading into the final rotation, BYU jumped back into first, but only by .050.

In the final rotation of the night, BYU took the beam and earned the team's season-high beam score of 49.525. The strong performance was the highest beam score since 2004 and only .150 away from the all-time record of 49.675 set on March 12, 2004.

Freshman Lexi Mather went first, earning a 9.850 to set a career high. Juniors Abbey Miner and Stainton followed, each earning a 9.950. Their scores won the event title and set new career highs. These stacked performances propelled the Cougars to a win of 197.075-196.600.

Miner's performances on the night earned her a 39.350, winning the all-around title for the third time this season.///

Next week, BYU stays on the road and faces MRGC rival Boise State in the ExtraMile Arena in Boise, Idaho, on Friday, Jan. 31, at 7 p.m. MST.

BYU PRONUNCIATION GUIDE

ANYSSA ALVARADO	UH-nissa / AL-vuh-RAH-DO
HELODY CYRENNE	Elle-oh-dee / Sy-reen
Lexi MATHER	Math-er
Haley PITOU	Pee-too
ADELINE RIEDER	Add-a-line / Ree-der
ELEASE Rollins	UH-lease Rollins
Brittney VITKAUSKAS	Vit-cows-kiss
Angel ZHONG	Zong

2020 SEASON SCORES

Meet	Result	Vault	Bars	Beam	Floor	Total
1/6 Nebraska	1st of 2	48.675	49.100	48.800	49.175	195.750
1/11 Rio Tinto Best of Utah	2nd of 4	49.200	48.700	48.475	49.200	195.575
1/18 UCLA/Utah State	2nd of 3	48.800	48.850	49.025	49.200	195.875
1/24 @ Southern Utah	1st of 2	49.000	49.225	49.525	49.325	197.075
1/31 @ Boise State						
2/7 Sacramento State						
2/15 Boise State						
2/22 @ Denver						
2/28 @ Illinois State						
3/6 @ Utah State						
3/14 Southern Utah						
3/21 MRGC Championships						

Bold indicates season high

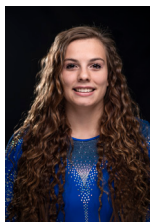
2020 PHOTO ROSTER



Anyssa Alvarado
Fr.



Rachel Bain
So.



Sarah Barron
Fr.



Rebekah Bean
So.



Abby Beeston
So.



Avery Bennett
Jr.



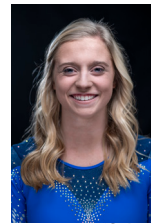
Helody Cyrenne
So.



Jordan Danbury
Jr.



Shannon Evans
Sr.



Lexi Griffith
Fr.



Gabrielle Hubbard
So.



Lindsey Hunter
Fr.



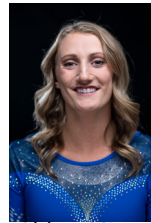
Ashley Kernan
So.



Allix Mason
Fr.



Lexi Mather
Fr.



Abbey Miner
Jr.



Sadie Miner
So.



Maya Page
Fr.



Briana Pearson
Sr.



Haley Pitou
Jr.



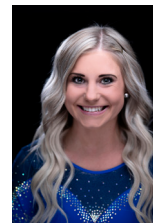
Adeline Rieder
So.



Elease Rollins
Fr.



Abby Stainton
Jr.



Brittney Vitkauskas
So.



Angel Zhong
Sr.

2020 INDIVIDUAL SCORES

Anyssa ALVARADO

Bars: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		<u>9.700</u>			
1/11	Best of Utah		9.675			
1/18	UCLA/Utah St.					
1/24	Southern Ut.		<u>9.825</u>			
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Rachel BAIN

Beam: 9.125 Floor: 9.800

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska			ex 9.125	<u>9.800</u>	
1/11	Best of Utah			ex 9.700	9.700	
1/18	UCLA/Utah St.			9.125	9.775	
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Sarah BARRON

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Rebekah BEAN

Vault: 9.850 Floor: 9.700

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Abby BEESTON

Bars: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		<u>9.825</u>			
1/11	Best of Utah		Ex 9.725			
1/18	UCLA/Utah St.		9.650			
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Avery BENNETT

Vault: 9.875

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.725				
1/11	Best of Utah	<u>9.825</u>				
1/18	UCLA/Utah St.	9.775				
1/24	Southern Ut.	9.775				
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

2020 INDIVIDUAL SCORES

Helody CYRENNE

Bars: 9.950 Beam: 9.925

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		<u>9.725</u>	9.700		
1/11	Best of Utah		9.700	<u>9.725</u>		
1/18	UCLA/Utah St.		<u>9.775</u>	<u>9.900</u>		
1/24	Southern Ut.		<u>9.775</u>	<u>9.875</u>		
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Jordan DANBURY MATTHEWS

Vault: 9.850 Bars: 9.725

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.650				
1/11	Best of Utah	<u>9.725</u>				
1/18	UCLA/Utah St.	<u>9.750</u>			ex 9.750	
1/24	Southern Ut.	<u>9.850</u>				
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Shannon EVANS

Vault: 9.950 Bars: 9.950 Beam: 9.900 Floor: 9.950 AA: 39.575

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah	<u>9.850</u>		8.375		
1/18	UCLA/Utah St.	9.800				
1/24	Southern Ut.	<u>9.875</u>		<u>9.900</u>	<u>9.900</u>	
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Lexi GRIFFITH

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					Ex 9.625
1/11	Best of Utah					Ex 9.650
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Gabrielle HUBBARD

Bars: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					Ex 9.825
1/11	Best of Utah		9.725			
1/18	UCLA/Utah St.		9.700			
1/24	Southern Ut.		<u>9.825</u>			
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Lindsey HUNTER

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					ex 9.700
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

2020 INDIVIDUAL SCORES

Ashley KERNAN

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Allix MASON

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Lexi MATHER

Beam: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska			<u>9.750</u>		
1/11	Best of Utah			<u>9.750</u>		
1/18	UCLA/Utah St.			9.550		
1/24	Southern Ut.			<u>9.850</u>		
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Abbey MINER

Vault: 9.875 Bars: 9.800 Beam: 9.950 Floor: 9.925 AA: 39.375

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.800	<u>9.800</u>	<u>9.850</u>	<u>9.875</u>	<u>39.325</u>
1/11	Best of Utah	<u>9.850</u>	9.700	9.825	<u>9.875</u>	<u>39.250</u>
1/18	UCLA/Utah St.	<u>9.850</u>	9.775	<u>9.875</u>	<u>9.875</u>	<u>39.375</u>
1/24	Southern Ut.	9.750	<u>9.800</u>	<u>9.950</u>	<u>9.850</u>	<u>39.350</u>
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Sadie MINER

Vault: 9.900 Floor: 9.875 Beam: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.775		9.675	<u>9.875</u>	
1/11	Best of Utah	<u>9.900</u>		<u>9.775</u>	9.850	
1/18	UCLA/Utah St.	9.275		<u>9.825</u>	9.800	
1/24	Southern Ut.	9.750		9.775	9.825	
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Maya PAGE

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

2020 INDIVIDUAL SCORES

Briana PEARSON

Beam: 9.825 Floor: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska			9.550	9.775	
1/11	Best of Utah	ex 9.775			<u>9.875</u>	
1/18	UCLA/Utah St.				9.850	
1/24	Southern Ut.				9.850	
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Haley PITOU

Vault: 9.850 Bars: 9.875

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	8.975	<u>9.850</u>			
1/11	Best of Utah		9.775			
1/18	UCLA/Utah St.		9.750			
1/24	Southern Ut.	<u>9.675</u>	<u>9.875</u>			
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Adeline RIEDER

Vault: 9.675

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.	ex 9.700				
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Elease ROLLINS

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.				ex 9.775	
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Abby BODEN STANTON

Vault: 9.800 Bars: 9.900 Beam: 9.950 Floor: 9.850 AA: 39.175

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.725	<u>9.900</u>	<u>9.825</u>	9.725	<u>39.175</u>
1/11	Best of Utah	<u>9.775</u>	9.800	9.400	<u>9.800</u>	38.775
1/18	UCLA/Utah St.	9.625	9.850	9.875	<u>9.825</u>	<u>39.175</u>
1/24	Southern Ut.		<u>9.900</u>	<u>9.950</u>	<u>9.850</u>	
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Brittney VITKAUSKAS

Floor: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska				9.850	
1/11	Best of Utah				9.800	
1/18	UCLA/Utah St.				9.850	
1/24	Southern Ut.				<u>9.875</u>	
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Guard YOUNG

BYU Head Coach
2015-Present

A former BYU national champion gymnast and Olympic silver medal winner, Young returned to his alma mater in May 2015 to take the helm of the BYU gymnastics program.

A member of the BYU Athletic Hall of Fame, Young returned to Provo from the University of Oklahoma, where he was an assistant men's gymnastics coach from 2000-05 and 2011-15. In nine seasons at OU, Young was part of four NCAA championship teams (2002, 2003, 2005, 2015) and five NCAA runner-up teams (2001, 2004, 2012, 2013, 2014).

Young's passion for gymnastics is equaled by his love for BYU. From 1996 to 2000, he was a member of the BYU men's gymnastics team, winning six All-America awards and two NCAA National Championships on the vault (1999, 2000). As a senior, Young was also the runner-up for the individual all-around at the 2000 NCAA Championships. He was inducted into the BYU Athletic Hall of Fame in 2010.

From 2000 to 2004, Young was a member of the USA Senior National Gymnastics Team, winning a team silver medal at the 2001 World Championships in Ghent, Belgium, and a team silver medal the 2004 Olympic Games in Athens, Greece.

As a junior gymnast, he trained under OU coach Mark Williams at the Bart Conner Gymnastics Academy in Norman, Oklahoma. Young earned the 1996 junior national champion title and three junior national team berths.

Young graduated from BYU in 2001 with a Bachelor of Arts in communications with an emphasis in broadcast journalism. He and his wife, Alisha, have two boys and one daughter (Tyler, Jaxson and Hadley).

His father, Wayne Young, was a BYU gymnast from 1970-1975 and captained the 1976 USA Olympic team. Wayne later became the Cougars men's gymnastics coach from 1979-87 and was inducted into the BYU Athletic Hall of Fame in 1986. In addition, Guard's sister, Jessica Young Wycherly, was a gymnast at BYU from 1995-98.



YOUNG AT A GLANCE

Coaching Career

- Named 2019 MRGC Coach of the Year after guiding BYU to a No. 21 ranking that included scoring a 197 for the first time in 15 years
- University of Oklahoma assistant men's gymnastics coach for nine years ('00-'05, '11-'15)
- Coached four NCAA championship teams at OU
- Also coached five NCAA runner-up teams at OU

Gymnastics Career

- 2010 BYU Hall of Fame Inductee
- 2004 Olympic Silver Medalist in Athens
- Member of USA National Gymnastics Team for 10 years
- Six-time NCAA All-American
- Two-time NCAA Vault Champion ('99, '00)
- Individual all-around title runner-up at 2000 NCAA Championships



Natalie BROEKMAN

BYU Assistant Coach
Balance beam coach
2015-Present

Coaching Experience

- Coached at Gold Medal Gymnastics in Chandler, Ariz., under the direction of Olympic gold medalist, Amanda Borden
- Coached for nine years at Arizona Olympian Gymnastics

Gymnastics Career

- Member of BYU gymnastics team from 1996-99, coached by Brad and Dawn Cattermole and Shauna Mertz
- Team captain during the 1999 season
- Broke school all-around record in 1999 with a 39.475
- Received the Dale R. McCann Team Spirit Award from the Cougar Club in 1999
- NACGC-W All-American on balance beam in 1996
- Member of the U.S. Elite National Team from 1992-94
- Finished third in the all-around senior national division at the U.S. Classic
- Demonstrator for the United States Gymnastics Federation, the Federation of International Gymnastics and U.S. Synchronized Swimming

Education

- Bachelor of Science in Family Science, BYU (2000)
- Physical education coaching minor

Family

- Natalie and her husband, David, have four children — Davis, Brady, Holland and Tate



Brogan EVANSON

BYU Assistant Coach
Vault and floor coach, team choreographer
2015-Present

Judging and Coaching Experience

- Level 10 Official for the NCAA and USA Gymnastics since 2007
- Gymnastics Program Director and Head Coach at Peak Athletics in Highlands Ranch, Colo.

- Co-Midwest Independent Conference Assistant Coach of the Year in 2007
- Volunteer assistant coach for BYU in 2005, contributing to Cougars' NCAA National Championship Appearance

Gymnastics Career

- Member of BYU gymnastics team from 2001-04, coached by Dawn and Brad Cattermole and Shauna Mertz
- Ranked No. 14 nationally on uneven bars
- Scored a 9.975 on bars against Utah to set a new school record in 2004
- Recorded a perfect 10.000 on floor in 2003
- Awarded the BYU Scholar-Athlete Award four straight years
- Nominated for the Lu Wallace Outstanding Senior Female Award in 2004

Education

- Masters of Art in Athletic Administration, Southeast Missouri State (2007)
- Bachelor of Science in Exercise Science, BYU (2005)
- Personal Training Certification with the American College of Sports Medicine

Family

- Brogan and her husband, Troy, have four children — Rigden, Tegan, L. Jaclyn and Emmy