



# BYU GYMNASTICS

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## BYU 2020 SCHEDULE

Date	Meet	Score/Result
1/6	Nebraska <sup>^</sup>	195.750 / 1st
1/11	Rio Tinto Best of Utah+	195.575 / 2nd
1/18	UCLA/Utah State* <sup>^</sup>	195.875 / 2nd
1/24	at Southern Utah*	197.075 / 1st
1/31	at Boise State*	196.100 / 1st
2/7	Sacramento State	196.625 / 1st
2/15	Boise State*	196.375 / 1st
2/22	at Denver	196.200 / 1st
2/28	at Illinois State	
3/6	at Utah State*	
3/14	Southern Utah*	
3/21	MRGC Championships#	

\*MRGC Opponent

<sup>^</sup>Held at Marriott Center

+Held at the Maverik Center

#Held at Boise State

## 2020 QUICK FACTS

Location	Provo, Utah 84602
Elevation	4,553 feet
Enrollment	33,511
Founded	October 15, 1875
Owned	LDS Church
Nickname	Cougars
BYU President	Kevin J Worthen (BYU, 1979)
Athletics Director	Tom Holmoe (BYU, 1983)
Assoc. Athletic Director/SWA	Liz Darger (BYU, 2000)
Arena	Smith Fieldhouse
Conference	Mountain Rim Gymnastics
2019 NCAA Finish	21st

## 2020 TEAM HIGHS

Vault	49.200	1/11/20
Bars	49.225	1/24/20
Beam	49.525	1/24/20
Floor	49.425	2/07/20
Total	197.075	1/24/20

## PROGRAM TEAM HIGHS

Vault	49.625	3/12/04, Utah State
Bars	49.475	2/16/01, Missouri
Beam	49.675	3/12/04, Utah State
Floor	49.675	3/15/04, Southern Utah
Total	198.025	3/12/04, Utah State



## ILLINOIS STATE REDBIRDS

Head Coach	Bob Conkling
Assistant Coach	Chris Muras
Assistant Coach	Megan Harrington



## BRIGHAM YOUNG COUGARS

Head Coach	Guard Young
Assistant Coach	Natalie Broekman
Assistant Coach	Brogan Evanson
Volunteer Asst. Coach	Warde Allan

## MEET INFORMATION

Date	Friday, Feb. 28, 2020 @ 6:00 p.m. MST
Location	Redbird Arena, Normal, IL
Television	N/A
Live Stats	<a href="https://tinyurl.com/ud2fx3f">https://tinyurl.com/ud2fx3f</a>

## MEET PREVIEW

PROVO, Utah – No. 19 BYU hits the road for the second consecutive week, preparing to face No. 52 Illinois State University in Normal, Illinois, on Friday, Feb. 28, at 6 p.m. MST in the Redbird Arena.

This will be the first matchup between the teams during Guard Young's time as head coach at BYU.

**THE COUGARS.** On a five-meet winning streak, BYU beat No. 5 Denver on the road, 196.200-195.175, for its first win over the Pioneers since 2011. Highlights included sophomore Adeline Rieder making her season debut on vault, winning the event for the night with a career-best 9.850. The American Athletic, Inc. (AAI) announced All-American senior Shannon Evans' nomination for the 2020 AAI Award given to the most outstanding senior female gymnast in the nation. Evans was held out of competing on vault and floor in Colorado last week while nursing an injury.

**THE REDBIRDS.** After four away meets, Illinois State returns home to host BYU. On Friday, the Redbirds came in second at the Unite for Her Pink Invitational against Temple, West Chester, Southern Connecticut and Ursinus. There, the team earned its second-highest score of the season, a 193.800. A gymnast to watch is Gabrielle Cooke, who scored a 9.850 on vault to win the event title for the night. Cooke competes in the all-around competition and achieved a 39.075.

## PROJECTED BYU EVENT LINEUP

### VAULT

- Jordan Matthews
- Avery Bennett
- Haley Pitou
- Sadie Miner
- Abbey Miner
- Adeline Rieder

### BARs

- Gabrielle Hubbard
- Helody Cyrenne
- Haley Pitou
- Abby Stainton
- Shannon Evans
- Lindsey Hunter

### BEAM

- Lexi Mather
- Abbey Miner
- Eleese Rollins
- Abby Stainton
- Sadie Miner
- Helody Cyrenne

### FLOOR

- Rachel Bain
- Abby Stainton
- Briana Pearson
- Sadie Miner
- Brittney Vitkauskas
- Abbey Miner

NAME	HT.	YEAR	HOMETOWN
Anyssa Alvarado	5-3	Fr.	Rancho Cucamonga, California
Rachel Bain	5-0	So.	Draper, Utah
Sarah Barron	5-7	Fr.	Honolulu, Hawai'i
Rebekah Bean	5-2	So.	St. George, Utah
Abby Beeston	5-6	So.	Lehi, Utah
Avery Bennett	5-3	Jr.	Gilbert, Arizona
Helody Cyrenne	5-4	So.	Beauharnois, QC, Canada
Jordan Danburry	5-2	Jr.	Killeen, Texas
Shannon Evans	5-2	Sr.	American Fork, Utah
Lexi Griffith	5-3	Fr.	Allen, Texas
Gabrielle Hubbard	5-6	So.	Mapleton, Utah
Lindsey Hunter	5-4	Fr.	Santa Clarita, California
Ashley Kernan	5-5	So.	Thousand Oaks, California
Allix Mason	5-3	Fr.	Rancho Cucamonga, California
Lexi Mather	5-5	Fr.	Taylorville, Utah
Abbey Miner	5-4	Jr.	Mapleton, Utah
Sadie Miner	5-2	So.	Mapleton, Utah
Maya Page	5-4	Fr.	Houston, Texas
Briana Pearson	5-3	Sr.	Los Gatos, California
Haley Pitou	5-4	Jr.	Park City, Utah
Adeline Rieder	5-2	So.	Scranton, Pennsylvania
Elease Rollins	4-11	Fr.	West Jordan, Utah
Abby Boden Stainton	5-5	Jr.	Roseville, California
Brittney Vitkauskas	5-2	So.	Portland, Oregon
Angel Zhong	5-5	Sr.	Langley, BC, Canada

Head Coach: Guard Young (5th Season)

Assistant Coach: Natalie Broekman (5th Season)

Assistant Coach: Brogan Evanson (5th Season)

Volunteer Assistant Coach: Warde Allan (1st Season)

### BYU TAKES DOWN NO. 5 DENVER IN 196.200-195.175 WIN

PROVO, Utah – No. 15 BYU earned a major win at No. 5 Denver on Saturday, walking away with a 196.200-195.175 road victory.

The win was the Cougars' first triumph against the Pioneers since 2011, breaking a four-meet losing streak in the series.

"In the past, I've seen this group get flustered with scoring that is more subjective," head coach Guard Young said. "I'm just so proud to see how tough and resilient they were. They didn't even bother looking at the scores. Their mindset was, 'let's just go do gymnastics.' I'm a happy coach right now."

Prior to the start of the meet, Young made a few lineup changes, pulling senior All-American Shannon Evans from vault and floor.

"Today, Shannon had a sore achilles, so right now we are super cautious with that," Young said. "We had our No. 7 and our backups ready to go in and that's what we did. Her teammates had her back and it was the right call."

In the first rotation, BYU took on the uneven bars. Scores ranged from 9.525 to senior Shannon Evans's team high of 9.875. Included in the lineup, junior Helody Cyrenne earned a season-high 9.850, beating her previous 9.800. By the end, BYU held a small .275 lead over DU, pulling a 48.925.

Moving on, the Cougars matched their uneven bars score of 48.925 on vault. A highlight included sophomore Adeline Rieder making a season debut on the event, topping her former personal best of 9.675. Earning a 9.850, her score stood as the highest on the apparatus for the night. BYU widened the gap to lead at 97.825-96.750.

In what consistently stands as BYU's highest scoring event, the Cougars were again strong on floor and gained a lead of 1.225 points after finishing the third rotation. Junior Abby Stainton and sophomore Rachel Bain started off with scores of 9.825, Bain's career and season high. Sophomore Brittney Vitkauskas earned the highest tally for the team, a 9.875.

Freshman Elease Rollins led the team with a career-high 9.900 on the beam in the final rotation. With a 49.125, the Cougars finished the meet 1.025 points ahead to claim the victory.

In the all-around competition, junior Abbey Miner placed second with a score of 38.900, behind DU's Maddie Karr (39.425).

Next week, the Cougars stay on the road to face Illinois State on Friday, Feb. 28, at 6 p.m. MST in the Redbird Arena.

### BYU PRONUNCIATION GUIDE

ANYSSA ALVARADO	UH-nissa / AL-vuh-RAH-DO
HELODY CYRENNE	Elle-oh-dee / Sy-reen
Lexi MATHER	Math-er
Haley PITOU	Pee-too
ADELINE RIEDER	Add-a-line / Ree-der
ELEASE Rollins	UH-lease Rollins
Brittney VITKAUSKAS	Vit-cows-kiss
Angel ZHONG	Zong

## 2020 SEASON SCORES

Meet	Result	Vault	Bars	Beam	Floor	Total
1/6 Nebraska	1st of 2	48.675	49.100	48.800	49.175	195.750
1/11 Rio Tinto Best of Utah	2nd of 4	<b>49.200</b>	48.700	48.475	49.200	195.575
1/18 UCLA/Utah State	2nd of 3	48.800	48.850	49.025	49.200	195.875
1/24 @ Southern Utah	1st of 2	49.000	<b>49.225</b>	<b>49.525</b>	<b>49.325</b>	<b>197.075</b>
1/31 @ Boise State	1st of 2	49.125	49.025	48.925	49.025	196.100
2/7 Sacramento State	1st of 2	49.175	49.025	49.000	49.425	196.625
2/15 Boise State	1st of 2	49.125	48.700	49.150	49.400	196.375
2/22 @ Denver	1st of 2	48.925	48.925	49.125	49.225	196.200
2/28 @ Illinois State						
3/6 @ Utah State						
3/14 Southern Utah						
3/21 MRGC Championships						

Bold indicates season high

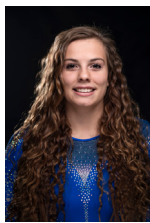
## 2020 PHOTO ROSTER



Anyssa Alvarado  
Fr.



Rachel Bain  
So.



Sarah Barron  
Fr.



Rebekah Bean  
So.



Abby Beeston  
So.



Avery Bennett  
Jr.



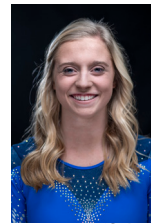
Helody Cyrenne  
So.



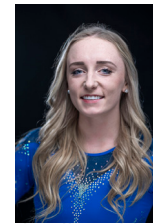
Jordan Danbury  
Jr.



Shannon Evans  
Sr.



Lexi Griffith  
Fr.



Gabrielle Hubbard  
So.



Lindsey Hunter  
Fr.



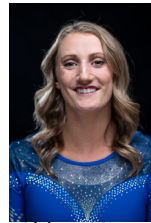
Ashley Kernan  
So.



Allix Mason  
Fr.



Lexi Mather  
Fr.



Abbey Miner  
Jr.



Sadie Miner  
So.



Maya Page  
Fr.



Briana Pearson  
Sr.



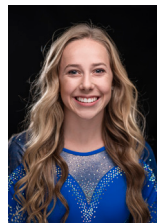
Haley Pitou  
Jr.



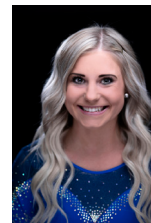
Adeline Rieder  
So.



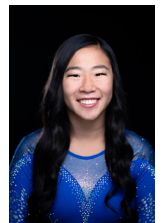
Elease Rollins  
Fr.



Abby Stainton  
Jr.



Brittney Vitkauskas  
So.



Angel Zhong  
Sr.

## 2020 INDIVIDUAL SCORES

### Anyssa ALVARADO

Bars: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		9.700			
1/11	Best of Utah		9.675			
1/18	UCLA/Utah St.					
1/24	Southern Ut.		<u>9.825</u>			
1/31	Boise State		<u>9.825</u>			
2/7	Sacramento St.		9.125			
2/15	Boise State		9.250			
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Rachel BAIN

Beam: 9.125 Floor: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska			ex 9.125	<u>9.800</u>	
1/11	Best of Utah			ex 9.700	9.700	
1/18	UCLA/Utah St.			9.125	9.775	
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.				ex 9.825	
2/15	Boise State					
2/22	Denver	ex 9.700			<u>9.825</u>	
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Sarah BARRON

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Rebekah BEAN

Vault: 9.850 Floor: 9.700

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Abby BEESTON

Bars: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		<u>9.825</u>			
1/11	Best of Utah		Ex 9.725			
1/18	UCLA/Utah St.		9.650			
1/24	Southern Ut.					
1/31	Boise State		9.650			
2/7	Sacramento St.					
2/15	Boise State		9.750			
2/22	Denver		9.625			
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Avery BENNETT

Vault: 9.875

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.725				
1/11	Best of Utah	9.825				
1/18	UCLA/Utah St.	9.775				
1/24	Southern Ut.	9.775				
1/31	Boise State	9.800				
2/7	Sacramento St.	<u>9.850</u>				
2/15	Boise State	9.825				
2/22	Denver	9.750				
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

## 2020 INDIVIDUAL SCORES

### Helody CYRENNE

Bars: 9.950 Beam: 9.925

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		9.725	9.700		
1/11	Best of Utah		9.700	9.725		
1/18	UCLA/Utah St.		9.775	<u>9.900</u>		
1/24	Southern Ut.		9.775	9.875		
1/31	Boise State		<u>9.800</u>	9.300		
2/7	Sacramento St.		<u>9.800</u>	9.775		
2/15	Boise State		9.225			
2/22	Denver		9.850	ex 9.600		
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Jordan DANBURY MATTHEWS

Vault: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.650				
1/11	Best of Utah	9.725				
1/18	UCLA/Utah St.	9.750			ex 9.750	
1/24	Southern Ut.	<u>9.850</u>				
1/31	Boise State	<u>9.850</u>				
2/7	Sacramento St.	9.700				
2/15	Boise State	9.800				
2/22	Denver	9.775			ex 9.800	
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Shannon EVANS

Vault: 9.950 Bars: 9.950 Beam: 9.900 Floor: 9.950 AA: 39.575

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah	9.850		8.375		
1/18	UCLA/Utah St.	9.800				
1/24	Southern Ut.	<u>9.875</u>		<u>9.900</u>	<u>9.900</u>	
1/31	Boise State	9.800		9.775	9.800	
2/7	Sacramento St.	9.825	9.925	9.825	<u>9.900</u>	39.475
2/15	Boise State	9.850	<u>9.950</u>	9.875	9.875	<u>39.550</u>
2/22	Denver		9.875	9.850		
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Lexi GRIFFITH

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska				Ex 9.625	
1/11	Best of Utah				Ex 9.650	
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State				Ex 9.425	
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Gabrielle HUBBARD

Bars: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		Ex 9.825			
1/11	Best of Utah		9.725			
1/18	UCLA/Utah St.		9.700			
1/24	Southern Ut.		<u>9.825</u>			
1/31	Boise State		9.675			
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Lindsey HUNTER

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.		ex 9.700			
1/24	Southern Ut.					
1/31	Boise State		ex 9.850			
2/7	Sacramento St.		ex 9.800			
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

## 2020 INDIVIDUAL SCORES

### Ashley KERNAN

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Allix MASON

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Lexi MATHER

Beam: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska			9.750		
1/11	Best of Utah			9.750		
1/18	UCLA/Utah St.			9.550		
1/24	Southern Ut.			<u>9.850</u>		
1/31	Boise State			9.725		
2/7	Sacramento St.			9.825		
2/15	Boise State			9.750		
2/22	Denver			9.775		
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Abbey MINER

Vault: 9.875 Bars: 9.800 Beam: 9.950 Floor: 9.925 AA: 39.375

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.800	<u>9.800</u>	9.850	9.875	39.325
1/11	Best of Utah	<u>9.850</u>	9.700	9.825	9.875	39.250
1/18	UCLA/Utah St.	<u>9.850</u>	9.775	9.875	9.875	<u>39.375</u>
1/24	Southern Ut.	9.750	<u>9.800</u>	<u>9.950</u>	9.850	39.350
1/31	Boise State	9.800	9.625	9.825	9.850	39.100
2/7	Sacramento St.	9.825		9.225	<u>9.900</u>	
2/15	Boise State	9.800	ex 9.800	9.775	9.875	
2/22	Denver	9.825	9.600	9.775	9.700	38.900
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Sadie MINER

Vault: 9.900 Beam: 9.850 Floor: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.775		9.675	9.875	
1/11	Best of Utah	<u>9.900</u>		9.775	9.850	
1/18	UCLA/Utah St.	9.275		9.825	9.800	
1/24	Southern Ut.	9.750		9.775	9.825	
1/31	Boise State	9.850		<u>9.850</u>	9.800	
2/7	Sacramento St.	9.850		9.825	<u>9.900</u>	
2/15	Boise State	9.825		9.875	9.875	
2/22	Denver	9.625	ex 9.150	9.825	9.850	
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Maya PAGE

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

## 2020 INDIVIDUAL SCORES

### Briana PEARSON

Beam: 9.825 Floor: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska			9.550	9.775	
1/11	Best of Utah	ex 9.775			<u>9.875</u>	
1/18	UCLA/Utah St.				9.850	
1/24	Southern Ut.				9.850	
1/31	Boise State	ex 9.600			9.750	
2/7	Sacramento St.				9.850	
2/15	Boise State	ex 9.775		ex 9.825	<u>9.875</u>	
2/22	Denver			9.225	9.850	
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Haley PITOU

Vault: 9.850 Bars: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	8.975	9.850			
1/11	Best of Utah		9.775			
1/18	UCLA/Utah St.		9.750			
1/24	Southern Ut.	9.675	9.875			
1/31	Boise State	<u>9.825</u>	<u>9.900</u>			
2/7	Sacramento St.	<u>9.825</u>	9.850			
2/15	Boise State	<u>9.825</u>	9.825			
2/22	Denver	9.725	9.725			
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Adeline RIEDER

Vault: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.	ex 9.700				
1/24	Southern Ut.					
1/31	Boise State				ex 9.700	
2/7	Sacramento St.	ex 9.725				
2/15	Boise State					
2/22	Denver	9.850				
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Elease ROLLINS

Beam: 9.990

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.				ex 9.775	
1/24	Southern Ut.					
1/31	Boise State				ex 9.800	
2/7	Sacramento St.				ex 9.900	
2/15	Boise State				9.875	
2/22	Denver				<u>9.900</u>	
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Abby BODEN STANTON

Vault: 9.800 Bars: 9.925 Beam: 9.950 Floor: 9.875 AA: 39.175

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.725	9.900	9.825	9.725	<u>39.175</u>
1/11	Best of Utah	<u>9.775</u>	9.800	9.400	9.800	38.775
1/18	UCLA/Utah St.	9.625	9.850	9.875	9.825	<u>39.175</u>
1/24	Southern Ut.		9.900	<u>9.950</u>	9.850	
1/31	Boise State		9.850	9.750	9.725	
2/7	Sacramento St.		9.775	9.750	9.850	
2/15	Boise State		<u>9.925</u>	9.650	<u>9.875</u>	
2/22	Denver		9.850		9.825	
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Brittney VITKAUSKAS

Floor: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska				9.850	
1/11	Best of Utah				9.800	
1/18	UCLA/Utah St.				9.850	
1/24	Southern Ut.				9.875	
1/31	Boise State				9.825	
2/7	Sacramento St.				9.875	
2/15	Boise State				<u>9.900</u>	
2/22	Denver				9.875	
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

## Guard YOUNG

BYU Head Coach  
2015-Present

A former BYU national champion gymnast and Olympic silver medal winner, Young returned to his alma mater in May 2015 to take the helm of the BYU gymnastics program.

A member of the BYU Athletic Hall of Fame, Young returned to Provo from the University of Oklahoma, where he was an assistant men's gymnastics coach from 2000-05 and 2011-15. In nine seasons at OU, Young was part of four NCAA championship teams (2002, 2003, 2005, 2015) and five NCAA runner-up teams (2001, 2004, 2012, 2013, 2014).

Young's passion for gymnastics is equaled by his love for BYU. From 1996 to 2000, he was a member of the BYU men's gymnastics team, winning six All-America awards and two NCAA National Championships on the vault (1999, 2000). As a senior, Young was also the runner-up for the individual all-around at the 2000 NCAA Championships. He was inducted into the BYU Athletic Hall of Fame in 2010.

From 2000 to 2004, Young was a member of the USA Senior National Gymnastics Team, winning a team silver medal at the 2001 World Championships in Ghent, Belgium, and a team silver medal the 2004 Olympic Games in Athens, Greece.

As a junior gymnast, he trained under OU coach Mark Williams at the Bart Conner Gymnastics Academy in Norman, Oklahoma. Young earned the 1996 junior national champion title and three junior national team berths.

Young graduated from BYU in 2001 with a Bachelor of Arts in communications with an emphasis in broadcast journalism. He and his wife, Alisha, have two boys and one daughter (Tyler, Jaxson and Hadley).

His father, Wayne Young, was a BYU gymnast from 1970-1975 and captained the 1976 USA Olympic team. Wayne later became the Cougars men's gymnastics coach from 1979-87 and was inducted into the BYU Athletic Hall of Fame in 1986. In addition, Guard's sister, Jessica Young Wycherly, was a gymnast at BYU from 1995-98.



## YOUNG AT A GLANCE

### Coaching Career

- Named 2019 MRGC Coach of the Year after guiding BYU to a No. 21 ranking that included scoring a 197 for the first time in 15 years
- University of Oklahoma assistant men's gymnastics coach for nine years ('00-'05, '11-'15)
- Coached four NCAA championship teams at OU
- Also coached five NCAA runner-up teams at OU

### Gymnastics Career

- 2010 BYU Hall of Fame Inductee
- 2004 Olympic Silver Medalist in Athens
- Member of USA National Gymnastics Team for 10 years
- Six-time NCAA All-American
- Two-time NCAA Vault Champion ('99, '00)
- Individual all-around title runner-up at 2000 NCAA Championships



## Natalie BROEKMAN

BYU Assistant Coach  
Balance beam coach  
2015-Present

### Coaching Experience

- Coached at Gold Medal Gymnastics in Chandler, Ariz., under the direction of Olympic gold medalist, Amanda Borden
- Coached for nine years at Arizona Olympian Gymnastics

### Gymnastics Career

- Member of BYU gymnastics team from 1996-99, coached by Brad and Dawn Cattermole and Shauna Mertz
- Team captain during the 1999 season
- Broke school all-around record in 1999 with a 39.475
- Received the Dale R. McCann Team Spirit Award from the Cougar Club in 1999
- NACGC-W All-American on balance beam in 1996
- Member of the U.S. Elite National Team from 1992-94
- Finished third in the all-around senior national division at the U.S. Classic
- Demonstrator for the United States Gymnastics Federation, the Federation of International Gymnastics and U.S. Synchronized Swimming

### Education

- Bachelor of Science in Family Science, BYU (2000)
- Physical education coaching minor

### Family

- Natalie and her husband, David, have four children — Davis, Brady, Holland and Tate



## Brogan EVANSON

BYU Assistant Coach  
Vault and floor coach, team choreographer  
2015-Present

### Judging and Coaching Experience

- Level 10 Official for the NCAA and USA Gymnastics since 2007
- Gymnastics Program Director and Head Coach at Peak Athletics in Highlands Ranch, Colo.

- Co-Midwest Independent Conference Assistant Coach of the Year in 2007
- Volunteer assistant coach for BYU in 2005, contributing to Cougars' NCAA National Championship Appearance

### Gymnastics Career

- Member of BYU gymnastics team from 2001-04, coached by Dawn and Brad Cattermole and Shauna Mertz
- Ranked No. 14 nationally on uneven bars
- Scored a 9.975 on bars against Utah to set a new school record in 2004
- Recorded a perfect 10.000 on floor in 2003
- Awarded the BYU Scholar-Athlete Award four straight years
- Nominated for the Lu Wallace Outstanding Senior Female Award in 2004

### Education

- Masters of Art in Athletic Administration, Southeast Missouri State (2007)
- Bachelor of Science in Exercise Science, BYU (2005)
- Personal Training Certification with the American College of Sports Medicine

### Family

- Brogan and her husband, Troy, have four children — Rigden, Tegan, L. Jaclyn and Emmy