



BYU GYMNASTICS

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BYU 2020 SCHEDULE

Date	Meet	Score/Result
1/6	Nebraska [^]	195.750 / 1st
1/11	Rio Tinto Best of Utah+	195.575 / 2nd
1/18	UCLA/Utah State* [^]	195.875 / 2nd
1/24	at Southern Utah*	197.075 / 1st
1/31	at Boise State*	196.100 / 1st
2/7	Sacramento State	
2/15	Boise State*	
2/22	at Denver	
2/28	at Illinois State	
3/6	at Utah State*	
3/14	Southern Utah*	
3/21	MRGC Championships#	

*MRGC Opponent

[^]Held at Marriott Center

+Held at the Maverik Center

#Held at Boise State

2020 QUICK FACTS

Location	Provo, Utah 84602
Elevation	4,553 feet
Enrollment	33,511
Founded	October 15, 1875
Owned	LDS Church
Nickname	Cougars
BYU President	Kevin J Worthen (BYU, 1979)
Athletics Director	Tom Holmoe (BYU, 1983)
Assoc. Athletic Director/SWA	Liz Darger (BYU, 2000)
Arena	Smith Fieldhouse
Conference	Mountain Rim Gymnastics
2019 NCAA Finish	21st

2020 TEAM HIGHS

Vault	49.200	1/11/20
Bars	49.225	1/24/20
Beam	49.525	1/24/20
Floor	49.325	1/24/20
Total	197.075	1/24/20

PROGRAM TEAM HIGHS

Vault	49.625	3/12/04, Utah State
Bars	49.475	2/16/01, Missouri
Beam	49.675	3/12/04, Utah State
Floor	49.675	3/15/04, Southern Utah
Total	198.025	3/12/04, Utah State



SACRAMENTO STATE HORNETS

Head Coach	Randy Solorio
Assistant Coach	Melissa Genovese
Assistant Coach	Nicole Meiller



BRIGHAM YOUNG COUGARS

Head Coach	Guard Young
Assistant Coach	Natalie Broekman
Assistant Coach	Brogan Evanson
Volunteer Asst. Coach	Warde Allan

MEET INFORMATION

Date	Friday, Feb. 7, 2020 @ 7:00 p.m. MST
Location	Smith Fieldhouse, Provo, UT
Television	BYUTV
Live Stats	Statbroadcast.com

MEET PREVIEW

PROVO, Utah – Winning back-to-back road meets, No. 16 BYU heads home for its first meet in the Smith Fieldhouse this season, hosting Sacramento State on Friday, Feb. 7, at 7 p.m. MST.

There is little history between the Cougars and Hornets. Back on March 5, 2004, the teams participated in a quad-meet, the Salbasgeon Suites Invitational in Corvallis, Ore. There, BYU earned a score of 197.150, placing second behind Oregon State. Meanwhile, Sacramento State tied for third with Michigan State (195.875.) This will be the first time head coaches Guard Young and Randy Solorio will face.

THE COUGARS. On the road, BYU earned its two highest scores of the season, a 197.075 against Southern Utah and 196.100 against Boise State. Last Friday at the ExtraMile Arena in Boise, Idaho, the Cougars not only topped the current MRGC champion, Boise State, but junior Abbey Miner walked away with the all-around title for the fourth time this season. After 12 years of losing to the Broncos on their home turf, the Cougars now hold a two-year winning streak in Boise.

THE HORNETS. Currently ranked No. 58, Sacramento State welcomed seven newcomers this season. On the season, the team's highest score stands as a 192.675. Recently, on Friday, Jan. 31, the Hornets achieved their highest uneven bars score for 2020, a 48.475. Two of Sacramento State's standout gymnasts earned MPSF honors in January. The MPSF honored Jordyn Brent as Gymnast of the Week and Taylor Weber as Freshman of the Week.

PROJECTED BYU EVENT LINEUP

VAULT	BARNS	BEAM	FLOOR
1. Jordan Matthews	1. Anyssa Alvarado	1. Lexi Mather	1. Abby Stainton
2. Avery Bennett	2. Gabrielle Hubbard	2. Abbey Miner	2. Brittney Vitkauskas
3. Haley Pitou	3. Helody Cyrenne	3. Helody Cyrenne	3. Sadie Miner
4. Sadie Miner	4. Haley Pitou	4. Abby Stainton	4. Briana Pearson
5. Abbey Miner	5. Abby Stainton	5. Sadie Miner	5. Abbey Miner
6. Shannon Evans	6. Shannon Evans	6. Shannon Evans	6. Shannon Evans

2020 BYU ROSTER

NAME	HT.	YEAR	HOMETOWN
Anyssa Alvarado	5-3	Fr.	Rancho Cucamonga, California
Rachel Bain	5-0	So.	Draper, Utah
Sarah Barron	5-7	Fr.	Honolulu, Hawai'i
Rebekah Bean	5-2	So.	St. George, Utah
Abby Beeston	5-6	So.	Lehi, Utah
Avery Bennett	5-3	Jr.	Gilbert, Arizona
Helody Cyrenne	5-4	So.	Beauharnois, QC, Canada
Jordan Danbury	5-2	Jr.	Killeen, Texas
Shannon Evans	5-2	Sr.	American Fork, Utah
Lexi Griffith	5-3	Fr.	Allen, Texas
Gabrielle Hubbard	5-6	So.	Mapleton, Utah
Lindsey Hunter	5-4	Fr.	Santa Clarita, California
Ashley Kernan	5-5	So.	Thousand Oaks, California
Allix Mason	5-3	Fr.	Rancho Cucamonga, California
Lexi Mather	5-5	Fr.	Taylorsville, Utah
Abbey Miner	5-4	Jr.	Mapleton, Utah
Sadie Miner	5-2	So.	Mapleton, Utah
Maya Page	5-4	Fr.	Houston, Texas
Briana Pearson	5-3	Sr.	Los Gatos, California
Haley Pitou	5-4	Jr.	Park City, Utah
Adeline Rieder	5-2	So.	Scranton, Pennsylvania
Eleese Rollins	4-11	Fr.	West Jordan, Utah
Abby Boden Stainton	5-5	Jr.	Roseville, California
Brittney Vitkauskas	5-2	So.	Portland, Oregon
Angel Zhong	5-5	Sr.	Langley, BC, Canada

Head Coach: Guard Young (5th Season)

Assistant Coach: Natalie Broekman (5th Season)

Assistant Coach: Brogan Evanson (5th Season)

Volunteer Assistant Coach: Warde Allan (1st Season)

BYU TOPS MRGC CHAMPION BOISE STATE, 196.100-194.450

BOISE, Idaho – The No. 15 BYU Cougars earned their second-highest score of the season (196.100) in a major win over five-time MRGC champions, Boise State (194.450).

This is the first of two meets scheduled against the Broncos. Last year, the Cougars topped BSU on its home turf, earning a 197.000-196.325 victory for their first win in Boise since 2007. BYU made it two straight in ExtraMile Area with the win on Friday night.

"I'm super proud of every girl who went out there," head coach Guard Young said. "Their heads were down and focused. The judging was judging. I feel like it was a purely judged meet. If you gave a deduction, they took it. I'd like our girls to see film and compare the notes from the judges."

In the first rotation of the night, BYU took on the uneven bars. Junior Haley Pitou led the pack for the Cougars, earning a career-high score of 9.900, beating her former 9.850. Freshman Anyssa Alvarado earned a 9.825, tying her career best that she set last week at SUU. Additionally, junior Helody Cyrenne achieved a season high of 9.800. While the Cougars earned their lowest bars score of the season, a 49.025, they still held a .250 lead over the Broncos heading into the second rotation.

Sophomore Jordan Danbury Matthews started the second rotation with a strong vault, tying her career high of 9.850. Next up, Pitou performed strong in her second event of the night, earning a new season-high 9.825. Aside from sophomore Sadie Miner's 9.850, the three remaining gymnasts all earned a solid 9.800. Earning a 49.125 overall and the team's second-highest vault score of the season, BYU continued to widen the gap, leading by .425.

In the third rotation, the Cougars landed all their floor routines, with junior Abbey Miner earning the team's highest score of 9.850. The absence of no season or career highs led to BYU's lowest floor score of the season, a 49.025. However, a spill on beam by Boise's Gabriella Bouza gave BYU an even greater advantage of 0.925 going into the final rotation.

The Cougars ended the night on beam with another career high. Sadie beat her former personal best of 9.825 with a 9.850. Her sister, Abbey, had the second-highest score of 9.825. Even with a fall by Cyrenne, the beam team pulled a 48.925 to achieve a total of 196.100 to win by 1.650 points.

On top of the win, Abbey took home her fourth all-around win of the season with a 39.100.

"Abbey Miner has been a workhorse these last four weeks," Young said. "Maybe, we will pull back a bit for load management and give her a rest week."

To see the rivalry continue, the Cougars and Broncos will face again on Saturday, Feb. 15 in the Smith Fieldhouse.

Coming up, BYU heads home to prepare for its upcoming meet against Sacramento State on Friday, Feb. 7, at 7 p.m. MST.

BYU PRONUNCIATION GUIDE

ANYSSA ALVARADO	UH-nissa / AL-vuh-RAH-DO
HELODY CYRENNE	Elle-oh-dee / Sy-reen
Lexi MATHER	Math-er
Haley PITOU	Pee-too
ADELINE RIEDER	Add-a-line / Ree-der
ELEASE Rollins	UH-lease Rollins
Brittney VITKAUSKAS	Vit-cows-kiss
Angel ZHONG	Zong

2020 SEASON SCORES

Meet	Result	Vault	Bars	Beam	Floor	Total
1/6 Nebraska	1st of 2	48.675	49.100	48.800	49.175	195.750
1/11 Rio Tinto Best of Utah	2nd of 4	49.200	48.700	48.475	49.200	195.575
1/18 UCLA/Utah State	2nd of 3	48.800	48.850	49.025	49.200	195.875
1/24 @ Southern Utah	1st of 2	49.000	49.225	49.525	49.325	197.075
1/31 @ Boise State	1st of 2	49.125	49.025	48.925	49.025	196.100
2/7 Sacramento State						
2/15 Boise State						
2/22 @ Denver						
2/28 @ Illinois State						
3/6 @ Utah State						
3/14 Southern Utah						
3/21 MRGC Championships						

Bold indicates season high

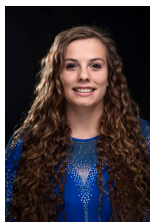
2020 PHOTO ROSTER



Anyssa Alvarado
Fr.



Rachel Bain
So.



Sarah Barron
Fr.



Rebekah Bean
So.



Abby Beeston
So.



Avery Bennett
Jr.



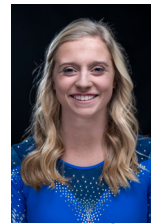
Helody Cyrenne
So.



Jordan Danbury
Jr.



Shannon Evans
Sr.



Lexi Griffith
Fr.



Gabrielle Hubbard
So.



Lindsey Hunter
Fr.



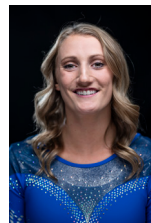
Ashley Kernan
So.



Allix Mason
Fr.



Lexi Mather
Fr.



Abbey Miner
Jr.



Sadie Miner
So.



Maya Page
Fr.



Briana Pearson
Sr.



Haley Pitou
Jr.



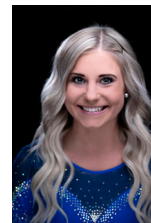
Adeline Rieder
So.



Elease Rollins
Fr.



Abby Stainton
Jr.



Brittney Vitkauskas
So.



Angel Zhong
Sr.

2020 INDIVIDUAL SCORES

Anyssa ALVARADO

Bars: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		9.700			
1/11	Best of Utah		9.675			
1/18	UCLA/Utah St.					
1/24	Southern Ut.		<u>9.825</u>			
1/31	Boise State		<u>9.825</u>			
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Rachel BAIN

Beam: 9.125 Floor: 9.800

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska			ex 9.125	<u>9.800</u>	
1/11	Best of Utah			ex 9.700	9.700	
1/18	UCLA/Utah St.			9.125	9.775	
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Sarah BARRON

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Rebekah BEAN

Vault: 9.850 Floor: 9.700

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Abby BEESTON

Bars: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		<u>9.825</u>			
1/11	Best of Utah		Ex 9.725			
1/18	UCLA/Utah St.		9.650			
1/24	Southern Ut.					
1/31	Boise State		9.650			
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Avery BENNETT

Vault: 9.875

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.725				
1/11	Best of Utah	<u>9.825</u>				
1/18	UCLA/Utah St.	9.775				
1/24	Southern Ut.	9.775				
1/31	Boise State	9.800				
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

2020 INDIVIDUAL SCORES

Helody CYRENNE

Bars: 9.950 Beam: 9.925

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		9.725	9.700		
1/11	Best of Utah		9.700	9.725		
1/18	UCLA/Utah St.		9.775	<u>9.900</u>		
1/24	Southern Ut.		9.775	9.875		
1/31	Boise State		<u>9.800</u>	9.300		
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Jordan DANBURY MATTHEWS

Vault: 9.850 Bars: 9.725

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.650				
1/11	Best of Utah	9.725				
1/18	UCLA/Utah St.	9.750			ex 9.750	
1/24	Southern Ut.	<u>9.850</u>				
1/31	Boise State	<u>9.850</u>				
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Shannon EVANS

Vault: 9.950 Bars: 9.950 Beam: 9.900 Floor: 9.950 AA: 39.575

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah	9.850		8.375		
1/18	UCLA/Utah St.	9.800				
1/24	Southern Ut.	<u>9.875</u>		<u>9.900</u>	<u>9.900</u>	
1/31	Boise State	9.800		9.775	9.800	
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Lexi GRIFFITH

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska				Ex 9.625	
1/11	Best of Utah				Ex 9.650	
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Gabrielle HUBBARD

Bars: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		Ex 9.825			
1/11	Best of Utah		9.725			
1/18	UCLA/Utah St.		9.700			
1/24	Southern Ut.		<u>9.825</u>			
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Lindsey HUNTER

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.		ex 9.700			
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

2020 INDIVIDUAL SCORES

Ashley KERNAN

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Allix MASON

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Lexi MATHER

Beam: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska			9.750		
1/11	Best of Utah			9.750		
1/18	UCLA/Utah St.			9.550		
1/24	Southern Ut.			<u>9.850</u>		
1/31	Boise State			9.725		
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Abbey MINER

Vault: 9.875 Bars: 9.800 Beam: 9.950 Floor: 9.925 AA: 39.375

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.800	<u>9.800</u>	9.850	<u>9.875</u>	39.325
1/11	Best of Utah	<u>9.850</u>	9.700	9.825	<u>9.875</u>	39.250
1/18	UCLA/Utah St.	<u>9.850</u>	9.775	9.875	<u>9.875</u>	<u>39.375</u>
1/24	Southern Ut.	9.750	<u>9.800</u>	<u>9.950</u>	9.850	39.350
1/31	Boise State	9.800	9.625	9.825	9.850	39.100
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Sadie MINER

Vault: 9.900 Beam: 9.850 Floor: 9.875

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.775		9.675	<u>9.875</u>	
1/11	Best of Utah	<u>9.900</u>		9.775	9.850	
1/18	UCLA/Utah St.	9.275		9.825	9.800	
1/24	Southern Ut.	9.750		9.775	9.825	
1/31	Boise State	9.850		<u>9.850</u>	9.800	
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Maya PAGE

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

2020 INDIVIDUAL SCORES

Briana PEARSON

Beam: 9.825 Floor: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska			9.550	9.775	
1/11	Best of Utah	ex 9.775			<u>9.875</u>	
1/18	UCLA/Utah St.				9.850	
1/24	Southern Ut.				9.850	
1/31	Boise State				9.750	
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Haley PITOU

Vault: 9.850 Bars: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	8.975	9.850			
1/11	Best of Utah		9.775			
1/18	UCLA/Utah St.		9.750			
1/24	Southern Ut.	9.675	9.875			
1/31	Boise State	<u>9.825</u>	<u>9.900</u>			
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Adeline RIEDER

Vault: 9.675

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.	ex 9.700				
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Elease ROLLINS

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.				ex 9.775	
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Abby BODEN STANTON

Vault: 9.800 Bars: 9.900 Beam: 9.950 Floor: 9.850 AA: 39.175

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.725	<u>9.900</u>	9.825	9.725	<u>39.175</u>
1/11	Best of Utah	<u>9.775</u>	9.800	9.400	9.800	38.775
1/18	UCLA/Utah St.	9.625	9.850	9.875	9.825	<u>39.175</u>
1/24	Southern Ut.		<u>9.900</u>	<u>9.950</u>	<u>9.850</u>	
1/31	Boise State		9.850	9.750	9.725	
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Brittney VITKAUSKAS

Floor: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska				9.850	
1/11	Best of Utah				9.800	
1/18	UCLA/Utah St.				9.850	
1/24	Southern Ut.				<u>9.875</u>	
1/31	Boise State				9.825	
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Guard YOUNG

BYU Head Coach
2015-Present

A former BYU national champion gymnast and Olympic silver medal winner, Young returned to his alma mater in May 2015 to take the helm of the BYU gymnastics program.

A member of the BYU Athletic Hall of Fame, Young returned to Provo from the University of Oklahoma, where he was an assistant men's gymnastics coach from 2000-05 and 2011-15. In nine seasons at OU, Young was part of four NCAA championship teams (2002, 2003, 2005, 2015) and five NCAA runner-up teams (2001, 2004, 2012, 2013, 2014).

Young's passion for gymnastics is equaled by his love for BYU. From 1996 to 2000, he was a member of the BYU men's gymnastics team, winning six All-America awards and two NCAA National Championships on the vault (1999, 2000). As a senior, Young was also the runner-up for the individual all-around at the 2000 NCAA Championships. He was inducted into the BYU Athletic Hall of Fame in 2010.

From 2000 to 2004, Young was a member of the USA Senior National Gymnastics Team, winning a team silver medal at the 2001 World Championships in Ghent, Belgium, and a team silver medal the 2004 Olympic Games in Athens, Greece.

As a junior gymnast, he trained under OU coach Mark Williams at the Bart Conner Gymnastics Academy in Norman, Oklahoma. Young earned the 1996 junior national champion title and three junior national team berths.

Young graduated from BYU in 2001 with a Bachelor of Arts in communications with an emphasis in broadcast journalism. He and his wife, Alisha, have two boys and one daughter (Tyler, Jaxson and Hadley).

His father, Wayne Young, was a BYU gymnast from 1970-1975 and captained the 1976 USA Olympic team. Wayne later became the Cougars men's gymnastics coach from 1979-87 and was inducted into the BYU Athletic Hall of Fame in 1986. In addition, Guard's sister, Jessica Young Wycherly, was a gymnast at BYU from 1995-98.



YOUNG AT A GLANCE

Coaching Career

- Named 2019 MRGC Coach of the Year after guiding BYU to a No. 21 ranking that included scoring a 197 for the first time in 15 years
- University of Oklahoma assistant men's gymnastics coach for nine years ('00-'05, '11-'15)
- Coached four NCAA championship teams at OU
- Also coached five NCAA runner-up teams at OU

Gymnastics Career

- 2010 BYU Hall of Fame Inductee
- 2004 Olympic Silver Medalist in Athens
- Member of USA National Gymnastics Team for 10 years
- Six-time NCAA All-American
- Two-time NCAA Vault Champion ('99, '00)
- Individual all-around title runner-up at 2000 NCAA Championships



Natalie BROEKMAN

BYU Assistant Coach
Balance beam coach
2015-Present

Coaching Experience

- Coached at Gold Medal Gymnastics in Chandler, Ariz., under the direction of Olympic gold medalist, Amanda Borden
- Coached for nine years at Arizona Olympian Gymnastics

Gymnastics Career

- Member of BYU gymnastics team from 1996-99, coached by Brad and Dawn Cattermole and Shauna Mertz
- Team captain during the 1999 season
- Broke school all-around record in 1999 with a 39.475
- Received the Dale R. McCann Team Spirit Award from the Cougar Club in 1999
- NACGC-W All-American on balance beam in 1996
- Member of the U.S. Elite National Team from 1992-94
- Finished third in the all-around senior national division at the U.S. Classic
- Demonstrator for the United States Gymnastics Federation, the Federation of International Gymnastics and U.S. Synchronized Swimming

Education

- Bachelor of Science in Family Science, BYU (2000)
- Physical education coaching minor

Family

- Natalie and her husband, David, have four children — Davis, Brady, Holland and Tate



Brogan EVANSON

BYU Assistant Coach
Vault and floor coach, team choreographer
2015-Present

Judging and Coaching Experience

- Level 10 Official for the NCAA and USA Gymnastics since 2007
- Gymnastics Program Director and Head Coach at Peak Athletics in Highlands Ranch, Colo.

- Co-Midwest Independent Conference Assistant Coach of the Year in 2007
- Volunteer assistant coach for BYU in 2005, contributing to Cougars' NCAA National Championship Appearance

Gymnastics Career

- Member of BYU gymnastics team from 2001-04, coached by Dawn and Brad Cattermole and Shauna Mertz
- Ranked No. 14 nationally on uneven bars
- Scored a 9.975 on bars against Utah to set a new school record in 2004
- Recorded a perfect 10.000 on floor in 2003
- Awarded the BYU Scholar-Athlete Award four straight years
- Nominated for the Lu Wallace Outstanding Senior Female Award in 2004

Education

- Masters of Art in Athletic Administration, Southeast Missouri State (2007)
- Bachelor of Science in Exercise Science, BYU (2005)
- Personal Training Certification with the American College of Sports Medicine

Family

- Brogan and her husband, Troy, have four children — Rigden, Tegan, L. Jaclyn and Emmy