



# BYU GYMNASTICS

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## BYU 2020 SCHEDULE

Date	Meet	Score/Result
1/6	Nebraska <sup>^</sup>	195.750 / 1st
1/11	Rio Tinto Best of Utah+	195.575 / 2nd
1/18	UCLA/Utah State* <sup>^</sup>	195.875 / 2nd
1/24	at Southern Utah*	
1/31	at Boise State*	
2/7	Sacramento State	
2/15	Boise State*	
2/22	at Denver	
2/28	at Illinois State	
3/6	at Utah State*	
3/14	Southern Utah*	
3/21	MRGC Championships#	

\*MRGC Opponent

<sup>^</sup>Held at Marriott Center

+Held at the Maverik Center

#Held at Boise State

## 2020 QUICK FACTS

Location	Provo, Utah 84602
Elevation	4,553 feet
Enrollment	33,511
Founded	October 15, 1875
Owned	LDS Church
Nickname	Cougars
BYU President	Kevin J Worthen (BYU, 1979)
Athletics Director	Tom Holmoe (BYU, 1983)
Assoc. Athletic Director/SWA	Liz Darger (BYU, 2000)
Arena	Smith Fieldhouse
Conference	Mountain Rim Gymnastics
2019 NCAA Finish	21st

## 2020 TEAM HIGHS

Vault	49.200	1/11/20
Bars	49.100	1/06/20
Beam	49.025	1/18/20
Floor	49.200	1/06/20
Total	195.875	1/18/20

## PROGRAM TEAM HIGHS

Vault	49.625	3/12/04, Utah State
Bars	49.475	2/16/01, Missouri
Beam	49.675	3/12/04, Utah State
Floor	49.675	3/15/04, Southern Utah
Total	198.025	3/12/04, Utah State



## SOUTHERN UTAH THUNDERBIRDS

Head Coach	Scotty Bauman
Assistant Coach	Jeff Richards
Assistant Coach	Jamie Wysong
Volunteer Asst. Coach	Adam AhQuin



## BRIGHAM YOUNG COUGARS

Head Coach	Guard Young
Assistant Coach	Natalie Broekman
Assistant Coach	Brogan Evanson
Volunteer Asst. Coach	Warde Allan

## MEET INFORMATION

Date	Friday, Jan. 24, 2020 @ 7:00 p.m. MST
Location	America First event Center, Cedar City, Utah
Live Stats	Suutbirds.com

## MEET PREVIEW

PROVO, Utah – The No. 15 BYU gymnastics team travels to Cedar City to face No. 26 Southern Utah this Friday, Jan. 24 at 7 p.m. MST in the America First Event Center.

Last season, BYU traveled to Cedar City on Feb. 22 and fell to the Thunderbirds on the road, losing by .350. Weeks later on March 15, the Cougars took advantage of their home turf and topped the Thunderbirds 196.550-195.975. The MRGC rivals faced once more at the 2019 MRGC Championship where SUU took second (195.900) and BYU placed third (195.750).

This season, the two teams faced each other at the first-ever Rio Tinto Best of Utah meet at the Maverik Center on Jan. 11. Following the No. 3 Utes, BYU earned a 195.575 to place second, followed by SUU with a 194.650

**THE COUGARS.** Heading into week 3, the Cougars sit at No. 15 for the second week in a row after earning their highest score of the season, 195.875, against No. 3 UCLA and Utah State on Jan. 18. Junior Abbey Miner is ranked No. 17 in the nation in all-around currently after holding onto MRGC Gymnast of the Week for the second week, while adding additional honors of Co-Floor and Co-Vault Specialist. Additionally, junior Helody Cyrenne, the Co-Beam Specialist of the Week, earned BYU's best score of the week, a 9.900 on beam.

**THE THUNDERBIRDS.** The Thunderbirds earned a No. 26 ranking from the WCGA's National Preseason Poll and have maintained that spot. On Jan. 18, SUU posted its highest score of the season, 195.400, against the University of New Hampshire. A stand-out performer for the Thunderbirds is Karley McClain, who won the all-around competition with a 39.200. McClain currently sits at No. 25 in the nation score, finishing tied for third overall on the event.

## PROJECTED BYU EVENT LINEUP

VAULT	BARNS	BEAM	FLOOR
1. Jordan Matthews	1. Abbey Miner	1. Lexi Mather	1. Abby Stainton
2. Avery Bennett	2. Gabrielle Hubbard	2. Abbey Miner	2. Brittney Vitkauskas
3. Haley Pitou	3. Anyssa Alvarado	3. Helody Cyrenne	3. Sadie Miner
4. Sadie Miner	4. Helody Cyrenne	4. Abby Stainton	4. Briana Pearson
5. Shannon Evans	5. Haley Pitou	5. Sadie Miner	5. Abbey Miner
6. Abby Miner	6. Abby Stainton	6. Shannon Evans	6. Shannon Evans

## 2020 BYU ROSTER

NAME	HT.	YEAR	HOMETOWN
Anyssa Alvarado	5-3	Fr.	Rancho Cucamonga, California
Rachel Bain	5-0	So.	Draper, Utah
Sarah Barron	5-7	Fr.	Honolulu, Hawai'i
Rebekah Bean	5-2	So.	St. George, Utah
Abby Beeston	5-6	So.	Lehi, Utah
Avery Bennett	5-3	Jr.	Gilbert, Arizona
Helody Cyrenne	5-4	So.	Beauharnois, QC, Canada
Jordan Danbury	5-2	Jr.	Killeen, Texas
Shannon Evans	5-2	Sr.	American Fork, Utah
Lexi Griffith	5-3	Fr.	Allen, Texas
Gabrielle Hubbard	5-6	So.	Mapleton, Utah
Lindsey Hunter	5-4	Fr.	Santa Clarita, California
Ashley Kernan	5-5	So.	Thousand Oaks, California
Allix Mason	5-3	Fr.	Rancho Cucamonga, California
Lexi Mather	5-5	Fr.	Taylorville, Utah
Abbey Miner	5-4	Jr.	Mapleton, Utah
Sadie Miner	5-2	So.	Mapleton, Utah
Maya Page	5-4	Fr.	Houston, Texas
Briana Pearson	5-3	Sr.	Los Gatos, California
Haley Pitou	5-4	Jr.	Park City, Utah
Adeline Rieder	5-2	So.	Scranton, Pennsylvania
Eleese Rollins	4-11	Fr.	West Jordan, Utah
Abby Boden Stainton	5-5	Jr.	Roseville, California
Brittney Vitkauskas	5-2	So.	Portland, Oregon
Angel Zhong	5-5	Sr.	Langley, BC, Canada

Head Coach: Guard Young (5th Season)

Assistant Coach: Natalie Broekman (5th Season)

Assistant Coach: Brogan Evanson (5th Season)

Volunteer Assistant Coach: Warde Allan (1st Season)

### NO. 15 COUGARS SCORE SEASON-HIGH 195.875 AGAINST UCLA & UTAH STATE

PROVO, Utah – No. 15 BYU took second place with a season-high 195.875 against No. 5 UCLA (197.425) and Utah State (194.750) on Saturday at the Marriott Center.

"We wanted to hold our own against these teams, which we did and it was a great atmosphere," BYU head coach Guard Young said. "To see our team with all these other great teams, holding their own, I couldn't be more proud of our girls that competed tonight and just our program in general."

BYU consistently remained ahead of Utah State, thanks to a career-high beam by sophomore Sadie Miner and six season-high scores.

BYU started on vault with junior Abbey Miner earning the highest score for the Cougars, matching her season-high score of 9.850. Senior Shannon Evans followed with a score of 9.800 while junior Jordan Danbury Matthews set a season-high score of 9.750. The Cougars ended their vault rotation .175 behind UCLA with a score of 48.800

During the second rotation, junior Abby Boden Stainton earned BYU's highest score on the uneven bars, a 9.850. Junior Helody Cyrenne and Miner both put up 9.775 for the Cougars, a season-best for Cyrenne. A highlight for head coach Guard Young included watching freshman Lindsay Hunter make her debut of the season with an exhibition routine. By the end of the second rotation, BYU stayed in second place, leading Utah State by .075.

In the third rotation, the Cougars started off with a few missteps on the balance beam. However, the team rallied together, earning BYU's highest beam score of the season, a 49.025. Cyrenne led the team with a season-best score of 9.900, placing second amongst the three teams. Miner and Stainton also earned season-highs of 9.875. Sophomore Sadie Miner shined on the apparatus as she set a career-high score of 9.825. Closing out the third rotation, UCLA led BYU by 1.225 points.

In the final event of the night, the Cougars took the floor and earned a 49.150, their highest score of the night. Five of the six gymnasts scored a 9.800 or above. For the third meet in a row, Abbey scored a 9.875, leading the team. Sophomore Brittney Vitkauskas added a 9.850, tying her career-high score. To finish off the night, Stainton matched her career-best of 9.825, her highest of the season.

UCLA's team features two USA Olympians, seniors Kyla Ross and Madison Kocian. Ross won the all-around competition with a 39.750 and stunned the crowd by earning a perfect 10.000 on her vault. UCLA's Margzetta Frazier came in second with a 39.400, followed by Miner with her career high total of 39.375.

Coming up, BYU heads south to face Southern Utah University on Friday, Jan. 24, at 7 p.m. MST.

### BYU PRONUNCIATION GUIDE

ANYSSA ALVARADO	UH-nissa / AL-vuh-RAH-DO
HELODY CYRENNE	Elle-oh-dee / Sy-reen
Lexi MATHER	Math-er
Haley PITOU	Pee-too
ADELINE RIEDER	Add-a-line / Ree-der
ELEASE Rollins	UH-lease Rollins
Brittney VITKAUSKAS	Vit-cows-kiss
Angel ZHONG	Zong

## 2020 SEASON SCORES

Meet	Result	Vault	Bars	Beam	Floor	Total
1/6 Nebraska	1st of 2	48.675	<b>49.100</b>	48.800	49.175	195.750
1/11 Rio Tinto Best of Utah	2nd of 4	<b>49.200</b>	48.700	48.475	<b>49.200</b>	195.575
1/18 UCLA/Utah State	2nd of 3	48.800	48.850	<b>49.025</b>	49.200	<b>195.875</b>
1/24 @ Southern Utah						
1/31 @ Boise State						
2/7 Sacramento State						
2/15 Boise State						
2/22 @ Denver						
2/28 @ Illinois State						
3/6 @ Utah State						
3/14 Southern Utah						
3/21 MRGC Championships						

Bold indicates season high

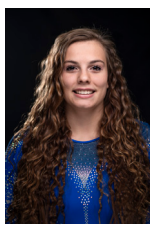
## 2020 PHOTO ROSTER



Anyssa Alvarado  
Fr.



Rachel Bain  
So.



Sarah Barron  
Fr.



Rebekah Bean  
So.



Abby Beeston  
So.



Avery Bennett  
Jr.



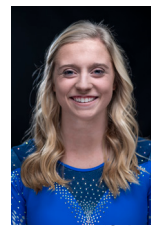
Helody Cyrenne  
So.



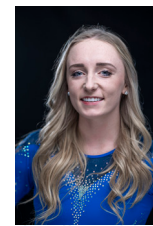
Jordan Danbury  
Jr.



Shannon Evans  
Sr.



Lexi Griffith  
Fr.



Gabrielle Hubbard  
So.



Lindsey Hunter  
Fr.



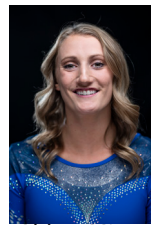
Ashley Kernan  
So.



Allix Mason  
Fr.



Lexi Mather  
Fr.



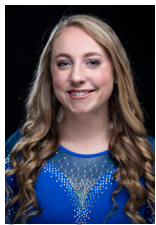
Abbey Miner  
Jr.



Sadie Miner  
So.



Maya Page  
Fr.



Briana Pearson  
Sr.



Haley Pitou  
Jr.



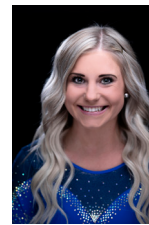
Adeline Rieder  
So.



Elease Rollins  
Fr.



Abby Stainton  
Jr.



Brittney Vitkauskas  
So.



Angel Zhong  
Sr.

## 2020 INDIVIDUAL SCORES

### Anyssa ALVARADO

Bars: 9.700

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		<u>9.700</u>			
1/11	Best of Utah		9.675			
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Rachel BAIN

Beam: 9.125 Floor: 9.800

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska				<u>9.800</u>	
1/11	Best of Utah			ex 9.700	9.700	
1/18	UCLA/Utah St.			9.125	9.775	
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Sarah BARRON

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Rebekah BEAN

Vault: 9.850 Floor: 9.700

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Abby BEESTON

Bars: 9.800 Beam: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Avery BENNETT

Vault: 9.875

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.725				
1/11	Best of Utah					
1/18	UCLA/Utah St.	9.775				
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

## 2020 INDIVIDUAL SCORES

### Helody CYRENNE

Bars: 9.950 Beam: 9.925

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		<u>9.725</u>	9.700		
1/11	Best of Utah		9.700	<u>9.725</u>		
1/18	UCLA/Utah St.		<u>9.775</u>	<u>9.900</u>		
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Jordan DANBURY MATTHEWS

Vault: 9.850 Bars: 9.725

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.650				
1/11	Best of Utah	<u>9.725</u>				
1/18	UCLA/Utah St.	<u>9.750</u>			ex 9.750	
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Shannon EVANS

Vault: 9.950 Bars: 9.950 Beam: 9.875 Floor: 9.950 AA: 39.575

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah	<u>9.850</u>		8.375		
1/18	UCLA/Utah St.	9.800				
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Lexi GRIFFITH

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah				ex 9.650	
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Gabrielle HUBBARD

Bars: 9.775

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah		9.725			
1/18	UCLA/Utah St.		9.700			
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Lindsey HUNTER

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.		ex 9.700			
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

## 2020 INDIVIDUAL SCORES

### Ashley KERNAN

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Allix MASON

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Lexi MATHER

Beam: 9.750

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska			<u>9.750</u>		
1/11	Best of Utah			<u>9.750</u>		
1/18	UCLA/Utah St.			9.550		
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Abbey MINER

Vault: 9.875 Bars: 9.800 Beam: 9.900 Floor: 9.925 AA: 39.375

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.800	<u>9.800</u>	<u>9.850</u>	<u>9.875</u>	<u>39.325</u>
1/11	Best of Utah	<u>9.850</u>	9.700	9.825	<u>9.875</u>	<u>39.250</u>
1/18	UCLA/Utah St.	<u>9.850</u>	9.775	<u>9.875</u>	<u>9.875</u>	<u>39.375</u>
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Sadie MINER

Vault: 9.900 Floor: 9.875 Beam: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.775		9.675	<u>9.875</u>	
1/11	Best of Utah	<u>9.900</u>		<u>9.775</u>	9.850	
1/18	UCLA/Utah St.	9.275		<u>9.825</u>	9.800	
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Maya PAGE

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					



## 2020 INDIVIDUAL SCORES

### Briana PEARSON

Beam: 9.825 Floor: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska			9.550	9.775	
1/11	Best of Utah	ex 9.775			<u>9.875</u>	
1/18	UCLA/Utah St.				9.850	
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Haley PITOU

Vault: 9.850 Bars: 9.875

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	8.975	<u>9.850</u>			
1/11	Best of Utah		9.775			
1/18	UCLA/Utah St.		9.750			
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Adeline RIEDER

Vault: 9.675

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.	ex 9.700				
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Elease ROLLINS

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.				ex 9.775	
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Abby BODEN STANTON

Vault: 9.800 Bars: 9.900 Beam: 9.900 Floor: 9.825 AA: 39.175

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.725	<u>9.900</u>	<u>9.825</u>	9.725	<u>39.175</u>
1/11	Best of Utah	<u>9.775</u>	9.800	9.400	<u>9.800</u>	38.775
1/18	UCLA/Utah St.	9.625	9.850	<u>9.875</u>	<u>9.825</u>	<u>39.175</u>
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

### Brittney VITKAUSKAS

Floor: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska				<u>9.850</u>	
1/11	Best of Utah				9.800	
1/18	UCLA/Utah St.				<u>9.850</u>	
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

## Guard YOUNG

BYU Head Coach  
2015-Present

A former BYU national champion gymnast and Olympic silver medal winner, Young returned to his alma mater in May 2015 to take the helm of the BYU gymnastics program.

A member of the BYU Athletic Hall of Fame, Young returned to Provo from the University of Oklahoma, where he was an assistant men's gymnastics coach from 2000-05 and 2011-15. In nine seasons at OU, Young was part of four NCAA championship teams (2002, 2003, 2005, 2015) and five NCAA runner-up teams (2001, 2004, 2012, 2013, 2014).

Young's passion for gymnastics is equaled by his love for BYU. From 1996 to 2000, he was a member of the BYU men's gymnastics team, winning six All-America awards and two NCAA National Championships on the vault (1999, 2000). As a senior, Young was also the runner-up for the individual all-around at the 2000 NCAA Championships. He was inducted into the BYU Athletic Hall of Fame in 2010.

From 2000 to 2004, Young was a member of the USA Senior National Gymnastics Team, winning a team silver medal at the 2001 World Championships in Ghent, Belgium, and a team silver medal the 2004 Olympic Games in Athens, Greece.

As a junior gymnast, he trained under OU coach Mark Williams at the Bart Conner Gymnastics Academy in Norman, Oklahoma. Young earned the 1996 junior national champion title and three junior national team berths.

Young graduated from BYU in 2001 with a Bachelor of Arts in communications with an emphasis in broadcast journalism. He and his wife, Alisha, have two boys and one daughter (Tyler, Jaxson and Hadley).

His father, Wayne Young, was a BYU gymnast from 1970-1975 and captained the 1976 USA Olympic team. Wayne later became the Cougars men's gymnastics coach from 1979-87 and was inducted into the BYU Athletic Hall of Fame in 1986. In addition, Guard's sister, Jessica Young Wycherly, was a gymnast at BYU from 1995-98.



## YOUNG AT A GLANCE

### Coaching Career

- Named 2019 MRGC Coach of the Year after guiding BYU to a No. 21 ranking that included scoring a 197 for the first time in 15 years
- University of Oklahoma assistant men's gymnastics coach for nine years ('00-'05, '11-'15)
- Coached four NCAA championship teams at OU
- Also coached five NCAA runner-up teams at OU

### Gymnastics Career

- 2010 BYU Hall of Fame Inductee
- 2004 Olympic Silver Medalist in Athens
- Member of USA National Gymnastics Team for 10 years
- Six-time NCAA All-American
- Two-time NCAA Vault Champion ('99, '00)
- Individual all-around title runner-up at 2000 NCAA Championships



## Natalie BROEKMAN

BYU Assistant Coach  
Balance beam coach  
2015-Present

### Coaching Experience

- Coached at Gold Medal Gymnastics in Chandler, Ariz., under the direction of Olympic gold medalist, Amanda Borden
- Coached for nine years at Arizona Olympian Gymnastics

### Gymnastics Career

- Member of BYU gymnastics team from 1996-99, coached by Brad and Dawn Cattermole and Shauna Mertz
- Team captain during the 1999 season
- Broke school all-around record in 1999 with a 39.475
- Received the Dale R. McCann Team Spirit Award from the Cougar Club in 1999
- NACGC-W All-American on balance beam in 1996
- Member of the U.S. Elite National Team from 1992-94
- Finished third in the all-around senior national division at the U.S. Classic
- Demonstrator for the United States Gymnastics Federation, the Federation of International Gymnastics and U.S. Synchronized Swimming

### Education

- Bachelor of Science in Family Science, BYU (2000)
- Physical education coaching minor

### Family

- Natalie and her husband, David, have four children — Davis, Brady, Holland and Tate



## Brogan EVANSON

BYU Assistant Coach  
Vault and floor coach, team choreographer  
2015-Present

### Judging and Coaching Experience

- Level 10 Official for the NCAA and USA Gymnastics since 2007
- Gymnastics Program Director and Head Coach at Peak Athletics in Highlands Ranch, Colo.

- Co-Midwest Independent Conference Assistant Coach of the Year in 2007
- Volunteer assistant coach for BYU in 2005, contributing to Cougars' NCAA National Championship Appearance

### Gymnastics Career

- Member of BYU gymnastics team from 2001-04, coached by Dawn and Brad Cattermole and Shauna Mertz
- Ranked No. 14 nationally on uneven bars
- Scored a 9.975 on bars against Utah to set a new school record in 2004
- Recorded a perfect 10.000 on floor in 2003
- Awarded the BYU Scholar-Athlete Award four straight years
- Nominated for the Lu Wallace Outstanding Senior Female Award in 2004

### Education

- Masters of Art in Athletic Administration, Southeast Missouri State (2007)
- Bachelor of Science in Exercise Science, BYU (2005)
- Personal Training Certification with the American College of Sports Medicine

### Family

- Brogan and her husband, Troy, have four children — Rigden, Tegan, L. Jaclyn and Emmy