



BYU GYMNASTICS

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BYU 2020 SCHEDULE

Date	Meet	Score/Result
1/6	Nebraska [^]	195.750 / 1st
1/11	Rio Tinto Best of Utah+	195.575 / 2nd
1/18	UCLA/Utah State* [^]	
1/24	at Southern Utah*	
1/31	at Boise State*	
2/7	Sacramento State	
2/15	Boise State*	
2/22	at Denver	
2/28	at Illinois State	
3/6	at Utah State*	
3/14	Southern Utah*	
3/21	MRGC Championships#	

*MRGC Opponent
[^]Held at Marriott Center
⁺Held at the Maverik Center
[#]Held at Boise State

2020 QUICK FACTS

Location	Provo, Utah 84602
Elevation	4,553 feet
Enrollment	33,511
Founded	October 15, 1875
Owned	LDS Church
Nickname	Cougars
BYU President	Kevin J Worthen (BYU, 1979)
Athletics Director	Tom Holmoe (BYU, 1983)
Assoc. Athletic Director/SWA	Liz Darger (BYU, 2000)
Arena	Smith Fieldhouse
Conference	Mountain Rim Gymnastics
2019 NCAA Finish	21st

2020 TEAM HIGHS

Vault	49.200	1/11/20
Bars	49.100	1/06/20
Beam	48.800	1/06/20
Floor	49.200	1/06/20
Total	195.750	1/06/20

PROGRAM TEAM HIGHS

Vault	49.625	3/12/04, Utah State
Bars	49.475	2/16/01, Missouri
Beam	49.675	3/12/04, Utah State
Floor	49.675	3/15/04, Southern Utah
Total	198.025	3/12/04, Utah State



BRIGHAM YOUNG COUGARS

Head Coach.....Guard Young
 Assistant Coach.....Natalie Broekman
 Assistant Coach.....Brogan Evanson
 Volunteer Asst. Coach.....Warde Allan



UCLA BRUINS

Head Coach.....Chris Waller
 Associate Head Coach.....Kristina Comforte
 Assistant Coach.....Dom Palange
 Volunteer Asst. Coach.....BJ Das



UTAH STATE AGGIES

Head Coach.....Amy Smith
 Assistant Coach.....Erik Lewis
 Assistant Coach.....Amanda Wellick
 Volunteer Asst. Coach.....Courtney Griffith

MEET INFORMATION

Date	Saturday, Jan. 18, 2020 @ 6:00 p.m. MST
Location	Marriott Center, Provo, Utah
Live Stats	Statbroadcast.com

MEET PREVIEW

PROVO, Utah – The No. 15 BYU gymnastics team hosts No. 4 UCLA and No. 34 Utah State on Saturday, Jan. 18 at 6 p.m. MST in the Marriott Center.

This Saturday will not only be head coach Guard Young's first meet against UCLA but it also marks the first time the Cougars and Bruins have faced each other since 1996. The Pac-12 team features two USA Olympians, 2012 gold medalist Kyla Ross and 2016 gold and silver medalist Madison Kocian.

BYU will face Mountain Rim Gymnastics Conference rival Utah State for the second time this season. The Cougars currently hold an eight-meet winning streak against the Aggies after placing ahead of them at last week's Rio Tinto Best of Utah meet at the Maverik Center.

THE COUGARS. The Cougars started the season strong on Jan. 6 after beating then No. 15 Nebraska 195.750-195.600. Days later, the performances of MRGC Gymnast of the Week, junior Abbey Miner, and MRGC Vault Specialist of the Week, sophomore Sadie Miner, helped propel the team to a second-place finish behind then No. 4 Utah at the first-ever Rio Tinto Best of Utah NCAA Gymnastics Meet.

THE BRUINS. The Bruins finished off the 2019 season ranked No. 3 in the nation after competing in the 2019 NCAA Women's Gymnastics Championships. For their first meet of the season, the Bruins faced off against MRGC member, Boise State, coming away with a win 196.800-195.475. Olympian senior Ross scored her first perfect 10 of the season on the uneven bars.

THE AGGIES. BYU and Utah State will meet four times this season. The Aggies started the season by placing fourth at the Rio Tinto Best of Utah NCAA Gymnastics Meet on Jan. 11. The team's top event of the night was vault, earning a 48.975. Freshman Sofi Sullivan led the team with a 9.850 score, finishing tied for third overall on the event.

PROJECTED BYU EVENT LINEUP

VAULT

- Jordan Matthews
- Avery Bennett
- Shannon Evans
- Abbey Miner
- Sadie Miner
- Haley Pitou

BARNS

- Abby Beeston
- Abbey Miner
- Gabrielle Hubbard
- Helody Cyrenne
- Haley Pitou
- Abbey Stainton

BEAM

- Lexi Mather
- Rachel Bain
- Abbey Miner
- Helody Cyrenne
- Abbey Stainton
- Sadie Miner

FLOOR

- Abbey Stainton
- Rachel Bain
- Brittney Vitkauskas
- Sadie Miner
- Briana Pearson
- Abbey Miner

2020 BYU ROSTER

NAME	HT.	YEAR	HOMETOWN
Anysa Alvarado	5-3	Fr.	Rancho Cucamonga, California
Rachel Bain	5-0	So.	Draper, Utah
Sarah Barron	5-7	Fr.	Honolulu, Hawai'i
Rebekah Bean	5-2	So.	St. George, Utah
Abby Beeston	5-6	So.	Lehi, Utah
Avery Bennett	5-3	Jr.	Gilbert, Arizona
Helody Cyrenne	5-4	So.	Beauharnois, QC, Canada
Jordan Danburry	5-2	Jr.	Killeen, Texas
Shannon Evans	5-2	Sr.	American Fork, Utah
Lexi Griffith	5-3	Fr.	Allen, Texas
Gabrielle Hubbard	5-6	So.	Mapleton, Utah
Lindsey Hunter	5-4	Fr.	Santa Clarita, California
Ashley Kernan	5-5	So.	Thousand Oaks, California
Allix Mason	5-3	Fr.	Rancho Cucamonga, California
Lexi Mather	5-5	Fr.	Taylorsville, Utah
Abbey Miner	5-4	Jr.	Mapleton, Utah
Sadie Miner	5-2	So.	Mapleton, Utah
Maya Page	5-4	Fr.	Houston, Texas
Briana Pearson	5-3	Sr.	Los Gatos, California
Haley Pitou	5-4	Jr.	Park City, Utah
Adeline Rieder	5-2	So.	Scranton, Pennsylvania
Elease Rollins	4-11	Fr.	West Jordan, Utah
Abby Boden Stainton	5-5	Jr.	Roseville, California
Brittney Vitkauskas	5-2	So.	Portland, Oregon
Angel Zhong	5-5	Sr.	Langley, BC, Canada

Head Coach: Guard Young (5th Season)

Assistant Coach: Natalie Broekman (5th Season)

Assistant Coach: Brogan Evanson (5th Season)

Volunteer Assistant Coach: Warde Allan (1st Season)

BYU PRONUNCIATION GUIDE

ANYSSA ALVARADO	UH-nissa / AL-vuh-RAH-DO
HELODY CYRENNE	Elle-oh-dee / Sy-reen
Lexi MATHER	Math-er
Haley PITOU	Pee-too
ADELINE RIEDER	Add-a-line / Ree-der
ELEASE ROLLINS	UH-lease Rollins
BRITTNEY VITKAUSKAS	Vit-cows-kiss
Angel ZHONG	Zong

BYU PLACES SECOND, MINER WINS ALL-AROUND AT RIO TINTO BEST OF UTAH MEET

WEST VALLEY CITY, Utah (Jan. 11, 2020) — BYU used strong results on floor and vault and the all-around performance of junior Abbey Miner to place second behind No. 4 Utah on Saturday night in the inaugural Rio Tinto Best of Utah gymnastics meet at the Maverik Center in West Valley City, Utah.

The fourth-ranked Utes placed first with a 197.000, followed by BYU at 195.575, Southern Utah at 194.650 and Utah State at 194.150.

"Congrats to Utah," BYU gymnastics head coach Guard Young said. "They put on a great event. What a great team and organization. Hats off to them."

BYU's Miner won the all-around title with a 39.250, followed by Southern Utah's Karley McClain in second at 39.175 and Utah's Maile O'Keefe in third at 39.125. Miner has won the all-around competition in both BYU meets this season. She scored a career-high 39.325 in BYU's win over No. 15 Nebraska in the team's season opener on Monday.

Saturday's event—the first of a five-year partnership between the four schools and the Maverik Center—marked the first time the state's four premier gymnastics programs have competed against each other in the same venue on a raised podium floor.

Starting the meet on uneven bars, the Cougars scored 48.700 in the first rotation led by Abby Stainton's 9.800 routine that anchored the lineup. BYU finished the rotation in second place behind Utah, who posted a strong 49.175 on vault, while Utah State tallied a 48.625 on balanced beam and Southern Utah scored 48.200 on the floor exercise.

Lexi Mather was first to take the beam for the Cougars in the second rotation and equaled her career-best score with a 9.750. Abby Miner followed with a 9.825 to post the team's best score on the event that also featured Helody Cyrenne achieving a season-best 9.725 and Sadie Miner tallying a career-high 9.750. BYU finished the event with a 48.475, however, as All-American Shannon Evans suffered a fall making her season debut that forced Stainton's 9.400 to count towards the team total. Evans did not compete in BYU's season opener on Monday as she is coming back from injury.

"Our team's fight tonight was unbelievable," Evans said. "They're always going to be ups and downs. It seemed like there were a fair share of downs tonight, but I didn't see anyone get down. We all looked at each other and regrouped after each event and said, 'It's not over until it's over.'"

BYU moved to floor in fourth place (97.175) to start the third rotation as Southern Utah (97.250) and Utah State (97.525) both advanced in the standings after totaling 49.050 on vault and 48.900 on floor, respectively. Utah's 49.225 score on bars increased its overall advantage with a two-rotation score of 98.400.

The floor provided some needed momentum for the Cougars as they entered the second half of the meet. Stainton and Brittney Vitkauskas both delivered 9.800 routines around a 9.700 from Rachel Bain, before Sadie Miner, Briana Pearson and Abbey Miner pushed the team's totals with three strong scores of 9.850, 9.875 and 9.875, respectively. The Cougars recorded a season-high 49.200 on the event as Stainton, Pearson and Abbey Miner all set or matched their season-best floor scores.

Despite the strong effort, BYU wasn't able to gain ground on Southern Utah as the Thunderbirds jumped into a second-place tie with Utah State after posting a 49.250 on bars. At 146.375, BYU went to vault to try and overtake the Aggies and Thunderbirds, who both sat at 146.500 entering the final rotation.

Evans, who also returned to the vault team as she gradually works her way back into the BYU lineups, delivered a more satisfactory result in her second appearance, recording a 9.850 vault after sticking her landing. Abbey Miner also added a 9.850, a season high, while her sister Sadie Miner took not only the top spot for BYU but also for the entire meet with a career-high and event-best vault score of 9.900.

The strong final-rotation effort not only vaulted the Cougars to its 195.575 final tally and second-place finish but also secured the all-around title for Abbey Miner.

2020 SEASON SCORES

Meet	Result	Vault	Bars	Beam	Floor	Total
1/6 Nebraska	1st	48.675	49.100	48.800	49.175	195.750
1/11 Rio Tinto Best of Utah	2nd	49.200	48.700	48.475	49.200	195.575
1/18 UCLA/Utah State						
1/24 @ Southern Utah						
1/31 @ Boise State						
2/7 Sacramento State						
2/15 Boise State						
2/22 @ Denver						
2/28 @ Illinois State						
3/6 @ Utah State						
3/14 Southern Utah						
3/21 MRGC Championships						

Bold indicates season high

2020 PHOTO ROSTER



Anysa Alvarado
Fr.



Rachel Bain
So.



Sarah Barron
Fr.



Rebekah Bean
So.



Abby Beeston
So.



Avery Bennett
Jr.



Helody Cyrenne
So.



Jordan Danburry
Jr.



Shannon Evans
Sr.



Lexi Griffith
Fr.



Gabrielle Hubbard
So.



Lindsey Hunter
Fr.



Ashley Kernan
So.



Allix Mason
Fr.



Lexi Mather
Fr.



Abbey Miner
Jr.



Sadie Miner
So.



Maya Page
Fr.



Briana Pearson
Sr.



Haley Pitou
Jr.



Adeline Rieder
So.



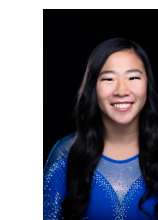
Elease Rollins
Fr.



Abby Stainton
Jr.



Brittney Vitkauskas
So.



Angel Zhong
Sr.

2020 INDIVIDUAL SCORES

Anyssa ALVARADO

Bars: 9.700

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		<u>9.700</u>			
1/11	Best of Utah		9.675			
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Rachel BAIN

Floor: 9.800

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska				<u>9.800</u>	
1/11	Best of Utah			ex 9.700	9.700	
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Sarah BARRON

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Rebekah BEAN

Vault: 9.850 Floor: 9.700

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Abby BEESTON

Bars: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska			<u>9.825</u>		
1/11	Best of Utah			ex 9.725		
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Avery BENNETT

Vault: 9.875

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.725				
1/11	Best of Utah	<u>9.825</u>				
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

2020 INDIVIDUAL SCORES

Helody CYRENNE

Bars: 9.950 Beam: 9.925

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		<u>9.725</u>	9.700		
1/11	Best of Utah		9.700	<u>9.725</u>		
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Jordan DANBURY MATHEWS

Vault: 9.850 Bars: 9.725

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.650				
1/11	Best of Utah	<u>9.725</u>				
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Shannon EVANS

Vault: 9.950 Bars: 9.950 Beam: 9.875 Floor: 9.950 AA: 39.575

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah	9.850		8.375		
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Lexi GRIFFITH

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					ex 9.650
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Gabrielle HUBBARD

Bars: 9.775

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah		9.725			
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Lindsey HUNTER

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

2020 INDIVIDUAL SCORES

Ashley KERNAN

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Allix MASON

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Lexi MATHER

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska			9.750		
1/11	Best of Utah			9.750		
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Abbey MINER

Vault: 9.875 Bars: 9.800 Beam: 9.900 Floor: 9.925 AA: 39.325

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.800	<u>9.800</u>	<u>9.850</u>	9.875	<u>39.325</u>
1/11	Best of Utah	<u>9.850</u>	9.700	9.825	9.875	39.250
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Sadie MINER

Vault: 9.900 Floor: 9.875 Beam: 9.775

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.775		9.675	<u>9.875</u>	
1/11	Best of Utah	<u>9.900</u>		<u>9.775</u>	9.850	
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Maya PAGE

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

2020 INDIVIDUAL SCORES

Briana PEARSON

Beam: 9.825 Floor: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska			9.550	9.775	
1/11	Best of Utah	ex 9.775			<u>9.875</u>	
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Haley PITOU

Vault: 9.850 Bars: 9.875

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	8.975	<u>9.850</u>			
1/11	Best of Utah		9.775			
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Adeline RIEDER

Vault: 9.675

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Elease ROLLINS

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Abby BODEN STANTON

Vault: 9.800 Bars: 9.900 Beam: 9.900 Floor: 9.825 AA: 39.175

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.725	<u>9.900</u>	<u>9.825</u>	9.725	<u>39.175</u>
1/11	Best of Utah	<u>9.775</u>	9.800	9.400	<u>9.800</u>	38.775
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Brittney VITKAUSKAS

Floor: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska				<u>9.850</u>	
1/11	Best of Utah				9.800	
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Guard YOUNG

BYU Head Coach
2015-Present

A former BYU national champion gymnast and Olympic silver medal winner, Young returned to his alma mater in May 2015 to take the helm of the BYU gymnastics program.

A member of the BYU Athletic Hall of Fame, Young returned to Provo from the University of Oklahoma, where he was an assistant men's gymnastics coach from 2000-05 and 2011-15. In nine seasons at OU, Young was part of four NCAA championship teams (2002, 2003, 2005, 2015) and five NCAA runner-up teams (2001, 2004, 2012, 2013, 2014).

Young's passion for gymnastics is equaled by his love for BYU. From 1996 to 2000, he was a member of the BYU men's gymnastics team, winning six All-America awards and two NCAA National Championships on the vault (1999, 2000). As a senior, Young was also the runner-up for the individual all-around at the 2000 NCAA Championships. He was inducted into the BYU Athletic Hall of Fame in 2010.

From 2000 to 2004, Young was a member of the USA Senior National Gymnastics Team, winning a team silver medal at the 2001 World Championships in Ghent, Belgium, and a team silver medal the 2004 Olympic Games in Athens, Greece.

As a junior gymnast, he trained under OU coach Mark Williams at the Bart Conner Gymnastics Academy in Norman, Oklahoma. Young earned the 1996 junior national champion title and three junior national team berths.

Young graduated from BYU in 2001 with a Bachelor of Arts in communications with an emphasis in broadcast journalism. He and his wife, Alisha, have two boys and one daughter (Tyler, Jaxson and Hadley).

His father, Wayne Young, was a BYU gymnast from 1970-1975 and captained the 1976 USA Olympic team. Wayne later became the Cougars men's gymnastics coach from 1979-87 and was inducted into the BYU Athletic Hall of Fame in 1986. In addition, Guard's sister, Jessica Young Wycherly, was a gymnast at BYU from 1995-98.



YOUNG AT A GLANCE

Coaching Career

- Named 2019 MRGC Coach of the Year after guiding BYU to a No. 21 ranking that included scoring a 197 for the first time in 15 years
- University of Oklahoma assistant men's gymnastics coach for nine years ('00-'05, '11-'15)
- Coached four NCAA championship teams at OU
- Also coached five NCAA runner-up teams at OU

Gymnastics Career

- 2010 BYU Hall of Fame Inductee
- 2004 Olympic Silver Medalist in Athens
- Member of USA National Gymnastics Team for 10 years
- Six-time NCAA All-American
- Two-time NCAA Vault Champion ('99, '00)
- Individual all-around title runner-up at 2000 NCAA Championships



Natalie BROEKMAN

BYU Assistant Coach
Balance beam coach
2015-Present

Coaching Experience

- Coached at Gold Medal Gymnastics in Chandler, Ariz., under the direction of Olympic gold medalist, Amanda Borden
- Coached for nine years at Arizona Olympian Gymnastics

Gymnastics Career

- Member of BYU gymnastics team from 1996-99, coached by Brad and Dawn Cattermole and Shauna Mertz
- Team captain during the 1999 season
- Broke school all-around record in 1999 with a 39.475
- Received the Dale R. McCann Team Spirit Award from the Cougar Club in 1999
- NACGC-W All-American on balance beam in 1996
- Member of the U.S. Elite National Team from 1992-94
- Finished third in the all-around senior national division at the U.S. Classic
- Demonstrator for the United States Gymnastics Federation, the Federation of International Gymnastics and U.S. Synchronized Swimming

Education

- Bachelor of Science in Family Science, BYU (2000)
- Physical education coaching minor

Family

- Natalie and her husband, David, have four children — Davis, Brady, Holland and Tate



Brogan EVANSON

BYU Assistant Coach
Vault and floor coach, team choreographer
2015-Present

Judging and Coaching Experience

- Level 10 Official for the NCAA and USA Gymnastics since 2007
- Gymnastics Program Director and Head Coach at Peak Athletics in Highlands Ranch, Colo.

- Co-Midwest Independent Conference Assistant Coach of the Year in 2007
- Volunteer assistant coach for BYU in 2005, contributing to Cougars' NCAA National Championship Appearance

Gymnastics Career

- Member of BYU gymnastics team from 2001-04, coached by Dawn and Brad Cattermole and Shauna Mertz
- Ranked No. 14 nationally on uneven bars
- Scored a 9.975 on bars against Utah to set a new school record in 2004
- Recorded a perfect 10.000 on floor in 2003
- Awarded the BYU Scholar-Athlete Award four straight years
- Nominated for the Lu Wallace Outstanding Senior Female Award in 2004

Education

- Masters of Art in Athletic Administration, Southeast Missouri State (2007)
- Bachelor of Science in Exercise Science, BYU (2005)
- Personal Training Certification with the American College of Sports Medicine

Family

- Brogan and her husband, Troy, have four children — Rigden, Tegan, L. Jaclyn and Emmy