

BYU GYMNASTICS

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BYU 2020 SCHEDULE

Date	Meet	Score/Result
1/6	Nebraska^	195.750 / 1st
1/11	Rio Tinto Best of Utah+	195.575 / 2nd
1/18	UCLA/Utah State*^	195.875 / 2nd
1/24	at Southern Utah*	197.075 / 1st
1/31	at Boise State*	196.100 / 1st
2/7	Sacramento State	196.625 / 1st
2/15	Boise State*	196.375 / 1st
2/22	at Denver	196.200 / 1st
2/28	at Illinois State	196.850 / 1st
3/6	at Utah State*	
3/14	Southern Utah*	

*MRGC Opponent
^Held at Marriott Center
+Held at the Maverik Center
#Held at Boise State

MRGC Championships#

3/21

2020 QUICK FACTS

LocationProvo, Utah 84602
Elevation
Enrollment
Founded October 15, 1875
OwnedLDS Church
Nickname Cougars
BYU President Kevin J Worthen (BYU, 1979)
Athletics Director Tom Holmoe (BYU, 1983)
Assoc. Athletic Director/SWA Liz Darger (BYU, 2000)
ArenaSmith Fieldhouse
ConferenceMountain Rim Gymnastics
2019 NCAA Finish

2020 TEAM HIGHS

Vault	49.225 2/28/20
Bars	49.225 1/24/20
Beam	49.525 1/24/20
Floor	49.425 2/07/20
Total	197.075 1/24/20

PROGRAM TEAM HIGHS

Vault	49.625	3/12/04, Utah State
Bars	49.475	2/16/01, Missouri
Beam	49.675	3/12/04, Utah State
Floor	49.675	3/15/04, Southern Utah
Total	198.025	3/12/04, Utah State



UTAH STATE AGGIES

Head CoachAmy Smith	7
Assistant County	- 1
Assistant Coach Amanda Wellick	



BRIGHAM YOUNG COUGARS

Head Coach	Guard Young
Assistant Coach	Natalie Broekman
Assistant Coach	Brogan Evanson
Volunteer Asst. Coach	144 1 411

MEET INFORMATION

Date	Friday, March 6, 2020 @ 7:00 p.m. MST
	Dee Glen Smith Spectrum, Logan, UT
Live Stream	Utahstateaggies.com
Live Stats	SIDEARM Stats

MEET PREVIEW

PROVO, Utah – No. 17 BYU prepares to face MRGC rival Utah State for the third time this season when the two programs meet in Logan, Utah, on Friday, March 6, at 7 p.m. MST in the Dee Glen Smith Spectrum.

The teams met the first time this season on Jan. 11 at the Rio Tinto Best of Utah NCAA Gymnastics Meet. The University of Utah snagged the win, followed by BYU with a score of 195.575. Utah State came in forth, behind the Thunderbirds, earning a 194.150.

Just a week later, the Cougars hosted UCLA and Utah State in the Marriott Center. UCLA won the meet with BYU (195.875) coming in second, followed by Utah State (194.750).

This will be their final matchup before competing in the MRGC Championships on March 21 in Boise,

THE COUGARS. On a six-meet winning streak, BYU beat Illinois State on the road, 196.850-193.275, in its last meet. This score stands as the team's second-highest score of the season. Currently, the Cougars sit at No. 1 in the MRGC, with junior Abbey Miner as No.1 in the all-around. In the nation, BYU is No. 16 on vault, No. 18 on beam and No. 14 on floor. For the second week in a row, senior All-American Shannon Evans took a break from the all-around competition while nursing an injury.

THE AGGIES. No. 26 Utah State hosts BYU for its final home meet of the season on Senior Night. Last Friday, the Aggies earned a 195.725-193.700 win over UC Davis. On the night, five Utah State gymnasts tied or set career-high marks. A highlight included freshman Lexi Aragon making her collegiate debut, earning a 9.700 on the uneven bars. Additionally, the MRGC crowned freshman Sofi Sullivan as Co-Beam Specialist of the Week after her performance, earning a 9.925 on the apparatus.

PROJECTED BYU EVENT LINEUP

VAULT BARS **BEAM FLOOR** 1. Jordan Matthews 1. Gabrielle Hubbard 1. Lexi Mather 1. Abby Stainton 2. Avery Bennett 2. Anyssa Alvarado 2. Abbey Miner 2. Rachel Bain 3. Haley Pitou 3. Helody Cyrenne 3. Elease Rollins 3. Briana Pearson 4. Sadie Miner 4. Haley Pitou 4. Abby Stainton 4. Sadie Miner 5. Abbey Miner 5. Abby Stainton 5. Sadie Miner 5. Brittney Vitkauskas 6. Adeline Rieder 6. Shannon Evans 6. Helody Cyrenne 6. Abbey Miner

2020 BYU ROSTER

NAME	HT.	YEAR	HOMETOWN
Anyssa Alvarado	5-3	Fr.	Rancho Cucamonga, California
Rachel Bain	5-0	So.	Draper, Utah
Sarah Barron	5-7	Fr.	Honolulu, Hawai'i
Rebekah Bean	5-2	So.	St. George, Utah
Abby Beeston	5-6	So.	Lehi, Utah
Avery Bennett	5-3	Jr.	Gilbert, Arizona
Helody Cyrenne	5-4	So.	Beauharnois, QC, Canada
Jordan Danburry	5-2	Jr.	Killeen, Texas
Shannon Evans	5-2	Sr.	American Fork, Utah
Lexi Griffith	5-3	Fr.	Allen, Texas
Gabrielle Hubbard	5-6	So.	Mapleton, Utah
Lindsey Hunter	5-4	Fr.	Santa Clarita, California
Ashley Kernan	5-5	So.	Thousand Oaks, California
Allix Mason	5-3	Fr.	Rancho Cucamonga, California
Lexi Mather	5-5	Fr.	Taylorsville, Utah
Abbey Miner	5-4	Jr.	Mapleton, Utah
Sadie Miner	5-2	So.	Mapleton, Utah
Maya Page	5-4	Fr.	Houston, Texas
Briana Pearson	5-3	Sr.	Los Gatos, California
Haley Pitou	5-4	Jr.	Park City, Utah
Adeline Rieder	5-2	So.	Scranton, Pennsylvania
Elease Rollins	4-11	Fr.	West Jordan, Utah
Abby Boden Stainton	5-5	Jr.	Roseville, California
Brittney Vitkauskas	5-2	So.	Portland, Oregon
Angel Zhong	5-5	Sr.	Langley, BC, Canada

Head Coach: Guard Young (5th Season)
Assistant Coach: Natalie Broekman (5th Season)
Assistant Coach: Brogan Evanson (5th Season)
Volunteer Assistant Coach: Warde Allan (1st Season)

BYU PRONUNCIATION GUIDE

Brittney VITKAUSKAS

Angel ZHONG

ANYSSA ALVARADO
HELODY CYRENNE
Lexi MATHER
Haley PITOU
ADELINE RIEDER
ELEASE ROllins

UH-nissa / AL-vuh-RAH-DO
Elle-oh-dee / Sy-reen
Math-er
Pee-too
Add-a-line / Ree-der
UH-lease Rollins

Vit-cows-kiss

Zong

BYU EARNS SECOND-HIGHEST SCORE OF THE SEASON IN WIN AT ILLINOIS STATE

NORMAL, III. – No. 19 BYU earned a 196.850-193.275 win over Illinois State University on Friday at the Redbird Arena to extend a six-meet winning streak. The Cougars achieved their second-highest score of the season in the road victory.

"Great meet on all four events," head coach Guard Young said. "We had to rest Shannon tonight. Our backups were able to come in and they didn't miss a beat. It was exciting to watch them come in."

In the first rotation, BYU took on bars and earned its secondhighest score of the season on the event, a 49.125. Highlights included a team-high score of 9.875 by junior Abby Boden Stainton, snagging the event title, and a career debut by freshman Lindsey Hunter. Heading into the second event, the Cougars held a 2.375 lead.

On vault, sophomore Jordan Matthews, junior Avery Bennett and junior Abbey Miner all earned strong scores of 9.850. Matthews matched her career high, while Bennett and Miner tied their season-high score. Sophomore Sadie Miner led with a 9.875, winning the event title. This led BYU to a 49.225, the team's highest vault score of the season, and widening the gap to 98.350-95.575.

On floor, the Cougars earned a total of 49.300. Sophomore Rachel Bain tied her career high of 9.825 that she set last week. Additionally, junior Abbey Miner earned a team-high 9.900, matching her season high.

In the final rotation of the night, the beam team did not disappoint. For the second week in a row, freshman Elease Rollins led the team, setting her career best in each performance with a 9.900. BYU achieved its second-highest beam score of the season, a 49.200. In the end, the Cougars led by 3.575 to earn the victory with a 196.850—the team's second-highest score of the season.

Due to nursing an injury, BYU senior All-American Shannon Evans took a break from the all-around competition. ISU's Gabrielle Cooke walked away with all-around win, scoring a 39.125.

Coming up, BYU faces MRGC rival, Utah State, on its home turf on Friday, March 6 at 7 p.m. MST.

2020 SEASON SCORES

Meet	Result	Vault	Bars	Beam	Floor	Total
1/6 Nebraska	1st of 2	48.675	49.100	48.800	49.175	195.750
1/11 Rio Tinto Best of Utah	2nd of 4	49.200	48.700	48.475	49.200	195.575
1/18 UCLA/Utah State	2nd of 3	48.800	48.850	49.025	49.200	195.875
1/24 @ Southern Utah	1st of 2	49.000	49.225	49.525	49.325	197.075
1/31 @ Boise State	1st of 2	49.125	49.025	48.925	49.025	196.100
2/7 Sacramento State	1st of 2	49.175	49.025	49.000	49.425	196.625
2/15 Boise State	1st of 2	49.125	48.700	49.150	49.400	196.375
2/22 @ Denver	1st of 2	48.925	48.925	49.125	49.225	196.200
2/28 @ Illinois State	1st of 2	49.225	49.125	49.200	49.300	196.850
3/6 @ Utah State						
3/14 Southern Utah						
3/21 MRGC Championships						
Bold indicates season high						

2020 PHOTO ROSTER







































Briana Pearson Sr.



Adeline Rieder So.









Sr.

2020 INDIVIDUAL SCORES

Anyssa	ALVARADO)
Bars: 9.825		

Dais. 5	7.023					
Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		9.700			
1/11	Best of Utah		9.675			
1/18	UCLA/Utah St.					
1/24	Southern Ut.		9.825			
1/31	Boise State		9.825			
2/7	Sacramento St.		9.125			
2/15	Boise State		9.250			
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Rebekah BEAN

Vault:	Vault: 9.850 Floor: 9.700					
Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Rachel BAIN

Beam: 9.125	Floor: 9.825
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Deam	. 9.123 1 1001. 9.023					
Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska			ex 9.125	9.800	
1/11	Best of Utah			ex 9.700	9.700	
1/18	UCLA/Utah St.			9.125	9.775	
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.				ex 9.825	
2/15	Boise State					
2/22	Denver	ex 9.700			9.825	
2/28	Illinois St.				9.825	
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Abby BEESTON

	Bars: 9).825	-				
	Date	Team	Vault	Bars	Beam	Floor	AA
	1/6	Nebraska		9.825			
	1/11	Best of Utah		Ex 9.725			
	1/18	UCLA/Utah St.		9.650			
	1/24	Southern Ut.					
	1/31	Boise State		9.650			
	2/7	Sacramento St.					
	2/15	Boise State		9.750			
	2/22	Denver		9.625			
	2/28	Illinois St.					
	3/6	Utah St.					
	3/14	Southern Ut.					
ı	3/21	MRGC Champ.					

Sarah BARRON

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Avery BENNETT

Vault:	9.875	-				
Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.725				
1/11	Best of Utah	9.825				
1/18	UCLA/Utah St.	9.775				
1/24	Southern Ut.	9.775				
1/31	Boise State	9.800				
2/7	Sacramento St.	9.850				
2/15	Boise State	9.825				
2/22	Denver	9.750				
2/28	Illinois St.	9.850				
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

2020 INDIVIDUAL SCORES

Helody CYRENNE Bars: 9.950 Beam: 9.925

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		9.725	9.700		
1/11	Best of Utah		9.700	9.725		
1/18	UCLA/Utah St.		9.775	9.900		
1/24	Southern Ut.		9.775	9.875		
1/31	Boise State		9.800	9.300		
2/7	Sacramento St.		9.800	9.775		
2/15	Boise State		9.225			
2/22	Denver		9.850	ex 9.600		
2/28	Illinois St.		9.800	9.800		
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Lexi GRIFFITH

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska				Ex 9.625	
1/11	Best of Utah				Ex 9.650	
1/18	UCLA/Utah St.					
1/24	Southern Ut.					
1/31	Boise State					
2/7	Sacramento St.					
2/15	Boise State				Ex 9.425	
2/22	Denver					
2/28	Illinois St.					
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Jordan DANBURY MATTHEWS Vault: 9.850

vauit:	9.850					
Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska	9.650				
1/11	Best of Utah	9.725				
1/18	UCLA/Utah St.	9.750			ex 9.750	
1/24	Southern Ut.	9.850				
1/31	Boise State	9.850				
2/7	Sacramento St.	9.700				
2/15	Boise State	9.800				
2/22	Denver	9.775			ex 9.800	
2/28	Illinois St.	9.850				
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Gabrielle HUBBARD Bars: 9.825

Bars: 9	9.825					
Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska		Ex 9.825			
1/11	Best of Utah		9.725			
1/18	UCLA/Utah St.		9.700			
1/24	Southern Ut.		9.825			
1/31	Boise State		9.675			
2/7	Sacramento St.					
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.		9.775			
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Shannon EVANS

Vault: 9.950 Bars: 9.950 Beam: 9.900 Floor: 9.950 AA: 39.575

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah	9.850		8.375		
1/18	UCLA/Utah St.	9.800				
1/24	Southern Ut.	9.875		9.900	9.900	
1/31	Boise State	9.800		9.775	9.800	
2/7	Sacramento St.	9.825	9.925	9.825	9.900	39.475
2/15	Boise State	9.850	9.950	9.875	9.875	39.550
2/22	Denver		9.875	9.850		
2/28	Illinois St.		9.825			
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

Lindsey HUNTER Bars: 9.350

Date	Team	Vault	Bars	Beam	Floor	AA
1/6	Nebraska					
1/11	Best of Utah					
1/18	UCLA/Utah St.		ex 9.700			
1/24	Southern Ut.					
1/31	Boise State		ex 9.850			
2/7	Sacramento St.		ex 9.800			
2/15	Boise State					
2/22	Denver					
2/28	Illinois St.		9.350			
3/6	Utah St.					
3/14	Southern Ut.					
3/21	MRGC Champ.					

INDIVID	

Ashley KERNAN								Abbey MINER Vault: 9.875 Bars: 9.800 Beam: 9.950 Floor: 9.925 AA: 39.375						
Date	Team	Vault	Bars	Beam	Floor	AA	Date	Team	Vault	Bars	Beam	Floor	AA	
1/6	Nebraska						1/6	Nebraska	9.800	9.800	9.850	9.875	39.325	
1/11	Best of Utah						1/11	Best of Utah	<u>9.850</u>	9.700	9.825	9.875	39.250	
1/18	UCLA/Utah St.						1/18	UCLA/Utah St.	<u>9.850</u>	9.775	9.875	9.875	<u>39.375</u>	
1/24	Southern Ut.						1/24	Southern Ut.	9.750	9.800	9.950	9.850	39.350	
1/31	Boise State						1/31	Boise State	9.800	9.625	9.825	9.850	39.100	
2/7	Sacramento St.						2/7	Sacramento St.	9.825		9.225	9.900		
2/15	Boise State						2/15	Boise State	9.800	ex 9.800	9.775	9.875		
2/22	Denver						2/22	Denver	9.825	9.600	9.775	9.700	38.900	
2/28	Illinois St.						2/28	Illinois St.	9.850		9.800	9.900		
3/6	Utah St.						3/6	Utah St.						
3/14	Southern Ut.						3/14	Southern Ut.						
3/21	MRGC Champ.						3/21	MRGC Champ.						
Allix MASON							lie MINER 9.900 Beam: 9.85	in Floor: 9	900					
Date	Team	Vault	Bars	Beam	Floor	AA	Date	Team	Vault	Bars	Beam	Floor	AA	
1/6	Nebraska	vauit	buis	Deam	11001	707	1/6	Nebraska	9.775	Dais	9.675	9.875	701	
1/11	Best of Utah						1/11	Best of Utah	9.900		9.775	9.850		
1/18	UCLA/Utah St.						1/18	UCLA/Utah St.	9.275		9.825	9.800		
1/24	Southern Ut.						1/24	Southern Ut.	9.750		9.775	9.825		
1/31	Boise State						1/31	Boise State	9.850		9.850	9.800		
2/7	Sacramento St.						2/7	Sacramento St.	9.850		9.825	9.900		
2/15	Boise State						2/15	Boise State	9.825		9.875	9.875		
2/22	Denver						2/22	Denver	9.625	ex 9.150	9.825	9.850		
2/28	Illinois St.						2/28	Illinois St.	9.875		9.825	9.750		
3/6	Utah St.						3/6	Utah St.						
3/14	Southern Ut.						3/14	Southern Ut.						
3/21	MRGC Champ.						3/21	MRGC Champ.						
	ci MATHER						Ma	ya PAGE						
	n: 9.850	\/al+	Parc	Paam	Floor	ΛΛ	Data	Toom	\/a.ul+	Pare	Paam	Floor	A A	
	Team Nebraska	Vault	Bars	Beam	Floor	AA		Team Nebraska	Vault	Bars	Beam	Floor	AA	
1/6 1/11	Best of Utah			9.750 9.750			1/6	Best of Utah						
1/11	UCLA/Utah St.			9.750			1/11	UCLA/Utah St.						
1/16	Southern Ut.			9.850 9.850			1/16	Southern Ut.						
1/31 2/7	Boise State Sacramento St.			9.725 9.825			1/31 2/7	Boise State Sacramento St.						
2/1	Boise State			9.825			2/1	Boise State						
2/15	Denver			9.750 9.775			2/15	Denver						
				9.775 9.725										
2/28 3/6	Illinois St.			7./20			2/28	Illinois St. Utah St.						
3/6 3/14	Utah St. Southern Ut.						3/6 3/14	Southern Ut.						
3/14	MRGC Champ.						3/14	MRGC Champ.						
3/21	winde champ.						3/21	winde champ.						

2020 INDIVIDUAL SCORES

2020	TINDIVIDUAL	COMES												
	ana PEARS 1: 9.825 Floor: 9.900							ase ROLLII : 9.990	NS					
Date	Team	Vault	Bars	Beam	Floor	AA	Date	Team	Vault	Bars	Beam	Floor	AA	
1/6	Nebraska			9.550	9.775		1/6	Nebraska						
1/11	Best of Utah	ex 9.775			<u>9.875</u>		1/11	Best of Utah						
1/18	UCLA/Utah St.				9.850		1/18	UCLA/Utah St.			ex 9.775			
1/24	Southern Ut.				9.850		1/24	Southern Ut.						
1/31	Boise State	ex 9.600			9.750		1/31	Boise State			ex 9.800			
2/7	Sacramento St.				9.850		2/7	Sacramento St.			ex 9.900			
2/15	Boise State	ex 9.775		ex 9.825	9.875		2/15	Boise State			9.875			
2/22	Denver			9.225	9.850		2/22	Denver			9.900			
2/28	Illinois St.				9.850		2/28	Illinois St.			9.900			
3/6	Utah St.						3/6	Utah St.						
3/14	Southern Ut.						3/14	Southern Ut.						
3/21	MRGC Champ.						3/21	MRGC Champ.						
Haley PITOU Vault: 9.850 Bars: 9.900							Abby BODEN STAINTON Vault: 9.800 Bars: 9.925 Beam: 9.950 Floor: 9.875 AA: 39.175							
Date	Team	Vault	Bars	Beam	Floor	AA	Date	Team	Vault	Bars	Beam	Floor	AA	
1/6	Nebraska	8.975	9.850	Deam	11001	77	1/6	Nebraska	9.725	9.900	9.825	9.725	39.175	
1/11	Best of Utah	0.575	9.775				1/11	Best of Utah	9.775	9.800	9.400	9.800	38.775	
1/18	UCLA/Utah St.		9.750				1/18	UCLA/Utah St.	9.625	9.850	9.875	9.825	39.175	
1/24	Southern Ut.	9.675	9.875				1/10	Southern Ut.	7.023	9.900	9.950	9.850	<u>55.175</u>	
1/31	Boise State	9.82 <u>5</u>	9.900				1/24	Boise State		9.850	9.750	9.725		
2/7	Sacramento St.	9.825	9.850				2/7	Sacramento St.		9.775	9.750	9.850		
2/15	Boise State	9.825	9.825				2/15	Boise State		9.773 9.925	9.650	9.875		
2/13	Denver	9.725	9.725				2/13	Denver		9.850	9.000	9.825		
2/28	Illinois St.	9.800	9.850				2/22	Illinois St.		9.875	9.875	9.850		
3/6	Utah St.	9.000	9.030				3/6	Utah St.		9.073	9.073	9.030		
3/14	Southern Ut.						3/14	Southern Ut.						
3/14	MRGC Champ.						3/14	MRGC Champ.						
3/21	winde champ.						3/21	Minde Champ.						
Adeline RIEDER Vault: 9.850						Brittney VITKAUSKAS Floor: 9.900								
Date	Team	Vault	Bars	Beam	Floor	AA	Date	Team	Vault	Bars	Beam	Floor	AA	
1/6	Nebraska						1/6	Nebraska				9.850		
1/11	Best of Utah						1/11	Best of Utah				9.800		
1/18	UCLA/Utah St.	ex 9.700					1/18	UCLA/Utah St.				9.850		
1/24	Southern Ut.						1/24	Southern Ut.				9.875		
1/31	Boise State				ex 9.700		1/31	Boise State				9.825		
2/7	Sacramento St.	ex 9.725					2/7	Sacramento St.				9.875		
2/15	Boise State						2/15	Boise State				9.900		
2/22	Denver	9.850					2/22	Denver				9.875		
2/28	Illinois St.	9.725					2/28	Illinois St.				9.875		
3/6	Utah St.						3/6	Utah St.						
3/14	Southern Ut.						3/14	Southern Ut.						
3/21	MRGC Champ.						3/21	MRGC Champ.						
	•							'						

2020 COACHING STAFF

Guard YOUNG

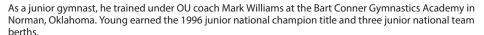
BYU Head Coach 2015-Present

A former BYU national champion gymnast and Olympic silver medal winner, Young returned to his alma mater in May 2015 to take the helm of the BYU gymnastics program.

A member of the BYU Athletic Hall of Fame, Young returne to Provo from the University of Oklahoma, where he was an assistant men's gymnastics coach from 2000-05 and 2011-15. In nine seasons at OU, Young was part of four NCAA championship teams (2002, 2003, 2005, 2015) and five NCAA runner-up teams (2001, 2004, 2012, 2013, 2014).

Young's passion for gymnastics is equaled by his love for BYU. From 1996 to 2000, he was a member of the BYU men's gymnastics team, winning six All-America awards and two NCAA National Championships on the vault (1999, 2000). As a senior, Young was also the runner-up for the individual all-around at the 2000 NCAA Championships. He was inducted into the BYU Athletic Hall of Fame in 2010.

From 2000 to 2004, Young was a member of the USA Senior National Gymnastics Team, winning a team silver medal at the 2001 World Championships in Ghent, Belgium, and a team silver medal the 2004 Olympic Games in Athens,



Young graduated from BYU in 2001 with a Bachelor of Arts in communications with an emphasis in broadcast journalism. He and his wife, Alisha, have two boys and one daughter (Tyler, Jaxson and Hadley).

His father, Wayne Young, was a BYU gymnast from 1970-1975 and captained the 1976 USA Olympic team. Wayne later became the Cougars men's gymnastics coach from 1979-87 and was inducted into the BYU Athletic Hall of Fame in 1986. In addition, Guard's sister, Jessica Young Wycherly, was a gymnast at BYU from 1995-98.



YOUNG AT A GLANCE

Coaching Career

- Named 2019 MRGC Coach of the Year after guiding BYU to a No. 21 ranking that included scoring a 197 for the first time in 15 years
- University of Oklahoma assistant men's gymnastics coach for nine years ('00-'05, '11-'15)
- Coached four NCAA championship teams at OU
- Also coached five NCAA runner-up teams at OU

Gymnastics Career

- · 2010 BYU Hall of Fame Inductee
- · 2004 Olympic Silver Medalist in Athens
- Member of USA National Gymnastics Team for 10 years
- · Six-time NCAA All-American
- Two-time NCAA Vault Champion ('99, '00)
- Individual all-around title runner-up at 2000 NCAA Championships



Natalie BROEKMAN

BYU Assistant Coach Balance beam coach 2015-Present

Coaching Experience

- Coached at Gold Medal Gymnastics in Chandler, Ariz., under the direction of Olympic gold medalist, Amanda Borden
- Coached for nine years at Arizona Olympian Gymnastics

Gymnastics Career

- Member of BYU gymnastics team from 1996-99, coached by Brad and Dawn Cattermole and Shauna Mertz
- Team captain during the 1999 season
- Broke school all-around record in 1999 with a 39.475
- Received the Dale R. McCann Team Spirit Award from the Cougar Club in 1999
- NACGC-W All-American on balance beam in 1996
- Member of the U.S. Elite National Team from 1992-94
- Finished third in the all-around senior national division at the U.S. Classic
- Demonstrator for the United States Gymnastics Federation, the Federation of International Gymanstics and U.S.
 Synchronized Swimming

Education

- Bachelor of Science in Family Science, BYU (2000)
- Physical education coaching minor

Family

 Natalie and her husband, David, have four children — Davis, Brady, Holland and Tate



Brogan EVANSON

BYU Assistant Coach Vault and floor coach, team choreographer 2015-Present

Judging and Coaching Experience

- Level 10 Official for the NCAA and USA Gymnastics since 2007
- Gymnastics Program Director and Head Coach at Peak Athletics in Highlands Ranch, Colo.
- Co-Midwest Independent Conference Assistant Coach of the Year in 2007
- Volunteer assistant coach for BYU in 2005, contributing to Cougars' NCAA National Championship Appearance

Gymnastics Career

- Member of BYU gymnastics team from 2001-04, coached by Dawn and Brad Cattermole and Shauna Mertz
- Ranked No. 14 nationally on uneven bars
- Scored a 9.975 on bars against Utah to set a new school record in 2004
- Recorded a perfect 10.000 on floor in 2003
- Awarded the BYU Scholar-Athlete Award four straight years
- Nominated for the Lu Wallace Outstanding Senior Female Award in 2004

Education

- Masters of Art in Athletic Administration, Southeast Missouri State (2007)
- Bachelor of Science in Exercise Science, BYU (2005)
- Personal Training Certification with the American College of Sports Medicine

Family

 Brogan and her husband, Troy, have four children — Rigden, Tegan, L. Jaclyn and Emmy