



BYU GYMNASTICS

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BYU 2021 SCHEDULE

Date	Meet	Score/Result
1/9	Rio Tinto Best of Utah+	195.700 / 2nd
1/16	at Arizona State	196.250 / 2nd
1/23	at Boise State*	196.250 / 2nd
1/29	at Utah State*	196.425 / 1st
2/5	Southern Utah *^	
2/12	at Southern Utah*	
2/19	Boise State*^	
2/26	Utah State*^	
3/5	at Univ. Oklahoma	
3/11	Illinois State & Univ. Denver^	
3/20	MRGC Championships#	

*MRGC Opponent
 ^Held at Smith Fieldhouse
 +Held at the Maverik Center
 #Held at Utah State

2021 QUICK FACTS

Location	Provo, Utah 84602
Elevation	4,553 feet
Enrollment	33,517
Founded	October 15, 1875
Owned	LDS Church
Nickname	Cougars
BYU President	Kevin J Worthen (BYU, 1979)
Athletics Director	Tom Holmoe (BYU, 1983)
Assoc. Athletic Director/SWA	Liz Darger (BYU, 2000)
Arena	Smith Fieldhouse
Conference	Mountain Rim Gymnastics
2020 NCAA Finish	16th

2021 TEAM HIGHS

Vault	49.050	1/29/21
Bars	49.350	1/16/21
Beam	49.150	1/29/21
Floor	49.275	1/09/21
Total	196.425	1/29/21

PROGRAM TEAM HIGHS

Vault	49.625	3/12/04, Utah State
Bars	49.475	2/16/01, Missouri
Beam	49.675	3/12/04, Utah State
Floor	49.675	3/15/04, Southern Utah
Total	198.025	3/12/04, Utah State



BRIGHAM YOUNG COUGARS

Head Coach	Guard Young
Assistant Coach	Natalie Broekman
Assistant Coach	Brogan Evanson
Volunteer Asst. Coach	Warde Allen



SOUTHERN UTAH THUNDERBIRDS

Head Coach	Scotty Bauman
Assistant Coach	Jeff Richards
Assistant Coach	Jamie Wysong
Volunteer Asst. Coach	Adam AhQuin

MEET INFORMATION

Date	Friday, Feb. 5, 2021 @ 7:00 p.m. MST
Location	Smith Fieldhouse, Provo, UT
Live Stream	BYUtv
Live Stats	Statbroadcast

MEET PREVIEW

PROVO, Utah – Competing on home turf for the first time this season, No. 12 BYU invites No. 15 Southern Utah to battle in the Smith Fieldhouse on Friday, Feb. 5, at 7 p.m. MST.

Currently the Cougars hold a two-meet winning streak over the Thunderbirds. Most recently, on Jan. 9, the two faced at the Rio Tinto Best of Utah NCAA Gymnastics Meet in West Valley City, Utah. BYU placed second (195.700) behind the current No. 3 University of Utah, with Utah State placing third and SUU fourth (194.325.)

A highlight from the 2020 season included a win for BYU on SUU's home turf, achieving the team's highest score since 2004, a 197.075. Looking ahead, the MRGC rivals have two other matchups planned for the season.

Due to COVID-19 restrictions and to ensure the health and safety of the student-athletes and staff, Friday's match will not be open to the public but will be broadcast live on BYUtv.

THE COUGARS. On Friday, BYU achieved its highest score of the season in a win over Utah State in Logan, Utah, earning a 196.425. A team-high vault score of 49.050 and a team-high beam score of 49.150 contributed to this tally. This total kept the Cougars in the No. 12 slot nationally. In the MRGC, freshman Elease Rollins and senior Abby Boden-Stainton shared MRGC Beam Specialist of the Week, both earning a 9.900 on the apparatus.

THE THUNDERBIRDS. SUU holds the second-highest ranking currently in the MRGC at No. 15. Thus far, the Thunderbirds hold a 195.800 average on the season, after four meets. Last week, the team snagged a win at home against the Boise State Broncos, 196.425-194.825. Within the conference, Karley McClain earned MRGC Gymnast of the Week for the third consecutive week, accompanied by Shylen Murakami as MRGC Bars Specialist of the Week.

PROJECTED BYU EVENT LINEUP

VAULT	BARS	BEAM	FLOOR
1. Angel Zhong	1. Angel Zhong	1. Lexi Mather	1. Rachel Bain-Heaton
2. Lexi Griffith	2. Lindsey Hunter	2. Helody Cyrenne	2. Avery Bennett
3. Rachel Bain-Heaton	3. Abbey Miner-Alder	3. Abbey Miner-Alder	3. Jordan Danbury-Matthews
4. Allix Mason	4. Helody Cyrenne	4. Sophia McClelland	4. Brittney Vitkauskas
5. Avery Bennett	5. Abby Beeston	5. Elease Rollins	5. Abby Boden-Stainton
6. Abbey Miner-Alder	6. Abby Boden-Stainton	6. Abby Boden-Stainton	6. Abbey Miner-Alder

2021 BYU ROSTER

NAME	HT.	YEAR	HOMETOWN
Anysa Alvarado	5-3	So.	Rancho Cucamonga, California
Rachel Bain-Heaton	5-0	Jr.	Draper, Utah
Sarah Barron	5-7	So.	Honolulu, Hawai'i
Rebekah Bean-Ripley	5-2	So.	St. George, Utah
Abby Beeston	5-6	Jr.	Lehi, Utah
Avery Bennett	5-3	Sr.	Gilbert, Arizona
Sydney Benson	5-4	Fr.	Riverton, UT
Anna Bramblett	5-4	Fr.	Prescott Valley, AZ
Helody Cyrenne	5-4	Sr.	Beauharnois, QC, Canada
Jordan Danbury-Matthews	5-2	Sr.	Killeen, Texas
Lexi Griffith	5-3	So.	Allen, Texas
Lindsey Hunter	5-4	So.	Santa Clarita, California
Ashley Kernan	5-5	So.	Thousand Oaks, California
Allix Mason	5-3	Fr.	Rancho Cucamonga, California
Lexi Mather	5-5	So.	Taylorsville, Utah
Sophia McClelland	5-2	Fr.	Camarillo, California
Abbey Miner-Alder	5-4	Sr.	Mapleton, Utah
Sadie Miner	5-2	Jr.	Mapleton, Utah
Lauren Ono	5-1	Fr.	San Dimas, California
Maya Page	5-4	Fr.	Houston, Texas
Haley Pitou	5-4	Sr.	Park City, Utah
Adeline Rieder	5-2	Jr.	Scranton, Pennsylvania
Elise Rollins	4-11	So.	West Jordan, Utah
Abby Boden-Stainton	5-5	Sr.	Roseville, California
Brittney Vitkauskas	5-2	Jr.	Portland, Oregon
Angel Zhong	5-5	Sr.	Langley, BC, Canada

Head Coach: Guard Young (6th Season)

Assistant Coach: Natalie Broekman (6th Season)

Assistant Coach: Brogan Evanson (6th Season)

Volunteer Assistant Coach: Warde Allan (2nd Season)

BYU PRONUNCIATION GUIDE

ANYSSA ALVARADO	UH-nissa / AL-vuh-RAH-DO
HELODY CYRENNE	Elle-oh-dee / Sy-reen
Lexi MATHER	Math-er
Haley PITOU	Pee-too
ADELINE RIEDER	Add-a-line / Ree-der
ELEASE Rollins	UH-lease Rollins
Brittney VITKAUSKAS	Vit-cows-kiss
Angel ZHONG	Zong

NO. 12 BYU NOTCHES HIGHEST SCORE OF THE SEASON IN WIN OVER UTAH STATE

LOGAN, Utah - Surpassing No. 21 Utah State, 196.425-195.175, No. 12 BYU collected its highest score and first win of the season on Friday in the Dee Glen Smith Spectrum.

The Cougars now hold a two-meet winning streak over the Aggies. Friday's meet was the second matchup of the season between the two MRGC rivals, who both participated in the Rio Tinto Best of Utah NCAA Gymnastics Meet on Jan. 9.

"They came to compete and we had a lot thrown at us this week with injuries and COVID-19," assistant coach Natalie Broekman said. "We had a lot who stepped up into lineups and exhibitions and they rose to the occasion."

In the first rotation on Friday, BYU started on the uneven bars with the seniors carrying the team. Haley Pitou and Abby Boden-Stainton earned team-high scores of 9.850, the highest of the night overall. Angel Zhong followed with a 9.800, matching her season high. Additionally, Helody Cyrenne made her season debut, notching a 9.775. BYU earned its lowest uneven bars score of the season, a 48.975, but managed a .325 advantage over Utah State.

"We started on bars the last three weeks and they've been an incredible bars team," Broekman said. "We had one hiccup with Lindsey Hunter, but the rest of the bar team finished super solid."

The mood shifted as BYU earned its highest total vault score of the season, a 48.950. Senior Avery Bennett led with a season-high score of 9.850, matched by senior Abbey Miner-Alder. Pitou achieved a 9.800, her new season high. Highlights included a season debut on vault by junior Rachel Bain-Heaton and a career debut performance by sophomore Lexi Griffith. Heading into the third rotation, BYU widened the gap to 98.025-97.175.

"One thing we really wanted to improve on was taking that momentum from bars over into vault," Broekman said. "They were trying to get those landings and it was a night and day difference from last week."

On floor, Stainton, Alder and junior Brittney Vitkauskas all boasted a solid 9.875. Bennett surpassed her previous career-high score by an entire .100, pulling of a 9.825. A new face to the floor lineup, junior Adeline Rieder, made her debut with a 9.800. The Cougars received their second highest floor score of the season, a 49.250.

Heading to the beam, BYU held almost a whole point advantage over Utah State, 147.275-146.325. This lead would continue as the Cougars received their highest beam score of the season, a 49.150. Sophomore Elise Rollins matched her career-high score of 9.900, winning the event, alongside Stainton, with a new season high. Freshman Sophia McClelland made her collegiate debut, notching an impressive 9.825. In the end, BYU topped Utah State by an entire 1.25 points.

"We've been waiting for this team to figure out how to hit together as a team," Broekman said. "We've had three weeks of steadily getting better and they put it down tonight. That's what we see in practice and they got the job done."

Coming up, the Cougars prepare for their home opener against Southern Utah on Friday, Feb. 5, at 7 p.m. MST in the Smith Fieldhouse.

2021 SEASON SCORES

Meet	Result	Vault	Bars	Beam	Floor	Total
1/9 Rio Tinto Best of Utah	2nd	48.900	49.075	48.450	<u>49.275</u>	195.700
1/16 @ Arizona State	2nd	48.950	<u>49.350</u>	48.775	49.175	196.250
1/23 @ Boise State	2nd	48.875	<u>49.350</u>	48.850	49.175	196.250
1/29 @ Utah State	1st	<u>49.050</u>	48.975	<u>49.150</u>	49.250	<u>196.425</u>
2/5 Southern Utah						
2/12 @ Southern Utah						
2/19 Boise State						
2/26 Utah State						
3/5 @ Univ. of Oklahoma						
3/11 Illinois State/ Univ. Denver						
3/20 MRGC Championships						

Bold indicates season high

2021 PHOTO ROSTER



Anyssa Alvarado
So.



Rachel Bain-Heaton
Jr.



Sarah Barron
So.



Rebekah Bean-Ripley
So.



Abby Beeston
Jr.



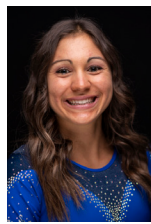
Avery Bennett
Sr.



Sydney Benson
Fr.



Anna Bramblett
Fr.



Helody Cyrenne
Sr.



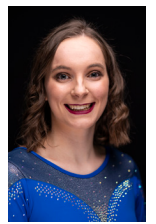
Jordan Danbury-Matthews
Sr.



Lexi Griffith
So.



Lindsey Hunter
So.



Ashley Kernan
So.



Allix Mason
Fr.



Lexi Mather
So.



Sophia McClelland
Fr.



Abbey Miner-Alder
Sr.



Sadie Miner
Jr.



Lauren Ono
Fr.



Maya Page
Fr.



Haley Pitou
Sr.



Adeline Rieder
Jr.



Elease Rollins
So.



Abby Boden-Stainton
Sr.



Brittney Vitkauskas
Jr.



Angel Zhong
Sr.

2021 INDIVIDUAL SCORES

Anyssa ALVARADO

Bars: 9.925

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah		9.825			
1/16	@ Arizona State		<u>9.925</u>			
1/23	@ Boise State		9.900			
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Rachel BAIN-HEATON

Vault: 9.650 Beam: 9.125 Floor: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	ex 9.575			9.800	
1/16	@ Arizona State			ex 9.550	8.800	
1/23	@ Boise State				<u>9.825</u>	
1/29	@ Utah State	<u>9.650</u>			9.775	
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Sarah BARRON

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Rebekah BEAN-RIPLEY

Vault: 9.850 Floor: 9.700

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Abby BEESTON

Bars: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah		9.800			
1/16	@ Arizona State		9.850			
1/23	@ Boise State		<u>9.900</u>			
1/29	@ Utah State		9.700			
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Avery BENNETT

Vault: 9.875 Floor: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	9.750			ex 9.750	
1/16	@ Arizona State	9.775			ex 9.775	
1/23	@ Boise State	9.700			9.725	
1/29	@ Utah State	<u>9.850</u>			<u>9.825</u>	
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 INDIVIDUAL SCORES

Sydney BENSON

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Anna BRAMBLETT

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Helody CYRENNE

Bars: 9.950 Beam: 9.925

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State		ex 9.750			
1/23	@ Boise State		ex 9.750			
1/29	@ Utah State		<u>9.775</u>			
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Jordan DANBURY-MATTHEWS

Vault: 9.900 Floor: 9.800

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah				<u>9.800</u>	
1/16	@ Arizona State				<u>9.800</u>	
1/23	@ Boise State	<u>9.725</u>			<u>9.800</u>	
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Lexi GRIFFITH

Vault: 9.775

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State	<u>9.775</u>				
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Lindsey HUNTER

Bars: 9.875

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State		<u>9.875</u>			
1/23	@ Boise State		9.775			
1/29	@ Utah State		8.000			
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 INDIVIDUAL SCORES

Allix MASON

Vault: 9.775 Beam: 9.800

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	<u>9.775</u>		9.425		
1/16	@ Arizona State	9.725		<u>9.800</u>		
1/23	@ Boise State	9.700		9.625		
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Lexi MATHER

Beam: 9.850

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah			9.700		
1/16	@ Arizona State			<u>9.775</u>		
1/23	@ Boise State			9.750		
1/29	@ Utah State			<u>9.775</u>		
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Sophia MCCLELLAND

Beam: 9.825

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State			ex 9.575		
1/29	@ Utah State			<u>9.825</u>		
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Abbey MINER-ALDER

Vault: 9.875 Bars: 9.800 Beam: 9.950 Floor: 9.925 AA: 39.375

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	9.850	9.725	<u>9.800</u>	<u>9.900</u>	39.275
1/16	@ Arizona State	9.825		9.750	9.800	
1/23	@ Boise State	<u>9.875</u>		<u>9.875</u>	9.875	
1/29	@ Utah State	9.850		9.750	9.875	
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Sadie MINER

Vault: 9.900 Beam: 9.875 Floor: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	9.725			<u>9.850</u>	
1/16	@ Arizona State	<u>9.800</u>			9.825	
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Lauren ONO

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 INDIVIDUAL SCORES

Maya PAGE

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State					
1/29	@ Utah State					
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Haley PITOU

Vault: 9.850 Bars: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	9.750	9.825			
1/16	@ Arizona State	9.775	<u>9.900</u>			
1/23	@ Boise State	9.775	9.875			
1/29	@ Utah State	<u>9.800</u>	9.850			
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Adeline RIEDER

Vault: 9.850 Floor: 9.800

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah					
1/16	@ Arizona State					
1/23	@ Boise State				ex 9.775	
1/29	@ Utah State				<u>9.800</u>	
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Elease ROLLINS

Beam: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah			9.600		
1/16	@ Arizona State			9.150		
1/23	@ Boise State			<u>9.900</u>		
1/29	@ Utah State			<u>9.900</u>		
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Abby BODEN-STANTON

Vault: 9.800 Bars: 9.925 Beam: 9.950 Floor: 9.875 AA: 39.175

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah		9.825	9.725	<u>9.875</u>	
1/16	@ Arizona State		9.800	9.850	<u>9.875</u>	
1/23	@ Boise State		<u>9.875</u>	9.700	9.825	
1/29	@ Utah State		9.850	<u>9.900</u>	<u>9.875</u>	
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

Brittney VITKAUSKAS

Floor: 9.900

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah				9.850	
1/16	@ Arizona State				<u>9.875</u>	
1/23	@ Boise State				9.850	
1/29	@ Utah State				<u>9.875</u>	
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 INDIVIDUAL SCORES

Angel ZHONG

Vault: 9.850 Bars: 9.850 Beam: 9.750

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	9.775	<u>9.800</u>	<u>9.625</u>		
1/16	@ Arizona State	9.775	9.775	9.600		
1/23	@ Boise State	<u>9.800</u>	<u>9.800</u>	9.275		
1/29	@ Utah State	9.775	<u>9.800</u>	9.500		
2/5	Southern Utah					
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denver					
3/20	MRGC Champ					

2021 COACHING STAFF

Guard YOUNG

BYU Head Coach
2015-Present

A former BYU national champion gymnast and Olympic silver medal winner, Young returned to his alma mater in May 2015 to take the helm of the BYU gymnastics program.

A member of the BYU Athletic Hall of Fame, Young returned to Provo from the University of Oklahoma, where he was an assistant men's gymnastics coach from 2000-05 and 2011-15. In nine seasons at OU, Young was part of four NCAA championship teams (2002, 2003, 2005, 2015) and five NCAA runner-up teams (2001, 2004, 2012, 2013, 2014).

Young's passion for gymnastics is equaled by his love for BYU. From 1996 to 2000, he was a member of the BYU men's gymnastics team, winning six All-America awards and two NCAA National Championships on the vault (1999, 2000). As a senior, Young was also the runner-up for the individual all-around at the 2000 NCAA Championships. He was inducted into the BYU Athletic Hall of Fame in 2010.

From 2000 to 2004, Young was a member of the USA Senior National Gymnastics Team, winning a team silver medal at the 2001 World Championships in Ghent, Belgium, and a team silver medal the 2004 Olympic Games in Athens, Greece.

As a junior gymnast, he trained under OU coach Mark Williams at the Bart Conner Gymnastics Academy in Norman, Oklahoma. Young earned the 1996 junior national champion title and three junior national team berths.

Young graduated from BYU in 2001 with a Bachelor of Arts in communications with an emphasis in broadcast journalism. He and his wife, Alisha, have two boys and one daughter (Tyler, Jaxson and Hadley).

His father, Wayne Young, was a BYU gymnast from 1970-1975 and captained the 1976 USA Olympic team. Wayne later became the Cougars men's gymnastics coach from 1979-87 and was inducted into the BYU Athletic Hall of Fame in 1986. In addition, Guard's sister, Jessica Young Wycherly, was a gymnast at BYU from 1995-98.



YOUNG AT A GLANCE

Coaching Career

- Named 2019 MRGC Coach of the Year after guiding BYU to a No. 21 ranking that included scoring a 197 for the first time in 15 years
- University of Oklahoma assistant men's gymnastics coach for nine years ('00-'05, '11-'15)
- Coached four NCAA championship teams at OU
- Also coached five NCAA runner-up teams at OU

Gymnastics Career

- 2010 BYU Hall of Fame Inductee
- 2004 Olympic Silver Medalist in Athens
- Member of USA National Gymnastics Team for 10 years
- Six-time NCAA All-American
- Two-time NCAA Vault Champion ('99, '00)
- Individual all-around title runner-up at 2000 NCAA Championships



Natalie BROEKMAN

BYU Assistant Coach
Balance beam coach
2015-Present

Coaching Experience

- Coached at Gold Medal Gymnastics in Chandler, Ariz., under the direction of Olympic gold medalist, Amanda Borden
- Coached for nine years at Arizona Olympian Gymnastics

Gymnastics Career

- Member of BYU gymnastics team from 1996-99, coached by Brad and Dawn Cattermole and Shauna Mertz
- Team captain during the 1999 season
- Broke school all-around record in 1999 with a 39.475
- Received the Dale R. McCann Team Spirit Award from the Cougar Club in 1999
- NACGC-W All-American on balance beam in 1996
- Member of the U.S. Elite National Team from 1992-94
- Finished third in the all-around senior national division at the U.S. Classic
- Demonstrator for the United States Gymnastics Federation, the Federation of International Gymnastics and U.S. Synchronized Swimming

Education

- Bachelor of Science in Family Science, BYU (2000)
- Physical education coaching minor

Family

- Natalie and her husband, David, have four children — Davis, Brady, Holland and Tate



Brogan EVANSON

BYU Assistant Coach
Vault and floor coach, team choreographer
2015-Present

Judging and Coaching Experience

- Level 10 Official for the NCAA and USA Gymnastics since 2007
- Gymnastics Program Director and Head Coach at Peak Athletics in Highlands Ranch, Colo.

- Co-Midwest Independent Conference Assistant Coach of the Year in 2007
- Volunteer assistant coach for BYU in 2005, contributing to Cougars' NCAA National Championship Appearance

Gymnastics Career

- Member of BYU gymnastics team from 2001-04, coached by Dawn and Brad Cattermole and Shauna Mertz
- Ranked No. 14 nationally on uneven bars
- Scored a 9.975 on bars against Utah to set a new school record in 2004
- Recorded a perfect 10.000 on floor in 2003
- Awarded the BYU Scholar-Athlete Award four straight years
- Nominated for the Lu Wallace Outstanding Senior Female Award in 2004

Education

- Masters of Art in Athletic Administration, Southeast Missouri State (2007)
- Bachelor of Science in Exercise Science, BYU (2005)
- Personal Training Certification with the American College of Sports Medicine

Family

- Brogan and her husband, Troy, have four children — Rigden, Tegan, L. Jaclyn and Emmy