

Natalie Orr | BYU Gymnastics SID | BYU Athletic Communications | Office: (801) 422-8999 | gymnastics_sid@byu.edu

BYU 2021 SCHEDULE

Date	Meet	Score/Result
1/9	Rio Tinto Best of Utah+	195.700 / 2nd
1/16	at Arizona State	196.250 / 2nd
1/23	at Boise State*	196.250 / 2nd
1/29	at Utah State*	196.425 / 1st
2/5	Southern Utah *^	196.825 / 1st
0/40	. 6 . 1 . 1 . 1	

at Southern Utah* 2/12 2/19 Boise State*^ 2/26 Utah State*^ 3/5 at Univ. Oklahoma

3/11 Illinois State & Univ. Denver^ 3/20 MRGC Championships#

*MRGC Opponent ^Held at Smith Fieldhouse +Held at the Maverik Center #Held at Utah State

2021 QUICK FACTS

Location	Provo, Utah 84602
Elevation	4,553 feet
Enrollment	33,517
Founded	October 15, 1875
Owned	LDS Church
Nickname	Cougars
BYU President	Kevin J Worthen (BYU, 1979)
Athletics Director	Tom Holmoe (BYU, 1983)
Assoc. Athletic Director/SWA	Liz Darger (BYU, 2000)
Arena	Smith Fieldhouse
Conference	Mountain Rim Gymnastics
2020 NCAA Finish	16th

2021 TEAM HIGHS

Vault	49.050	1/29/21
Bars	.49.350	1/16/21
Beam	.49.350	2/05/21
Floor	.49.275	1/09/21
Total	196.825	2/05/21

PROGRAM TEAM HIGHS

Vault	49.625	3/12/04, Utah State
Bars	49.475	2/16/01, Missouri
Beam	49.675	3/12/04, Utah State
Floor	49.675	3/15/04, Southern Utah
Total	198.025	3/12/04, Utah State



BRIGHAM YOUNG COUGARS

Head Coach	Guard Young
Assistant Coach	Natalie Broekmar
Assistant Coach	Brogan Evansor
Volunteer Asst. Coach	Warde Aller



UNIVERSITY OF CALIFORNIA **BRUINS**

Head Coach	Chris Waller
Assoc. Head Coach	. Kristina Comforte
Assistant Coach	Dom Palange
Volunteer Asst. Coach	BJ Das
Undergraduate Asst. Coach	Kyla Ross

MEET INFORMATION

Date	. Wednesday, Feb. 10, 2021 @ 2:00 p.m. MST
Location	Pauley Pavilion, Los Angeles, CA
Live Stream	Pac-12 Streaming
Live Stats	UCLA Stats

MEET PREVIEW

PROVO, Utah — On a high after earning its best performance of the season, No. 11 BYU prepares to face No. 10 UCLA of the Pac-12 on Wednesday, Feb. 10 at 2 p.m. PST in Los Angeles at the Pauley Pavilion.

"We've built a pretty good relationship with UCLA and I was on the national team with their coach, Chris Waller, way back in the day," head coach Guard Young said. "What a cool experience to go compete against a top program in the country. For gymnastics fans, this will be a great matchup.

This will be the second matchup between the teams during head coach Guard Young's time. Last season, the Cougars hosted the Bruins and Utah State on Jan. 18 in a tri-meet. UCLA topped the competition with an impressive 197.425, with BYU placing second (195.875) and Utah State placing third (194.750).

This stood as the first battle between the two since 1996.

THE COUGARS. BYU held its home opener on Friday against No. 15 Southern Utah University, snagging its best performance of the season, 196.825-196.175. The beam lineup achieved a season-high score of 49.350, the sixth highest beam total in the program's history. This is the second consecutive win for the Cougars. In the MRGC, senior Abbey Miner-Alder received Floor Specialist of the Week after matching her season-high of

THE BRUINS. UCLA started the season with a No. 2 preseason ranking. On Jan. 31, the Bruins hit the road and trumped the University of Arizona, 196.750-195.075. Additionally, the team improved marks on each event. Current highs include a 49.225 on vault, 48.975 on uneven bars, 49.300 on balance beam and 49.250 on floor. An honorable mention is freshman Chae Campbell, the Pac-12 Freshman of the Week. In Tucson, Arizona, she won the all-around with a 39.425 tally.

PROJECTED BYU EVENT LINEUP

VAULT 1. Angel Zhong 2. Lexi Griffith

3. Rachel Bain-Heaton

4. Allix Mason 5. Avery Bennett 6. Abbey Miner-Alder **BARS**

1. Angel Zhong 2. Lindsey Hunter 3. Helody Cyrenne

4. Abby Beeston 5. Anyssa Alvarado 6. Abby Boden-Stainton **BEAM**

1. Lexi Mather

2. Helody Cyrenne 3. Abbey Miner-Alder

4. Sophia McClelland

5. Elease Rollins 6. Abby Boden-Stainton **FLOOR**

1. Rachel Bain-Heaton

2. Avery Bennett

3. Jordan Danbury-Matthews

4. Abby Boden-Stainton

5. Brittney Vitkauskas 6. Abbey Miner-Alder

2021 BYU ROSTER

NAME	HT.	YEAR	HOMETOWN
Anyssa Alvarado	5-3	So.	Rancho Cucamonga, California
Rachel Bain-Heaton	5-0	Jr.	Draper, Utah
Sarah Barron	5-7	So.	Honolulu, Hawai'i
Rebekah Bean-Ripley	5-2	So.	St. George, Utah
Abby Beeston	5-6	Jr.	Lehi, Utah
Avery Bennett	5-3	Sr.	Gilbert, Arizona
Sydney Benson	5-4	Fr.	Riverton, UT
Anna Bramblett	5-4	Fr.	Prescott Valley, AZ
Helody Cyrenne	5-4	Sr.	Beauharnois, QC, Canada
Jordan Danbury-Matthews	5-2	Sr.	Killeen, Texas
Lexi Griffith	5-3	So.	Allen, Texas
Lindsey Hunter	5-4	So.	Santa Clarita, California
Ashley Kernan	5-5	So.	Thousand Oaks, California
Allix Mason	5-3	Fr.	Rancho Cucamonga, California
Lexi Mather	5-5	So.	Taylorsville, Utah
Sophia McClelland	5-2	Fr.	Camarillo, California
Abbey Miner-Alder	5-4	Sr.	Mapleton, Utah
Sadie Miner	5-2	Jr.	Mapleton, Utah
Lauren Ono	5-1	Fr.	San Dimas, California
Maya Page	5-4	Fr.	Houston, Texas
Haley Pitou	5-4	Sr.	Park City, Utah
Adeline Rieder	5-2	Jr.	Scranton, Pennsylvania
Elease Rollins	4-11	So.	West Jordan, Utah
Abby Boden-Stainton	5-5	Sr.	Roseville, California
Brittney Vitkauskas	5-2	Jr.	Portland, Oregon
Angel Zhong	5-5	Sr.	Langley, BC, Canada

Head Coach: Guard Young (6th Season)
Assistant Coach: Natalie Broekman (6th Season)
Assistant Coach: Brogan Evanson (6th Season)
Volunteer Assistant Coach: Warde Allan (2nd Season)

BYU PRONUNCIATION GUIDE

ANYSSA ALVARADO UH-nissa / AL-vuh-RAH-DO HELODY CYRENNE Elle-oh-dee / Sy-reen

Lexi MATHER Math-er Haley PITOU Pee-too

ADELINE RIEDER Add-a-line / Ree-der ELEASE Rollins UH-lease Rollins Brittney VITKAUSKAS Vit-cows-kiss

Angel ZHONG Zong

BYU SOARS TO VICTORY OVER NO. 15 SUU WITH SEASON-BEST PERFORMANCE

PROVO, Utah — No. 12 BYU soared to its highest score of the season on Friday night while defeating No. 15 Southern Utah, 196.825-196.175, in its home opener at the Smith Fieldhouse.

"We put all four events together tonight," BYU head coach Guard Young said. "It finally felt like it was a complete meet all the way around from start to finish. This is our highest score of the year and I think that score is going to keep ticking up as we keep competing."

In the victory, the Cougars posted scores of 49.000 or better on each of the four events for the first time this season.

"Our kids were ready to compete and hang with a really good SUU team that is ranked 15th in the country," Young said. "Kudos to SUU because they put a great meet together as well."

The Cougars got off to a solid start on vault, posting their second-highest score of the year on the event with a 49.000 team total. Angel Zhong got BYU started with a 9.800 vault to tie her season high and Abbey Miner-Alder anchored the vault lineup with 9.85 to tie with SUU's Morgan Alfaro for the top vault score of the night. Allix Mason (9.775) and Rachel Bain-Heaton (9.800) both stepped up with career-best scores when it was their turn to make a run at vault.

BYU increased the momentum on uneven bars in the second rotation, totaling a season-high 49.350 for the third time this year. The Cougars tallied five counting routines that all achieved a 9.850 or better, led by Helody Cyrenne's season-best 9.900 performance that made her the bars champion for the meet. Lindsey Hunter (9.875) tied her career high with a 9.875 and Alder set a new personal best at 9.850, while Abby Beeston delivered a 9.875 and Abby Boden-Stainton added a 9.850 to the solid lineup.

At the midway point of the meet, BYU maintained a 98.350-97.925 advantage after SUU posted scores of 48.950 on bars and 48.875 on vault.

The Cougar crescendo continued on beam as assistant coach Natalie Broekman's lineup delivered a season-high 49.350, which ranks as the No. 6 beam total in BYU gymnastics history. Leading the way were Stainton and Cyrenne, who each had season-best 9.900 scores, while Elease Rollins and Lexi Mather both added 9.825 performances, a season high for Mather, and Sophia McClelland contributed a career personal best of 9.850.

Entering the floor exercise in the final rotation, BYU held a 0.775 lead over the Thunderbirds, who moved to beam after scoring a 49.150 on floor.

BYU delivered again with a strong 49.125 on floor to give the team a 49.000 or better total on each event on the night. Among the highlights on floor, Alder anchored the lineup with a 9.900 to tie her season high and Jordan Matthews had a career night with a personal-best 9.825. Despite SUU's strong 49.250 on beam, the Cougars easily outpaced the Thunderbirds for the victory.

The Cougars will take to the road again next week for two meets, facing UCLA on Wednesday before a rematch with Southern Utah in Cedar City on Friday.

2021 SEASON SCORES

Meet	Result	Vault	Bars	Beam	Floor	Total
1/9 Rio Tinto Best of Utah	2nd	48.900	49.075	48.450	<u>49.275</u>	195.700
1/16 @ Arizona State	2nd	48.950	<u>49.350</u>	48.775	49.175	196.250
1/23 @ Boise State	2nd	48.875	<u>49.350</u>	48.850	49.175	196.250
1/29 @ Utah State	1st	<u>49.050</u>	48.975	49.150	49.250	196.425
2/5 Southern Utah	1st	49.000	<u>49.350</u>	<u>49.350</u>	49.125	<u>196.825</u>
2/12 @ Southern Utah						
2/19 Boise State						
2/26 Utah State						
3/5 @ Univ. of Oklahoma						
3/11 Illinois State/ Univ. Denve	r					
3/20 MRGC Championships						
Bold indicates season high						

2021 PHOTO ROSTER





Rachel Bain-Heaton Jr.



Sarah Barron So.



Rebekah Bean-Ripley So.



Abby Beeston Jr.



Avery Bennett Sr.



Sydney Benson Fr.



Anna Bramblett Fr.



Helody Cyrenne Sr.



Jordan Danbury-Matthews Sr.



Lexi Griffith So.



Lindsey Hunter So.



Allix Mason Fr.



Lexi Mather So.



Sophia McClelland Fr.



Abbey Miner-Alder Sr.



Sadie Miner Jr.



Lauren Ono Fr.



Fr.



Haley Pitou Sr.



Adeline Rieder Jr.



Elease Rollins So.



Abby Boden-Stainton Sr.



Brittney Vitkauskas Jr.



Angel Zhong Sr.

202	1 INDIVIDUAL O	CODEC											
	1 INDIVIDUAL S sa ALVARADO	CORES						kah BEAN-RIPLE\ 9.850 Floor: 9.700					
Date	Team	Vault	Bars	Beam	Floor	AA	Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah		9.825				1/9	Best of Utah					
1/16	@ Arizona State		9.925				1/16	@ Arizona State					
1/23	@ Boise State		9.900				1/23	@ Boise State					
1/29	@ Utah State						1/29	@ Utah State					
2/5	Southern Utah						2/5	Southern Utah					
2/12	@ Southern Utah						2/12	@ Southern Utah					
2/19	Boise State						2/19	Boise State					
2/26	Utah State						2/26	Utah State					
3/5	@ Univ. Oklahoma						3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denve	er					3/11	IL State & Univ. Denve	r				
3/20	MRGC Champ						3/20	MRGC Champ					
	el BAIN-HEATON 19.775 Beam: 9.12 Team Best of Utah @ Arizona State @ Boise State @ Utah State Southern Utah @ Southern Utah Boise State	5 Floor: 9 Vault ex 9.575 9.650 9.775	9.850 Bars	Beam ex 9.550	Floor 9.800 8.800 9.825 9.775 9.700	АА	Abby Bars: 9 Date 1/9 1/16 1/23 1/29 2/5 2/12 2/19	BEESTON 0,900 Team Best of Utah @ Arizona State @ Boise State @ Utah State Southern Utah @ Southern Utah Boise State	Vault	Bars 9.800 9.850 <u>9.900</u> 9.700 9.875	Beam	Floor	АА
2/26	Utah State						2/26	Utah State					
3/5	@ Univ. Oklahoma						3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denve	r					3/11	IL State & Univ. Denve	r				
3/20	MRGC Champ						3/20	MRGC Champ					
Sara	h BARRON						Avery Vault:	y BENNETT 9.875 Floor: 9.82	5				
Date	Team	Vault	Bars	Beam	Floor	AA	Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah						1/9	Best of Utah	9.750			ex 9.750	
1/16	@ Arizona State						1/16	@ Arizona State	9.775			ex 9.775	
1/23	@ Boise State						1/23	@ Boise State	9.700			9.725	
1/29	@ Utah State						1/29	@ Utah State	<u>9.850</u>			<u>9.825</u>	
2/5	Southern Utah						2/5	Southern Utah	9.775			9.725	
2/12	@ Southern Utah						2/12	@ Southern Utah					
2/19	Boise State						2/19	Boise State					
2/26	Utah State						2/26	Utah State					

3/5

3/5

@ Univ. Oklahoma

3/11 IL State & Univ. Denver3/20 MRGC Champ

@ Univ. Oklahoma

3/11 IL State & Univ. Denver

3/20 MRGC Champ

202	1 INDIVIDUAL C	CODE											
	1 INDIVIDUAL S ney BENSON	CORES						an DANBURY-MA 9,900 Floor: 9,82					
Date 1/9 1/16 1/23 1/29 2/5 2/12 2/19 2/26 3/5 3/11 3/20	Team Best of Utah @ Arizona State @ Boise State @ Utah State Southern Utah @ Southern Utah Boise State Utah State @ Univ. Oklahoma IL State & Univ. Denve	Vault r	Bars	Beam	Floor	AA	Date 1/9 1/16 1/23 1/29 2/5 2/12 2/19 2/26 3/5 3/11 3/20	Team Best of Utah @ Arizona State @ Boise State @ Utah State Southern Utah @ Southern Utah Boise State Utah State Utah State Utah State @ Univ. Oklahoma IL State & Univ. Denve	9.725	Bars	Beam	Floor 9.800 9.800 9.800 9.825	AA
Anna	a BRAMBLETT						Lexi (Vault:	GRIFFITH 9.775					
Date 1/9 1/16 1/23 1/29 2/5 2/12 2/19 2/26 3/5 3/11 3/20	Team Best of Utah @ Arizona State @ Boise State @ Utah State Southern Utah @ Southern Utah Boise State Utah State @ Univ. Oklahoma IL State & Univ. Denve	Vault	Bars	Beam	Floor	AA	Date 1/9 1/16 1/23 1/29 2/5 2/12 2/19 2/26 3/5 3/11 3/20	Team Best of Utah @ Arizona State @ Boise State @ Utah State Southern Utah @ Southern Utah Boise State Utah State @ Univ. Oklahoma IL State & Univ. Denve	9.775 9.750	Bars	Beam ex 9.700	Floor	AA
Helo:	dy CYRENNE 9.950 Beam: 9.925						Lind: Bars:	sey HUNTER 9.875					
Date 1/9	Team Best of Utah	Vault	Bars	Beam	Floor	AA	Date 1/9	Team Best of Utah	Vault	Bars ex 9.800	Beam	Floor	AA

Bars: 9	.950 Beam: 9.925					
Date	Team	Vault	Bars	Beam	Floor	A
1/9	Best of Utah					
1/16	@ Arizona State		ex 9.750			
1/23	@ Boise State		ex 9.750			
1/29	@ Utah State		9.775			
2/5	Southern Utah		9.900			
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					

3/11 IL State & Univ. Denver3/20 MRGC Champ

	9.875					
Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah		ex 9.800			
1/16	@ Arizona State		9.875			
1/23	@ Boise State		9.775			
1/29	@ Utah State		8.000			
2/5	Southern Utah		9.875			
2/12	@ Southern Utah					
2/19	Boise State					
2/26	Utah State					
3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denve	r				
3/20	MRGC Champ					

2021	I INDIVIDUAL S	CORES											
Allix	MASON : 9.775 Beam: 9.80						Abbe Vault	ey MINER-ALDER 9.875 Bars: 9.850	Beam [.]	9.950 Flo	or: 9.925	AA: 39.3	75
Date	Team	Vault	Bars	Beam	Floor	AA	Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	9.775	54.5	9.425		, , ,	1/9	Best of Utah	9.850	9.725	9.800	9.900	39.275
1/16	@ Arizona State	9.725		9.800			1/16	@ Arizona State	9.825		9.750	9.800	
1/23	@ Boise State	9.700		9.625			1/23	@ Boise State	9.875		9.875	9.875	
1/29	@ Utah State						1/29	@ Utah State	9.850		9.750	9.875	
2/5	Southern Utah	9.800					2/5	Southern Utah	9.850	9.850	9.675	9.900	39.275
2/12	@ Southern Utah						2/12	@ Southern Utah					
2/19	Boise State						2/19	Boise State					
2/26	Utah State						2/26	Utah State					
3/5	@ Univ. Oklahoma						3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denve	r					3/11	IL State & Univ. Denver					
3/20	MRGC Champ						3/20	MRGC Champ					
Beam	MATHER : 9.850	Vault	Dav-	Dag::-	Flac:		Vault:	: MINER 9.900 Beam: 9.875			Darre	Ele - ·	A A
Date	Team	Vault	Bars	Beam	Floor	AA	Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah			9.700			1/9	Best of Utah	9.725			<u>9.850</u>	
1/16	@ Arizona State			9.775			1/16	@ Arizona State	9.800			9.825	
1/23	@ Boise State			9.750			1/23	@ Boise State					
1/29	@ Utah State			9.775			1/29	@ Utah State					
2/5	Southern Utah			9.825			2/5	Southern Utah					
2/12	@ Southern Utah						2/12	@ Southern Utah					
2/19	Boise State Utah State						2/19	Boise State Utah State					
2/26 3/5	@ Univ. Oklahoma						2/26 3/5	@ Univ. Oklahoma					
3/11	@ Only, Oktanoma IL State & Univ. Denver	,					3/11	IL State & Univ. Denver					
3/11	MRGC Champ						3/20	MRGC Champ					
Soph	nia MCCLELLAND n: 9.825							en ONO					
Date	Team	Vault	Bars	Beam	Floor	AA	Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah		20.3	200111			1/9	Best of Utah		2413	200111		
1/16	@ Arizona State						1/16	@ Arizona State					
1/23	@ Boise State			ex 9.575			1/23	@ Boise State					
1/29	@ Utah State			9.825			1/29	@ Utah State					
2/5	Southern Utah			9.850			2/5	Southern Utah			ex 9.600)	
2/12	@ Southern Utah						2/12	@ Southern Utah			2 2.000	-	
2/19	Boise State						2/19	Boise State					
2/26	Utah State						2/26	Utah State					
3/5	@ Univ. Oklahoma						3/5	@ Univ. Oklahoma					
3/11	IL State & Univ. Denve	r					3/11	IL State & Univ. Denve	r				
3/20	MRGC Champ						3/20	MRGC Champ					
							1	- 1					

2021 INDIVIDUAL SCORES **Elease ROLLINS** Maya PAGE Beam: 9.900 Date Team Vault Bars Beam Floor AADate Team Vault Bars Beam Floor AΑ 1/9 Best of Utah 1/9 Best of Utah 9.600 1/16 @ Arizona State 1/16 @ Arizona State 9.150 @ Boise State 1/23 @ Boise State 9.900 1/23 1/29 @ Utah State 1/29 @ Utah State 9.900 2/5 Southern Utah ex 9.700 ex 8.200 2/5 Southern Utah 9.875 2/12 @ Southern Utah 2/12 @ Southern Utah 2/19 2/19 **Boise State Boise State Utah State** 2/26 **Utah State** 2/26 @ Univ. Oklahoma 3/5 @ Univ. Oklahoma 3/5 IL State & Univ. Denver 3/11 IL State & Univ. Denver 3/11 3/20 MRGC Champ 3/20 MRGC Champ Haley PITOU Abby BODEN-STAINTON Vault: 9.850 Bars: 9.900 Vault: 9.800 Bars: 9.925 Beam: 9.950 Floor: 9.875 AA: 39.175 Date Team Vault Bars Beam Floor AADate Team Vault Bars Beam Floor AA1/9 9.750 9.825 1/9 Best of Utah 9.825 9.725 9.875 Best of Utah 1/16 @ Arizona State 9.775 9.900 1/16 @ Arizona State 9.800 9.850 9.875 @ Boise State 9.775 1/23 @ Boise State 9.700 9.825 1/23 9.875 9.875 1/29 @ Utah State 9.800 9.850 1/29 @ Utah State 9.850 9.900 9.875 2/5 Southern Utah Southern Utah 9.850 9.825 2/5 9.900 2/12 @ Southern Utah @ Southern Utah 2/12 2/19 **Boise State** 2/19 **Boise State** 2/26 **Utah State** 2/26 **Utah State** @ Univ. Oklahoma 3/5 @ Univ. Oklahoma 3/5 3/11 IL State & Univ. Denver 3/11 IL State & Univ. Denver 3/20 MRGC Champ 3/20 MRGC Champ Adeline RIEDER **Brittney VITKAUSKAS** Vault: 9.850 Floor: 9.800 Floor: 9.900 Date Team Vault Bars Beam Floor AΑ Date Team Vault Bars Beam Floor AA1/9 1/9 9.850 Best of Utah Best of Utah 1/16 9.875 1/16 @ Arizona State @ Arizona State @ Boise State 1/23 ex 9.775 1/23 @ Boise State 9.850 1/29 @ Utah State 9.800 1/29 @ Utah State 9.875 2/5 Southern Utah 2/5 Southern Utah 9.850

2021 INDIVIDUAL SCORES

Angel ZHONG Vault: 9.850 Bars: 9.850 Beam: 9.750

Date	Team	Vault	Bars	Beam	Floor	AA
1/9	Best of Utah	9.775	9.800	9.625		
1/16	@ Arizona State	9.775	9.775	9.600		
1/23	@ Boise State	9.800	9.800	9.275		
1/29	@ Utah State	9.775	9.800	9.500		

9.775

9.800

2/12 @ Southern Utah

Southern Utah

- 2/19 Boise State
- 2/26 Utah State

2/5

- 3/5 @ Univ. Oklahoma3/11 IL State & Univ. Denver
- 3/20 MRGC Champ

Underline indicates season high, ex = exhibition routine (scores do not count)

2021 COACHING STAFF

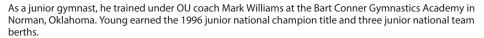
Guard YOUNG BYU Head Coach 2015-Present

A former BYU national champion gymnast and Olympic silver medal winner, Young returned to his alma mater in May 2015 to take the helm of the BYU gymnastics program.

A member of the BYU Athletic Hall of Fame, Young returne to Provo from the University of Oklahoma, where he was an assistant men's gymnastics coach from 2000-05 and 2011-15. In nine seasons at OU, Young was part of four NCAA championship teams (2002, 2003, 2005, 2015) and five NCAA runner-up teams (2001, 2004, 2012, 2013, 2014).

Young's passion for gymnastics is equaled by his love for BYU. From 1996 to 2000, he was a member of the BYU men's gymnastics team, winning six All-America awards and two NCAA National Championships on the vault (1999, 2000). As a senior, Young was also the runner-up for the individual all-around at the 2000 NCAA Championships. He was inducted into the BYU Athletic Hall of Fame in 2010.

From 2000 to 2004, Young was a member of the USA Senior National Gymnastics Team, winning a team silver medal at the 2001 World Championships in Ghent, Belgium, and a team silver medal the 2004 Olympic Games in Athens, Greece.



Young graduated from BYU in 2001 with a Bachelor of Arts in communications with an emphasis in broadcast journalism. He and his wife, Alisha, have two boys and one daughter (Tyler, Jaxson and Hadley).

His father, Wayne Young, was a BYU gymnast from 1970-1975 and captained the 1976 USA Olympic team. Wayne later became the Cougars men's gymnastics coach from 1979-87 and was inducted into the BYU Athletic Hall of Fame in 1986. In addition, Guard's sister, Jessica Young Wycherly, was a gymnast at BYU from 1995-98.



YOUNG AT A GLANCE

Coaching Career

- Named 2019 MRGC Coach of the Year after guiding BYU to a No. 21 ranking that included scoring a 197 for the first time in 15 years
- University of Oklahoma assistant men's gymnastics coach for nine years ('00-'05, '11-'15)
- Coached four NCAA championship teams at OU
- Also coached five NCAA runner-up teams at OU

Gymnastics Career

- · 2010 BYU Hall of Fame Inductee
- 2004 Olympic Silver Medalist in Athens
- Member of USA National Gymnastics Team for 10 years
- Six-time NCAA All-American
- Two-time NCAA Vault Champion ('99, '00)
- Individual all-around title runner-up at 2000 NCAA Championships



Natalie BROEKMAN BYU Assistant Coach Balance beam coach 2015-Present

Coaching Experience

- Coached at Gold Medal Gymnastics in Chandler, Ariz., under the direction of Olympic gold medalist, Amanda Borden
- Coached for nine years at Arizona Olympian Gymnastics

Gymnastics Career

- Member of BYU gymnastics team from 1996-99, coached by Brad and Dawn Cattermole and Shauna Mertz
- Team captain during the 1999 season
- Broke school all-around record in 1999 with a 39.475
- Received the Dale R. McCann Team Spirit Award from the Cougar Club in 1999
- NACGC-W All-American on balance beam in 1996
- Member of the U.S. Elite National Team from 1992-94
- Finished third in the all-around senior national division at the U.S. Classic
- Demonstrator for the United States Gymnastics Federation, the Federation of International Gymanstics and U.S. Synchronized Swimming

Education

- Bachelor of Science in Family Science, BYU (2000)
- Physical education coaching minor

Family

 Natalie and her husband, David, have four children — Davis, Brady, Holland and Tate



Brogan EVANSON BYU Assistant Coach Vault and floor coach, team choreographer 2015-Present

Judging and Coaching Experience

- Level 10 Official for the NCAA and USA Gymnastics since 2007
- Gymnastics Program Director and Head Coach at Peak Athletics in Highlands Ranch, Colo.
- Co-Midwest Independent Conference Assistant Coach of the Year in 2007
- Volunteer assistant coach for BYU in 2005, contributing to Cougars' NCAA National Championship Appearance

Gymnastics Career

- Member of BYU gymnastics team from 2001-04, coached by Dawn and Brad Cattermole and Shauna Mertz
- Ranked No. 14 nationally on uneven bars
- Scored a 9.975 on bars against Utah to set a new school record in 2004
- Recorded a perfect 10.000 on floor in 2003
- Awarded the BYU Scholar-Athlete Award four straight years
- Nominated for the Lu Wallace Outstanding Senior Female Award in 2004

Education

- Masters of Art in Athletic Administration, Southeast Missouri State (2007)
- Bachelor of Science in Exercise Science, BYU (2005)
- Personal Training Certification with the American College of Sports Medicine

Family

Brogan and her husband, Troy, have four children — Rigden, Tegan,
 L. Jaclyn and Emmy