



2018 SOUTHERN UTAH GYMNASTICS



@SUUGym | Kyle Birnbrauer | kylebirnbrauer@suu.edu | (760) 468-5799 | suutbirds.com

2018 Schedule/Results

Overall Record: 2-4, MRGC Record: 1-4

January

11th @Boise State L, 194.350-196.225

19th @#18 BYU L, 194.475-195.750

26th #9 Boise State L, 193.475-195.475

February

2nd @#20 CMU W, 195.825-195.675

9th #21 BYU W, 196.800-196.450

12th Utah State L, 195.200-195.275

16th @BYU/Denver 7:00 PM

23rd Iowa 7:00 PM

March

3rd Washington 1:00 PM

5th @Denver 7:00 PM

16th @Utah State 7:00 PM

24th MRGC Championship 6:00 PM

April

7th NCAA Regional Champ. TBA

20th NCAA National Champ. TBA

Home Meets

All times Mountain

NCAA National Rankings

Rank	Team	Avg.
1	Oklahoma	197.880
2	UCLA	197.346
3	Utah	197.292
4	LSU	197.267
5	Florida	197.125
6	Michigan	196.563
7	Alabama	196.475
8	Arkansas	196.383
9	Kentucky	196.321
10	Denver	196.296
11	Oregon State	196.270
12	Nebraska	196.250
13	Washington	196.196
14	Georgia	196.188
15	Boise State	196.115
16	Auburn	195.939
17	Arizona State	195.775
18	Minnesota	195.705
19	BYU	195.638
20	Missouri	195.590
21	George Washington	195.554
22	Iowa State	195.467
23	California	195.450
24	Arizona	195.438
25	Stanford	195.425

Meet No.7 Information / Preview



Southern Utah (2-4) vs No. 19 BYU/No. 10 Denver (4-3)

Friday February 16th | 7:00 PM MT
Provo, Utah | Smith Fieldhouse

Stream: BYUtv | Stats: suutbirds.com

Flippin' Birds Headed Back to Provo for Tri Meet With BYU and Denver

For the second time this season, the Southern Utah gymnastics team will head to Provo, Utah for a meet. This time the Flippin' Birds are set for a matchup with both No. 19 BYU and No. 10 Denver.

Last Time Out

Last week the Flippin' Birds competed in two meets in four days, coming away with a new season-high score of 196.800. The Thunderbirds used that score to take down BYU on Friday February 9 inside the America First Event Center.

As a team, Southern Utah hit season-high scores on each event on their way to a 196.800. Eight Thunderbirds matched or set new career-highs during the meet, including Karen Gonzalez who hit a 9.950 on beam.

The Flippin' Birds also competed against the Utah State on Monday February 12 and scored a 195.200, losing the dual meet to the Aggies by just .075.

MRGC Specialists of the Week

Gonzalez was named MRGC Beam Specialist of the Week and sophomore Becky Rozsa was named Co-MRGC Bars Specialist of the Week following their performances against BYU.

Gonzalez set a new career-high and moved into second place in the SUU record book when she stuck a 9.950 on beam Friday night. That score was not only the highest beam score in the MRGC in week five, it was the highest beam score recorded all season within the conference.

Rozsa also set a new career-high against the Cougars, scoring a 9.875 on bars. Her score helped lead the Flippin' Birds to a team score of 49.175 on the event. That score tied her with BYU's Shannon Hortman-Evans and Boise State's Ann Stockwell for the weekly award.

Scouting Report: No. 19 BYU Cougars (3-4, 1-1 MRGC)

Despite losing to the Thunderbirds last week, the Cougars of BYU were still able to score a 196.450 and move up two spots in the national rankings to No. 19. The Cougars are currently the 13th best floor team in the country and they hold the highest team beam score in the MRGC this season with a 49.325 against SUU in their last meet.

Shannon Hortman-Evans was named Co-MRGC Bars Specialist of the Week last week for scoring a 9.875 against the T-Birds.

Scouting Report: No. 10 Denver Pioneers (10-1)

The Pioneers are off to a hot start this season, having beaten every opponent they have faced except for Boise State in a quad meet on January 19. Denver has only dipped below the 196.000 mark twice this season, posting a season-high score of 196.800 on January 14 against Air Force. The Pioneers are also ranked in the top ten on three events: vault (6th), beam (7th), and floor (8th).

Sophomore Maddie Karr, who was named Big 12 Gymnast of the Week last week, is ranked in the top ten in the all-around, averaging a combined score of 39.408. She is also ranked No. 11 on beam and No. 16 on floor.

Roster Breakdown

By Class

Seniors(3)

Karen Gonzalez, Amber Heltemes,
Kirsten Yee

Juniors(1)

Kamryn Bayer

Sophomores(7)

Madison Howlett, Autumn Jorgensen,
Madison Loomis, Madison McBride,
Megan McBride, Becky Rozsa,
Emily Wilson

Freshmen(10)

Morgan Alfaro, Jiang Braley,
McKenna Burnside, Julianna Dahlke,
Mikaela DeFilippo, Molly Jozwiakowski,
Alyssa LaDieu, Hannah Nipp,
Mary Packham, Amanda Wiltsie

By State

California(7)

Morgan Alfaro, Julianna Dahlke,
Karen Gonzalez, Madison Howlett,
Madison Loomis, Hannah Nipp,
Kirsten Yee

Utah(4)

Autumn Jorgensen, Madison McBride,
Megan McBride, Amanda Wiltsie

Arizona(2)

Kamryn Bayer, Becky Rozsa

Texas(2)

McKenna Burnside, Alyssa LaDieu

Colorado(1)

Jiang Braley

Minnesota(1)

Amber Heltemes

Missouri(1)

Molly Jozwiakowski

Oregon(1)

Mary Packham

Pennsylvania(1)

Mikaela DeFilippo

Washington(1)

Emily Wilson

2018 Southern Utah Gymnastics Roster / March-In

Name	Ht.	Yr.	Hometown (Previous School)
McKenna Burnside	5' 0"	Fr.	Fort Worth, Texas (Timber Creek HS)
Mikaela DeFilippo	5' 0"	Fr.	Abbottstown, Pennsylvania (New Oxford HS)
Jiang Braley	5' 1"	Fr.	Arvada, Colorado (Lakewood High School)
Alyssa LaDieu	5' 1"	Fr.	Rockwall, Texas
Molly Jozwiakowski	5' 2"	Fr.	Kirkwood, Missouri (Kirkwood High School)
Megan McBride	5' 2"	So.	Orem, Utah (Mountain View High School)
Amanda Wiltsie	5' 2"	Fr.	Layton, Utah (Northern Utah AMES)
Hannah Nipp	5' 2"	Fr.	Laguna Hills, California (Saddleback Christian)
Mary Packham	5' 2"	Fr.	Portland, Oregon (Sunset High School)
Madison Howlett	5' 2"	So.	Temecula, California (Chaparral High School)
Madison Loomis	5' 2"	So.	Hemet, California (San Jose State)
Madison McBride	5' 2"	So.	Orem, Utah (Mountain View High School)
Autumn Jorgensen	5' 2"	So.	Orem, Utah (Timpanogos High School)
Morgan Alfaro	5' 3"	Fr.	Placentia, California (El Dorado High School)
Amber Heltemes	5' 3"	Sr.	Coon Rapids, Minnesota (Anoka High School)
Kirsten Yee	5' 3"	RSr.	Alisa Viejo, California (Opportunities for Learning)
Karen Gonzalez	5' 3"	Sr.	Murrieta, California (Vista Murrieta HS)
Kamryn Bayer	5' 4"	Jr.	Gilbert, Arizona (Gilbert High School)
Emily Wilson	5' 4"	So.	Vancouver, Washington (Union High School)
Julianna Dahlke	5' 5"	Fr.	Irvine, California (Orange Lutheran HS)
Becky Rozsa	5' 9"	So.	Gilbert, Arizona (Highland High School)

Head Coach: Scotty Bauman, 27th season (Utah State University, '90)

Assistant Coach: Jeff Richards, 7th season (Southern Utah University, '95)

Assistant Coach: Jamie Wysong, 5th season (Southern Utah University, '15)

Director of Gymnastics Operations: Ciera Martin, 1st season (Boise State University, '15)

Volunteer Assistant Coach: Adam AhQuin

Volunteer Assistant: Stacie Webb

Student Assistant: Mikaela Dayton

Student Manager: Sarah Ingraham

Athletic Trainer: Zac Willson

Strength & Conditioning: Marcus Romero

Pronunciation Guide/Preferred Names

Mikaela DeFilippo - "Day-fuh-leap-o"

Jiang Braley - "Gee-on"

Alyssa LaDieu - "La-dew"

Molly Jozwiakowski - "Jaws-wa-cow-ski"

Amanda Wiltsie - "Wilt-sea"

Julianna Dahlke - "Doll-key"

Becky Rozsa - "Rose-za"

Scotty Bauman - "Bomb-men"

Tentative Lineups

Vault	Balance Beam
Megan McBride	Alyssa LaDieu
Madison McBride	Kirsten Yee
Autumn Jorgensen	Karen Gonzalez
Morgan Alfaro	Mary Packham
Molly Jozwiakowski	Autumn Jorgensen
McKenna Burnside	Hannah Nipp

Uneven Bars	Floor Exercise
Becky Rozsa	Karen Gonzalez
Madison McBride	McKenna Burnside
Madison Howlett	Molly Jozwiakowski
Kirstie Yee	Autumn Jorgensen
Karen Gonzalez	Madison McBride
Autumn Jorgensen	Megan McBride

MRGC Weekly Awards

- Week 1**
Vault Specialist of the Week:
Megan McBride
- Week 3**
Vault Specialist of the Week:
Megan McBride
- Week 4**
Beam Specialist of the Week:
Autumn Jorgensen
- Week 5**
Beam Specialist of the Week:
Karen Gonzalez
Bars Specialist of the Week:
Becky Rozsa

2018 Southern Utah Lineups

Vault

Date	Opponent	1	2	3	4	5	6
1/11	@Boise State	Me. McBride	Ma. McBride	Jorgensen	Alfaro	Heltemes	Gonzalez
1/19	@BYU	Me. McBride	Ma. McBride	Jorgensen	Alfaro	Jozwiakowski	
1/26	Boise State	Me. McBride	Ma. McBride	Jorgensen	Alfaro	Jozwiakowski	Burnside
2/2	@Central Mich.	Me. McBride	Ma. McBride	Jorgensen	Alfaro	Jozwiakowski	Gonzalez
2/9	BYU	Me. McBride	Ma. McBride	Jorgensen	Alfaro	Jozwiakowski	Burnside
2/12	Utah State	Me. McBride	Ma. McBride	Jorgensen	Alfaro	Jozwiakowski	Burnside
2/16	@BYU/Denver						
2/23	Iowa						
3/3	Washington						
3/5	@Denver						
3/16	@Utah State						
3/24	MRGC Champ.						
4/7	NCAA Region						

Uneven Bars

Date	Opponent	1	2	3	4	5	6
1/11	@Boise State	Heltemes	Nipp	Howlett	Ma. McBride	Rozsa	Yee
1/19	@BYU	Ma. McBride	Rozsa	Howlett	Yee	Heltemes	Nipp
1/26	Boise State	Ma. McBride	Rozsa	Howlett	Yee	Gonzalez	Jorgensen
2/2	@Central Mich.	Rozsa	Ma. McBride	Howlett	Yee	Heltemes	Jorgensen
2/9	BYU	Rozsa	Ma. McBride	Howlett	Yee	Gonzalez	Jorgensen
2/12	Utah State	Rozsa	Ma. McBride	Howlett	Yee	Gonzalez	Jorgensen
2/16	@BYU/Denver						
2/23	Iowa						
3/3	Washington						
3/5	@Denver						
3/16	@Utah State						
3/24	MRGC Champ.						
4/7	NCAA Region						

Balance Beam

Date	Opponent	1	2	3	4	5	6
1/11	@Boise State	Nipp	Yee	Gonzalez	Ma. McBride	Jorgensen	LaDieu
1/19	@BYU	LaDieu	Yee	Gonzalez	Packham	Jorgensen	Ma. McBride
1/26	Boise State	LaDieu	Yee	Gonzalez	Packham	Jorgensen	Ma. McBride
2/2	@Central Mich.	LaDieu	Yee	Gonzalez	Packham	Jorgensen	Nipp
2/9	BYU	LaDieu	Yee	Gonzalez	Packham	Jorgensen	Nipp
2/12	Utah State	LaDieu	Yee	Gonzalez	Packham	Jorgensen	Nipp
2/16	@BYU/Denver						
2/23	Iowa						
3/3	Washington						
3/5	@Denver						
3/16	@Utah State						
3/24	MRGC Champ.						
4/7	NCAA Region						

Floor Exercise

Date	Opponent	1	2	3	4	5	6
1/11	@Boise State	Gonzalez	Burnside	Heltemes	Jozwiakowski	Jorgensen	Ma. McBride
1/19	@BYU	Gonzalez	Ma. McBride	Jozwiakowski	Jorgensen	Burnside	Loomis
1/26	Boise State	Gonzalez	Ma. McBride	Jozwiakowski	Jorgensen	Burnside	Loomis
2/2	@Central Mich.	Gonzalez	Burnside	Loomis	Jozwiakowski	Jorgensen	Ma. McBride
2/9	BYU	Gonzalez	Burnside	Jozwiakowski	Jorgensen	Ma. McBride	Me. McBride
2/12	Utah State	Gonzalez	Burnside	Jozwiakowski	Jorgensen	Ma. McBride	Me. McBride
2/16	@BYU/Denver						
2/23	Iowa						
3/3	Washington						
3/5	@Denver						
3/16	@Utah State						
3/24	MRGC Champ.						
4/7	NCAA Region						

2018 Southern Utah Individual Highs



Morgan Alfaro

	2018	Career
Vault	9.825	9.825
Bars	-	-
Beam	-	-
Floor	-	-
All-Around	-	-

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	9.750	-	-	-	-
1/19	@BYU	9.775	-	-	-	-
1/26	BSU	9.775	-	-	-	-
2/2	@CMU	9.825	-	-	-	-
2/9	BYU	9.800	-	-	-	-
2/12	USU	9.775	-	-	-	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					



Kamryn Bayer

	2018	Career
Vault	-	-
Bars	-	-
Beam	-	9.900
Floor	-	9.875
All-Around	-	-

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	-	-	-	-	-
1/19	@BYU	-	-	-	-	-
1/26	BSU	-	-	-	-	-
2/2	@CMU	-	-	-	-	-
2/9	BYU	-	-	-	-	-
2/12	USU	-	-	-	-	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					



Jiang Braley

	2018	Career
Vault	-	-
Bars	-	-
Beam	-	-
Floor	-	-
All-Around	-	-

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	-	-	-	-	-
1/19	@BYU	-	-	-	-	-
1/26	BSU	-	-	-	-	-
2/2	@CMU	-	-	-	-	-
2/9	BYU	-	-	-	-	-
2/12	USU	-	-	-	-	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					



McKenna Burnside

	2018	Career
Vault	9.750	9.750
Bars	-	-
Beam	-	-
Floor	9.875	9.875
All-Around	-	-

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	-	-	-	9.825	-
1/19	@BYU	-	-	-	9.825	-
1/26	BSU	9.750	-	-	9.850	-
2/2	@CMU	-	-	-	9.775	-
2/9	BYU	9.725	-	-	9.875	-
2/12	USU	9.725	-	-	9.750	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					

2018 Southern Utah Individual Highs



Julianna Dahlke

	2018	Career
Vault	-	-
Bars	-	-
Beam	-	-
Floor	-	-
All-Around	-	-

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	-	-	-	-	-
1/19	@BYU	-	-	-	-	-
1/26	BSU	-	-	-	-	-
2/2	@CMU	-	-	-	-	-
2/9	BYU	-	-	-	-	-
2/12	USU	-	-	-	-	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					



Mikaela DeFilippo

	2018	Career
Vault	-	-
Bars	-	-
Beam	-	-
Floor	-	-
All-Around	-	-

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	-	-	-	-	-
1/19	@BYU	-	-	-	-	-
1/26	BSU	-	-	-	-	-
2/2	@CMU	-	-	-	-	-
2/9	BYU	-	-	-	-	-
2/12	USU	-	-	-	-	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					



Karen Gonzalez

	2018	Career
Vault	9.775	9.800
Bars	9.850	9.850
Beam	9.950	9.950
Floor	9.900	9.900
All-Around	-	38.000

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	9.700	-	9.725	9.800	-
1/19	@BYU	-	-	9.750	9.850	-
1/26	BSU	-	9.800	9.775	9.850	-
2/2	@CMU	9.775	-	9.675	9.625	-
2/9	BYU	-	9.850	9.950	9.900	-
2/12	USU	-	9.825	9.725	9.775	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					



Amber Heltemes

	2018	Career
Vault	9.625	9.625
Bars	9.700	9.875
Beam	-	-
Floor	9.800	9.800
All-Around	-	-

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	9.625	9.650	-	9.800	-
1/19	@BYU	-	9.700	-	-	-
1/26	BSU	-	-	-	-	-
2/2	@CMU	-	8.925	-	-	-
2/9	BYU	-	-	-	-	-
2/12	USU	-	-	-	-	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					

2018 Southern Utah Individual Highs



Madison Howlett

	2018	Career
Vault	-	-
Bars	9.825	9.825
Beam	-	-
Floor	-	-
All-Around	-	-

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	-	9.800	-	-	-
1/19	@BYU	-	9.750	-	-	-
1/26	BSU	-	9.825	-	-	-
2/2	@CMU	-	9.750	-	-	-
2/9	BYU	-	9.800	-	-	-
2/12	USU	-	9.800	-	-	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					



Autumn Jorgensen

	2018	Career
Vault	9.800	9.825
Bars	9.800	9.800
Beam	9.900	9.900
Floor	9.900	9.950
All-Around	39.250	39.250

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	9.800	-	9.850	9.800	-
1/19	@BYU	9.800	-	9.875	9.850	-
1/26	BSU	9.775	9.800	9.200	9.900	38.675
2/2	@CMU	9.800	9.700	9.875	9.875	39.250
2/9	BYU	9.800	9.575	9.900	9.900	39.175
2/12	USU	9.775	9.675	9.800	9.900	39.150
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					



Molly Jozwiakowski

	2018	Career
Vault	9.825	9.825
Bars	-	-
Beam	-	-
Floor	9.850	9.850
All-Around	-	-

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	-	-	-	9.825	-
1/19	@BYU	9.750	-	-	9.225	-
1/26	BSU	9.750	-	-	9.850	-
2/2	@CMU	9.725	-	-	9.825	-
2/9	BYU	9.750	-	-	9.825	-
2/12	USU	9.825	-	-	9.825	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					



Alyssa LaDieu

	2018	Career
Vault	-	-
Bars	-	-
Beam	9.825	9.825
Floor	-	-
All-Around	-	-

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	-	-	9.825	-	-
1/19	@BYU	-	-	9.750	-	-
1/26	BSU	-	-	9.800	-	-
2/2	@CMU	-	-	9.800	-	-
2/9	BYU	-	-	9.150	-	-
2/12	USU	-	-	9.025	-	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					

2018 Southern Utah Individual Highs



Madison Loomis

	2018	Career
Vault	-	-
Bars	-	-
Beam	-	-
Floor	9.550	9.550
All-Around	-	-

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	-	-	-	-	-
1/19	@BYU	-	-	-	9.525	-
1/26	BSU	-	-	-	9.250	-
2/2	@CMU	-	-	-	9.550	-
2/9	BYU	-	-	-	-	-
2/12	USU	-	-	-	-	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					



Madison McBride

	2018	Career
Vault	9.800	9.875
Bars	9.800	9.925
Beam	9.725	9.725
Floor	9.875	9.875
All-Around	39.000	39.000

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	9.775	9.100	8.675	9.650	37.200
1/19	@BYU	9.775	9.800	9.725	9.700	39.000
1/26	BSU	9.775	9.175	9.025	8.975	36.950
2/2	@CMU	9.750	9.750	-	9.875	-
2/9	BYU	9.775	9.800	-	9.875	-
2/12	USU	9.800	9.325	-	9.875	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					



Megan McBride

	2018	Career
Vault	9.900	9.900
Bars	-	-
Beam	-	-
Floor	9.775	9.775
All-Around	-	-

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	9.900	-	-	-	-
1/19	@BYU	9.725	-	-	-	-
1/26	BSU	9.850	-	-	-	-
2/2	@CMU	9.850	-	-	-	-
2/9	BYU	9.900	-	-	9.775	-
2/12	USU	9.825	-	-	9.725	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					



Hannah Nipp

	2018	Career
Vault	-	-
Bars	9.800	9.800
Beam	9.850	9.850
Floor	-	-
All-Around	-	-

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	-	9.800	9.025	-	-
1/19	@BYU	-	8.800	-	-	-
1/26	BSU	-	-	-	-	-
2/2	@CMU	-	-	9.850	-	-
2/9	BYU	-	-	9.775	-	-
2/12	USU	-	-	9.150	-	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					

2018 Southern Utah Individual Highs



Mary Packham

	2018	Career
Vault	-	-
Bars	-	-
Beam	9.825	9.825
Floor	-	-
All-Around	-	-

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	-	-	-	-	-
1/19	@BYU	-	-	9.800	-	-
1/26	BSU	-	-	9.050	-	-
2/2	@CMU	-	-	9.825	-	-
2/9	BYU	-	-	9.825	-	-
2/12	USU	-	-	9.825	-	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					



Becky Rozsa

	2018	Career
Vault	-	-
Bars	9.875	9.875
Beam	-	-
Floor	-	-
All-Around	-	-

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	-	9.100	-	-	-
1/19	@BYU	-	9.775	-	-	-
1/26	BSU	-	9.750	-	-	-
2/2	@CMU	-	9.775	-	-	-
2/9	BYU	-	9.875	-	-	-
2/12	USU	-	9.800	-	-	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					



Emily Wilson

	2018	Career
Vault	-	-
Bars	-	-
Beam	-	-
Floor	-	-
All-Around	-	-

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	-	-	-	-	-
1/19	@BYU	-	-	-	-	-
1/26	BSU	-	-	-	-	-
2/2	@CMU	-	-	-	-	-
2/9	BYU	-	-	-	-	-
2/12	USU	-	-	-	-	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					



Amanda Wiltsie

	2018	Career
Vault	-	-
Bars	-	-
Beam	-	-
Floor	-	-
All-Around	-	-

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	-	-	-	-	-
1/19	@BYU	-	-	-	-	-
1/26	BSU	-	-	-	-	-
2/2	@CMU	-	-	-	-	-
2/9	BYU	-	-	-	-	-
2/12	USU	-	-	-	-	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					

2018 Southern Utah Individual Highs



Kirsten Yee

	2018	Career
Vault	-	-
Bars	9.850	9.950
Beam	9.750	9.925
Floor	-	-
All-Around	-	-

Date	Meet	Vault	Bars	Beam	Floor	AA
1/11	@BSU	-	9.850	9.750	-	-
1/19	@BYU	-	8.975	9.625	-	-
1/26	BSU	-	9.825	8.100	-	-
2/2	@CMU	-	9.850	9.675	-	-
2/9	BYU	-	9.850	9.775	-	-
2/12	USU	-	9.800	9.675	-	-
2/16	@BYU/DU					
2/23	Iowa					
3/3	UW					
3/5	@DU					
3/16	@USU					
3/24	MRGC					
4/7	NCAA Reg.					

2018 Southern Utah Regional / National Rankings

Team Rankings

Event	RQS	Average	Regional	National
Vault		48.940	#4	#23
Uneven Bars		48.640	#6	#36
Balance Beam		48.435	#8	#45
Floor Exercise		48.970	#4	#26
Total		194.985	#6	#35

Individual Rankings - Uneven Bars

Gymnast	RQS	Average	Regional	National
Karen Gonzalez		9.825	#8	#58
Madison Howlett		9.785	#13	-
Autumn Jorgensen		9.692	#33	-
Kirsten Yee		9.670	#39	-

Individual Rankings - Floor Exercise

Gymnast	RQS	Average	Regional	National
Autumn Jorgensen		9.865	#8	#37
McKenna Burnside		9.830	#13	#83
Karen Gonzalez		9.805	#22	-
Megan McBride		9.775	#33	-
Molly Jozwiakowski		9.710	#43	-

Individual Rankings - Vault

Gymnast	RQS	Average	Regional	National
Megan McBride		9.845	#10	#42
Autumn Jorgensen		9.795	#20	-
Morgan Alfaro		9.785	#24	-
Madison McBride		9.770	#28	-

Individual Rankings - Balance Beam

Gymnast	RQS	Average	Regional	National
Karen Gonzalez		9.775	#24	-
Autumn Jorgensen		9.740	#32	-
Alyssa LaDieu		9.665	#45	-
Mary Packham		9.625	#47	-



Head Coach Scotty Bauman

Head coach Scotty Bauman will celebrate his 27th year at the helm of the SUU gymnastics program in 2018, setting him apart as the longest tenured coach in all of Thunderbird athletics. Over that time, Bauman has overseen the ascent of the squad from a relatively unknown entity to one which has ingrained a reputation as one of the nation's established and respected programs. The ascent has culminated in five consecutive NCAA Regional appearances, a three-time All-American in Elise Wheeler and the 2010 Western Athletic Conference Championship trophy.

Bauman's work with the SUU squad has been a constant process. During his first year at SUU, his gymnasts set school records for practically every individual and team score. That 1992 season set a precedent for those which would follow, as the Thunderbird gymnasts have virtually rewritten the record books in each subsequent year. The only exception was in 1994, when Bauman saw the departure of seven seniors that were at Southern Utah when he joined the program.

Under Bauman's guidance the team has jumped its all-around average from 182.16 in 1991 (the year before he came) to a school-record 195.181 in 2010. The team's assault on the record books has been relentless. A quick glance at the SUU book shows that every individual record has been equaled or set within the last six seasons and every team mark has been established in the last eight.

Although 2000 was the first time the entire team qualified for the post-season, at least three SUU gymnasts have qualified for at-large berths in all but one of Bauman's seasons at Southern Utah, including four in 1995, 1999, 2003 and 2007 while five qualified in 2001. In 1998 the Thunderbirds used just two all-arounders; both advanced for the regional meet. Bauman has earned several coaching honors throughout the years, including the 1993 Midwest Region Coach of the Year, 2010 WAC Coach of the Year and the North Central Region Coach of the Year in 2003 and 2010.

A 1990 graduate of Utah State University, Bauman is in his first head-coaching capacity. He cut his coaching teeth under the tutelage of former USU head coach Ray Corn where he helped develop the Aggies into a national power. Bauman spent seven years as both an undergraduate and graduate assistant in Logan.

Bauman resides in Cedar City with his wife Stephanie and his two daughters, Shay and Shaun.



Assistant Coach Jeff Richards

Jeff Richards started his coaching career at SUU and now returns after stints at Penn State, George Washington, Utah State, Iowa, Wisconsin-Stout and Winona State. Richards has over 25 years of collegiate coaching experience across Divisions I, II and III.

In one season at George Washington, Richards helped the Colonials set school records on the vault and uneven bars, while helping the program to a record five first team All-East Atlantic Gymnastics League performers in 2014. He helped Chelsea Raineri to an EAGL co-championship on the vault - the first conference champion for George Washington since 2002 - and earn the EAGL Rookie of the Year award.

Richards spent five seasons at the helm of the Aggies program and was named the 2011 NCAA Division I National Association of Collegiate Gymnastics Coaches North Central Region Co-Head Coach of the Year. His stay in Logan, Utah spanned from 2009-2013 and included 19 student-athletes advancing to the NCAA Regionals.

His Aggies sent five individual qualifiers to the NCAA Regional during the 2009 and 2011 seasons, while the 2010, 2012 and 2013 teams each advanced three student-athletes to regional competition. Nine of Richards' pupils garnered All-Western Athletics Conference honors on 13 occasions.

Prior to USU, Richards spent the 2005-08 seasons as an assistant coach at the University of Iowa, where he was named the 2008 North Central Region Assistant Co-Coach of the Year with fellow Iowa assistant, Talya Vexler. He served as Iowa's main uneven bars coach and also oversaw travel, equipment and scheduling for the Hawkeyes.

Richards began his coaching career as a student-assistant at Utah State from 1988-90, before transferring to Southern Utah, where he finished his student-assistant coaching duties and earned his bachelor's degree in physical education from SUU in 1995. While at Utah State, Richards helped the Aggies to two appearances in the NCAA Regional Championships in both 1989 and 1990, and coached Tana Davis in the all-around to the NCAA National Championships both seasons. Richards also helped coach all-High Country Athletic Conference honoree Stephanie Green in 1990.

From 1998-04, Richards was head coach at the University of Wisconsin-Stout and was head coach at Winona State University from 2004-05 before joining Iowa in 2005.

Richards began his official career here at SUU with head coach Scott Bauman from 1996-98 after receiving his bachelors degree from SUU.

Richards was born and raised in Logan, Utah and has two daughters, Kanyon and Kennedy.

2018 Southern Utah Gymnastics Coaching Staff



Assistant Coach Jamie Wysong

Jamie Wysong enters her fifth year as a member of the Southern Utah University Women's Gymnastics staff. After spending her first two years as the Director of Gymnastics Operations, Wysong was promoted to full-time assistant coach ahead of the 2016 season.

As a member of the SUU staff, Wysong has been an essential part of some of the most successful seasons in the program's history. During the 2017 season, she coached former Thunderbird Stacie Webb to the first perfect 10.0 in program history on the balance beam. Wysong was also named Assistant Coach of the Year in the North Central Region by the National Association of Collegiate Gymnastics Coaches for Women following the conclusion of the 2017 season.

Wysong is also the program director and a head coach at the Southern Utah Gymnastics Academy and an assistant camp director at the SUU Gymnastics Camps. During her time as a member of the gymnastics staff, Wysong graduated Summa Cum Laude from Southern Utah University with a Bachelor's of Science in Communications with an emphasis on Media Studies.

Prior to coming to Cedar City, Wysong was an optional team coach and lead choreographer for 10 years at All American Gymnastics in Lindon, Utah. During her time at All American, she coached 10 National Qualifiers, four National Champions, and numerous other Regional and State Champions. During her time as a gymnast, Wysong was a level 10 gymnast and a state champion on bars, beam, and floor.

When she's not coaching gymnastics, Wysong races sprint cars and midget cars with her family. She holds a Class D license for land speed racing through the Southern California Timing Association and the Utah Salt Flats Racing Association and was the 2008 Winter Cup Series Go-Kart Champion.



Director of Gymnastics Operations Ciera Martin

Ciera Martin is in her first season as the Director of Gymnastics Operations for the Southern Utah University women's gymnastics team.

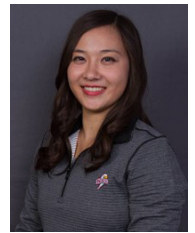
Before coming to Cedar City, Martin was an All-American gymnast for Boise State from 2011-2015. She was a three-time All-American on Vault, Bars, and Floor as a Bronco and scored the first perfect 10.0 on vault in MRGC history. Martin was named to the MRGC First Team on vault, bars, and floor and was named MRGC Gymnast of the Year in 2014 and was named MRGC First Team on vault and Second Team on bars in 2015.

She was the first Boise State gymnast to earn All-American status on floor and currently holds the record for highest bar score (9.975) and the most floor event championships in a season (9). Martin earned Academic All-American status all four years as a Bronco and was the SAAC president in 2015. She graduated from Boise State in 2015 with a Bachelor's Degree in Communication.

Ciera is the wife of current Thunderbird Basketball Director of Operations Bryce Martin.



Volunteer Assistant Coach Adam AhQuin



Volunteer Assistant Coach Stacie Webb



Student Assistant Mikaela Dayton



Student Manager Sarah Ingraham



Athletic Trainer Zac Willson



Strength Coach Marcus Romero

2018 Southern Utah Gymnastics Results

2018 GYMNASTICS SCORES

All-Around	AVG	@BSU	@BYU	BSU	@Central Mich.	BYU	USU	@BYU/Denver	Iowa	Washington	@Denver	@USU	MRGC
A. Jorgensen	39.063			38.675	39.250	39.175	39.150						
Ma. McBride	37.717	37.200	39.000	36.950									
Team	195.021	194.350	194.475	193.475	195.825	196.800	195.200						
RQS													
Vault	AVG	@BSU	@BYU	BSU	@Central Mich.	BYU	USU	@BYU/Denver	Iowa	Washington	@Denver	@USU	MRGC
Me. McBride	9.842	9.900	9.725	9.850	9.850	9.900	9.825						
A. Jorgensen	9.790		9.800	9.775	9.800	9.800	9.775						
M. Alfaro	9.783	9.750	9.775	9.775	9.825	9.800	9.775						
Ma. McBride	9.775	9.775	9.775	9.775	9.750	9.775	9.800						
M. Jozwiakowski	9.760		9.750	9.750	9.725	9.750	9.825						
K. Gonzalez	9.738	9.700			9.775								
M. Burnside	9.733			9.750		9.725	9.725						
A. Heltemes	9.625	9.625											
Team	48.950	48.925	48.825	48.925	49.000	49.025	49.000						
RQS													
Uneven Bars	AVG	@BSU	@BYU	BSU	@Central Mich.	BYU	USU	@BYU/Denver	Iowa	Washington	@Denver	@USU	MRGC
K. Gonzalez	9.825			9.800		9.850	9.825						
M. Howlett	9.788	9.800	9.750	9.825	9.750	9.800	9.800						
K. Yee	9.692	9.850	8.975	9.825	9.850	9.850	9.800						
A. Jorgensen	9.688			9.800	9.700	9.575	9.675						
B. Rozsa	9.660	9.100		9.750	9.775	9.875	9.800						
Ma. McBride	9.492	9.100	9.800	9.175	9.750	9.800	9.325						
A. Heltemes	9.425	9.650	9.700		8.925								
H. Nipp	9.300	9.800	8.800										
Team	48.683	48.200	48.000	49.000	48.825	49.175	48.900						
RQS													
Balance Beam	AVG	@BSU	@BYU	BSU	@Central Mich.	BYU	USU	@BYU/Denver	Iowa	Washington	@Denver	@USU	MRGC
K. Gonzalez	9.767	9.725	9.750	9.775	9.675	9.950	9.725						
A. Jorgensen	9.750	9.850	9.875	9.200	9.875	9.900	9.800						
M. Packham	9.665		9.800	9.050	9.825	9.825	9.825						
A. LaDieu	9.558	9.825	9.750	9.800	9.800	9.150	9.025						
H. Nipp	9.450	9.025			9.850	9.775	9.150						
K. Yee	9.433	9.750	9.625	8.100	9.675	9.775	9.675						
Ma. McBride	9.142	8.675	9.725	9.025									
Team	48.392	48.175	48.900	46.850	49.025	49.225	48.175						
RQS													
Floor Exercise	AVG	@BSU	@BYU	BSU	@Central Mich.	BYU	USU	@BYU/Denver	Iowa	Washington	@Denver	@USU	MRGC
A. Jorgensen	9.871	9.800	9.850	9.900	9.875	9.900	9.900						
M. Burnside	9.817	9.825	9.825	9.850	9.775	9.875	9.750						
A. Heltemes	9.800	9.800											
K. Gonzalez	9.800	9.800	9.850	9.850	9.625	9.900	9.775						
Me. McBride	9.750					9.775	9.725						
M. Jozwiakowski	9.729	9.825	9.225	9.850	9.825	9.825	9.825						
Ma. McBride	9.658	9.650	9.700	8.975	9.875	9.875	9.875						
M. Loomis	9.442		9.525	9.250	9.550								
Team	48.996	49.050	48.750	48.700	48.975	49.375	49.125						
RQS													

Individual Season High

Team and Event Season High (Dropped for RQS)

Other 5 Scores Making Up RQS Heading Into Regional Competition

Southern Utah Gymnastics Record Book

Individual Records

All-Around

	Score	Date
1. Elise Wheeler	39.575	3/19/10
2. Elise Wheeler	39.550	2/26/10
3. Elise Wheeler	39.525	3/14/09
4. Elise Wheeler	39.500	3/12/10
5. Danielle Ramirez	39.475	2/6/17
6. Danielle Ramirez	39.450	3/11/16
7. Danielle Ramirez	39.425	3/19/16
Danielle Ramirez	39.425	1/27/17
Elise Wheeler	39.425	2/15/10
Elise Wheeler	39.425	2/6/10
Elise Wheeler	39.425	2/20/09
Carly Geronimo	39.425	3/13/04

Vault

	Score	Date
1. Lindsey Schultz	9.950	2/20/09
2. Brittney Jensen	9.925	2/27/15
Stacie Webb	9.925	2/06/15
Brittney Jensen	9.925	3/23/13
Melissa Johnson	9.925	3/27/10
Melissa Johnson	9.925	2/15/10
Lindsey Schultz	9.925	3/14/09
Elise Wheeler	9.925	3/14/09
Molly Bauer	9.925	3/3/04
Molly Bauer	9.925	3/29/03
3. Megan McBride	9.900	1/11/18
Stacie Webb	9.900	3/04/16
Danielle Ramirez	9.900	1/11/14
14 more tied with	9.900	

Uneven Bars

	Score	Date
1. Kirsten Yee	9.950	1/30/15
2. Madison McBride	9.925	2/10/17
Alyssa Click	9.925	3/24/12
Alyssa Click	9.925	3/22/10
Elise Wheeler	9.925	3/19/10
3. Memory Shettles	9.900	3/11/16
Danielle Ramirez	9.900	3/4/16
Kirsten Yee	9.900	1/09/16
Kirsten Yee	9.900	2/20/15
Jamie Armijo	9.900	2/2/15
Jamie Armijo	9.900	1/9/15
Alyssa Click	9.900	1/31/14
Elise Wheeler	9.900	3/12/10
Elise Wheeler	9.900	3/16/09
Elise Wheeler	9.900	3/17/08
Elise Wheeler	9.900	3/23/07
6 more tied with	9.900	

Balance Beam

	Score	Date
1. Stacie Webb	10.000	3/13/17
2. Karen Gonzalez	9.950	2/9/18
Elise Wheeler	9.950	2/23/07
Leah Sakhitab	9.950	3/3/04
3. Kirsten Yee	9.925	3/13/17
Stacie Webb	9.925	2/27/16
Stacie Webb	9.925	2/06/15
Alyssa Click	9.925	3/19/12
Alyssa Click	9.925	3/16/12
Brooke Cersosimo	9.925	3/19/11
Ari Lamb	9.925	1/29/11
Elise Wheeler	9.925	3/22/10
Kellie Dangerfield	9.925	3/6/09
Leah Sakhitab	9.925	2/9/07
Five more tied with	9.925	

Floor Exercise

	Score	Date
1. Autumn Jorgensen	9.950	2/17/17
Autumn Jorgensen	9.950	2/10/17
Virginia Brownsell	9.950	2/19/16
Carly Geronimo	9.950	1/28/05
Molly Bauer	9.950	3/15/04
Sandi Lyman	9.950	3/22/02
2. Madyson Blake-Howard	9.925	2/17/17
Stacie Webb	9.925	2/17/17
Stacie Webb	9.925	2/10/17
Danielle Ramirez	9.925	2/6/17
Natalie Trejo	9.925	3/19/16
Ten more tied with	9.925	

Team Records

Total Score

	Opponent	Date
1. 197.025	NC State	3/3/17
2. 196.725	Utah State	2/10/17
3. 196.700	Denver	2/6/17
4. 196.600	@ Michigan	2/26/17
5. 196.575	at MRGC	3/19/16
196.575	Eastern Michigan	3/3/04

Vault

	Opponent	Date
1. 49.325	Utah State/Denver	2/27/15
2. 49.275	Boise State	2/26/10
49.275	Iowa	2/20/09
3. 49.225	Utah/Boise St./UC Davis	1/16/15
4. 49.200	at Boise State	3/14/09
5. 49.175	NCAA Regionals	4/5/14

Southern Utah Gymnastics Record Book

Uneven Bars

	Opponent	Date
1. 49.300	NC State	3/3/17
49.300	at Boise State	3/11/16
2. 49.275	Arizona State	3/6/15
3. 49.250	Utah State	2/10/17
49.250	at Utah State	2/20/15
4. 49.225	Denver	2/6/17
49.225	at MRGC	3/19/16

Balance Beam

	Opponent	Date
1. 49.400	Boise State	2/9/07
49.400	Eastern Michigan	3/3/04
2. 49.325	WAC Championships	3/19/11
3. 49.300	Denver	2/6/17
49.300	Boise State	3/9/12
49.300	Boise State	2/27/04

Floor Exercise

	Opponent	Date
1. 49.550	Utah State	2/17/17
2. 49.525	WGC Championships	3/22/02
3. 49.475	Utah State	2/10/17
49.475	Brigham Young	3/15/04
4. 49.450	Michigan/UC Davis	2/19/16
49.450	Utah State	2/10/03