



# Cougar Volleyball

## THIS WEEK'S ACTION:

**BYU Cougars at Nevada Wolf Pack**

**Reno, Nev. • Virginia Street Gym (1,800) • Aug. 27, 2005**

**GameTracker:** <http://nevadawolfpack.collegesports.com/sports/w-volley/sched/unv-w-volley-sched.html>



## NEVADA

**(0-0, 0-0 WAC)**

**Saturday, Aug. 27, 7 p.m.**

## BYU Opens 2005 at Nevada

PROVO, Utah (Aug. 25, 2005) – The Cougars open up the 2005 season this weekend on the road as BYU travels to take on the Nevada Wolf Pack. With first-year head coach Jason Watson at the helm and a talented collection of returning players and newcomers, the Cougars hope to start the year off with a bang and show why they are the preseason favorite to win the Mountain West title.

“Nevada is an experienced team, which is sure to have high expectations for their season,” said Watson. “They are a great early test for our team. While we’ve had a great series of practices leading up to this match, I’m looking forward to watching us compete against a quality opponent this Saturday.”

Junior middle blocker Lindsay Hartsock, the nation’s second-best blocker last year, headlines a roster featuring six returning starters among 10 returning letterwinners. Two-time All-MWC honoree Lauren Richards Evans is back in the setter spot for her senior year while fellow seniors Lexi Brown Patterson and Kim Wilson, who received 2004 All-MWC recognition, both return with starting experience. Libero Lindsey Evans and outside hitter Erica Lott, both sophomores, round out the BYU cache of returning starters. Lott and Richards Evans have been named to the 2005 Preseason All-MWC team while Hartsock has been selected as the preseason Co-Player of the Year.

Watson will be making his head-coaching debut against the Wolf Pack with the help of first-year BYU assistant Brent Aldridge, who comes to the Cougars after three years as an assistant at New Mexico, and Brooke Huebner in her second year on the bench for BYU.

Nevada opens the season after finishing 21-10 last year and making an appearance in the First Round of the 2004 NCAA Tournament. Head Coach Devin Scruggs, in her ninth season, owns a 140-94 record with the Wolf Pack, who return seven starters among eight letterwinners. BYU owns a 2-1 series lead against Nevada with the most recent meeting being a BYU sweep in 2003.

## QUICK REFERENCE

BYU 2005 Record: 0-0

BYU MWC Record: 0-0

Current AVCA Ranking: N/A (Listed No. 36)

## 2005 SCHEDULE/RESULTS

| <u>Date</u> | <u>Opponent</u>           | <u>Place</u>         | <u>Time/Score</u> |
|-------------|---------------------------|----------------------|-------------------|
| Aug. 27     | @ Nevada                  | Reno, NV             | TBA               |
| Sept. 1-2   | UVSC/BYU Invitational     | PROVO, UT            |                   |
| Sept. 1     | Montana State             |                      | 7 p.m.            |
| Sept. 2     | Kansas                    |                      | 7 p.m.            |
| Sept. 7     | @ Idaho State             | Pocatello, ID        | 7 p.m.            |
| Sept. 10    | Utah State                | PROVO, UT            | 7 p.m.            |
| Sept. 16-17 | Ohio State Tournament     | Columbus, OH         |                   |
| Sept. 16    | Duke                      |                      | 5 p.m.            |
| Sept. 17    | Ohio State or Pittsburgh  |                      | TBA               |
| Sept. 23*   | @ New Mexico              | Albuquerque, NM      | 7 p.m.            |
| Sept. 24*   | @ Air Force               | Colorado Springs, CO | 7 p.m.            |
| Sept 28*    | Utah                      | PROVO, UT            | 7 p.m. (BYUTV)    |
| Oct. 1*     | TCU                       | PROVO, UT            | 7 p.m.            |
| Oct. 7*     | @ Wyoming                 | Laramie, WY          | 7 p.m.            |
| Oct. 8*     | @ Colorado State          | Fort Collins, CO     | 7 p.m.            |
| Oct. 14*    | Air Force                 | PROVO, UT            | 7 p.m.            |
| Oct. 15*    | New Mexico                | PROVO, UT            | 7 p.m.            |
| Oct. 18     | Utah Valley State College | PROVO, UT            | 7 p.m.            |
| Oct. 21*    | UNLV                      | PROVO, UT            | 7 p.m. (BYUTV)    |
| Oct. 22*    | San Diego State           | PROVO, UT            | 7 p.m. (CSTV)     |
| Oct. 25     | @ Weber State             | Ogden, UT            | 7 p.m.            |
| Oct. 28*    | @ TCU                     | Fort Worth, TX       | 7 p.m.            |
| Nov. 4*     | @ Utah                    | Salt Lake City, UT   | 7 p.m.            |
| Nov. 11*    | Colorado State            | PROVO, UT            | 7 p.m. (BYUTV)    |
| Nov. 12*    | Wyoming                   | PROVO, UT            | 7 p.m.            |
| Nov. 18*    | @ San Diego State         | San Diego, CA        | 7 p.m.            |
| Nov. 19*    | @ UNLV                    | Las Vegas, NV        | 7 p.m.            |
| Nov. 24-26* | MWC Tournament            | Las Vegas, NV        | TBA               |
| Dec. 2-5    | NCAA 1st/2nd Rounds       | TBA                  | TBA               |
| Dec. 9-12   | NCAA Regionals            | TBA                  | TBA               |
| Dec. 16-18  | NCAA Final Four           | Long Beach, CA       | TBA               |

\* denotes Mountain West Conference matches.

\*\* all times listed are for local site.

## 2005 NUMERICAL ROSTER

| No. | Name               | Pos. | Ht.  | Cl. | Exp. | Hometown   |
|-----|--------------------|------|------|-----|------|--|
| 1   | Chelsea Goodman    | OH   | 5-11 | SO  | 1L   | Mesa, Ariz. (Mountain View HS)                   |
| 2   | Janvier Beaumont   | L    | 5-7  | FR  | HS   | Rancho Sante Fe, Calif. (Torrey Pines HS)        |
| 3   | Lindsey Evans      | L    | 5-9  | SO  | 1L   | West Linn, Ore. (West Linn HS)                   |
| 4   | Ashton Hansen      | MB   | 6-4  | FR  | HS   | Idaho Falls, Idaho (Idaho Falls HS)              |
| 5   | Lauren Richards    | S    | 6-0  | SR  | 3L   | Orem, Utah (Timpanogos HS)                       |
| 6   | Tessa Stimpson     | DS   | 5-8  | FR  | RS   | Tupelo, Miss. (Tupelo HS)                        |
| 7   | Kimberly Wilson    | OH   | 6-0  | SR  | 3L   | Provo, Utah (Provo HS)                           |
| 8   | Marisa Vandersteen | MB   | 6-1  | FR  | HS   | Sandy, Utah (Brighton HS)                        |
| 9   | Lexi Brown         | RS   | 6-1  | SR  | 3L   | Sandy, Utah (Jordan HS)                          |
| 10  | Erica Lott         | OH   | 6-2  | SO  | 1L   | Orem, Utah (Mountain View HS)                    |
| 11  | Annie Kemp         | DS   | 5-8  | SO  | 1L   | Pocatello, Idaho (Century HS)                    |
| 12  | Catherine Parker   | MB   | 6-2  | SO  | 1L   | Palos Verdes, Calif. (Palos Verdes Peninsula HS) |
| 13  | Bryn Porter        | OH   | 5-10 | FR  | RS   | Camarillo, Calif. (Thousand Oaks HS)             |
| 14  | Lindsy Hartsock    | MB   | 6-4  | JR  | 2L   | Inkom, Idaho (Century HS)                        |
| 15  | Amy Schlauder      | S    | 6-1  | FR  | RS   | Las Vegas, Nev. (Durango HS)                     |
| 16  | Stephanie Lau      | DS   | 5-10 | FR  | HS   | Edmonds, Wash. (Kamiak HS)                       |
| 20  | Jenna Judkins      | S    | 5-10 | SO  | 1L   | Salt Lake City, Utah (Skyline HS)                |
| 44  | Rachel Dyer        | MB   | 6-1  | FR  | RS   | Encinitas, Calif. (La Costa Canyon HS)           |

## 2005 ALPHABETIC ROSTER

| Name               | No. | Pos. |
|--------------------|-----|------|
| Janvier Beaumont   | 2   | L    |
| Lexi Brown         | 9   | MB   |
| Rachel Dyer        | 44  | MB   |
| Lindsey Evans      | 3   | L    |
| Chelsea Goodman    | 1   | OH   |
| Ashton Hansen      | 4   | MB   |
| Lindsy Hartsock    | 14  | MB   |
| Jenna Judkins      | 20  | S    |
| Annie Kemp         | 11  | DS   |
| Stephanie Lau      | 16  | DS   |
| Erica Lott         | 10  | OH   |
| Catherine Parker   | 12  | MB   |
| Bryn Porter        | 13  | OH   |
| Lauren Richards    | 5   | S    |
| Amy Schlauder      | 15  | S    |
| Tessa Stimpson     | 6   | DS   |
| Marisa Vandersteen | 8   | MB   |
| Kimberly Wilson    | 7   | OH   |

Head Coach: Jason Watson (BYU 1995) – First Season

Assistant Coaches: Brent Aldridge (University of South Dakota 1992)

Brooke Huebner (San Jose State 1998)

Trainer: Gaye Merrill

## ROSTER BREAKDOWN

## Returning Starters (6)

| Name            | Pos. | Ht. | Cl. | Pct. | KPG  | DPG  | BPG  |
|-----------------|------|-----|-----|------|------|------|------|
| Lexi Brown      | RS   | 6-1 | SR  | .344 | 2.85 | 0.75 | 1.01 |
| Lindsey Evans   | L    | 5-9 | SO  | .333 | 0.03 | 2.61 | 0.00 |
| Lindsy Hartsock | MB   | 6-4 | JR  | .380 | 2.50 | 0.52 | 1.86 |
| Erica Lott      | OH   | 6-2 | SO  | .267 | 3.40 | 0.77 | 0.62 |
| Lauren Richards | S    | 6-0 | SR  | .222 | 1.28 | 2.08 | 0.96 |
| Kimberly Wilson | OH   | 6-0 | SR  | .244 | 3.15 | 2.04 | 0.50 |

## Starters Lost (2)

|                 |    |     |    |      |      |      |      |
|-----------------|----|-----|----|------|------|------|------|
| Lindsey Metcalf | RS | 6-0 | SR | .282 | 1.59 | 2.51 | 1.03 |
| April Varner    | OH | 6-0 | SR | .239 | 2.21 | 2.60 | 0.29 |

## Returning Letterwinners (10)

| Name             | Pos. | Ht.  | Cl. | Pct. | KPG  | DPG  | BPG  |
|------------------|------|------|-----|------|------|------|------|
| Lexi Brown       | RS   | 6-1  | SR  | .344 | 2.85 | 0.75 | 1.01 |
| Lindsey Evans    | L    | 5-9  | SO  | .333 | 0.03 | 2.61 | 0.00 |
| Chelsea Goodman  | OH   | 5-11 | SO  | .170 | 1.04 | 1.67 | 0.19 |
| Lindsy Hartsock  | MB   | 6-4  | JR  | .380 | 2.50 | 0.52 | 1.86 |
| Jenna Judkins    | S    | 5-10 | SO  | .000 | 0.00 | 0.25 | 0.00 |
| Annie Kemp       | DS   | 5-8  | SO  | .000 | 0.00 | 1.14 | 0.00 |
| Erica Lott       | OH   | 6-2  | SO  | .267 | 3.40 | 0.77 | 0.62 |
| Catherine Parker | MB   | 6-2  | SO  | .175 | 1.32 | 0.32 | 0.95 |
| Lauren Richards  | S    | 6-0  | SR  | .222 | 1.28 | 2.08 | 0.96 |
| Kimberly Wilson  | OH   | 6-0  | SR  | .244 | 3.15 | 2.04 | 0.50 |

## Letterwinners Lost (4)

|                 |    |     |    |       |      |      |      |
|-----------------|----|-----|----|-------|------|------|------|
| Mandi Kiholm    | RS | 6-1 | SR | .114  | 0.80 | 0.05 | 0.70 |
| Lindsey Metcalf | RS | 6-0 | SR | .282  | 1.59 | 2.51 | 1.03 |
| Stacie Powell   | DS | 5-6 | SO | -.250 | 0.03 | 2.18 | 0.00 |
| April Varner    | OH | 6-0 | SR | .239  | 2.21 | 2.60 | 0.29 |

## Returning Redshirts (4)

| Name           | Pos. | Ht.  | Cl. | Exp. |
|----------------|------|------|-----|------|
| Rachel Dyer    | MB   | 6-1  | FR  | RS   |
| Bryn Porter    | OH   | 5-10 | FR  | RS   |
| Amy Schlauder  | S    | 6-1  | FR  | RS   |
| Tessa Stimpson | DS   | 5-8  | FR  | RS   |

## Newcomers (4)

| Name               | Pos. | Ht.  | Cl. | Exp. |
|--------------------|------|------|-----|------|
| Janvier Beaumont   | L    | 5-7  | FR  | HS   |
| Ashton Hansen      | MB   | 6-4  | FR  | HS   |
| Stephanie Lau      | DS   | 5-10 | FR  | HS   |
| Marisa Vandersteen | MB   | 6-1  | FR  | HS   |

## Class Breakdown

## Senior (3)

Lexi Brown  
Lauren Richards  
Kim Wilson

## Junior (1)

Lindsy Hartsock

## Sophomore (6)

Lindsey Evans  
Chelsea Goodman  
Jenna Judkins  
Annie Kemp  
Erica Lott  
Catherine Parker

## Freshman (8)

Rachel Dyer  
Bryn Porter  
Amy Schlauder  
Tessa Stimpson  
\*Janvier Beaumont  
\*Ashton Hansen  
\*Stephanie Lau  
\*Marisa Vandersteen

\* 2005 Newcomer



GENERAL INFO

Location: Reno, Nevada  
 Enrollment: 16,500  
 Nickname: Wolf Pack  
 Colors: Navy Blue and Silver  
 Facility: Virginia Street Gym (1,800)  
 Conference: Western Athletic

VOLLEYBALL INFO

Series Record: BYU leads, 2-1  
 Last Meeting: 2003  
 Result: BYU (3-0)  
 Head Coach: Devin Scruggs (Pacific '91)  
 Assistant Coaches: Oscar Crespo, Ray Batalon  
 Overall Record (Years): 140-94 (8)  
 Record at School (Years): 140-94 (8)  
 2004 Overall Record: 21-10  
 2004 Conference Record: 10-3 (2nd)  
 2004 Final Ranking/Postseason Finish: N/A

PLAYER INFO

Starters Returning/Lost: 7/1  
 Letterwinners Returning/Lost: 8/5  
 Top Returners:

Salaia Salave'a, 5-11, Sr, MB/OH (4.88 kpg, 1.42 bpg)  
 Tristin Adams, 5-9, Jr, S (12.37 apg, 2.33 dpg)

Top Newcomers:

Ashley Hess, 6-0, Fr, MB  
 Ashley Miller, 5-9, Jr, S



Devin Scruggs



Salaia Salave'a

BYU All-time vs. Nevada

Record: 2-1, H: 2-0, N: 0-1

|          |                  |   |   |  |
|----------|------------------|---|---|--|
| 09/20/03 | Dual             | H | W | 3-0 (30-26, 30-19, 30-24)              |
| 08/31/02 | WSU Challenge    | N | L | 2-3 (22-30, 29-31, 31-29, 30-27, 41-5) |
| 09/19/85 | BYU Invitational | H | W | 3-0 (15-3, 15-4, 15-10)                |

2005 Nevada Women's Volleyball Roster

| No. | Name              | Pos.  | Ht.   | Cl. | Hometown / Previous School            |
|-----|-------------------|-------|-------|-----|---------------------------------------|
| 1   | Teal Ericson      | OH/RS | 6'0"  | So. | Tahoe City, Calif./North Tahoe HS     |
| 2   | Allison Hernandez | OH/L  | 5'10" | Fr. | Sacramento, Calif./Roseville HS       |
| 4   | Ashley Miller     | S     | 5'7"  | Jr. | Auburn Hills, Mich./Golden West JC    |
| 5   | Karly Sipherd     | MB    | 6'0"  | So. | Auburn, Calif./Placer HS              |
| 6   | Salaia Salave'a   | MB/RS | 6'0"  | Sr. | Leone, American Samoa/Leone HS        |
| 7   | Carina Aguilar    | DS    | 5'6"  | Fr. | Coloma, Calif./El Dorado HS           |
| 8   | Tristin Johnson   | S     | 5'9"  | Jr. | Fallon, Nev./Churchill County HS      |
| 11  | Brianne Davis     | MB/RS | 6'1"  | Jr. | Reno, Nev./McQueen HS                 |
| 12  | Christine Harms   | OH/L  | 5'9"  | Sr. | Placerville, Calif./El Dorado HS      |
| 14  | Lindsay Holda     | L/DS  | 5'8"  | Sr. | Tracy, Calif./Tracy HS                |
| 17  | Dana Henry        | DS    | 5'6"  | Fr. | Klamath Falls, Ore./Klamath Union HS  |
| 20  | Erika Ryan        | MB/RS | 6'1"  | Fr. | Roseville, Calif./Roseville HS        |
| 21  | Ashley Hess       | MB    | 6'0"  | Fr. | Laguna Niguel, Calif./Aliso Niguel HS |
| 24  | Carly Sorensen    | OH    | 5'10" | Jr. | Fallon, Nev./Churchill County HS      |
| 28  | Randi Salis       | DS    | 5'2"  | So. | Kaneohe, Hawaii/Arkansas-Little Rock  |

SPORTS INFO

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Head Coach: Devin Scruggs (Pacific, 1991)  
 Associate Head Coach: Oscar Crespo (San Jose State, 1990)  
 Assistant Coach: Ray Batalon (Nevada, 2003)  
 Trainer: Kristin Klingler (Clarion University, 2005)

**2005 QUICK FACTS****UNIVERSITY INFORMATION**

Location ..... Provo, Utah 84602  
 Elevation ..... 4,553 feet  
 Enrollment ..... 33,278 (Daytime)  
 Founded ..... October 15, 1875  
 Owned .. Church of Jesus Christ of Latter-day Saints  
 Nickname ..... Cougars  
 Mascot..... Cosmo  
 Colors ..... Dark blue, white and tan  
 Conference ..... Mountain West  
 Arena ..... Smith Fieldhouse (5,000) wood floor  
 BYU President .. Cecil O. Samuelson (Utah, 1970)  
 Athletics Director ..... Tom Holmoe (BYU, 1982)

**VOLLEYBALL INFORMATION**

Head Coach ..... Jason Watson (BYU, 1995)  
 Office Phone ..... 801-422-3387  
 Assistant Coaches .....  
 ..... Brent Aldridge (South Dakota, 1992)  
 ..... Brooke Huebner (San Jose State, 1998)  
 Watson Record at BYU: ..... 0-0 (.000)/1st year  
 Watson Career Record ..... same  
 BYU's All-Time Record: ..... 943-264-5 (.782)  
 2004 Record ..... 19-11  
 2004 MWC Record ..... 9-5 (3rd)  
 2004 NCAA ..... N/A  
 2004 Final Ranking ..... N/A  
 Starters Returning/Lost ..... 6/2  
 Letterwinners Returning/Lost ..... 10/4  
 Newcomers ..... 4

**ATHLETIC COMMUNICATIONS**

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 Provo, Utah 84602

**Weekly Notes:****BYU In the Polls**

The Cougars are not the only ones who believe they are going to make some noise this season in the world of collegiate volleyball. BYU is listed No. 36 in the nation according to the Preseason CSTV/AVCA Top 25 Coaches Poll. The Cougars are the third Mountain West Conference team listed as Colorado State is ranked No. 22 and Utah is listed No. 29. Nebraska is the preseason No. 1 while the defending-champion Stanford Cardinal is ranked No. 3. Possible BYU opponent Ohio State is ranked No. 12.

**Tops in the MWC**

BYU also received another preseason nod as the Cougars were selected as the preseason favorite to win the Mountain West Conference regular-season title in 2005. Voted on by league coaches and selected media members, the Cougars received seven first-place votes while Utah was picked second and Colorado State was predicted to finish third.

**Preseason All-MWC**

Three Cougars were selected to the Preseason All-MWC team, including 2004 Blocker of the Year Lindsay Hartsock, two-time All-MWC senior Lauren Richards Evans and sophomore sensation Erica Lott. Hartsock finished second in the nation last year in blocks per game with 1.86 and was selected as a preseason Co-Player of the Year. Richards Evans led the league in aces per game (0.50) last season while coming in third in assists per game (12.45) to earn her second all-league selection. Lott finished fourth in the conference in kills per game (3.40) and was the 2005 Cougar Club Crowd Pleaser Award recipient for her thundering put-aways.

**Cougars to Make Home Debut**

BYU will make its 2005 home debut next week (Sept. 1-2) in the BYU/UVSC Invitational. The Cougars have matches slated against Montana State on Thursday at 7 p.m., and on Friday against Kansas again at 7 p.m.

**Coaching Debut**

BYU Head Coach Jason Watson will be making his head-coaching debut this weekend at Nevada. Watson, a 1995 graduate of BYU, was hired in February as the Cougars' head coach after nine seasons as an assistant coach, including three with BYU. Watson is joined on the Cougar coaching staff by second-year assistant Brooke Huebner and first-year BYU assistant coach Brent Aldridge, who comes to the Cougars after three seasons at New Mexico.

**Newcomers**

Four players will be making their Cougar debuts this weekend at Nevada as they begin their freshmen seasons. Middle blockers Ashton Hansen and Marisa Vendersteen join libero Janvier Beaumont and defensive specialist Stephanie Lau for their first game in a BYU uniform.

**Making Connections**

Two Cougars tied the knot during the offseason but didn't stray far from the court in choosing their spouses. Senior setter Lauren Richards Evans and senior middle blocker Lexi Brown Patterson both married players on the BYU men's volleyball team. Richards Evans said "I do" to outside hitter Taylor Evans, who set a BYU rally-scoring record last season with seven aces against USC. Brown Patterson wed opposite hitter Casey Patterson, who was named to two all-tournament teams last season.

**All In The Family**

Richards Evans and Brown Patterson also have another BYU volleyball connection. Both ladies are the daughters of former Cougar volleyball stars. Lori Doerr Richards played for BYU in 1976 and 1977 while the late Antoinette Brown played with former head coach Elaine Michaelis in the 1960's.

# JASON WATSON

## HEAD WOMEN'S VOLLEYBALL COACH

Jason Watson was named the head coach of BYU's women's volleyball program on Feb. 17, 2005 after serving for three years as an assistant with the program.



Watson has 11 years of collegiate coaching experience as an assistant at four universities, including two seasons with the BYU men's volleyball program and three with BYU's women's program. After an All-American playing career at BYU, Watson coached two seasons under former U.S. Olympic coach and two-time NCAA Coach of the Year Carl McGown with the Cougars' men's squad in 1995-96. He came back to BYU in 2002 as the assistant head coach of the women's team under Karen Lamb.

Prior to his recent return to BYU, Watson served as the associate head coach at Kansas State for two years where he helped guide the Wildcats to two consecutive NCAA Tournament berths and arguably their best season ever in 2000.

Before that, Watson spent two years at Arkansas State during which the Lady Indians won consecutive Sun Belt Conference titles. Watson began his women's volleyball coaching career with a two-year stint at Montana State, helping the Bobcats to their best record in almost 15 years.

Overall, Watson has assisted in taking teams to the NCAA Tournament in four of the last six seasons. In nine years coaching NCAA women's volleyball, Watson's teams have compiled a 185-97 (.656) record. Watson becomes only the fourth head coach in BYU women's volleyball history, joining JoAnne Calderwood (1956-61), Hall of Fame coach Elaine Michaelis (1962-2001) and Lamb (2002-04).

### COACHING CAREER

In control of the Cougars' defense, Watson has quickly established BYU as a top defensive squad. The Cougars led the Mountain West Conference and were fifth and 13th in the nation in blocks per game in 2004 and 2003 respectively. BYU also led the MWC in digs in 2003 with 1,729, the most the Cougars have put up since 1997. BYU's Lindsay Hartsock was named the 2004 Blocker of the Year and finished second in the nation averaging 1.86 blocks per game in 2004 while libero Uila Crabbe set BYU and MWC single-season records in digs with 435 in 2003 under Watson's direction.

At Kansas State, Watson helped the Wildcats earn back-to-back top-three finishes in the Big 12 Conference and consecutive trips to the NCAA tournament while achieving a 42-17 (.712) overall record and 29-11 (.725) mark in the Big 12. Coaching the setters and coordinating the offense, Watson established a powerful attack that produced several team and individual records.

Also in 2001, with Watson serving as associate head coach, KSU broke the school record for conference wins with a 15-5 mark and swept the season series with a school-best six league opponents. Two players earned All-Big 12 honors and one honorable mention All-America recognition, as school records were broken for kills, total attacks and 20-kill matches. KSU also earned the right to host the NCAA first and second rounds for the first time since the field was expanded to 64 teams and for only the second time in the school's history. In 2000, Watson helped guide the Wildcats to arguably its best season in school history

while directing an offense that set the school record with 2,024 kills, and totaled 1,828 assists (No. 2 in school history at the time), 4,864 total attacks (No.3 in school history) and a .245 team hitting percentage (No. 4 in school history). Under Watson's tutelage, setter Disney Bronnenberg finished second nationally in assists, averaging 15.01 assists per game.

Prior to his time at KSU, Watson helped Arkansas State advance to the NCAA tournament in 1999 after winning consecutive Sun Belt Conference regular season titles in 1998 and 1999. He helped the Lady Indians post a 51-18 (.739) record and coached a number of all-league performers, including Sun Belt Freshman of the Year Jessica Barney, who led league in assists with 1,457 in 1999. Watson was responsible for the team's offensive schemes and setter training while coordinating the program's recruiting efforts. Watson spent two seasons as an assistant at Montana State, helping the Bobcats to a 35-24 (.593) record. In 1997, the Bobcats finished 19-12, the program's best mark since 1983. In 1996, the team went 16-12 and made its first-ever Big Sky Conference Tournament appearance.

### PLAYING CAREER

As a player, Watson was a four-year starter and two-time captain from 1990-94 as the men's program grew from its infancy to a national power. After a 2-25 season in its second year as an NCAA sport, BYU achieved a 21-6 record and No. 2 national ranking in Watson's senior season in 1994. Watson is still BYU's all-time assist leader with 4,649 and single-game assist record holder with 128 against Hawaii on March 27, 1993. He was named a second-team American Volleyball Coaches Association All-American, Volleyball magazine honorable mention All-American and a member of the Mountain Pacific Sports Federation Third Team in 1994. He was a member of the Australian Men's National Team from 1990-91 and a member of the Junior National Team from 1987-90.

### PERSONAL

A physical education and sports business management graduate of BYU in 1995, Watson, 32, is a native of Homebush, Australia. He and his wife, Larissa, have two sons (Bryce and Brandon) and one daughter (Kara).

### WATSON ASSISTANT COACHING EXPERIENCE:

| Year | School       | Over. | Conf./Finish      |
|------|--------------|-------|-------------------|
| 2004 | BYU          | 19-11 | 9-5/3rd MWC       |
| 2003 | BYU          | 24-9  | 10-4/3rd MWC      |
| 2002 | BYU          | 14-19 | 7-7/4th MWC       |
| 2001 | Kansas St.   | 20-8  | 15-5/3rd Big 12   |
| 2000 | Kansas St.   | 22-8  | 14-6/2nd Big 12   |
| 1999 | Arkansas St. | 28-7  | 14-2/1st Sun Belt |
| 1998 | Arkansas St. | 23-11 | 12-2/1st Sun Belt |
| 1997 | Montana St.  | 19-12 | 9-7/4th Big Sky   |
| 1996 | Montana St.  | 16-12 | 7-9/4th Big Sky   |

**Total** **185-97** **97-47**

### National Finishes

|      |                             |
|------|-----------------------------|
| 2003 | NCAA Second Round           |
| 2001 | NCAA Second Round           |
| 2000 | NCAA Regional Semi-Finalist |
| 1999 | NCAA First Round            |

## COUGARS READY TO ROCK IN 2005

With six returning starters among 10 letterwinners in 2005, the Cougars are prepared to add to their 943 all-time win total and return to the NCAA Tournament for the 22nd time in the program's history. Listed No. 36 in the nation in the CSTV/AVCA Preseason Top 25 poll and picked to win the Mountain West Conference in 2005, this year's team is ready to raise the stakes behind first-year head coach Jason Watson and a talented collection of returners and newcomers.

"I look forward to the 2005 season as a great opportunity to build upon the foundation started in 2004," said Watson. "Our expectations are high. As we continue to respond to standards we have, and feel comfortable with our process, then the results will come."

Watson, who served as an assistant coach for the Cougars for the past three seasons, begins his first head-coaching position after nine seasons as an assistant with four different programs. He will be aided by second-year assistant coach Brooke Huebner and BYU newcomer Brent Aldridge, who has 12 years of coaching experience, most recently at MWC-foe New Mexico. Former BYU All-American Nina Puikkonen Mortensen has also joined the Cougar coaching staff in 2005 as a volunteer assistant coach.

The Cougars finished 2004 with a 9-5 MWC record, which earned them third place behind nationally ranked Colorado State and Utah. BYU swept four of its league foes, including Air Force, New Mexico, UNLV and San Diego State, while splitting with Wyoming. MWC-newcomer TCU will also be a regular on the Cougar schedule for the first time since both teams competed in the WAC in 1997.

BYU will look to an experienced squad featuring 10 returning letterwinners, including three All-MWC performers, combined with the talent and enthusiasm of four newcomers and four returning redshirts.

All-MWC middle blocker Lindsay Hartsock, who has been named a preseason league Co-Player of the Year, All-MWC outside hitter Kim Wilson and all-conference setter Lauren Richards, another preseason all-MWC selection, headline a group of six returning starters, which also includes rightside hitter/middle blocker Lexi Brown, libero Lindsey Evans and outside hitter Erica Lott, the Cougars' third preseason all-conference team member. BYU will once again have a starting lineup featuring players over six feet tall at every position, excluding the libero. Other players making repeat appearances for the Cougars

in 2005 include outside hitter Chelsea Goodman, setter Jenna Judkins, defensive specialist Annie Kemp and middle blocker Catherine Parker.

Despite the presence of so many returnees, the BYU roster is still relatively young with eight freshmen, including four true freshmen, six sophomores, one junior and three seniors. The younger players will be counted on to make up for the key losses of All-MWC rightside hitter Lindsey Metcalf and outside hitter April Varner, both of whom graduated in 2004.

"Our staff has a great deal of confidence in every athlete on our roster," said Watson. "Our depth enables us to compete at every position. Competition and hard work are key to our program's success. Our athletes know this and understand the commitment necessary to be a part of BYU Women's Volleyball."

### MIDDLE BLOCKERS

The No. 5 blocking team in the nation in 2004, the Cougars will once again have a strong defensive presence with the return of All-MWC junior Lindsay Hartsock. Hartsock led the league and was second in the nation in blocks per game last season. She was one of only three players in the country to surpass 200 blocks on the year and was named the *Collegiate Volleyball Update* 2004 Blocker of the Year for her efforts.

Returning redshirt Rachel Dyer is expected to contribute solid play at the net during her first season on the court. Dyer was chosen to play on the USA Select team in the offseason, traveling to Argentina for two weeks. Senior Lexi Brown was second on the team in hitting percentage and third in both kills per game and blocks per game in 2004 while sophomore Catherine Parker, who started three matches last year, will also contribute to BYU's strong middle presence.

In addition, BYU could enlist the help of two newcomers this season in true freshmen Ashton Hansen and Marisa Vandersteen, both of whom were all-state selections during their high school careers.

### OUTSIDE HITTERS

Wilson returns for her senior season after an all-conference junior year that saw her lead the team in kills (318) as a starter. Lott, who ranked fourth in the MWC in kills per game (3.40) last year as a redshirt freshman, will figure prominently into the mix as will sophomore Chelsea Goodman, who saw action in 22 matches last year and recorded a season-high 10 kills.

Returning redshirt Bryn Porter will also compete for playing time as will newcomer Stephanie Lau, an outstanding all-around athlete.

On the rightside, the Cougars need to replace All-MWC hitter Lindsey Metcalf, a four-year starter. Brown, a traditional middle blocker, could factor in at the right-side for BYU in 2005 after recording double-digit kills in 19 matches last season.

**SETTER**

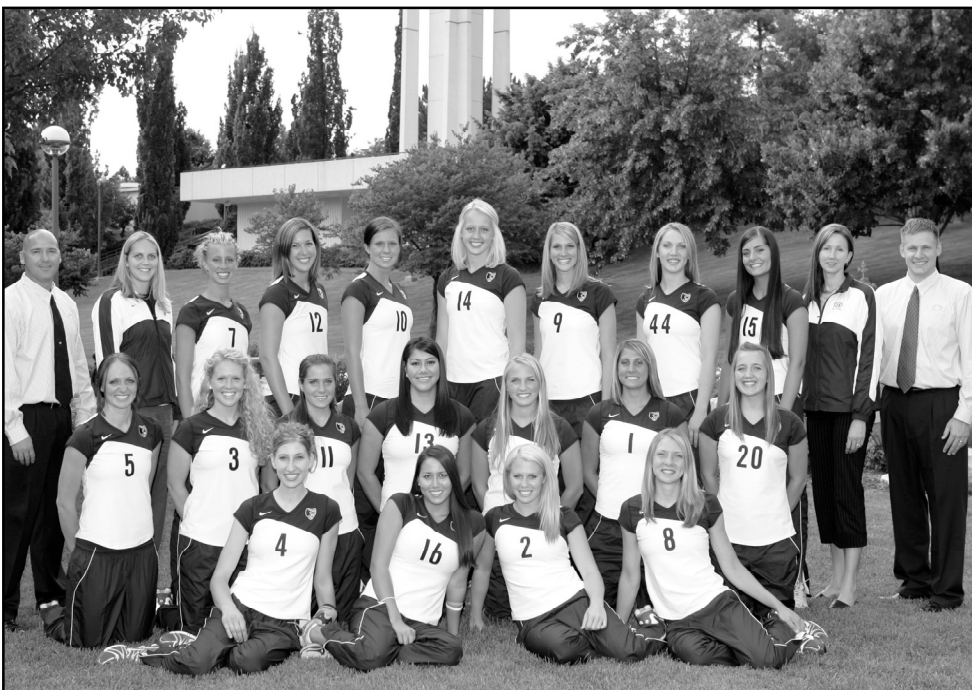
Richards, who has shouldered the setting duties for BYU the past two seasons and ranks sixth all-time at BYU in career assists, will once again be ready to quarterback the Cougar attack. The All-MWC setter was third in the conference last season in assists per game and led the league in aces per game.

Returning redshirt Amy Schlauder, who measures 6-foot-1, will be making her Cougar debut this season at the setter position after spending last year learning the BYU offense. Rated the No. 26 recruit in the nation coming out of high school in 2004, Schlauder has the maturity and skill to make an immediate impact for the Cougars this year. Jenna Judkins, who played in seven matches last year, also returns for BYU at the setter position.

**LIBERO/DEFENSIVE SPECIALIST**

Lindsey Evans proved to be a pleasant surprise in 2004, starting at the libero position, and will be counted on this season to lead the back row. She was seventh in the MWC in digs per game and set a league record with 33 digs in a match, second all-time at BYU.

The Cougars have impressive depth at the libero position with the addition of two high school recruits, Janvier Beaumont and Lau. Both Beaumont and Lau come to BYU with solid high school credentials and have the potential to make an immediate impact on the court this year. The newcomers will be competing for playing time with sophomore Annie Kemp, who saw action in 21 games last season, and returning redshirt Tessa Stimpson, giving BYU abundant experience and talent.



**2005 SCHEDULE**

The Cougars will face six teams that competed in the NCAA Volleyball Championship in 2004: No. 6 Ohio State, No. 19 Colorado St., Kansas, Pittsburgh, Nevada and Utah. Other non-conference opponents on BYU's schedule include Montana State, Idaho State and Duke as well as instate rivals Utah State, Weber State and Utah Valley State College.

The 2005 season will also mark the beginning of a regular-season series with Mountain West Conference-newcomer TCU. The Cougars and Horned Frogs have met only four times in BYU's volleyball history with the Cougars owning a 4-0 advantage.

Of the Cougars' 2005 opponents, BYU has a winning record against all of its opponents and has a good chance of competing for the Mountain West Conference title. BYU's all-time record versus this season's opponents is a dominating 418-78-1 (.843).

Four televised matches highlight the upcoming Cougar volleyball season. BYUTV will broadcast three home contests against Utah on Sept. 28, San Diego State University on Oct. 21 and Colorado State University on Nov. 11. In addition, CSTV will broadcast the UNLV match in Provo on Oct. 22.

**All-Time BYU Records vs. 2005 Opponents**

| <u>Opponents</u> | <u>Record</u>        |
|------------------|----------------------|
| Nevada           | 2-1                  |
| Montana St.      | 5-0                  |
| Kansas           | 2-0                  |
| UVSC             | 3-0                  |
| Idaho St.        | 22-1                 |
| Utah St.         | 46-13                |
| Duke             | 1-0                  |
| * Ohio St.       | 6-0                  |
| * Pittsburgh     | 1-0                  |
| New Mexico       | 56-7                 |
| Air Force        | 14-1                 |
| Utah             | 61-17                |
| TCU              | 4-0                  |
| Wyoming          | 55-4                 |
| Colorado St.     | 44-18-1              |
| UNLV             | 15-2                 |
| San Diego St.    | 30-15                |
| Weber St.        | <u>53-0</u>          |
| Overall          | (420-79-1)<br>(.841) |

\* possible opponent

## 2004 HIGHLIGHTS/AWARDS

### Cougars in Conference Stats

#### Team:

Blocks: 1st — 3.37  
 Hitting: 2nd — .277  
 Kills: 2nd — 15.79  
 Assists: 2nd — 14.29  
 Aces: 3rd — 1.61  
 Digs: 4th — 14.08

#### Individual (Top 10):

Blocks: Lindsay Hartsock, 1st — 1.86  
 Hitting: Lindsay Hartsock, 2nd — .380  
 Lexi Brown, 3rd — .344  
 Lindsey Metcalf, 9th — .282  
 Kills: Erica Lott, 4th — 3.40  
 Kim Wilson, 10th — 3.15  
 Assists: Lauren Richards, 3rd — 12.45  
 Digs: Lindsey Evans, 7th — 2.61  
 April Varner, 8th — 2.60  
 Aces: Lauren Richards, 1st — 0.50  
 Kim Wilson, 6th — 0.30

### Cougars in National Stats

#### Team:

Blocks: 5th — 3.37  
 Hitting Percentage: 19th — .277

#### Individual:

Lindsay Hartsock, Blocks: 2nd — 1.86  
 Lindsay Hartsock, Hitting Perc.: 25th — .380

### BYU's Individual Honors

#### 2004 Blocker of the Year (CVU)

Lindsay Hartsock, So., MB

#### All- MWC Team

Lindsey Metcalf, Sr., RS  
 Lauren Richards, Jr., S  
 Kim Wilson, Jr., OH  
 Lindsay Hartsock, So., MB

#### MWC Player of the Week

Lindsay Hartsock, So., MB (10/11)  
 Lauren Richards, Jr., S (11/29)

### All-Tournament Teams

#### Penn State Classic

Lauren Richards, Jr., S  
 Kim Wilson, Jr., OH

#### BYU Mizuno Classic

Erica Lott, Fr., OH  
 Kim Wilson, Jr., OH

## 2004 SEASON REVIEW

The BYU Cougars continued their winning ways in 2004, finishing the season 19-11 overall and moving to 943 all-time wins in the 36-year recorded history of the program, which is third among NCAA Division I teams.

BYU also earned a third-place Mountain West Conference finish with a 9-5 regular season record. The Cougars advanced to the semifinals of the conference tournament before bowing out against eventual champion and nationally ranked Colorado State, failing to earn an NCAA Tournament berth for only the third time in the Tournament's history.

The Cougars began the season with two tournaments, going 2-1 at both the Penn State Classic and the BYU Mizuno Classic presented by the Provo Courtyard Marriott. Outside hitter Kim Wilson took home all-tournament honors in both competitions while setter Lauren Richards earned all-tournament accolades at the Penn State Classic and outside hitter Erica Lott, in just her second week of collegiate volleyball action, received Mizuno Classic All-Tournament recognition.

The month of September continued with a sweep of Northern Colorado followed by four disappointing losses, including a four-gamer against No. 24 Utah to open up MWC play. BYU rebounded to close out the month with a sweep of New Mexico, sparking a five-match winning streak.

In October, the Cougars compiled an 8-3 record, earning sweeps of Weber State, San Diego State and Air Force (twice) as well as posting wins over UNLV, Utah Valley State College and New Mexico in the second matchup of the season. BYU stepped out of MWC play for a match against Notre Dame and came away from a nail-biting five-game match with the win. A surprising loss at Wyoming accompanied losses to No. 14 Utah and No. 7 Colorado State during the month.

The Cougars opened November with wins at UNLV and SDSU. In the last weekend of regular-season play, then-No. 9 Colorado State came to town looking to dominate. BYU came out tough, taking the first game 30-18 and eventually forcing a fifth game in which the Cougars had three match points. However, the Rams proved resilient in the end, pulling out the 17-15 game-five win to take the match.

After sweeping Wyoming to end regular-season MWC play and San Diego State in the first round of the MWC Tournament, BYU once again met up with the Rams, this time on the CSU home court. The Cougars found their MWC title hopes dashed with a four-game loss to the Rams.

## 2004 SEASON NOTABLES

### NO BAD LOSSES

While BYU's 11 losses were uncharacteristic, eight of those losses came to teams that finished the season ranked or that received votes in the final USA Today/CSTV Top 25 Coaches Poll. Those losses included five-game defeats against No. 13 Saint Mary's and No. 19 Colorado State; four-game losses to No. 7 Penn State, No. 9 UCLA, Utah (received votes) and No. 19 Colorado State; and sweeps at the hands of No. 19 Colorado State and Utah (received votes). The Cougars suffered only two three-game losses on the season while sweeping 12 opponents, including a string of four foes in a row.

### HARTSOCK DOMINATES

Sophomore Lindsay Hartsock stunned opponents with her blocking prowess, stuffing every team on her way to being named the Collegiate Volleyball Update Blocker of the Year. Hartsock finished the season ranked first in the MWC and second in the nation, averaging 1.86 blocks per game. The 6-foot-4 Idaho native was one of just three players in the nation to finish the season with more than 200 blocks (205) as she led the Cougars in blocking 21 times on the season, including a career-high 13 rejections against then-No. 9 Colorado State. Hartsock also finished second in the MWC and was 25th in the nation in hitting percentage with a .380 efficiency. She earned All-MWC accolades and MWC Player of the Week honors for her efforts.

### HOME SWEET HOME

The Smith Fieldhouse once again proved magical as the Cougars went 11-5 at home in front of an average of 1,158 fans per match, the 28th-best home attendance mark in the nation. BYU was 5-6 on the road and 3-0 in neutral court contests.