



WOMEN'S GYMNASTICS

Athletic Communications • 30 Smith Fieldhouse • Provo, UT 84606
801-422-8948 • Fax 801-422-0633

Contact: Darrin Bates • Phone: 801-422-8999 • Email: gymnastics_sid@byu.edu

Quick Facts

School: Brigham Young University
Location: Provo, Utah 84602
Enrollment: 33,278 (Daytime)
Arena: Smith Fieldhouse (5,000),
Marriott Center (22,700)
Nickname: Cougars
Colors: Blue, White and Tan
Website: www.byucougars.com
Gymnastics SID: Darrin Bates
SID Phone: 801-422-8999
SID Email: gymnastics_sid@byu.edu
2005 Dual Meet Mark: 10-6
2005 Regional Finish: 2nd
2005 National Finish: 11th
Head Coach: Brad Cattermole
Coach's Record at School (years):
156-130-1 (17)
Overall Record Including Postseason
(years):
216-249-1 (17)
Assistant Coaches: Dawn Cattermole
(17) and Shauna Mertz (12)
Letterwinners Returning/Lost: 7/5

Big Week for Gymnasts

PROVO, Utah (March 13, 2006) – After scoring a season-best 194.850 against Boise State, the No. 23 BYU women's gymnastics team faces what could be the biggest week of its season. The Cougars will have two meets this week beginning with their last home meet of the season, senior night, Wednesday at 7 p.m. against Southern Utah in the Smith Fieldhouse. BYU will then travel to Denton Texas for a triangular meet with host Texas Women's University and No. 15 Arizona on Saturday at 7 p.m..

With just three meets left until NCAA Regionals, the Cougars will once again be counting on high scoring outings to prepare themselves for Regionals. In the latest polls released on Monday morning, BYU is ranked No. 23 with a Regional Qualifying Score of 194.185. Of the four teams in the state, only No. 2 Utah has a higher RQS.

"This is the time where you have to really hit your routines," BYU coach Brad Cattermole said. "This is where quality counts. We need to be mentally tough."

The Cougars recorded their highest team score of the season in their last meet against Boise State while hitting the 49.000 mark on bars for their second consecutive meet. Kylee Draper recorded a season-high 9.875 along with Kacie Capra to lead BYU on bars. Alethea Boon tied her career-high 9.850 on beam while Lisa Willis and Boon led the way on floor with season-highs 9.825 for the Cougars.

BYU will play host to Southern Utah on Wednesday night. The No. 33-ranked Thunderbirds are coming off a 194.000 performance against Utah State last week. SUU posted its highest team score of the season against the Cougars back on Feb. 10. The Thunderbirds will continue to be led by all-arounders Leah Sakhitab, Sheena Shaw and Ashley Sharpe. Saturday BYU will be in Denton Texas to face No. 15 Arizona and Texas Women's University. The Pioneers are ranked No. 50 in the nation and are led by Brisa Fuentes, Nakia Westbrook and Courtney Arno.

Wednesday night BYU will honor seniors Jennifer Matthews and student-coach Meghan Donahue. Matthews has emerged as a consistent scorer on bars after making the line-up in the Cougars' fifth meet while the team named Donahue as a Co-Cougar of the Meet Saturday for her help in coaching the team on bars and vault this season.

Start time for the meet Wednesday will be at 7 p.m. in the Smith Fieldhouse. It will be broadcast live on BYU TV. Live stats feeds will be available for both meets on the women's gymnastics homepage at byucougars.com.

2006 Schedule

1/13	Oregon State	Corvallis, Ore.	7 p.m.	190.075	1-2
1/20	Utah State	Logan, Utah	6:30 p.m.	193.375	2-2
2/2	Utah State	Provo, Utah	7 p.m.	193.525	3-2
2/10	Southern Utah	Cedar City, Utah	7 p.m.	194.050	3-3
2/20	Boise State	Boise, Idaho	7 p.m.	194.525	3-4
2/24	Utah	Provo, Utah	7 p.m.	194.250	3-5
3/3	Arizona	Mesa, Ariz.	7 p.m.	194.575	3-7
3/11	Boise State	Provo, Utah	7 p.m.	194.850	4-7
3/15	Southern Utah	Provo, Utah	7 p.m.		
3/18	Texas Women	Denton, Texas	7 p.m.		
3/24	Utah	Salt Lake City, Uah	7 p.m.		
4/7	NCAA Regionals	TBA	TBA		
4/20-22	NCAA Nationals	Corvallis, Ore.	TBA		

2006 Cougars

Name	Ht.	Yr.	Hometown
Alethea Boon	5-3	So.	New Zealand
Kacie Capra	5-3	Jr.	Kingwood, Texas
Meghan Donahue	4-11	Sr.	Sierra Vista, Ariz.
Kylee Draper	5-4	So.	Payson, Utah
Brittany Fischer	5-3	Fr.	High Point, N.C.
Sierra Jacobs	5-0	Jr.	Kailua, Hawaii
Hayley Jensen	4-11	Fr.	Colorado Springs, Colo
Kandis Kelly	5-3	Jr.	Rocklin, Calif.
Jennifer Matthews	5-4	Sr.	Taft, Calif.
Cassie Myers	5-2	So.	Sandy, Utah
Aimee Walker Pond	5-1	So.	Valley Village, Calif
Melissa Pond	5-5	Fr.	Provo, Utah
Haleigh Schofield	5-4	Fr.	Fort Collins, Colo.
Dayna Smart	5-6	So.	Sandy, Utah
Kendra Stephenson	5-2	Sr.	Lenexa, Kan.
Lisa Willis	5-7	Jr.	Albuquerque, N.M.

Brad Cattermole - Head Coach

- Beginning 18th season
- Eight NCAA National Championship appearances
- 17 NCAA All-Americans
- Coached four 10.0 gymnasts
- Ranked nationally in the Top-20 nine of the last 14 years
- Assistant Coaches - Dawn Cattermole and Shauna Mertz

Potential Line Up

Vault

Kacie Capra
Alethea Boon
Brittany Fischer
Dayna Smart
Hayley Jensen
Sierra Jacobs

Beam

Kacie Capra
Lisa Willis
Kylee Draper
Alethea Boon
Kandis Kelly
Dayna Smart

All-Around

Kacie Capra

Bars

Lisa Willis
Hayley Jensen
Cassie Myers
Kylee Draper
Kacie Capra
Jennifer Matthews

Floor

Kylee Draper
Lisa Willis
Alethea Boon
Sierra Jacobs
Dayna Smart
Kacie Capra

Cougar Notes

• **BYU** is ranked No. 23 in the nation with a Regional Qualifying Score of 193.945. Of the four teams in Utah, only No. 2 Utah at 196.425 has a higher RQS.

• **Vault:** Dayna Smart has led the Cougars in all but one meet this season with a team-best 9.875. BYU's highest score is 49.000.

• **Bars:** BYU has hit the 49.000 mark in its last two meets after being up and down all season. The Cougars recorded a season-best 49.150 against Florida and Arizona on March 3. Kacie Capra and Kylee Draper have posted the team's highest scores at 9.875.

• **Beam:** Beam has become one of BYU's most consistent events this season. The Cougars posted a season-best 49.075 against Utah. Smart (9.900) and Kandis Kelly (9.875) have posted the highest scores of the season.

• **Floor:** BYU matched its season-best 48.875 in its last meet against Boise State, despite counting three steps out of bounds. Sierra Jacobs (9.875) has posted the team's highest score.

• **Injury Update:** Sophomore Aimee Walker Pond is out for the season after injuring her ankle at Southern Utah. Freshman Haleigh Schofield is red-shirting this season after injuring her knee in January. Senior Kendra Stephenson injured her knee at SUU and is out for the season.

Thunderbird Notes

• Southern Utah is ranked No. 33 in the nation with a 193.030 RQS.

• The Thunderbirds recorded a season-high 194.825 against BYU on Feb. 10 in Cedar City.

• Top performers for SUU include all-arounders Leah Sakhitab, Sheena Shaw and Ashley Sharpe.

Season Stats						
Date	Opponent	Vault	Bars	Beam	Floor	Overall
1/13	Oregon State	48.225	48.200	46.375	47.275	190.075
1/20	Utah State	48.225	48.175	48.750	48.225	193.375
2/2	Utah State	48.750	47.125	48.825	48.825	193.525
2/10	Southern Utah	48.325	48.525	48.325	48.875	194.050
2/20	Boise State	48.150	48.900	48.875	48.600	194.525
2/24	Utah	49.000	47.625	49.075	48.550	194.250
3/3	Arizona	48.600	49.150	48.575	48.250	194.575
3/11	Boise State	48.525	49.000	48.450	48.875	194.850
3/15	Southern Utah					
3/18	Texas Women's					
3/24	Utah					
Team Record		49.625	49.475	49.675	49.675	198.025



Alethea Boon

• 2005 (Freshman): Competed in every meet on vault and nine meets on floor, including Nationals.



Kacie Capra

• 2005 (Sophomore): Competed in all meets and in all-around in the last eight meets. Placed eighth in all-around at Regionals.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	9.575	--	--	9.475	--
Utah St.	9.700	--	9.825	9.675	--
Utah St.	9.725	--	8.925	9.750	--
So. Utah	9.575	--	9.800	9.625	--
Boise St.	9.200	--	9.775	--	--
Utah	9.775	--	9.850	9.700	--
Arizona	9.725	--	9.775	9.550	--
Boise St.	9.750	--	9.850		
Career High	9.900	--	9.850	9.850	--

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	9.550	9.700	9.100	9.625	37.975
Utah St.	9.575	9.750	9.775	9.575	38.675
Utah St.	9.600	9.050	9.575	9.825	38.050
So. Utah	9.700	9.800	9.725	9.725	38.950
Boise St.	9.650	9.800	9.725	9.800	38.975
Utah	9.550	8.850	9.725	9.825	37.950
Arizona	9.650	9.875	9.625	9.825	38.975
Boise St.	9.600	9.875	9.750	9.725	38.950
Career High	9.700	9.950	9.900	9.875	39.300



Kylee Draper

• 2005 (Freshman): Competed in nine meets on bars.



Brittany Fischer

• Before BYU: Level 9 State and Regional AA champion. Level 10 national qualifier.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	--	9.675	--	--	--
Utah St.	--	9.150	9.700	9.575	--
Utah St.	--	9.825	9.775	9.475	--
So. Utah	--	9.650	8.400	9.625	--
Boise St.	--	9.850	9.750	9.700	--
Utah	--	9.050	9.775	9.675	--
Arizona	--	9.825	9.725	9.550	--
Boise St.	--	9.875	9.050	9.775	--
Career High	--	9.875	9.775	9.700	--

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	--	--	--	--	--
Utah St.	9.575	--	--	--	--
Utah St.	--	--	--	--	--
So. Utah	--	--	--	--	--
Boise St.	9.525	--	--	--	--
Utah	9.700	--	--	--	--
Arizona	9.750	--	--	--	--
Boise St.	9.700	--	--	--	--
Career High	9.750	--	--	--	--



Sierra Jacobs

• 2005 (Sophomore): Competed in first six meets before dropping out due to a leg injury.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	9.650	--	--	9.100	--
Utah St.	9.225	--	--	9.625	--
Utah St.	9.725	--	--	9.750	--
So. Utah	9.525	--	--	9.875	--
Boise St.	9.350	--	--	9.750	--
Utah	9.850	--	--	9.600	--
Arizona	9.650	--	--	9.600	--
Boise St.	9.650	--	--	9.650	--
Career High	9.850	--	--	9.900	--



Hayley Jensen

• Before BYU: Levels 8, 9 and 10
Colorado State Champion.
International Elite gymnast.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	9.575	9.525	8.775	7.950	35.825
Utah St.	9.750	9.325	9.625	9.100	37.800
Utah St.	9.750	9.050	--	--	--
So. Utah	9.750	9.650	--	--	--
Boise St.	9.775	9.675	--	--	--
Utah	9.800	9.600	--	--	--
Arizona	9.725	9.250	--	--	--
Boise St.	9.000	9.625	--	--	--
Career High	9.775	9.675	9.625	9.100	37.800



Kandis Kelly

• 2005 (Sophomore): Competed in all meets on beam and four times on floor.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	--	--	9.625	--	--
Utah St.	--	--	9.175	--	--
Utah St.	--	--	9.875	--	--
So. Utah	--	--	9.825	--	--
Boise St.	--	--	9.700	9.450	--
Utah	--	--	9.825	--	--
Arizona	--	--	9.775	--	--
Boise St.	--	--	9.800	--	--
Career High	--	--	9.900	9.825	--



Cassie Myers

• 2005 (Freshman): Competed in eight meets on bars.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	--	9.525	--	--	--
Utah St.	--	9.700	--	--	--
Utah St.	--	9.125	--	--	--
So. Utah	--	9.775	--	--	--
Boise St.	--	9.800	--	--	--
Utah	--	9.675	--	--	--
Arizona	--	9.850	--	--	--
Boise St.	--	9.825	--	--	--
Career High	--	9.875	--	--	--



Aimee Walker Pond

• 2005 (Sophomore): Redshirted after transferring from UCLA.
• 2006 (Sophomore) Competed in the first four meets before suffering a season-ending ankle injury.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	9.675	9.725	--	--	--
Utah St.	9.625	9.800	--	--	--
Utah St.	9.725	9.400	--	--	--
So. Utah	9.250	9.050	--	--	--

OUT FOR REMAINDER OF SEASON

Career High 9.725 9.800 -- -- --



Dayna Smart

• 2005 (Freshman): Competed in every meet on vault and beam and occasionally on floor. Tied for first place on beam at regionals.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	9.750	--	8.900	--	--
Utah St.	--	--	--	--	--
Utah St.	9.825	--	9.875	9.750	--
So. Utah	9.775	--	9.850	9.850	--
Boise St.	9.850	--	9.875	9.700	--
Utah	9.875	--	9.900	9.750	--
Arizona	9.750	--	9.200	9.725	--
Boise St.	9.825	--	9.800	9.725	--
Career High	9.875	--	9.950	9.850	--



Lisa Willis

- 2005 (Junior): Tied career high on bars in first meet. Redshirted season due to chronic fatigue.



Jennifer Matthews

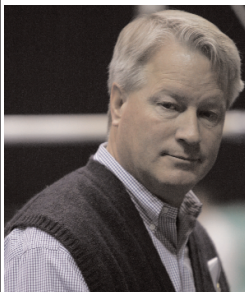
- 2005 (Junior): Exhibited on bars multiple times.
- 2006 (Senior): Exhibited on bars in every meet before making the line up at Boise State.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St. --	9.575	9.450	--	--	--
Utah St. --	9.600	9.825	9.775	--	--
Utah St. --	9.725	9.725	9.750	--	--
So. Utah --	9.650	9.125	9.800	--	--
Boise St. --	9.700	9.750	9.650	--	--
Utah --	9.625	9.375	9.575	--	--
Arizona --	9.775	9.675	9.100	--	--
Boise St. --	9.800	9.250	9.825	--	--
Career High --	9.850	9.850	9.950	--	--

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St. --	--	--	--	--	--
Utah St. --	--	--	--	--	--
Utah St. --	--	--	--	--	--
So. Utah --	--	--	--	--	--
Boise St. --	--	9.750	--	--	--
Utah --	--	9.675	--	--	--
Arizona --	--	9.825	--	--	--
Boise St. --	--	9.150	--	--	--
Career High --	--	9.825	--	--	--



Head Coach Brad Cattermole

Brad Cattermole begins his 18th season as the head coach of BYU gymnastics. Cattermole has quietly built the Cougar program into a respected national power.

Since taking over the program midway through the 1988 season, he promptly led the Cougars to the first 185 in school history. In 1998, the Cougars broke the 196 barrier for the first time, hitting a 196.325 against Utah in the final meet of the season in Provo. In 2000, once again in Provo, Cattermole's squad broke 196 for the second time, pulling off an upset victory over the University of Utah by a score of 196.05 to 195.975 in the last meet of the season. In 2001, the Cougars shattered all school records, surpassing the 196 mark five different times, a mark they had only reached three times in history. On March 16, 2001 against Utah State at home, BYU reached the 197 mark for the first time in history with a 197.325. Then one week later they broke that record again with a 197.375 at Utah, a full 1.450 points higher than any score they had received on the road. In the record-setting season, BYU set new team highs in each event and in the all-around. In 2004, the Cougars again set a new standard, scoring a record 198.025 at Utah State. During that same year, the team also set record high scores of 49.625 on vault, 49.675 on beam and 49.675 on floor.

Before conference meets were eliminated in 1994, Cattermole's teams were league runner-ups five times and seven athletes earned 10 all-conference honors. Seven gymnasts have earned 17 NCAA All-America awards under his tutelage.

His recruiting efforts have netted five U.S. National Team members, five Canadian National Team members and numerous Junior Olympic National and Elite champions.

Along with his duties at BYU, Cattermole owns and operates All-American Gymnastics in Orem. Highly successful since its establishment in 1976, All-American has earned more State Class I and Class II championships than any other club in Utah. Several athletes - former stars Marianne Williams Squires, Kelli Rose-Rhyssman, Korie Jackman, Cristen Cosgrave-Barlow, Angela Gunnell Anderson and Jessica Nelson-Taylor earned national club honors while competing for All-American gymnasts.

He is married to Dawn Niedert and they have three boys - Brad 28, Brett 25, and Mark 21. Brett is married and has two dogs, and Brad is married to Christy Garner. They have one grandchild - Ava Christine.