

## Women's Gymnastics

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## **Quick Facts**

School: Brigham Young University Location: Provo, Utah 84602 Enrollment: 33,278 (Daytime) Arena: Smith Fieldhouse (5,000), Marriott Center (22,700)

Nickname: Cougars

Colors: Blue, White and Tan Website: www.byucougars.com Gymnastics SID: Darrin Bates SID Phone: 801-422-8999

SID Email: gymnastics sid@byu.edu

2005 Dual Meet Mark: 10-6 2005 Regional Finish: 2nd 2005 National Finish: 11th Head Coach: Brad Cattermole Coach's Record at School (years):

156-130-1 (17)

Overall Record Including Postseason (years):

216-249-1 (17)

Assistant Coaches: Dawn Cattermole (17)

Shauna Mertz (12)

Letterwinners Returning/Lost: 7/5
All-Americans Returning/Lost: 0/0

## Cougars, Broncos to do Battle in Boise

PROVO, Utah (Feb. 14, 2006) – Coming off a hard loss to Southern Utah University last Friday, the BYU women's gymnastics team will travel to Boise State in their fourth road trip of the season February 20. The Cougars are 3-3 on the year.

"This is the time of the year when you're establishing yourself and finding out how good you really are. We're trying to get more solid, more consistent and more ready each meet," BYU coach Brad Catternole said

Despite reaching a season-high 194.050, and six gymnasts recording individual season and career highs, the Cougars fell to SUU 194.925 – 194.050 Friday.

In the first rotation at SUU, BYU achieved a season high on bars with 48.525, and Kacie Capra tied for first with a season-high 9.800. Capra also tied her career high with a 9.700 on vault, and recorded a season high in the all-around competition (38.950).

BYU recorded another season high of 48.875 in the floor routine. Sierra Jacobs (9.875) and Lisa Willis (9.800) both had season highs, and Dayna Smart had a career-high 9.850 on the event.

In injury updates for the Cougars, sophomore Aimee Walker Pond is out for the season after breaking her ankle at SUU. Freshman Haleigh Schofield tore her ACL in January and is redshirting this season and senior Kendra Stephenson tore her meniscus at SUU. There is no official word on how long she will be out.

Boise State will compete against Utah State and Seattle Pacific at home Friday, only three days before taking on BYU Monday. Boise State's season average is 190.425, while BYU holds a 192.756 season average.

Start time for the meet is 7 p.m. at the Boise State Pavilion. Stats updates after each event will be available on the schedule page of the women's gymnastics homepage on byucougars.com.

2006 Schedule							
1/13	Oregon State	Corvallis, Ore.	7 p.m.	190.075	1-2		
1/20	Utah State	Logan, Utah	6:30 p.m.	193.375	2-2		
2/2	Utah State	Provo, Utah	7 p.m.	193.525	3-2		
2/10	Southern Utah	Cedar City, Utah	7 p.m.	194.050	3-3		
2/20	Boise State	Boise, Idaho	7 p.m.				
2/24	Utah	Provo, Utah	7 p.m.				
3/3	Arizona	Mesa, Ariz.	7 p.m.				
3/11	Boise State	Provo, Utah	7 p.m.				
3/15	Southern Utah	Provo, Utah	7 p.m.				
3/18	Texas Women	Denton, Texas	7 p.m.				
3/24	Utah	Salt Lake City, Uah	7 p.m.				
4/7	NCAA Regionals	TBA	TBA				
4/20-22	NCAA Nationals	Corvallis, Ore.	TBA				

2006 Cougars						
Name	Ht.	Yr.	Hometown			
Alethea Boon	5-3	So.	New Zealand			
Kacie Capra	5-3	Jr.	Kingwood, Texas			
Meghan Donahue	4-11	Sr.	Sierra Vista, Ariz.			
Kylee Draper	5-4	So.	Payson, Utah			
Brittany Fischer	5-3	Fr.	High Point, N.C.			
Sierra Jacobs	5-0	Jr.	Kailua, Hawaii			
Hayley Jensen	4-11	Fr.	Colorado Springs, Colo			
Kandis Kelly	5-3	Jr.	Rocklin, Calif.			
Jennifer Matthews	5-4	Sr.	Taft, Calif.			
Cassie Myers	5-2	So.	Sandy, Utah			
Aimee Walker Pond	5-1	So.	Valley Village, Calif			
Melissa Pond	5-5	Fr.	Provo, Utah			
Haleigh Schofield	5-4	Fr.	Fort Collins, Colo.			
Dayna Smart	5-6	So.	Sandy, Utah			
Kendra Stephenson	5-2	Sr.	Lenexa, Kan.			
Lisa Willis	5-7	Jr.	Albuquerque, N.M.			

#### **Brad Cattermole - Head Coach**

- Beginning 18th season
- Eight NCAA National Championship appearances
- 17 NCAA All-Americans
- · Coached four 10.0 gymnasts
- Ranked nationally in the Top-20 nine of the last 14 years
- Assistant Coaches Dawn Cattermole and Shauna Mertz

## Potential Line Up

Vault Kacie Capra Alethea Boon Brittany Fischer Dayna Smart Hayley Jensen Sierra Jacobs	Beam Kacie Capra Lisa Willis Kylee Draper Alethea Boon Kandis Kelly Dayna Smart	<b>All-Around</b> Kacie Capra
Bars Lisa Willis Hayley Jensen Cassie Myers Kylee Draper Kacie Capra Jennifer Matthews	Floor Kylee Draper Lisa Willis Alethea Boon Sierra Jacobs Dayna Smart Kacie Capra	

## **Cougar Notes**

- This is BYU's fourth road meet of the season.
- Vault: Dayna Smart has led the Cougars in their last three meets. She posted a team-best 9.825 against Utah State.
- Bars: Sophomore Kylee Draper has posted the team's highest score (9.825). The Cougars recorded their best team score of the season (48.825) in their last meet against Southern Utah.
- Beam: Beam has been both BYU's strongest and weakest event this season. Smart and Kandis Kelly have posted the highest scores of the season at 9.875.
- **Floor**: The Cougars recorded a season-best 48.875 score at Southern Utah. Sierra Jacobs leads the team with a season-high 9.875.
- The last time the Cougars and Broncos faced off, Boise State won 194.225 193.900 in Boise.
- Injury Update: Sophomore Aimee Walker Pond is out for the season after injuring her ankle at Southern Utah. Freshman Haleigh Schofield is redshirting this season after hurting her knee in in January. Senior Kendra Stephenson injured her knee exhibitioning at SUU. There is no official word how long she will be out.

## **Bronco Notes**

- Boise State's season high is 194.225. It came in a win over Southern Utah on February 3.
- The Broncos are entering their seventh meet this season.
- BSU is led by Junior Lindsay Ward. Ward, an NCAA Championship qualifier the last two seasons, leads the Broncos on bars and beam. She is also their best all-around participant. Seniors Katie Dinsmore and Kea Cuaresma have led the team on Vault. Freshman Taylor Jacobs has been a key contributor on floor.

Season Stats							
Date	Opponent	Vault	Bars	Beam	Floor	Overall	
1/13	Oregon State	48.225	48.200	46.375	47.275	190.075	
1/20	Utah State	48.225	48.175	48.750	48.225	193.375	
2/2	Utah State	48.750	47.125	<i>48.825</i>	48.825	193.525	
2/10	Southern Utah	48.325	48.525	48.325	48.875	194.050	
2/20	Boise State						
2/24	Utah						
3/3	Arizona						
3/11	Boise State						
3/15	Southern Utah						
3/18	Texas Women's	6					
3/24	Utah						
Toom F	Danaval	40.005	40.475	40.675	40.675	100.005	
Team F	recora	49.625	49.475	49.675	49.675	198.025	



## **Alethea Boon**

• 2005 (Freshman): Competed in all meets on vault and nine meets on floor.

## 2006 Season Statistics

Meet	Vault	<b>Bars</b>	Beam	Floor	A-A
Oregon S	t.9.575			9.475	
Utah St.	9.700		9.825	9.675	
Utah St.	9.725		8.925	9.750	
So. Utah	9.575		9.800	9.625	
Career Hi	igh 9.900	)	9.825	9.850	



## **Kacie Capra**

• 2005 (Sophomore): Competed in all meets and in all-around in the last eight meets. Placed eighth in all-around at regionals.

#### 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon S	t. 9.550	9.700	9.100	9.625	37.975
Utah St.	9.575	9.750	9.775	9.575	38.675
Utah St.	9.600	9.050	9.575	9.825	38.050
So. Utah				9.725	38.950
Career Hi	igh 9.700	9.950	9.900	9.875	39.300



## **Kylee Draper**

• 2005 (Freshman): Competed in nine meets on bars.

### 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon S	St	9.675			
Utah St.		9.150	9.700	9.575	
Utah St.		9.825	9.775	9.475	
So. Utah		9.650	8.400	9.625	
Career H	igh	9.825	9.775	9.625	



## **Brittany Fischer**

 Before BYU: Level 9 State and Regional AA champion. Level 10 national qualifier.

## 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A		
Oregon S	t						
Utah St.	9.575						
Utah St.							
So. Utah							
Career H	igh 9.57						



### Sierra Jacobs

• 2005 (Sophomore): Competed in first six meets before dropping out due to a leg injury.

#### 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon S	t. 9.650			9.100	
Utah St.	9.225			9.625	
Utah St.	9.725			9.750	
So. Utah	9.525			9.875	
Career H	igh 9.775	j		9.900	



## **Hayley Jensen**

 Before BYU: Levels 8, 9 and 10 Colorado State Champion. International Elite gymnast.

2006 Season Sta	atistics
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Meet	Vault	<b>Bars</b>	Beam	Floor	A-A
Oregon S	t. 9.575	9.525	8.775	7.950	35.825
Utah St.	9.750	9.325	9.625	9.100	37.800
Utah St.	9.750	9.050			
So. Utah	9.750	9.650			
Career H	igh 9.750	9.650	9.625	9.100	37.800



## **Kandis Kelly**

• 2005 (Sophomore): Competed in all meets on beam and four times on floor.

### 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon	St		9.625		
Utah St.			9.175		
Utah St.			9.875		
So. Utał	ı		9.825		
Career High			9.900	9.825	



## **Cassie Myers**

• 2005 (Freshman): Competed in eight meets on bars.

2006	Season	Statistics
2000	Ocason	Otationico

Meet	Vault	Bars	Beam	Floor	A-A
Oregon S	St	9.525			
Utah St.		9.700			
Utah St.		9.125			
So. Utah		9.775			
Career High		9 875			



## **Aimee Walker Pond**

• 2005 (Sophomore): Redshirted after transfering from UCLA.

## 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon S	t. 9.675	9.725			
Utah St.	9.625	9.800			
Utah St.	9.725	9.400			
So. Utah	9.250	9.050			
Career Hi	gh 9.725	9.800			



## **Dayna Smart**

 2005 (Freshman): Competed in every meet on vault and beam and occasionally on floor. Tied for first place on beam at regionals.

#### 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St	. 9.750		8.900		
Utah St.					
Utah St.	9.825		9.875	9.750	
So. Utah	9.775		9.850	9.850	
Career High 9.875			9.950	9.850	



### **Lisa Willis**

• 2005 (Junior): Tied career high on bars in first meet. Redshirted season due to chronic fatigue.

## 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon S	St	9.575	9.450		
Utah St.		9.600	9.825	9.775	
Utah St.		9.725	9.725	9.750	
So. Utah		9.650	9.125	9.800	
Carper H	liah	9 850	9 850	9 950	

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### **Jennifer Matthews**

- 2005 (Junior): Exhibitioned on bars multiple times.
- 2006 (Senior): Has exhibitioned on bars in every meet.

#### 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon S	St				
Utah St.					
Utah St.					
So. Utah					
Career High					

## Head Coach Brad Cattermole

Brad Cattermole begins his 18th season as the head coach of BYU gymnastics. Cattermole has quietly built the Cougar program into a respected national power.

Since taking over the program midway through the 1988 season, he promptly led the Cougars to the first 185 in school history. In 1998, the Cougars broke the 196 barrier for the first time, hitting a 196.325 against Utah in the final meet of the season in Provo. In 2000, once again in Provo, Cattermole's squad broke 196 for the second

time, pulling off an upset victory over the University of Utah by a score of 196.05 to 195.975 in the last meet of the season. In 2001, the Cougars shattered all school records, surpassing the 196 mark five different times, a mark they had only reached three times in history. On March 16, 2001 against Utah State at home, BYU reached the 197 mark for the first time in history with a 197.325. Then one week later they broke that record again with a 197.375 at Utah, a full 1.450 points higher than any score they had received on the road. In the record-setting season, BYU set new team highs in each event and in the all-around. In 2004, the Cougars again set a new standard, scoring a record 198.025 at Utah State. During that same year, the team also set record high scores of 49.625 on vault, 49.675 on beam and 49.675 on floor.

Before conference meets were eliminated in 1994, Cattermole's teams were league runner-ups five times and seven athletes earned 10 all-conference honors. Seven gymnasts have earned 17 NCAA All-America awards under his tutelage.

His recruiting efforts have netted five U.S. National Team members, five Canadian National Team members and numerous Junior Olympic National and Elite champions.

Along with his duties at BYU, Cattermole owns and operates All-American Gymnastics in Orem. Highly successful since its establishment in 1976, All-American has earned more State Class I and Class II championships than any other club in Utah. Several athletes - former stars Marianne Williams Squires, Kelli Rose-Rhyssman, Korie Jackman, Cristen Cosgrave-Barlow, Angela Gunnell Anderson and Jessica Nelson-Taylor earned national club honors while competing for All-American gymnasts.

He is married to Dawn Niedert and they have three boys - Brad 28, Brett 25, and Mark 21. Brett is married and has two dogs, and Brad is married to Christy Garner. They have one grandchild - Ava Christine.

