



# WOMEN'S GYMNASTICS

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## Quick Facts

School: Brigham Young University  
 Location: Provo, Utah 84602  
 Enrollment: 33,278 (Daytime)  
 Arena: Smith Fieldhouse (5,000),  
 Marriott Center (22,700)  
 Nickname: Cougars  
 Colors: Blue, White and Tan  
 Website: www.byucougars.com  
 Gymnastics SID: Darrin Bates  
 SID Phone: 801-422-8999  
 SID Email: gymnastics\_sid@byu.edu  
 2005 Dual Meet Mark: 10-6  
 2005 Regional Finish: 2nd  
 2005 National Finish: 11th  
 Head Coach: Brad Cattermole  
 Coach's Record at School (years):  
 156-130-1 (17)  
 Overall Record Including Postseason  
 (years):  
 216-249-1 (17)  
 Assistant Coaches: Dawn Cattermole  
 (17) and Shauna Mertz (12)  
 Letterwinners Returning/Lost: 7/5

## Cougars Travel to Utah for Season Finale

### *BYU Fighting for Spot at NCAA Regionals*

PROVO, Utah (March 20, 2006) – The No. 23-ranked BYU women's gymnastics team enters its last regular season meet as it fights for a spot at Regionals when it travels to Salt Lake City to take on No. 2-ranked Utah Friday at 7 p.m. in the Huntsman Center.

"It should be a very good meet," BYU coach Brad Cattermole said. "The girls should be mentally and physically ready to go."

BYU is currently ranked No. 23 in the nation with a Regional Qualifying Score of 194.450. Perennial national-power Utah is the only team in the state with a higher RQS at 196.595. The Cougars will need to score well against the Utes to fend off No. 25 Southern Utah (194.325) as the two battle for what could possibly be the final spot in the North Central Region at NCAA Regionals.

"Utah isn't our main concern this week," Cattermole said. "We've got to fight for a spot at Regionals. We need to hit our routines and score well."

Last week BYU recorded its highest score of the season against Southern Utah with a 195.425. The Cougars scored a season-high 49.225 on floor as four gymnasts tied career highs on the event. Kacie Capra led the way at 9.875 while posting a season-best 39.050 all-around score. Dayna Smart led BYU on vault, beam and floor Saturday against No. 15 Arizona and Texas Women's University but the Cougars had to count some costly falls on bars and floor on their way to a 193.725 outing.

No. 2-ranked Utah is coming off a 196.675 performance at No. 3 Florida in which the Utes' Ashley Postell won the all-around. Utah's deep and talented roster is highlighted by Postell, Nicolle Ford, Kristina Baskett, Nina Kim and Gritt Hoffman.

The last time the two in-state rivals faced off back on Feb. 24 in Provo BYU recorded its highest scores of the season on vault and beam and bested the Utes on beam and floor. Utah won the meet 195.825 – 194.250.

Start time for the meet is scheduled for 7 p.m. and will be broadcast live on CSTV with tape-delay showings Sunday at 5 p.m. on KJZZ and Wednesday March 29 on CSTV at 7 p.m. Live stats will also be available on the women's gymnastics homepage at byucougars.com.

## 2006 Schedule

1/13	Oregon State	Corvallis, Ore.	7 p.m.	190.075	1-2
1/20	Utah State	Logan, Utah	6:30 p.m.	193.375	2-2
<b>2/2</b>	<b>Utah State</b>	<b>Provo, Utah</b>	<b>7 p.m.</b>	<b>193.525</b>	<b>3-2</b>
2/10	Southern Utah	Cedar City, Utah	7 p.m.	194.050	3-3
2/20	Boise State	Boise, Idaho	7 p.m.	194.525	3-4
<b>2/24</b>	<b>Utah</b>	<b>Provo, Utah</b>	<b>7 p.m.</b>	<b>194.250</b>	<b>3-5</b>
3/3	Arizona	Mesa, Ariz.	7 p.m.	194.575	3-7
<b>3/11</b>	<b>Boise State</b>	<b>Provo, Utah</b>	<b>7 p.m.</b>	<b>194.850</b>	<b>4-7</b>
<b>3/15</b>	<b>Southern Utah</b>	<b>Provo, Utah</b>	<b>7 p.m.</b>	<b>195.425</b>	<b>5-7</b>
3/18	Texas Women	Denton, Texas	7 p.m.	193.725	6-8
3/24	Utah	Salt Lake City, Utah	7 p.m.		
4/7	NCAA Regionals	TBA	TBA		
4/20-22	NCAA Nationals	Corvallis, Ore.	TBA		

### 2006 Cougars

Name	Ht.	Yr.	Hometown
Alethea Boon	5-3	So.	New Zealand
Kacie Capra	5-3	Jr.	Kingwood, Texas
Meghan Donahue	4-11	Sr.	Sierra Vista, Ariz.
Kylee Draper	5-4	So.	Payson, Utah
Brittany Fischer	5-3	Fr.	High Point, N.C.
Sierra Jacobs	5-0	Jr.	Kailua, Hawaii
Hayley Jensen	4-11	Fr.	Colorado Springs, Colo
Kandis Kelly	5-3	Jr.	Rocklin, Calif.
Jennifer Matthews	5-4	Sr.	Taft, Calif.
Cassie Myers	5-2	So.	Sandy, Utah
Aimee Walker Pond	5-1	So.	Valley Village, Calif
Melissa Pond	5-5	Fr.	Provo, Utah
Haleigh Schofield	5-4	Fr.	Fort Collins, Colo.
Dayna Smart	5-6	So.	Sandy, Utah
Kendra Stephenson	5-2	Sr.	Lenexa, Kan.
Lisa Willis	5-7	Jr.	Albuquerque, N.M.

#### Brad Cattermole - Head Coach

- Beginning 18th season
- Eight NCAA National Championship appearances
- 17 NCAA All-Americans
- Coached four 10.0 gymnasts
- Ranked nationally in the Top-20 nine of the last 14 years
- Assistant Coaches - Dawn Cattermole and Shauna Mertz

### Cougar Notes

- **BYU** is ranked No. 23 in the nation with a Regional Qualifying Score of 194.450. Of the four teams in Utah, only No. 2 Utah at 196.595 has a higher RQS.
- **Vault:** Dayna Smart has led the Cougars in all but one meet this season with a team-best 9.875. BYU's highest score is 49.000.
- **Bars:** BYU struggled its last time out after three strong performances on the event. The Cougars recorded a season-best 49.150 against Florida and Arizona on March 3. Kacie Capra and Kylee Draper have posted the team's highest scores at 9.875.
- **Beam:** Beam has become one of BYU's most consistent events this season. The Cougars posted a season-best 49.075 against Utah. Smart (9.900) and Kandis Kelly (9.875) have posted the highest scores of the season.
- **Floor:** BYU recorded a season-best 49.225 in its last home meet against Southern Utah. Sierra Jacobs and Kacie Capra have posted the team's highest scores at 9.875.
- The Cougars scored 194.350 the last time they faced Utah at the Huntsman Center.
- Though being a perennial Top-20 program, BYU has only defeated Utah twice. The closest the Cougars have come to beating the Utes in Salt Lake City was Feb. 4, 2000 when BYU fell by just .500.
- **Injury Update:** Sophomore Aimee Walker Pond is out for the season after injuring her ankle at Southern Utah. Freshman Haleigh Schofield is red-shirting this season after injuring her knee in January. Senior Kendra Stephenson injured her knee at SUU and is out for the season. Regional Qualifying Score of 196.595.

### Potential Line Up

#### Vault

Kacie Capra  
Alethea Boon  
Brittany Fischer  
Dayna Smart  
Hayley Jensen  
Sierra Jacobs

#### Beam

Kacie Capra  
Lisa Willis  
Kylee Draper  
Alethea Boon  
Kandis Kelly  
Dayna Smart

#### All-Around

Kacie Capra

#### Bars

Lisa Willis  
Hayley Jensen  
Cassie Myers  
Kylee Draper  
Kacie Capra  
Jennifer Matthews

#### Floor

Kylee Draper  
Lisa Willis  
Alethea Boon  
Sierra Jacobs  
Dayna Smart  
Kacie Capra

### Season Stats

Date	Opponent	Vault	Bars	Beam	Floor	Overall
1/13	Oregon State	48.225	48.200	46.375	47.275	190.075
1/20	Utah State	48.225	48.175	48.750	48.225	193.375
2/2	Utah State	48.750	47.125	48.825	48.825	193.525
2/10	Southern Utah	48.325	48.525	48.325	48.875	194.050
2/20	Boise State	48.150	48.900	48.875	48.600	194.525
2/24	Utah	49.000	47.625	49.075	48.550	194.250
3/3	Arizona	48.600	49.150	48.575	48.250	194.575
3/11	Boise State	48.525	49.000	48.450	48.875	194.850
3/15	Southern Utah	48.600	48.725	48.875	49.225	195.425
3/18	Texas Women's Utah	48.650	48.000	48.875	48.200	193.725 3/24
<b>Team Record</b>		<b>49.625</b>	<b>49.475</b>	<b>49.675</b>	<b>49.675</b>	<b>198.025</b>



#### Alethea Boon

• 2006 (Sophomore): Three event competitor. Has posted the team's third highest beam score (9.850). Tied her career high on floor.

##### 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	9.575	--	--	9.475	--
Utah St.	9.700	--	9.825	9.675	--
Utah St.	9.725	--	8.925	9.750	--
So. Utah	9.575	--	9.800	9.625	--
Boise St.	9.200	--	9.775	--	--
Utah	9.775	--	<b>9.850</b>	9.700	--
Arizona	9.725	--	9.775	9.550	--
Boise St.	9.750	--	<b>9.850</b>	9.825	--
So. Utah	<b>9.800</b>	--	9.700	<b>9.850</b>	--
TWU	9.650	--	9.800	8.875	--
<b>Career High</b>	<b>9.900</b>	--	<b>9.850</b>	<b>9.850</b>	--



#### Kacie Capra

• 2006 (Junior): Has been the team's only all-around competitor in every meet. Tied for team highs on bars and floor. Tied career highs on vault and floor.

##### 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	9.550	9.700	9.100	9.625	37.975
Utah St.	9.575	9.750	9.775	9.575	38.675
Utah St.	9.600	9.050	9.575	9.825	38.050
So. Utah	<b>9.700</b>	9.800	9.725	9.725	38.950
Boise St.	9.650	9.800	9.725	9.800	38.975
Utah	9.550	8.850	9.725	9.825	37.950
Arizona	9.650	<b>9.875</b>	9.625	9.825	38.975
Boise St.	9.600	<b>9.875</b>	9.750	9.725	38.950
So. Utah	9.600	9.775	<b>9.800</b>	<b>9.875</b>	<b>39.050</b>
TWU	9.650	9.775	8.650	9.750	37.825
<b>Career High</b>	<b>9.700</b>	<b>9.950</b>	<b>9.900</b>	<b>9.875</b>	<b>39.300</b>



#### Kylee Draper

• 2006 (Sophomore): Three event competitor. Tied for team high on bars. Set career highs on bars, beam and floor.

##### 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	--	9.675	--	--	--
Utah St.	--	9.150	9.700	9.575	--
Utah St.	--	9.825	<b>9.775</b>	9.475	--
So. Utah	--	9.650	8.400	9.625	--
Boise St.	--	9.850	9.750	9.700	--
Utah	--	9.050	<b>9.775</b>	9.675	--
Arizona	--	9.825	9.725	9.550	--
Boise St.	--	<b>9.875</b>	9.050	<b>9.775</b>	--
So. Utah	--	9.825	9.675	<b>9.775</b>	--
TWU	--	9.800	9.675	9.725	--
<b>Career High</b>	--	<b>9.875</b>	<b>9.775</b>	<b>9.775</b>	--



#### Brittany Fischer

• 2006 (Freshman): Has competed in six meets on vault.

##### 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	--	--	--	--	--
Utah St.	9.575	--	--	--	--
Utah St.	--	--	--	--	--
So. Utah	--	--	--	--	--
Boise St.	9.525	--	--	--	--
Utah	9.700	--	--	--	--
Arizona	<b>9.750</b>	--	--	--	--
Boise St.	9.700	--	--	--	--
So. Utah	9.625	--	--	--	--
TWU	<b>9.750</b>	--	--	--	--
<b>Career High</b>	<b>9.750</b>	--	--	--	--



**Sierra Jacobs**

- 2006 (Junior): Has competed in every meet pm vault and floor. Tied for team's highest floor score.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	9.650	--	--	9.100	--
Utah St.	9.225	--	--	9.625	--
Utah St.	9.725	--	--	9.750	--
So. Utah	9.525	--	--	9.875	--
Boise St.	9.350	--	--	9.750	--
Utah	<b>9.850</b>	--	--	9.600	--
Arizona	9.650	--	--	9.600	--
Boise St.	9.650	--	--	9.650	--
So. Utah	9.625	--	--	9.850	--
TWU	9.650	--	--	9.150	--
<b>Career High</b>	<b>9.850</b>	--	--	<b>9.900</b>	--



**Kandis Kelly**

- 2006 (Junior): Has competed in every meet on beam posting the team's second highest score.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	--	--	9.625	--	--
Utah St.	--	--	9.175	--	--
Utah St.	--	--	9.875	--	--
So. Utah	--	--	9.825	--	--
Boise St.	--	--	9.700	9.450	--
Utah	--	--	9.825	--	--
Arizona	--	--	9.775	--	--
Boise St.	--	--	9.800	--	--
So. Utah	--	--	9.850	--	--
TWU	--	--	9.825	--	--
<b>Career High</b>	--	--	<b>9.900</b>	<b>9.825</b>	--



**Aimee Walker Pond**

- 2006 (Sophomore) Competed in the first four meets on vaul and before suffering a season-ending ankle injury.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	9.675	9.725	--	--	--
Utah St.	9.625	<b>9.800</b>	--	--	--
Utah St.	<b>9.725</b>	9.400	--	--	--
So. Utah	9.250	9.050	--	--	--

OUT FOR REMAINDER OF SEASON

**Career High 9.725 9.800**    --    --    --



**Hayley Jensen**

- 2006 (Freshman): Has competed in every meet on vault and bars while posting the team's third highest score on vault.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	9.575	9.525	8.775	7.950	35.825
Utah St.	9.750	9.325	<b>9.625</b>	<b>9.100</b>	<b>37.800</b>
Utah St.	9.750	9.050	--	--	--
So. Utah	9.750	9.650	--	--	--
Boise St.	9.775	<b>9.675</b>	--	--	--
Utah	<b>9.800</b>	9.600	--	--	--
Arizona	9.725	9.250	--	--	--
Boise St.	9.000	9.625	--	--	--
So. Utah	9.725	9.475	--	--	--
<b>TWU</b>	<b>9.775</b>	<b>8.825</b>			
<b>Career High</b>	<b>9.775</b>	<b>9.675</b>	<b>9.625</b>	<b>9.100</b>	<b>37.800</b>



**Cassie Myers**

- 2006 (Sophomore): Has competed in eight meets on bars and exhibitioned multiple times on beam.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	--	9.525	--	--	--
Utah St.	--	9.700	--	--	--
Utah St.	--	9.125	--	--	--
So. Utah	--	9.775	--	--	--
Boise St.	--	9.800	--	--	--
Utah	--	9.675	--	--	--
Arizona	--	9.850	--	--	--
Boise St.	--	9.825	--	--	--
So. Utah	--	9.725	--	--	--
TWU	--	8.900	--	--	--
<b>Career High</b>	--	<b>9.875</b>	--	--	--



**Dayna Smart**

- 2006 (Sophomore): Three event competitor has posted team highs on vault and beam.
- Tied for the eighth highest beam score in school history.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	9.750	--	8.900	--	--
Utah St.	--	--	--	--	--
Utah St.	9.825	--	9.875	9.750	--
So. Utah	9.775	--	9.850	<b>9.850</b>	--
Boise St.	9.850	--	9.875	9.700	--
Utah	<b>9.875</b>	--	9.900	9.750	--
Arizona	9.750	--	9.200	9.725	--
Boise St.	9.825	--	9.800	9.725	--
So. Utah	9.825	--	9.850	<b>9.850</b>	--
TWU	9.875	--	9.875	9.825	--
<b>Career High</b>	<b>9.875</b>	--	<b>9.950</b>	<b>9.850</b>	--



**Lisa Willis**

- 2006 (Junior): Has competed in three events after redshirting last season with chronic fatigue.
- Tied for the fifth highest floor score in school history.



**Jennifer Matthews**

- 2006 (Senior): Exhibited on bars in every meet before making the line up at Boise State.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	--	9.575	9.450	--	--
Utah St.	--	9.600	9.825	9.775	--
Utah St.	--	9.725	9.725	9.750	--
So. Utah	--	9.650	9.125	9.800	--
Boise St.	--	9.700	9.750	9.650	--
Utah	--	9.625	9.375	9.575	--
Arizona	--	9.775	9.675	9.100	--
Boise St.	--	9.800	9.250	9.825	--
So. Utah	--	9.675	9.575	9.825	--
<b>Career High</b>	--	<b>9.850</b>	<b>9.850</b>	<b>9.950</b>	--

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	--	--	--	--	--
Utah St.	--	--	--	--	--
Utah St.	--	--	--	--	--
So. Utah	--	--	--	--	--
Boise St.	--	9.750	--	--	--
Utah	--	9.675	--	--	--
Arizona	--	9.825	--	--	--
Boise St.	--	9.150	--	--	--
So. Utah	--	9.725	--	--	--
<b>Career High</b>	--	<b>9.825</b>	--	--	--

## BYU Individual Record Book

### All-Around

1. Kelly Evanson	39.700	3/15/02
2. Kelly Evanson	39.675	3/23/02
Kelly Evanson	39.675	3/23/01
4. Kari Lords	39.650	3/15/04
Jaime Mabray	39.650	1/17/03
6. Kelly Evanson	39.625	3/16/01
7. Kelly Evanson	39.550	2/12/01
Kelly Evanson	39.550	3/10/00
9. Kari Lords	39.525	2/19/04
Jaime Mabray	39.525	3/15/03

### Vault

1. Jaime Mabray	10.000	2/28/04
Christy McAdams	10.000	3/28/92
3. Marie-Hélène Claveau	9.975	2/13/04
Kirsten Pauga	9.975	2/13/04
Marie-Hélène Claveau	9.975	3/12/04
Kirsten Pauga	9.975	3/19/04
7. Trisha Ashton	9.950	2/28/04
Trisha Ashton	9.950	3/05/04
Lindsay Butterfield	9.950	3/21/03
Kirsten Pauga	9.950	3/25/03

### Floor

1. Brogan Jacobsen	10.000	3/07/03
2. Brogan Jacobsen	9.975	3/15/04
Kari Lords	9.975	3/15/02
Kim Little	9.975	3/16/01
5. Marie-Hélène Claveau	9.950	3/26/05
<b>Lisa Willis</b>	<b>9.950</b>	<b>3/19/04</b>
29 others tied	9.950	

### Bars

1. Brogan Jacobsen	9.975	3/07/03
2. Broan Jacobsen	9.950	2/13/04
<b>Kacie Capra</b>	<b>9.950</b>	<b>2/28/04</b>
Kari Lords	9.950	2/28/04
Kari Lords	9.950	3/15/04
Kelly Evanson	9.950	3/15/02
Leah Niepraschk	9.950	2/24/00
Leah Niepraschk	9.950	2/05/99
Nalalie Broekman	9.950	3/25/99
Juliet Bangerter	9.950	2/12/93

### Beam

1. Kari Lords	10.000	3/07/03
2. Kari Lords	9.975	2/13/04
Kari Lords	9.975	2/19/04
Marie-Hélène Claveau	9.975	3/12/04
Jaime Mabray	9.975	3/12/04
Kari Lords	9.975	3/23/02
Kelli Rose	9.975	3/17/97
8. <b>Dayna Smart</b>	<b>9.950</b>	<b>3/26/05</b>
Jaime Mabray	9.950	3/10/05
11 others tied	9.950	



## BYU TEAM Record Book

### Overall

1.	198.025	Utah State	3/12/04
2.	197.800	Utah	3/19/04
3.	197.650	Southern Utah	3/15/04
4.	197.550	Texas Woman's	2/28/04
5.	197.475	Southern Utah	3/09/04
6.	197.375	Southern Utah	3/15/02
	197.375	Utah	3/23/01
8.	197.325	Utah State	3/16/01
9.	197.150	Oregon State	3/05/04
10.	196.900	Missouri	2/16/01

### Vault

1.	49.625	Utah State	3/12/04
2.	49.575	Oregon State	3/05/04
3.	49.450	Utah	3/26/05
4.	49.425	Texas Woman's	2/28/04
5.	49.400	Southern Utah	3/24/03
6.	49.375	Missouri	3/21/03
7.	49.350	Utah State	2/13/04
8.	49.325	Southern Utah	2/18/05
9.	49.300	Cat Classic	2/06/04
10.	49.275	Southern Utah	3/15/04
	49.275	Utah	3/19/04
	49.275	Oregon State	3/15/03

### Floor

1.	49.675	Southern Utah	3/15/04
2.	49.650	Southern Utah	3/09/04
	49.650	Southern Utah	3/15/02
4.	49.625	Texas Woman's	2/28/04
	49.625	Utah	3/23/01
6.	49.600	Southern Utah	3/07/03
7.	49.575	Utah State	2/13/04
	49.575	Missouri	2/23/04
	49.575	Utah State	3/16/01
10.	49.525	Utah	3/19/04
	49.525	Utah State	3/09/01
	49.525	Missouri	2/16/01

### Bars

1.	49.475	Missouri	2/16/01
2.	49.425	Utah	3/19/04
	49.425	Southern Utah	3/15/02
	49.425	Southern Utah	3/10/00
5.	49.400	Texas Woman's	2/28/04
	49.400	Utah	2/09/01
7.	49.375	Utah State	3/16/01
8.	49.300	Southern Utah	3/09/04
	49.300	Utah State	3/12/04
	49.300	Utah	3/23/01
	49.300	Southern Utah	3/25/99

### Beam

1.	49.675	Utah State	3/12/04
2.	49.575	Utah	3/19/04
3.	49.500	Utah State	3/10/05
4.	49.400	Utah	3/26/05
5.	49.275	Utah	3/23/01
	49.275	Utah State	3/16/01
6.	49.225	Southern Utah	3/09/04
7.	49.200	Oregon State	3/15/03
8.	49.175	Oregon State	3/05/04
	49.175	Southern Utah	3/15/04
9.	49.150	Utah State	3/12/93
	49.150	Boise State	1/25/03