

# Women's Gymnastics

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# **Quick Facts**

School: Brigham Young University Location: Provo, Utah 84602 Enrollment: 33,278 (Daytime) Arena: Smith Fieldhouse (5,000), Marriott Center (22,700)

Nickname: Cougars

Colors: Blue, White and Tan Website: www.byucougars.com Gymnastics SID: Darrin Bates SID Phone: 801-422-8999

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2005 Dual Meet Mark: 10-6 2005 Regional Finish: 2nd 2005 National Finish: 11th Head Coach: Brad Cattermole Coach's Record at School (years):

156-130-1 (17)

Overall Record Including Postseason (years):

216-249-1 (17)

Assistant Coaches: Dawn Cattermole (17)

Shauna Mertz (12)

Letterwinners Returning/Lost: 7/5 All-Americans Returning/Lost: 0/0

# **Gymnasts Back Home Against Utah**

PROVO, Utah (Feb. 22, 2006) – The BYU women's gymnastics team will be back in action Friday night when it hosts national-power and No. 3-ranked Utah at 7 p.m. in the Marriott Center. This is the first of two meetings between the teams this season.

"This is another meet that provides a big crowd and a good chance to do well," BYU coach Brad Cattermole said. "We need to focus on what we are doing and keep getting better."

The Cougars are coming off a season-best 194.525 in their last meet against Boise State. BYU set season highs on bars (48.900) and beam (48.875). Kylee Draper (9.850) and Jennifer Matthews (9.750) recorded career highs on bars, while Cassie Myers recorded a season-high 9.800. Dayna Smart tied for first to lead the Cougars on beam with a season-high 9.875. In all, six gymnasts recorded individual season and career highs.

Utah, ranked No. 2 for much of the season, is coming into its ninth meet of the season. Last time out the Utes defeated No. 20 Minnesota 196.650 – 193.400. Their season high is 197.200 against Utah State and Southern Utah. Top performers include Nicolle Ford, Ashley Postell and Kristina Baskett in the all-around; Gritt Hofmann on beam and Jessica Duke on floor.

Start time is scheduled for 7 p.m. in the Marriott Center. The meet will broadcast live on BYU TV. A live stats feed will also be available on the schedule page of the BYU gymnastics homepage at byucougars.com.

2006 Schedule						
1/13	Oregon State	Corvallis, Ore.	7 p.m.	190.075	1-2	
1/20	Utah State	Logan, Utah	6:30 p.m.	193.375	2-2	
2/2	Utah State	Provo, Utah	7 p.m.	193.525	3-2	
2/10	Southern Utah	Cedar City, Utah	7 p.m.	194.050	3-3	
2/20	Boise State	Boise, Idaho	7 p.m.	194.525	3-4	
2/24	Utah	Provo, Utah	7 p.m.			
3/3	Arizona	Mesa, Ariz.	7 p.m.			
3/11	Boise State	Provo, Utah	7 p.m.			
3/15	Southern Utah	Provo, Utah	7 p.m.			
3/18	Texas Women	Denton, Texas	7 p.m.			
3/24	Utah	Salt Lake City, Uah	7 p.m.			
4/7	NCAA Regionals	TBA	TBA			
4/20-22	NCAA Nationals	Corvallis, Ore.	TBA			

2006 Cougars							
Name	Ht.	Yr.	Hometown				
Alethea Boon	5-3	So.	New Zealand				
Kacie Capra	5-3	Jr.	Kingwood, Texas				
Meghan Donahue	4-11	Sr.	Sierra Vista, Ariz.				
Kylee Draper	5-4	So.	Payson, Utah				
Brittany Fischer	5-3	Fr.	High Point, N.C.				
Sierra Jacobs	5-0	Jr.	Kailua, Hawaii				
Hayley Jensen	4-11	Fr.	Colorado Springs, Colo				
Kandis Kelly	5-3	Jr.	Rocklin, Calif.				
Jennifer Matthews	5-4	Sr.	Taft, Calif.				
Cassie Myers	5-2	So.	Sandy, Utah				
Aimee Walker Pond	5-1	So.	Valley Village, Calif				
Melissa Pond	5-5	Fr.	Provo, Utah				
Haleigh Schofield	5-4	Fr.	Fort Collins, Colo.				
Dayna Smart	5-6	So.	Sandy, Utah				
Kendra Stephenson	5-2	Sr.	Lenexa, Kan.				
Lisa Willis	5-7	Jr.	Albuquerque, N.M.				

#### **Brad Cattermole - Head Coach**

- Beginning 18th season
- Eight NCAA National Championship appearances
- 17 NCAA All-Americans
- · Coached four 10.0 gymnasts
- Ranked nationally in the Top-20 nine of the last 14 years
- Assistant Coaches Dawn Cattermole and Shauna Mertz

# Potential Line Up

Vault Kacie Capra Alethea Boon Brittany Fischer Dayna Smart Hayley Jensen Sierra Jacobs	Beam Kacie Capra Lisa Willis Kylee Draper Alethea Boon Kandis Kelly Dayna Smart	All-Around Kacie Capra
Bars Lisa Willis Hayley Jensen Cassie Myers Kylee Draper Kacie Capra Jennifer Matthews	Floor Kylee Draper Lisa Willis Alethea Boon Sierra Jacobs Dayna Smart Kacie Capra	

# **Cougar Notes**

- This is BYU's second home meet of the season.
- Vault: Dayna Smart has led the Cougars in their last three meets. She posted a team-best 9.850 the last time out against Boise State.
- Bars: Sophomore Kylee Draper has posted the team's highest score (9.850). The Cougars recorded their best team score of the season (48.900) in their last meet against Boise State.
- Beam: Beam has been BYU's strongest and weakest event this season. The Cougars posted a season-best 48.875 the last time out against Boise State. Smart and Kandis Kelly have posted the highest scores of the season at 9.875.
- Floor: The Cougars recorded a season-best 48.875 score at Southern Utah. Sierra Jacobs leads the team with a season-high 9.875.
- The Utes have won the last 18 meetings between the two schools. The last time the two teams met the Cougars posted a 196.825, BYU's highest score of the 2005 season.
- Injury Update: Sophomore Aimee Walker Pond is out for the season after injuring her ankle at Southern Utah. Freshman Haleigh Schofield is redshirting this season after injuring her knee in January. Senior Kendra Stephenson injured her knee at SUU. She is doubtful to return this season.

#### **Ute Notes**

- Utah is ranked No. 3 in the nation this week after spending much of the season ranked No. 2.
- Utah defeated No. 20-ranked Minnesota last week, posting a 196.650. The Utes' high is 197.200 against Utah State and Southern Utah.
- Utah is led by Nicolle Ford, Ashley Postell, Gritt Hoffman, Jessica Duke, Kristina Baskett and Nina Kim.

Season Stats						
Date	Opponent	Vault	Bars	Beam	Floor	Overall
1/13	Oregon State	48.225	48.200	46.375	47.275	190.075
1/20	Utah State	48.225	48.175	48.750	48.225	193.375
2/2	Utah State	48.750	47.125	48.825	48.825	193.525
2/10	Southern Utah	48.325	48.525	48.325	48.875	194.050
2/20	Boise State	48.150	48.900	48.875	48.600	194.525
2/24	Utah					
3/3	Arizona					
3/11	Boise State					
3/15	Southern Utah					
3/18	Texas Women's	3				
3/24	Utah					
Team I	Record	49.625	49.475	49.675	49.675	198.025



## **Alethea Boon**

• 2005 (Freshman): Competed in all meets on vault and nine meets on floor.



# **Kacie Capra**

• 2005 (Sophomore): Competed in all meets and in all-around in the last eight meets. Placed eighth in all-around at Regionals.

2006 Season St	atistics
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Meet	Vault	Bars	Beam	Floor	A-A
Oregon S	t.9.575			9.475	
Utah St.	9.700		9.825	9.675	
Utah St.	9.725		8.925	9.750	
So. Utah	9.575		9.800	9.625	
Boise St.	9.200		9.775		
Career H	iah 9.900	0	9.825	9.850	



Meet	Vault	Bars	Beam	Floor	A-A
Oregon S	t. 9.550	9.700	9.100	9.625	37.975
Utah St.	9.575	9.750	9.775	9.575	38.675
Utah St.	9.600	9.050	9.575	9.825	38.050
So. Utah	9.700	9.800	9.725	9.725	38.950
Boise St.	9.650	9.800	9.725	9.800	38.975
Career H	iah 9.70	0 9 950	9.900	9.875	39.300



# **Kylee Draper**

• 2005 (Freshman): Competed in nine meets on bars.



# **Brittany Fischer**

 Before BYU: Level 9 State and Regional AA champion. Level 10 national qualifier.

#### 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon S	St	9.675			
Utah St.		9.150	9.700	9.575	
Utah St.		9.825	9.775	9.475	
So. Utah		9.650	8.400	9.625	
Boise St.		9.850	9.750	9.700	
Career H	liah	9.850	9.775	9.700	

#### 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A	
Oregon St	t					
Utah St.	9.575					
Utah St.						
So. Utah						
Boise St.	9.525					
Pareer High 9 575						



#### Sierra Jacobs

• 2005 (Sophomore): Competed in first six meets before dropping out due to a leg injury.

#### 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon S	t. 9.650			9.100	
Utah St.	9.225			9.625	
Utah St.	9.725			9.750	
So. Utah	9.525			9.875	
Boise St.	9.350			9.750	
Career Hi	igh 9.775	j		9.900	



# **Hayley Jensen**

 Before BYU: Levels 8, 9 and 10 Colorado State Champion.
 International Elite gymnast.

2006	Season	Statistics
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Meet	Vault	Bars	Beam	Floor	A-A
Oregon S	t. 9.575	9.525	8.775	7.950	35.825
Utah St.	9.750	9.325	9.625	9.100	37.800
Utah St.	9.750	9.050			
So. Utah	9.750	9.650			
Boise St.	9.775	9.675			
Career H	iah 9.775	9.675	9.625	9.100	37.800



# **Kandis Kelly**

• 2005 (Sophomore): Competed in all meets on beam and four times on floor.

#### 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon S	St		9.625		
Utah St.			9.175		
Utah St.			9.875		
So. Utah			9.825		
Boise St.			9.700	9.450	
Career F	liah		9.900	9.825	



# **Cassie Myers**

• 2005 (Freshman): Competed in eight meets on bars.

2006	Season	Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon S	St	9.525			
Utah St.		9.700			
Utah St.		9.125			
So. Utah		9.775			
Boise St.		9.800			
Career H	liah	9.875			



# **Aimee Walker Pond**

• 2005 (Sophomore): Redshirted after transfering from UCLA.

2000 Ocason Otalistics	2006	Season	Statistics
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Meet	Vault	Bars	Beam	Floor	A-A
Oregon S	t. 9.675	9.725			
Utah St.	9.625	9.800			
Utah St.	9.725	9.400			
So. Utah	9.250	9.050			
Boise St.					
Career High 9.725 9.800					



# **Dayna Smart**

 2005 (Freshman): Competed in every meet on vault and beam and occasionally on floor. Tied for first place on beam at regionals.

#### 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon S	t. 9.750		8.900		
Utah St.					
Utah St.	9.825		9.875	9.750	
So. Utah	9.775		9.850	9.850	
Boise St.	9.850		9.875	9.700	
Career Hi	igh 9.875	5	9.950	9.850	



#### **Lisa Willis**

• 2005 (Junior): Tied career high on bars in first meet. Redshirted season due to chronic fatigue.

#### 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon S	St	9.575	9.450		
Utah St.		9.600	9.825	9.775	
Utah St.		9.725	9.725	9.750	
So. Utah		9.650	9.125	9.800	
Boise St.		9.700	9.750	9.650	
Career H	liah	9 850	9 850	9 950	



#### **Jennifer Matthews**

- 2005 (Junior): Exhibitioned on bars multiple times.
- 2006 (Senior): Has exhibitioned on bars in every meet.

#### 2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon S	St				
Utah St.					
Utah St.					
So. Utah					
Boise St.		9.750			
Career H	igh	9.750			

## Head Coach Brad Cattermole



Brad Cattermole begins his 18th season as the head coach of BYU gymnastics. Cattermole has quietly built the Cougar program into a respected national power.

Since taking over the program midway through the 1988 season, he promptly led the Cougars to the first 185 in school history. In 1998, the Cougars broke the 196 barrier for the first time, hitting a 196.325 against Utah in the final meet of the season in Provo. In 2000, once again in Provo, Cattermole's squad broke 196 for the second

time, pulling off an upset victory over the University of Utah by a score of 196.05 to 195.975 in the last meet of the season. In 2001, the Cougars shattered all school records, surpassing the 196 mark five different times, a mark they had only reached three times in history. On March 16, 2001 against Utah State at home, BYU reached the 197 mark for the first time in history with a 197.325. Then one week later they broke that record again with a 197.375 at Utah, a full 1.450 points higher than any score they had received on the road. In the record-setting season, BYU set new team highs in each event and in the all-around. In 2004, the Cougars again set a new standard, scoring a record 198.025 at Utah State. During that same year, the team also set record high scores of 49.625 on vault, 49.675 on beam and 49.675 on floor.

Before conference meets were eliminated in 1994, Cattermole's teams were league runner-ups five times and seven athletes earned 10 all-conference honors. Seven gymnasts have earned 17 NCAA All-America awards under his tutelage.

His recruiting efforts have netted five U.S. National Team members, five Canadian National Team members and numerous Junior Olympic National and Elite champions.

Along with his duties at BYU, Cattermole owns and operates All-American Gymnastics in Orem. Highly successful since its establishment in 1976, All-American has earned more State Class I and Class II championships than any other club in Utah. Several athletes - former stars Marianne Williams Squires, Kelli Rose-Rhyssman, Korie Jackman, Cristen Cosgrave-Barlow, Angela Gunnell Anderson and Jessica Nelson-Taylor earned national club honors while competing for All-American gymnasts.

He is married to Dawn Niedert and they have three boys - Brad 28, Brett 25, and Mark 21. Brett is married and has two dogs, and Brad is married to Christy Garner. They have one grandchild - Ava Christine.