



WOMEN'S GYMNASTICS

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Gymnasts Headed to Regionals

Quick Facts

School: Brigham Young University
 Location: Provo, Utah 84602
 Enrollment: 33,278 (Daytime)
 Arena: Smith Fieldhouse (5,000), Marriott Center (22,700)
 Nickname: Cougars
 Colors: Blue, White and Tan

Website: www.byucougars.com
 Gymnastics SID: Darrin Bates
 SID Phone: 801-422-8999
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 2005 Dual Meet Mark: 10-6
 2005 Regional Finish: 2nd
 2005 National Finish: 11th

Head Coach: Brad Cattermole
 Coach's Record at School (years):
 162-139-1 (18)
 Overall Record including postseason (years):
 216-249-1 (18)
 Assistant Coaches: Dawn Cattermole (18) and Shauna Mertz (13)

Letterwinners Returning: 7
 All-Americans Returning: 0
 All-Americans Lost: 0

PROVO, Utah (March 27, 2006) – The BYU women's gymnastics team has earned a berth in the NCAA Regionals announced by the NCAA. The No. 24-ranked Cougars will be a part of the North Central Regional taking place in Ames, Iowa on April 8.

Joining BYU in the North Central Regional is Iowa State (No. 4), Arizona State (No. 11), Arizona (No. 15), Denver (No. 19) and Minnesota (No. 21). The top two scoring teams at Regionals will advance to the NCAA Championships in Corvallis, Ore. April 20-22.

The Cougars have now made it to Regionals their last seven years. Their No. 6 seed this season is their lowest seed in the last six years. BYU has made it to Regionals in all but one of the 18 years Cattermole has been with the school. The Cougars went in to Regionals as the No. 3 seed last season but pulled together one of their best performances of the year to advance to Nationals.

"We will all commit to do better from here on," BYU coach Brad Cattermole said. "We're happy to be going and look forward to competing."

No. 2 Utah is the only other team from the state of Utah to qualify for Regionals. The Utes will be the top seed in the Northeast Regional held in Ann Arbor, Mich.

Starting time for Regionals is scheduled for 6 pm CST.

2006 Schedule

1/13	Oregon State	Corvallis, Ore.	7 p.m.	190.075	1-2
1/20	Utah State	Logan, Utah	6:30 p.m.	193.375	2-2
2/2	Utah State	Provo, Utah	7 p.m.	193.525	3-2
2/10	Southern Utah	Cedar City, Utah	7 p.m.	194.050	3-3
2/20	Boise State	Boise, Idaho	7 p.m.	194.525	3-4
2/24	Utah	Provo, Utah	7 p.m.	194.250	3-5
3/3	Arizona	Tuscon, Ariz.	7 p.m.	194.575	3-7
3/11	Boise State	Provo, Utah	7 p.m.	194.850	4-7
3/15	Southern Utah	Provo, Utah	7 p.m.	<u>195.425</u>	5-7
3/18	Texas Women	Denton, Texas	7 p.m.	193.725	6-8
3/24	Utah	Salt Lake City, Utah	7 p.m.	193.350	6-9
4/7	NCAA Regionals	Ames, Iowa	TBA		
4/20-22	NCAA Nationals	Corvallis, Ore.	TBA		

Cougar Notes

2006 Cougars

Alethea Boon	5-3	So.	New Zealand
Kacie Capra	5-3	Jr.	Kingwood, Texas
Meghan Donahue	4-11	Sr.	Sierra Vista, Ariz.
Kylee Draper	5-4	So.	Payson, Utah
Brittany Fischer	5-3	Fr.	High Point, N.C.
Sierra Jacobs	5-0	Jr.	Kailua, Hawai'i
Hayley Jensen	4-1	Fr.	Colorado Springs, Colo.
Kandis Kelly	5-3	Jr.	Rocklin, Calif.
Jennifer Matthews	5-4	Sr.	Taft, Calif.
Cassie Myers	5-2	So.	Sandy, Utah
Aimee Walker Pond	5-1	So.	Valley Village, Calif.
Melissa Pond	5-5	Fr.	Provo, Utah
Haleigh Schofield	5-4	Fr.	Fort Collins, Colo.
Dayna Smart	5-6	So.	Sandy, Utah
Kendra Stephenson	5-2	Sr.	Lenexa, Kan.
Lisa Willis	5-7	Jr.	Albuquerque, N.M.

Brad Cattermole - Head Coach

- 18th Season
- Eight NCAA National Championship Appearances
- 17 NCAA Regional Appearances
- 17 NCAA All-Americans
- Coached four 10.0 gymnasts
- Ranked nationally in the Top-20 nine of the last 14 years
- Assitant Coaches- Dawn Cattermole and Shauna Mertz

• **BYU** is ranked No. 24 in the nation with a Regional Qualifying Score of 194.450. Of the four teams in Utah, only No. 2 Utah at 196.705 has a higher RQS.

• **Vault:** Dayna Smart has led the Cougars in all but one meet this season with a team-best 9.875. BYU's highest score is 49.000.

• **Bars:** The Cougars have been up and down on the event all season. The Cougars recorded a season-best 49.150 against Florida and Arizona on March 3. Kacie Capra and Kylee Draper have posted the team's highest scores at 9.875.

• **Beam:** Beam has been one of BYU's most consistent events this season. The Cougars tied the 10th-best mark in school history with a season-high 49.150 against Utah in their last meet of the season. Smart (9.900) and Kandis Kelly (9.875) have posted the highest scores of the season.

• **Floor:** BYU recorded a season-best 49.225 in its last home meet against Southern Utah. Capra and Sierra Jacobs have posted the team's highest scores at 9.875.

• **All-Around:** Capra is only Cougar that has competed in the all-around in every meet this season, with one all-around title and a season-best 39.050. She placed eighth in the all-around at last year's North Central Regional.

Potential Line Up

Vault

Kacie Capra
Alethea Boon
Brittany Fischer
Dayna Smart
Hayley Jensen
Sierra Jacobs

Beam

Kacie Capra
Lisa Willis
Kylee Draper
Alethea Boon
Kandis Kelly
Dayna Smart

All-Around

Kacie Capra

Bars

Lisa Willis
Hayley Jensen
Cassie Myers
Kylee Draper
Kacie Capra
Jennifer Matthews

Floor

Kylee Draper
Lisa Willis
Alethea Boon
Sierra Jacobs
Dayna Smart
Kacie Capra

• **Regionals:** BYU scored 195.975 last year in the North Central Regional to earn a trip to the NCAA Championships, where they finished 11th.

• The Cougars have qualified for Regionals in every year but one in the 18 years Cattermole has coached the team.

• **Injury Report:** Sophomore Aimee Walker Pond suffered a seson-ending ankle injury against Southern Utah in the fourth meet of the season. Freshman Haleigh Schofield is redshirting this season after injuring her knee in January. Senior Kendra Stephenson sustained a season-ending knee injury in the fourth meet of the season as well.

Season Stats

Date	Opponent	Vault	Bars	Beam	Floor	Overall
1/13	Oregon State	48.225	48.200	46.375	47.275	190.075
1/20	Utah State	48.225	48.175	48.750	48.225	193.375
2/2	Utah State	48.750	47.125	48.825	48.825	193.525
2/10	Southern Utah	48.325	48.525	48.325	48.875	194.050
2/20	Boise State	48.150	48.900	48.875	48.600	194.525
2/24	Utah	<u>49.000</u>	47.625	49.075	48.550	194.250
3/3	Arizona	48.600	<u>49.150</u>	48.575	48.250	194.575
3/11	Boise State	48.525	49.000	48.450	48.875	194.850
3/15	Southern Utah	48.600	48.725	48.875	<u>49.225</u>	<u>195.425</u>
3/18	Texas Women's	48.650	48.000	48.875	48.200	193.725
3/24	Utah	47.550	47.975	<u>49.150</u>	48.675	193.350
Team Record		49.625	49.475	49.675	49.675	198.025

Underline indicates season high



Alethea Boon

• 2006 (Sophomore): Three-event competitor has posted the team's third-highest beam score (9.850) and second-highest vault score (9.800). Tied career high on floor.



Kacie Capra

• 2006 (Junior): Co-captain has been the team's only all-around competitor in every meet. Tied for team highs on bars and floor. Tied career highs on vault and floor.
• Tied for second-best all-time bars score.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	9.575	--	--	9.475	--
Utah St.	9.700	--	9.825	9.675	--
Utah St.	9.725	--	8.925	9.750	--
So. Utah	9.575	--	9.800	9.625	--
Boise St.	9.200	--	9.775	--	--
Utah	9.775	--	9.850	9.700	--
Arizona	9.725	--	9.775	9.550	--
Boise St.	9.750	--	9.850	9.825	--
So. Utah	<u>9.800</u>	--	9.700	9.850	--
TWU	9.650	--	9.800	8.875	--
Utah	<u>9.800</u>	--	9.825	9.675	--
Career High	9.900	--	9.850	9.850	--

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	9.550	9.700	9.100	9.625	37.975
Utah St.	9.575	9.750	9.775	9.575	38.675
Utah St.	9.600	9.050	9.575	9.825	38.050
So. Utah	9.700	9.800	9.725	9.725	38.950
Boise St.	9.650	9.800	9.725	9.800	38.975
Utah	9.550	8.850	9.725	9.825	37.950
Arizona	9.650	<u>9.875</u>	9.625	9.825	38.975
Boise St.	9.600	9.875	9.750	9.725	38.950
So. Utah	9.600	9.775	<u>9.800</u>	9.875	<u>39.050</u>
TWU	9.650	9.775	8.650	9.750	37.825
Utah	8.950	9.500	9.775	9.725	37.950
Career High	9.700	9.950	9.900	9.875	39.300



Kylee Draper

• 2006 (Sophomore): Former walk-on is a three-event competitor. Tied for team high on bars. Set career highs on bars, beam and floor.



Brittany Fischer

• 2006 (Freshman): Former North Carolina State Champion has competed in eight meets on vault.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	--	9.675	--	--	--
Utah St.	--	9.150	9.700	9.575	--
Utah St.	--	9.825	9.775	9.475	--
So. Utah	--	9.650	8.400	9.625	--
Boise St.	--	9.850	9.750	9.700	--
Utah	--	9.050	9.775	9.675	--
Arizona	--	9.825	9.725	9.550	--
Boise St.	--	9.875	9.050	9.775	--
So. Utah	--	9.825	9.675	9.775	--
TWU	--	9.800	9.675	9.725	--
Utah	--	9.875	9.275	9.600	--
Career High	--	9.875	9.775	9.775	--

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	--	--	--	--	--
Utah St.	9.575	--	--	--	--
Utah St.	--	--	--	--	--
So. Utah	--	--	--	--	--
Boise St.	9.525	--	--	--	--
Utah	9.700	--	--	--	--
Arizona	9.750	--	--	--	--
Boise St.	9.700	--	--	--	--
So. Utah	9.625	--	--	--	--
TWU	9.750	--	--	--	--
Utah	8.950	--	--	--	--
Career High	9.750	--	--	--	--



Sierra Jacobs

• 2006 (Junior): Has competed in every meet on vault and floor. Tied for team's highest floor score.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	9.650	--	--	9.100	--
Utah St.	9.225	--	--	9.625	--
Utah St.	9.725	--	--	9.750	--
So. Utah	9.525	--	--	<u>9.875</u>	--
Boise St.	9.350	--	--	9.750	--
Utah	9.850	--	--	9.600	--
Arizona	9.650	--	--	9.600	--
Boise St.	9.650	--	--	9.650	--
So. Utah	9.625	--	--	9.850	--
TWU	9.650	--	--	9.150	--
Utah	9.450	--	--	9.750	--
Career High	9.850	--	--	9.900	--



Hayley Jensen

• 2006 (Freshman): Former International-Elite competitor has competed in every meet on vault and bars while posting the team's third-highest score on vault.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	9.575	9.525	8.775	7.950	35.825
Utah St.	9.750	9.325	9.625	9.100	37.800
Utah St.	9.750	9.050	--	--	--
So. Utah	9.750	9.650	--	--	--
Boise St.	9.775	9.675	--	--	--
Utah	9.800	9.600	--	--	--
Arizona	9.725	9.250	--	--	--
Boise St.	9.000	9.625	--	--	--
So. Utah	9.725	9.475	--	--	--
TWU	9.775	8.825	--	--	--
Utah	9.500	8.900	--	--	--
Career High	9.800	9.675	9.625	9.100	37.800



Kandis Kelly

• 2006 (Junior): Co-captain has competed in every meet on beam, posting the team's second-highest score on the event.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	--	--	9.625	--	--
Utah St.	--	--	9.175	--	--
Utah St.	--	--	<u>9.875</u>	--	--
So. Utah	--	--	9.825	--	--
Boise St.	--	--	9.700	<u>9.450</u>	--
Utah	--	--	9.825	--	--
Arizona	--	--	9.775	--	--
Boise St.	--	--	9.800	--	--
So. Utah	--	--	9.850	--	--
TWU	--	--	9.825	--	--
Utah	--	--	9.850	--	--
Career High	--	--	9.900	9.825	--



Jennifer Matthews

• 2006 (Senior): Former walk-on exhibitioned on bars for her first three years and four meets this season before making the line up at Boise State. Has posted the team's third-highest bars score this year.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	--	--	--	--	--
Utah St.	--	--	--	--	--
Utah St.	--	--	--	--	--
So. Utah	--	--	--	--	--
Boise St.	--	9.750	--	--	--
Utah	--	9.675	--	--	--
Arizona	--	9.825	--	--	--
Boise St.	--	9.150	--	--	--
So. Utah	--	9.725	--	--	--
TWU	--	9.750	--	--	--
Utah	--	9.800	--	--	--
Career High	--	9.825	--	--	--



Cassie Myers

• 2006 (Sophomore): Has competed in every meet on bars and exhibitioned multiple times on beam while posting the team's second-highest score on bars.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	--	9.525	--	--	--
Utah St.	--	9.700	--	--	--
Utah St.	--	9.125	--	--	--
So. Utah	--	9.775	--	--	--
Boise St.	--	9.800	--	--	--
Utah	--	9.675	--	--	--
Arizona	--	<u>9.850</u>	--	--	--
Boise St.	--	9.825	--	--	--
So. Utah	--	9.725	--	--	--
TWU	--	8.900	--	--	--
Utah	--	9.050	--	--	--
Career High	--	9.875	--	--	--



Aimee Walker Pond

• 2006 (Sophomore): Deaf and blind in her right eye. Former UCLA transfer competed in the first four meets on vault and bars before sustaining a season-ending ankle injury.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	9.675	9.725	--	--	--
Utah St.	9.625	9.800	--	--	--
Utah St.	9.725	9.400	--	--	--
So. Utah	9.250	9.050	--	--	--

OUT FOR REMAINDER OF SEASON

Career High 9.725 9.800 -- -- --



Dayna Smart

- 2006 (Sophomore): Three-event competitor has posted team highs on vault and beam.
- Tied for the eighth-highest beam score in school history.



Lisa Willis

- 2006 (Junior): Has competed in three events after redshirting last season with chronic fatigue.
- Tied for the fifth-highest floor score in school history.

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	9.750	--	8.900	--	--
Utah St.	--	--	--	--	--
Utah St.	9.825	--	9.875	9.750	--
So. Utah	9.775	--	9.850	9.850	--
Boise St.	9.850	--	9.875	9.700	--
Utah	9.875	--	<u>9.900</u>	9.750	--
Arizona	9.750	--	9.200	9.725	--
Boise St.	9.825	--	9.800	9.725	--
So. Utah	9.825	--	9.850	9.850	--
TWU	9.875	--	9.875	9.825	--
Utah	9.850	--	9.875	9.750	--
Career High	9.875	--	9.950	9.850	--

2006 Season Statistics

Meet	Vault	Bars	Beam	Floor	A-A
Oregon St.	--	9.575	9.450	--	--
Utah St.	--	9.600	<u>9.825</u>	9.775	--
Utah St.	--	9.725	9.725	9.750	--
So. Utah	--	9.650	9.125	9.800	--
Boise St.	--	9.700	9.750	9.650	--
Utah	--	9.625	9.375	9.575	--
Arizona	--	9.775	9.675	9.100	--
Boise St.	--	<u>9.800</u>	9.250	<u>9.825</u>	--
So. Utah	--	9.675	9.575	<u>9.825</u>	--
TWU	--	9.775	9.700	9.750	--
Utah	--	9.750	<u>9.825</u>	9.775	--
Career High	--	9.850	9.850	9.950	--

BYU Individual Record Book

All-Around

1. Kelly Evanson	39.700	3/15/02
2. Kelly Evanson	39.675	3/23/02
Kelly Evanson	39.675	3/23/01
4. Kari Lords	39.650	3/15/04
Jaime Mabray	39.650	1/17/03
6. Kelly Evanson	39.625	3/16/01
7. Kelly Evanson	39.550	2/12/01
Kelly Evanson	39.550	3/10/00
9. Kari Lords	39.525	2/19/04
Jaime Mabray	39.525	3/15/03

Vault

1. Jaime Mabray	10.000	2/28/04
Christy McAdams	10.000	3/28/92
3. Marie-Hélène Claveau	9.975	2/13/04
Kirsten Pauga	9.975	2/13/04
Marie-Hélène Claveau	9.975	3/12/04
Kirsten Pauga	9.975	3/19/04
7. Trisha Ashton	9.950	2/28/04
Trisha Ashton	9.950	3/05/04
Lindsay Butterfield	9.950	3/21/03
Kirsten Pauga	9.950	3/25/03

Floor

1. Brogan Jacobsen	10.000	3/07/03
2. Brogan Jacobsen	9.975	3/15/04
Kari Lords	9.975	3/15/02
Kim Little	9.975	3/16/01
5. Marie-Hélène Claveau	9.950	3/26/05
Lisa Willis	9.950	3/19/04

29 more tied at 9.950

Bars

1. Brogan Jacobsen	9.975	3/07/03
2. Broan Jacobsen	9.950	2/13/04
Kacie Capra	9.950	2/28/04
Kari Lords	9.950	2/28/04
Kari Lords	9.950	3/15/04
Kelly Evanson	9.950	3/15/02
Leah Niepraschk	9.950	2/24/00
Leah Niepraschk	9.950	2/05/99
Nalalie Broekman	9.950	3/25/99
Juliet Bangerter	9.950	2/12/93

Beam

1. Kari Lords	10.000	3/07/03
2. Kari Lords	9.975	2/13/04
Kari Lords	9.975	2/19/04
Marie-Hélène Claveau	9.975	3/12/04
Jaime Mabray	9.975	3/12/04
Kari Lords	9.975	3/23/02
Kelli Rose	9.975	3/17/97
8. Dayna Smart	9.950	3/26/05
Jaime Mabray	9.950	3/10/05

11 others tied 9.950



BYU Team Record Book

Overall

1. 198.025	Utah State	3/12/04
2. 197.800	Utah	3/19/04
3. 197.650	Southern Utah	3/15/04
4. 197.550	Texas Woman's	2/28/04
5. 197.475	Southern Utah	3/09/04
6. 197.375	Southern Utah	3/15/02
197.375	Utah	3/23/01
8. 197.325	Utah State	3/16/01
9. 197.150	Oregon State	3/05/04
10. 196.900	Missouri	2/16/01

Vault

1. 49.625	Utah State	3/12/04
2. 49.575	Oregon State	3/05/04
3. 49.450	Utah	3/26/05
4. 49.425	Texas Woman's	2/28/04
5. 49.400	Southern Utah	3/24/03
6. 49.375	Missouri	3/21/03
7. 49.350	Utah State	2/13/04
8. 49.325	Southern Utah	2/18/05
9. 49.300	Cat Classic	2/06/04
10. 49.275	Southern Utah	3/15/04
49.275	Utah	3/19/04
49.275	Oregon State	3/15/03

Floor

1. 49.675	Southern Utah	3/15/04
2. 49.650	Southern Utah	3/09/04
49.650	Southern Utah	3/15/02
4. 49.625	Texas Woman's	2/28/04
49.625	Utah	3/23/01
6. 49.600	Southern Utah	3/07/03
7. 49.575	Utah State	2/13/04
49.575	Missouri	2/23/04
49.575	Utah State	3/16/01
10. 49.525	Utah	3/19/04
49.525	Utah State	3/09/01

Bars

1. 49.475	Missouri	2/16/01
2. 49.425	Utah	3/19/04
49.425	Southern Utah	3/15/02
49.425	Southern Utah	3/10/00
5. 49.400	Texas Woman's	2/28/04
49.400	Utah	2/09/01
7. 49.375	Utah State	3/16/01
8. 49.300	Southern Utah	3/09/04
49.300	Utah State	3/12/04
49.300	Utah	3/23/01
49.300	Southern Utah	3/25/99

Beam

1. 49.675	Utah State	3/12/04
2. 49.575	Utah	3/19/04
3. 49.500	Utah State	3/10/05
4. 49.400	Utah	3/26/05
5. 49.275	Utah	3/23/01
49.275	Utah State	3/16/01
7. 49.225	Southern Utah	3/09/04
8. 49.200	Oregon State	3/15/03
9. 49.175	Oregon State	3/05/04
49.175	Southern Utah	3/15/04
10. 49.150	Utah State	3/12/93
49.150	Boise State	1/25/03
49.150	Utah	3/24/06

* this season

Regionals History

Year	Finish	Score
1989	7th	187.700
1990	7th	185.350
1991	3rd	191.100
1992	4th	191.900
1993	4th	192.800
1994	2nd	192.875
1995	3rd	194.050
1996	4th	194.925
1997	4th	194.025
1998	2nd	192.875
1999	DNC	--
2000	2nd	194.700
2001	3rd	193.050
2002	4th	194.000
2003	6th	192.400
2004	3rd	196.175
2005	2nd	195.975

Nationals History

Year	Finish	Score
1989	DNC	--
1990	DNC	--
1991	8th	187.700
1992	12th	187.700
1993	DNC	--
1994	9th	192.325
1995	10th	191.975
1996	12th	192.500
1997	DNC	--
1998	12th	193.400
1999	DNC	--
2000	11th	194.500
2001	DNC	--
2002	DNC	--
2003	DNC	--
2004	DNC	--
2005	11th	194.625



Brad Cattermole - Head Coach

Brad Cattermole begins his 18th season as the head coach of BYU gymnastics. Cattermole has quietly built the Cougar program into a respected national power.

After taking over the program midway through the 1988 season, he promptly led the Cougars to the first 185 in school history. In 1998, the Cougars broke the 196 barrier for the first time, hitting a 196.325 against Utah in the final meet of the season in Provo. In 2000, once again in Provo, Cattermole's squad broke 196 for the second time, pulling off an upset victory over the University of Utah by a score of 196.05 to 195.975 in the last meet of the season. In 2001, the Cougars shattered all school records, surpassing the 196 mark five different times, a mark they had only reached three times in history. On March 16, 2001 against Utah State at home, BYU reached the 197 mark for the first time in history with a 197.325. Then one week later they broke that record again with a 197.375 at Utah, a full 1.450 points higher than any score they had received on the road. In the record-setting season, BYU set new team highs in each event and in the all-around. In 2004, the Cougars again set a new standard, scoring a record 198.025 at Utah State. During that same year, the team also set record high scores of 49.625 on vault, 49.675 on beam and 49.675 on floor.

Before conference meets were eliminated in 1994, Cattermole's teams were league runner-ups five times and seven athletes earned 10 all-conference honors. Seven gymnasts have earned 17 NCAA All-American awards under his tutelage.

Cattermole's recruiting efforts have netted five U.S. National Team members, five Canadian National Team members and numerous Junior Olympic National and Elite champions.

Along with his duties at BYU, Cattermole owns and operates All-American Gymnastics in Orem. Highly successful since its establishment in 1976, All-American has earned more State Class I and Class II championships than any other club in Utah. Several athletes - former stars Marianne Williams Squires, Kelli Rose-Rhyssman, Korie Jackman, Cristen Cosgrave-Barlow, Angela Gunnell Anderson and Jessica Nelson-Taylor- have earned national club honors while competing for All-American Gymnastics.

Cattermole is married to Dawn Niedert and they have three boys - Brad 28, Brett 25 and Mark 21. Brett is married and has two dogs, and Brad is married to Christy Garner. They have one grandchild - Ava Christine.

Meet 1: Cougars Place Third in Tough Opener

CORVALLIS, Oregon – (January 13, 2006) In what could prove to be its toughest meet of the year, the BYU Women's Gymnastics team opened its season by placing third with a score of 190.075 Friday night in Corvallis.

No. 1-ranked Florida (193.575) won the four team meet with Oregon State (192.200) second and Iowa (188.050) fourth.

BYU had some opening meet jitters, struggling early on floor and late on beam, usually one of its best events.

The Cougars turned in a good night on vault though, finishing second. Dayna Smart led the way with a 9.750, tying her for fourth place. Florida's Ashley Reed won the event with a 9.800.

Aimee Walker Pond led a close pack of Cougars on bars with a 9.725. Right behind Pond was Kacie Capra (9.700) and Kylee Draper (9.675). Sheri Owens of Florida and Chrissy Lamun of Oregon State tied for first at 9.825. Florida won the event with a 48.850.

Kandis Kelly had a good showing on beam, placing fourth with a 9.625.

Tasha Smith of Oregon State placed first on floor on her way to capturing the all-around with a 38.800. Capra finished fifth at 37.975.

BYU will look to improve next weekend when they travel to Logan to take on in-state rival Utah State Friday at 6:30 p.m.

Meet 3: Night of Highs Lifts Cougars in Home Openeer

PROVO, Utah (Feb. 2, 2006) – The BYU women's gymnastics team used six individual season highs and two career highs from Kylee Draper to edge Utah State 193.525 – 192.550 in its home opener Thursday night in the Smith Fieldhouse. The Cougars improved to 3-2 on the season.

"I'm very proud of Kylee," BYU coach Brad Cattermole said of Draper. "I'm thrilled with her enthusiasm. She had a good night."

The Cougars started off on vault, taking a 48.750 – 48.075 advantage after the first rotation. Dayna Smart recorded a season high 9.825 in taking first place on the event. Hayley Jensen added a 9.750 to place third.

Draper scored a career high 9.825 and took first place on bars to help the Cougars keep a 95.875 – 95.850 edge after the second rotation. Lisa Willis was second with a season best 9.725.

BYU also enjoyed success on beam, scoring a season best 48.825 on the event. Kandis Kelly and Dayna Smart scored season highs of 9.875 to tie for first place. Draper was right behind with her other career high, 9.775.

The Cougars took the top five spots on floor to post a 48.825 score on the event. Kacie Capra took first place with a season high 9.825. Willis, Smart, Sierra Jacobs and Alethea Boon all tied for the next four spots at 9.750.

"They had some struggles early on bars, but to their credit they picked it back up and did a nice job on the last two events," Cattermole said.

Utah State took the top two spots in the all-around. Meagan Lewis took first place with a 38.775 and Alex Martin was second at 38.250. The Cougars' Capra was third at 38.050.

BYU will travel to Cedar City next Friday to take on Southern Utah in the Centrum. Start time is scheduled for 7:00 p.m.

Meet 2: Cougars Save Best for Last to Edge Aggies

LOGAN, Utah (Jan. 20, 2006) – BYU used what has historically been their best event, balance beam, to edge the Aggies 193.375 to 193.275 Friday night in Logan. The win evens the Cougars' record at 2-2 on the year.

BYU started off shaky on bars while the Aggies got off to a good start on Vault taking a 48.500 – 48.175 lead after the first rotation. The Cougars' Aimee Walker Pond scored a career high 9.800 in taking first place on bars. Kacie Capra was close behind, tying for third, at 9.750.

Utah State's Jessica Parenti won vault with a 9.800 while BYU's Hayley Jensen tied for second at 9.750. Parenti also took first on floor with a 9.800. The Cougars' Lisa Willis finished second with a 9.750.

BYU entered their last rotation, beam, down 144.900 – 144.675. The Cougars took four of the top five spots however in rout to a 48.750. Alethea Boon and Kylee Draper both scored their career highs on the event. Boon notched a 9.825 to tie for first with Willis. Capra scored a 9.775 to take fourth while Draper scored a 9.700.

The Aggies' Katie Omann (38.850) and Parenti (38.750) took the top two spots in the all-around while BYU's Kacie Capra (38.675) was third.

Sophomore Dayna Smart, who led the Cougars on vault last week, was kept out with an injured foot. She is expected back for their next meet.

The Cougars will return to action again on February 2nd in their home opener with a rematch against Utah State.

Meet 4: Cougars Fall to Thunderbirds

CEDAR CITY, Utah (February 10, 2006) - The BYU women's gymnastics team recorded a season-high 194.050 and five Cougars recorded individual season and career highs, but it was not enough to overcome season-best performance from Southern Utah University falling 194.825 – 194.050 Friday night in Cedar City. BYU is 3-3 on the year.

"They're a very good team," BYU coach Brad Cattermole said of the Thunderbirds. "They hit their routines. We made some errors and had to count a couple of falls. I'm proud of the way our girls hung in there though."

BYU started off with a season-high 48.525 on bars. Kacie Capra tied for first with a season-high 9.800. SUU had a good performance on vault however and took a 48.650 – 48.525 lead after the first rotation.

Dayna Smart led the Cougars on vault with a 9.775 and Capra tied her career high with a 9.700. SUU led 97.400 – 96.850 after the second rotation.

BYU recorded a season-high 48.875 on floor in their third rotation. The Cougars had season highs from Sierra Jacobs (9.875) and Lisa Willis (9.800) and a career high from Dayna Smart (9.850) on the event.

BYU had some struggles on beam late though, counting two falls. The Cougars did manage to take the top two spots though. Smart was first with a 9.850 and Kandis Kelly was second at 9.825.

SUU's Sheena Shaw tied for first with Leah Sakhitab on vault with a 9.800. Ashley Sharpe took first on bars at 9.800. Sakhitab also took the all-around with a 39.125. BYU's Capra was second with a season-high 38.950.

The Cougars will be off next week before traveling to Idaho to take on Boise State on February 20.

Meet 5: Cougars Upended by Broncos

BOISE, Idaho (Feb. 20, 2006) – Despite recording a season-high 194.525 and five gymnasts posting individual season and career highs, the BYU women's gymnastics team struggled at times and was unable to overcome a season-best 194.775 mark by Boise State, falling 194.775 - 194.525 Monday night in Boise. The Cougars are now 3-4 on the year.

"We did good for our fifth meet," BYU assistant coach Dawn Cattermole said. "We had to count a fall on vault and a run on a dismount. Without those, we would have been right there."

Kylee Draper and Jennifer Matthews recorded career highs on bars early to help BYU post a season-high 48.900 and take a 48.900 - 48.600 lead after the first rotation. Draper led the Cougars with a 9.850. Kacie Capra and Cassie Myers were right behind at 9.800, a season high for Myers, while Matthews posted a 9.750. BSU's Taylor Jacob took first with a 9.875.

"We did great on bars," Cattermole said. "Jenny (Matthews) did really well. We were very pleased."

The Cougars had some struggles on vault in their next rotation and fell behind 97.100 – 97.050. Dayna Smart did manage to take first-place on the event with a season-best 9.850 while Hayley Jensen posted a career-high 9.775.

Capra led BYU on floor with a 9.800 in its third rotation, but the Broncos posted a solid outing on beam behind Lindsay Ward's 9.875 to take a .250 advantage into the last rotation.

The Cougars recorded a season-best 48.875 on beam in their last rotation. Dayna Smart tied her season-high 9.875 while tying with Ward for first place on the event.

BSU's Taylor Jacob and Kea Cuarema each recorded a 39.100 to tie for first place in the all-around. BYU's Capra was right behind with a season-best 38.975.

The Cougars will be back at home Friday night when they host national-power and No. 3 ranked Utah at 7 p.m. in the Marriott Center. The meet will be broadcast live on BYU TV.

Meet 7: Bars Propel Cougars to Season High Score

TUSCON, Arizona (March 3, 2006) -- After struggling on bars against No. 3 Utah last Friday, the BYU women's gymnastics team recorded a season-high 49.150 on the same event to lift the Cougars to a season-best 194.575 against No. 14 Arizona and No. 2 Florida Friday night in Tuscon.

"We did a good job tonight," BYU coach Brad Cattermole said. "We were a little shaky at times, but overall we did well. We're starting to move in the right direction. The girls are staying positive and working very hard."

BYU came out of the gate a little slow on beam however. Dayna Smart had a very rare fall for the Cougars. Alethea Boon and Kandis Kelly each had good routines though with both posting a 9.775 to lead BYU. The Gators' Corey Hartung took first place on the event at 9.875 while Arizona's Danielle Hicks was second at 9.850.

Kacie Capra tied her season-high 9.825 to lead the Cougars on floor in their second rotation. Smart added a 9.725 for BYU. The Wildcats took the top three spots on the event with Aubrey Taylor first at 9.900.

Brittany Fischer recorded a career-high 9.750 on vault in the Cougars' third rotation. Smart tied with Fischer for tops on the team while Hayley Jensen added a 9.725 for BYU. Arizona's Jami Holton took first place at 9.925.

After a difficult outing on bars their last time out, the Cougars came back with a vengeance on the event in their last rotation. BYU took first place with season-high 49.150. Five Cougars recorded individual season or career highs on the event with Capra leading the way for BYU with a team-best 9.875. Cassie Myers was right behind with a season-high 9.850 while Jennifer Matthews and Kylee Draper each scored a 9.825, a career high for Matthews. Lisa Willis also posted a season-high 9.775.

"Bars was a good event for us tonight," Cattermole said. "It wasn't something they incapable of. They just came out and hit their routines. I was very pleased."

No. 2-ranked Florida took first place overall with a 196.625. The Gators' Hartung (39.425) and Ashley Reed (39.300) took the top two spots in the all-around. The Cougars' Capra was fourth at 38.975, tying her best score of the season.

BYU will be back home next Saturday, March 11, against Boise State. Start time is scheduled for 7 p.m. in the Smith Fieldhouse.

Meet 6: Cougars Challenge Utes

PROVO, Utah (Feb. 24, 2006) -- The BYU women's gymnastics team recorded season highs on vault and beam and put No. 3-ranked Utah to the test, but came up short in the end falling 194.250 -- 195.825.

"I'm not concerned about winning and losing," BYU coach Brad Cattermole said. "I'm concerned with whether we stick our routines like we should. Tonight we did at times but didn't at times we should have. Now we need to go out and correct the little things."

The Cougars came out hot in the beginning, notching a season-high 49.000 on vault in their first rotation. Brittany Fischer (9.700), Sierra Jacobs (9.850) and Hayley Jensen (9.800) all recorded career highs while Dayna Smart tied her career-high 9.875. The Utes' Kristina Baskett took first with a 9.975. Nina Kim and Nicolle Ford tied for second at 9.925

BYU struggled on bars in their second rotation as two Cougars fell. The Utes meanwhile recorded a season-high 49.475 on vault to widen their lead.

BYU came back with a vengeance in their third rotation, recording a season-best 49.075 to beat Utah (48.825) on the event. Smart led the way with a season-high and team-best 9.900. Alethea Boon had a career-high 9.850 while Kylee Draper (9.775) tied her career high. Utah struggled on floor with a 48.275 to help BYU narrow the margin.

Kacie Capra led the Cougars on floor with a first-place 9.825, tying her season high, on the last rotation. Smart added a 9.750 for BYU.

The Utes had strong performances from Nicolle Ford, Ashley Postell and Nina Kim. The trio took the top three spots in the all-around. Ford was first with a 39.525. The Cougars' Capra was fourth at 37.950.

Cattermole was pleased with Smart's performance on the night and so far this season.

"Dayna has done well all year," he said. "She's mentally tough and goes out and sets a good example for the rest of the girls."

BYU will look to improve more next week when it travels to Tucson to take on No. 14 Arizona and No. 2 --ranked Florida Friday at 7:30 p.m.

Meet 8: Team Effort Helps Cougars to Season High

PROVO, Utah (March 11, 2006) – The BYU women's gymnastics team had its most complete effort of the season on its way to a season-best 194.875 against the Boise State Broncos in the Smith Fieldhouse Saturday night.

"I'm pleased with our performance. The girls went out and hit their routines when they needed to," BYU coach Brad Cattermole said. "When we stick like we're capable of, we're a very good team."

Four Cougars had individual season or career highs on multiple events to pace a very balanced BYU effort. Even student coaches Meghan Donahue and Lena Johnson contributed to the win as the team awarded the out-standing Cougar(s) of the meet award to the two coaches for their help throughout the season.

BYU came out a little slow on vault in their first rotation but still managed to post a 48.525. The bars were slippery for the Broncos at the same time however and the Cougars took advantage of the Broncos' struggles for a 48.525 – 47.225 lead after the first rotation. Dayna Smart led the way for BYU with a first-place 9.825 while Alethea Boon was third at 9.750.

After posting their highest score of the season on bars at Arizona, the Cougars followed it up with a strong 49.000 in their second rotation. Kylee Draper scored a career-high 9.875 to tie with Kacie Capra for first place. Cassie Myers added a 9.825 and Lisa Willis had a season-high 9.800 to round out the Cougars' balanced scoring.

"We've done well on bars lately," BYU coach Brad Cattermole said. "I was pleased with how the girls stayed positive after the first rotation and went and stuck their routines."

Boon led the way for the Cougars on beam in the third rotation tying her career-high 9.850. Smart and Kandis Kelly each added a 9.800 while Capra recorded a 9.750. The Broncos' Katie Dinsmore also recorded a 9.850 to tie with Boon for first-place honors.

BYU tied their season-high 48.875 on floor in its last rotation despite having to count three steps out of bounds. Willis and Boon tied for first with Boise State's Dinsmore with season-highs 9.825. Draper added a career-best 9.775 for the Cougars.

BYU's Capra captured first place in the all-around with a 38.950. The Broncos' Taylor Jacobs was second at 38.500.

BYU will be back in action Wednesday at 7 p.m. in the Smith Fieldhouse

Meet 10: Smart Leads Cougars in Texas

DENTON, Texas (March 18, 2006) – Dayna Smart recorded one of her best nights of the season Saturday while leading the BYU women's gymnastics team on three events in a triangular meet with No. 15 Arizona and Texas Womens University in Denton Texas.

The Cougars were up and down on the night though recording a 193.725 while the Wildcats recorded a season-best 196.575 score. Host TWU turned in a 191.425 performance.

BYU came out with a good performance on vault. Smart led the way for the Cougars at 9.825 while Hayley Jensen added a 9.775 and Brittany Fischer tied her career-high 9.750 for BYU. Arizona's Karin Wurm was first at 9.900 while Nakia Westbrook led the Pioneers at 9.850.

Bars were slippery for the Cougars though as two gymnasts fell. Kylee Draper turned in a good night for BYU however with a 9.800. Capra and Willis each added a 9.775 and Jennifer Matthews recorded a 9.750 for the Cougars. Aubrey Taylor of Arizona was tops on the event at 9.850 and Courtney Arno was TWU's top performer at 9.775.

BYU did enjoy a good outing on beam tying their second highest score of the season at 48.875. Smart led the way for BYU with a second-place 9.875 while Kandis Kelly had a 9.825 and Alethea Boon added a 9.800 for the Cougars. Arizona's Aubrey Taylor captured first-place honors at 9.900 and Tonya Pipkorn was the Pioneers' top scorer at 9.775.

After recording their highest score of the season on floor against Southern Utah Wednesday, the Cougars had some struggles Saturday night. Smart recorded a strong performance on the apparatus though with a 9.825 to lead the Cougars while Kacie Capra and Lisa Willis each scored 9.750 for BYU. The Wildcats' Wurm was first at 9.900 while Pipkorn was again TWU's top finisher at 9.725.

Arizona took the top two spots in the all-around with Wurm recording a 39.400 for first-place honors while Danielle Hicks was second at 39.225. The Cougars' Capra was third at 37.825.

BYU will look to bounce back next weekend when it travels to Salt Lake City for a meet with national power and No. 2-ranked Utah Friday at 7 p.m. in the Huntsman Center. It will be the Cougars last meet before NCAA Regionals.

Meet 9: Cougars Explode for Season High on Senior Night

PROVO, Utah (March 15, 2006) -- The BYU women's gymnastics team exploded to a season-high 195.425 in its last home meet of the season on Wednesday, senior night, marking the first time all season the Cougars have eclipsed the 195 plateau.

"I was very proud of the way the girls came out and competed," BYU coach Brad Cattermole said. "There were a couple of things we could have done better but they stayed positive and did well."

Dayna Smart led BYU on vault with a first-place 9.825 while Alethea Boon added a season-high 9.800 for the Cougars in their first rotation. SUU was led by Ashley Sharpe and Rachel Tanner at 9.800.

After hitting the 49.000 mark in its last two meets, BYU recorded another good night on bars in its second rotation. Kylee Draper led the way with a 9.825 for the Cougars tying her for first place with the Thunderbirds' Sharpe on the event. Kacie Capra recorded a 9.775 for BYU while Jennifer Matthews and Cassie Myers added 9.725 scores for the Cougars.

BYU enjoyed a strong outing on beam recording a 48.875 in its third rotation. Smart and Kandis Kelly each recorded a 9.850 to share first-place honors while Capra added a season-high 9.800 for the Cougars. Shenna Shaw and Kellie Dangerfield led the way for SUU at 9.800.

After tying its highest score of the season on floor in its last meet, BYU broke out a season-high 49.225 in its fourth rotation. Four Cougars tied career highs on the event including Capra (9.875), Smart (9.850), Boon (9.850) and Draper (9.775). Lisa Willis and Sierra Jacobs both recorded a 9.825 for BYU.

The Thunderbirds' Shaw won the all-around with a 39.075 to help lead SUU to a 194.800 score. The Cougars' Capra was right behind Shaw for second place in the all-around with a season-best 39.050.

After the meet BYU honored seniors Matthews and Meghan Donahue as part of senior night. Matthews has emerged as a consistent competitor on bars for the Cougars this season while Donahue has been a student assistant to the coaching staff the last two seasons after suffering career-ending injuries her sophomore year.

BYU will be back in action on Saturday when it travels to Denton Texas to face No. 15 Arizona and host Texas Women's University at 7 p.m.. Live stats will be available on the women's gymnastics homepage on byu-

Meet 11: BYU Strong on Beam but No. 2 Utah Prevails

SALT LAKE CITY (March 24, 2006) -- BYU finished with one of the school's best-ever beam scores Friday at the Huntsman Center in Salt Lake City, but the outcome of the meet was not in question as No. 2 Utah sizzled to a season-high performance.

The second-ranked Utes had their best night of the year, scoring 197.500, while No. 23 BYU got off to a rocky start before finishing strong for a 193.350 score.

"We're a better team than what we performed tonight," BYU coach Brad Cattermole said. "We finished with a little energy on beam and did very well there."

Equaling the ninth-best beam total all-time at BYU, the Cougars recorded a season-high 49.150 to conclude the meet on a high note. After Kacie Capra scored 9.775 to get the Cougars off to a strong start, Lisa Willis mounted the beam and matched her season-high score of 9.825. Once Alethea Boon delivered the same 9.825, Kandis Kelly (9.850) and Dayna Smart (9.875) anchored the lineup with solid routines to round out the scoring.

Other highlights for BYU during the meet included Kylee Draper tying her career high on bars at 9.875 and Boon equaling her season-best 9.800 on vault. Smart continued to be solid on vault, leading the Cougars with a 9.850 to tie for fourth on the event. Smart has led BYU on vault in all but one meet this season.

Having to count falls on bars and vault, BYU got off to a slow start with a 47.975 score on bars and season-low 47.550 total on vault. Led by Willis' 9.775, the Cougars bounced back to score 48.675 on floor exercise before their excellent efforts on beam.

Utah was dominating throughout, however, as the Utes posted six of the top seven vault scores, had five of the top seven performances on bars and beam and swept the six top scores on floor. Utah's Ashley Postell won the all-around at 39.625, followed by fellow Utes Nicolle Ford (39.550) and Nina Kim (39.500). Capra was the lone Cougar to compete in all four events, scoring a 37.950.

With the regular season concluded, BYU now hopes to advance to postseason competition. The NCAA Regional fields will be announced on Monday.