



# WOMEN'S GYMNASTICS

Athletic Communications • 30 Smith Fieldhouse • Provo, UT 84606  
801-422-8948 • fax 801-422-0633

Contact: Larissa Moon • email: gymnastics\_sid@byu.edu

## BYU Record

2005: 10-5 overall

All-time: 221-243-1 (last 17 yrs)

## 2005 Schedule/Results

Date	Opp.	Time	Result
1/7	@ Cancun	7:00 pm	2-1
1/15	SUU (MC)	TBA	3-1
1/22	@ U of NH	7:00 pm	4-1
2/1	@ Utah State	7:00 pm	5-1
2/5	@ TWU & SEMO	7:00 pm	7-1
2/11	@ Utah	7:00 pm	7-2
2/18	SUU (SFH)	7:00 pm	7-3
2/26	Boise State (MC)	7:00 pm	8-3
3/4	@ Boise State	7:00 pm	8-4
3/10	Utah State	7:00 pm	9-4
3/12	@ Central Mich	2:00 pm	10-4
3/19	@ SUU	7:00 pm	10-5
3/26	Utah	7:00 pm	
4/9	NCAA Regionals	TBA	
4/19	NCAA Nationals	TBA	
4/20	NCAA Nationals	TBA	
4/21	NCAA Nationals	TBA	
4/22	NCAA Nationals	TBA	
4/23	NCAA Nationals	TBA	

## Last Meet and Senior Night

PROVO, Utah (March 22, 2005) -- For their last meet of the season, the No. 14 Cougars will face their biggest rival No. 1 Utah for the second time this season.

The last time BYU and Utah met was at the Huntsman Center in front of 14,100 fans. BYU lost the match 194.350-196.650. The Cougars are now 10-5 and the Utes are 11-2.

This meet will be the last for both teams before the post season. This year the NCAA North Central Regionals will be hosted by Utah April 9th in the Huntsman Center.

In the rankings, senior Jaime Mabray is 25th in the all-around category. Not far behind is Marie-Helene Claveau at spot 35. On beam Dayna Smart is ranked 18th and Claveau is at No. 26. Claveau continues to be the best on vault with a No. 21 ranking.

As for the team, BYU holds its No. 10 ranking on vault, only three spots behind Utah's No. 7. BYU is 16th on beam and 25th on bars and floor.

The meet will be Saturday, March 26th, at 7p.m. in the Marriott Center. It will be broadcast on BYU-TV.



## COUGAR TENTATIVE LINE UP

### VAULT

1. Kacie Capra
2. Dayna Smart
3. Alethea Boon
4. Kirsten Pauga
5. Jaime Mabray
6. Marie-Helene Claveau

### BAR

1. Marie-Helene Claveau
  2. Candace Buer
  3. Cassie Myers
  4. Genevieve Claveau
  5. Kacie Capra
  6. Jaime Mabray
- Ex. Kylee Draper

### BEAM

1. Kacie Capra
  2. Candace Bauer
  3. Kandis Kelly
  4. Jaime Mabray
  5. Marie-Helene Claveau
  6. Dayna Smart
- Ex. Genevieve Claveau  
Ex. Kirsten Pauga

### FLOOR

1. Alethea Boon
  2. Kirsten Pauga
  3. Sierra Jacobs
  4. Kacie Capra
  5. Marie-Helene Claveau
  6. Jaime Mabray
- Ex. Genevieve Claveau  
Ex. Kandis Kelly

Name	Ht.	Year	Hometown
Candace Bauer	4-10	So.	Scottsdale, Arizona
Alethea Boon	5-3	Fr.	Auckland, New Zealand
Kacie Capra	5-3	So.	Kingwood, Texas
Geneviève Claveau	5-5	Sr.	Laval, Québec
Marie-Hélène Claveau	5-5	Sr.	Laval, Québec
Meghan Donahue	4-11	Jr.	Sierra Vista, Arizona
Kylee Draper	5-4	Fr.	Payson, Utah
Jennifer Harvey	5-4	Jr.	Taft, California
Sierra Jacobs	5-0	So.	Kailua, Hawaii
Lena Johnson	4-11	Sr.	Athens, Georgia
Kandis Kelly	5-3	So.	Rocklin, California
Jaime Mabray	5-5	Sr.	Carrollton, Texas
Cassandra Myers	5-2	Fr.	Sandy, Utah
Kirsten Pauga	5-5	Sr.	Lethbridge, Alberta
Aimee Walker Pond	5-1	Fr.	Valley Village, California
Dayna Smart	5-6	So.	Sandy, Utah
Ashley Vonasek	5-3	Fr.	El Dorado, California
Lisa Willis	5-7	Jr.	Albuquerque, New Mexico

## NOTES ON THE COUGARS...

Team Captains: Jaime Mabray and Lisa Willis

Two weeks against SUU the Cougars scored a 3rd place BYU record on beam (49.500) and scored a season high 49.150 on bars. The team score of 196.425 is the highest of the season.

So far the highest national ranking the Cougars have achieved is No. 8.

The Cougars are currently ranked 14th. They are 10th on vault, 16th beam and 25th on bars and floor.

Last week the Cougars lost to SUU 194.750-195.700.

## 2005 Team Results

Date	Meet	VT	UB	BB	FX	Total
1/7	Cancun Classic	48.925	48.100	48.825	48.825	194.675
1/14	Southern Utah	49.075	48.925	48.600	49.125	195.725
1/22	New Hampshire	49.175	48.025	48.825	49.000	195.025
2/1	Utah State	48.775	48.475	48.075	48.800	194.125
2/5	TWU & SEMO	49.275	48.625	48.925	<b>49.300</b>	196.125
2/11	Utah	48.975	48.600	48.200	48.575	194.350
2/18	Southern Utah	<b>49.325</b>	47.175	49.150	48.825	194.475
2/26	Boise State	49.275	48.600	48.650	49.000	195.525
3/4	Boise State	48.750	48.100	48.625	48.325	193.800
3/10	Utah State	49.125	<b>49.150</b>	<b>49.500*</b>	48.650	<b>196.425</b>
3/12	Central Michigan	48.850	48.575	48.850	48.700	194.975
3/19	Southern Utah	48.900	48.500	48.500	48.850	194.750
3/26	Utah					

\* BYU Record

## 2005 Meet Results

Date	Meet	W	L	Cummulative	Score	Opp. Score	Attendance
1/7	Cancun Classic	2	1	2-1	194.675	195.900	NA
1/14	Southern Utah	1	-	3-1	195.725	192.575	1,427
1/22	New Hampshire	1	-	4-1	195.025	193.925	NA
2/1	Utah State	1	-	5-1	194.125	190.600	883
2/5	TWU & SEMO	1	-	7-1	196.125	193.225	335
2/11	Utah	-	1	7-2	194.350	196.650	14,100
2/18	Southern Utah	-	1	7-3	194.475	194.750	1,531
2/26	Boise State	1	-	8-3	195.525	194.075	1,196
3/4	Boise State	-	1	8-4	193.800	194.225	1,013
3/10	Utah State	1	-	9-4	196.425	195.100	908
3/12	Central Michigan	1	-	10-4	194.975	194.525	892
3/19	Southern Utah	-	1	10-5	194.750	195.700	1,233
3/26	Utah						

## Quick Facts

2004 National Finish: N/A  
 2004 National Ranking: 16th  
 2004 North Central Region Finish: 3rd  
 Letterwinners Returning: 12  
 Letterwinners Lost: 7  
 All-Americans Returning: 0  
 All-Americans Lost: 1  
 Arena (capacity): Smith Fieldhouse (5,000)  
 Marriott Center (22,700)

## Coaching Staff

Head Coach: Brad Cattermole  
 Alma Mater: BYU  
 2004 Dual Meet Mark: 15-5  
 Record at school (years): 156-129-1 (17)  
 including post season: 221-243-1 (17)  
 Overall Record (year): same  
 Office phone for head coach: 801-422-4769  
 Best time/day to reach coach: Mornings  
 Assistant Coaches (years):  
 Dawn Cattermole (17)  
 Shauna Mertz (12)  
 Athletic Trainer: Gaye Merrill

## University Info

Location: Provo, UT 84602  
 Elevation: 4,553 feet  
 Enrollment: 33,278 Daytime  
 Founded: October 15, 1875  
 Owned: The Church of Jesus Christ of Latter-day Saints  
 Nickname: Cougars  
 Mascot: Cosmo  
 Colors: Dark blue, white, and tan  
 Tickets: 378-BYU1 or 1-800-322-BYU1  
 Website: www.byucougars.com

## Media Relations

Gymnastics SID: Larissa Moon  
 SID Phone: 801-422-8999  
 Fax: 801-422-0633  
 Cell: 801-735-4088  
 Email: gymnastics\_sid@byu.edu



## Last Time...

PROVO, Utah (Feb. 11, 2005) -- Despite good performances and a great effort, the Utah Utes slipped by the BYU Cougars 194.350-196.650.

Though it was not the best night for the Utes either, they landed solid performances that kept them ahead the entire meet. Their vault (49.125), beam (48.90), and floor (49.25) scores were the third highest of the season, with the 49.375 score on beam was their second highest.

BYU's scores were among the lowest of the season. However, the Cougars had some shining moments. Senior Genevieve Claveau scored a season high 9.8 on bars. On vault Sierra Jacobs scored a new career high with 9.775 and on beam Candace Bauer tied a career high 9.650. The Cougars were on, but the night was full of small slip ups that kept them from scoring higher. Making her first career appearance, Cassie Myers performed on bars but suffered a fall.

The Utes managed to capture the top three places in all events. In the all-around competition, the Utes took the top for spots with BYU's Jaime Mabray coming in at fifth with a season low 38.60.

## Last Week...

CEDAR CITY, Utah (March 19, 2005) -- In their second to last match of the season, the Cougar gymnastic team lost their third match-up against Southern Utah 195.700-194.750.

The meet was a disappointing loss and was uncharacteristic for the team. On vault the Cougars tied SUU with 48.900. The vault reflected the highest team score for the night, but the individual scores were lower than usual. Jaime Mabray and Dayna Smart took tied for first with 9.85.

On bars the Cougars had an average night with a score of 48.500 compared to SUU's 48.755. SUU's Sheena Shaw and Jaime Mabray tied for first with 9.825. Freshman Cassie Myers took third with 9.800.

Moving to bars the Cougars tied their bar score with another 48.500. SUU stayed ahead of the game with a 48.950. Dayna Smart finished first with 9.850 and SUU took the next three spots. Candace Bauer, Kandis Kelly and Kacie Capra tied for fifth with 9.800.

On the floor BYU had another low with 48.85 to SUU's 49.075. SUU's Rachel Tanner finished first with a 9.900, the highest score on any event of then night. Jaime Mabray and Marie-Helene Claveau finished at the top as always though with 9.875 and 9.850 respectively.

## On the Injury List

Senior Genevieve Claveau is favoring a sore knee. She tore her ACL and had surgery on it last year. She may be pulled from some of her usual events.

Sophomore Sierra Jacobs is out of the line up temporarily for a sore leg.

Junior Lisa Willis has been out most of the season because of chronic fatigue or overtraining syndrome. She competed in Cancun and against SUU but is out for the rest of the season.



# Head Coach Brad Cattermole

Brad Cattermole begins his 17th season as the head coach of BYU gymnastics. Cattermole has quietly built the Cougar program into a respected national power.

He has since guided the Cougars to school records in nine of the last 12 years, missing record marks only with 1994, 1995 and 1998, when injuries and more stringent scoring kept numbers down.

After taking over the program midway through the 1988 season, he promptly led the Cougars to the first 185 in school history. In 1998, the Cougars broke the 196 barrier for the first time, hitting a 196.325 against Utah in the final meet of the season in Provo. In 2000, once again in Provo, Cattermole's squad broke 196 for the second time, pulling off an upset victory over the University of Utah by a score of 196.05 to 195.975 in the last meet of the season. In 2001, the Cougars shattered all school records, surpassing the 196 mark five different times, a mark they had only reached three times in history. On March 16, 2001 against Utah State at home, BYU reached the 197 mark for the first time in history with a 197.325. Then one week later they broke that record again with a 197.375 at Utah, a full 1.450 points higher than any score they had received on the road. In the record-setting season, BYU set new team highs in each event and in the all-around. In 2004, the Cougars again set a new standard, scoring a record 198.025 at Utah State. During that same year, the team also set record high scores of 49.625 on vault, 49.675 on beam and 49.675 on floor.

Before conference meets were eliminated in 1994, Cattermole's teams were league runner-ups five times and seven athletes earned 10 all-conference honors. Seven gymnasts have earned 17 NCAA All-America awards under his tutelage.

His recruiting efforts have netted five U.S. National Team members, five Canadian National Team members and numerous Junior Olympic National and Elite champions.

As vault coach, he led Christy McAdams to the Cougars' first perfect 10.0 score. In 2003, Kari Dye-Lords scored a perfect 10.0 on balance beam and Brogan Jacobsen scored a perfect 10.0 on her scintillating floor routing against Southern Utah, Utah State and Central Michigan. In 2004, Jaime Mabray shared in the tradition, scoring a perfect 10.0 on vault against Texas Woman's University and Air Force.

Along with his duties at BYU, Cattermole owns and operates All-American Gymnastics in Orem. Highly successful since its establishment in 1976, All-American has earned more State Class I and Class II championships than any other club in Utah. Several athletes - former stars Marianne Williams Squires, Kelli Rose-Rhyssman, Korie Jackman, Cristen Cosgrave-Barlow, Angela Gunnell Anderson and Jessica Nelson-Taylor earned national club honors while competing for All-American gymnasts.

Born in Stormlake, Iowa, Cattermole grew up in Los Angeles. He competed on the 1971 BYU men's gymnastics team. Following his freshmen year, he left school to serve an LDS mission to Peru. His competitive career ended when he broke his hand in practice shortly after returning from his mission. He was a part-time assistant women's gymnastics coach at BYU and part-time coach at Provo Gymnastics during the 1975-76 season while he continued his schooling at BYU.

He is married to Dawn Niedert and they have three boys - Brad 27, Brett 24, and Mark 20. Brett is married and has two dogs, and Brad recently married Christy Garner. Mark is currently serving an LDS mission in Iceland.

## Season Highs

Vault	Bars	Beam	Floor
9.925	9.900	9.950	9.925
Jaime Mabray	Kacie Capra	Jaime Mabray	Jaime Mabray
2/5 TWU	3/10 USU	3/10 USU	2/5 TWU
Marie-Helene Claveau			
2/18 SUU			

**Candace Bauer**

All-Around • 5-0, Soph.  
Scottsdale, Arizona – Desert Mountain H.S.  
Club: Desert Devils Gymnastics  
Major: Business

Before BYU: Took first place at 2003 regionals...took first place in the all-around at the Desert Devil Classic 2000-2001...level 10 competitor...first place at State championships 2000, 2001 and 2002...second place at 2002 regionals...third place on beam at nationals in 2001...eighth place on bars at nationals in 2002.

At BYU: 2004 (freshman)...competed on bars in six meets this season...set a career-high 9.850 against Southern Utah and Utah State.

Date	Meet	Vault	Bars	Beam	Floor	A-A
1/7	Cancun	--	<b>9.800</b>	--	--	--
1/14	SUU	--	<b>9.800</b>	--	--	--
1/22	UNH	--	9.150	9.575	--	--
2/1	USU	--	9.775	9.525	--	--
2/5	TWU	--	9.725	9.650	--	--
2/11	Utah	--	9.625	9.650	--	--
2/18	SUU	--	9.025	9.800	--	--
2/26	BSU	--	9.675	9.475	--	--
3/4	BSU	--	9.750	9.800	--	--
3/10	USU	--	9.200	<b>9.850</b>	--	--
3/12	CMU	--	9.625	9.725	--	--
3/19	SUU	--	9.125	9.800	--	--
<b>Career High</b>	--	--	<b>9.850</b>	<b>9.850</b>	--	--

**Kacie Capra**

All-Around • 5-3, Soph.  
Kingwood, Texas – Kingwood H.S.  
Club: Texas East Gymnastics  
Major: Undeclared

Before BYU: Graduated from Kingwood High School...attended Texas East Gymnastics and was coached by Chuck Dickerson and Martin Parsley...level 10 competitor...took first in the all-around at the 2003 Region 3 Regional Junior Olympic competition...placed second in the all-around in the 2002 Texas State meet...fourth place in the all-around in 2002 region 3 Regional meet...14th place at the 2002 Junior Olympic Nationals in the all-around...was also recruited by Kentucky, Denver, Arkansas, Florida, Utah, Iowa, LSU and Oklahoma.

At BYU: 2004 (freshman)...competed in every meet this season...tied for the school's second highest individual score on bars with a 9.950.

Date	Meet	Vault	Bars	Beam	Floor	A-A
1/7	Cancun	--	9.025	9.700	9.850	--
1/14	SUU	--	9.775	9.750	<b>9.875</b>	--
1/22	UNH	--	9.775	9.700	9.750	--
2/1	USU	9.575	9.750	9.625	9.650	38.60
2/5	TWU	--	8.300	9.150	9.800	--
2/11	Utah	--	9.775	9.750	9.600	--
2/18	SUU	--	8.875	9.725	9.825	--
2/26	BSU	9.625	8.875	9.675	9.675	37.85
3/4	BSU	9.475	9.100	9.800	9.625	38.00
3/10	USU	<b>9.650</b>	<b>9.900</b>	<b>9.900</b>	9.850	<b>39.30</b>
3/12	CMU	9.625	9.725	9.725	<b>9.875</b>	38.95
3/19	SUU	<b>9.650</b>	9.725	9.800	9.650	38.825
<b>Career High</b>	--	<b>9.650</b>	<b>9.950</b>	<b>9.900</b>	<b>9.875</b>	<b>39.30</b>

**Alethea Boon**

All-Around • 5-3, Fr.  
Auckland, New Zealand – Westlake Girls High School  
Club: Westlake Girls High School Team  
Major: Undeclared

Before BYU: Elite gymnast...2004 Senior Pacific Alliance, Hawaii, New Zealand top scorer...5th on vault...on 2000 Olympic reserve team...competed in two World Championships in Tianjin, China and Anaheim, Calif....competed in the Commonwealth Games in 1998 and 2002...was captain of 2002 games.

Date	Meet	Vault	Bars	Beam	Floor	A-A
1/7	Cancun	9.500	--	--	--	--
1/14	SUU	9.650	--	--	--	--
1/22	UNH	9.750	--	--	--	--
2/1	USU	9.675	--	--	--	--
2/5	TWU	9.850	--	--	--	--
2/11	Utah	9.825	--	--	--	--
2/18	SUU	<b>9.875</b>	--	--	9.750	--
2/26	BSU	9.850	--	--	9.725	--
3/4	BSU	9.700	--	--	9.550	--
3/10	USU	9.825	--	--	<b>9.850</b>	--
3/12	CMU	9.775	--	--	9.575	--
3/19	SUU	9.800	--	--	9.825	--
<b>Career High</b>	--	<b>9.875</b>	--	--	<b>9.850</b>	--

## Genevieve Claveau

All-Around • 5-5, Senior

Laval, Qc, Canada – Université de Montréal

Club: Club de gymnastique Laval Excellence

Major: Exercise Science

Before BYU: Graduated from Collège Beaubois and Collège Gérald-Godin (C.E.G.E.P) in Québec...attended medical school at the Université de Montréal 2 years ago...trained at Club de gymnastique Laval Excellence...had the same coach for her 15-year career...competed at the senior open level...in the 2002 Canadian National Championships scored second in team, third on vault, fifth on floor and 12th on bars...in the 2002 Québec Championships placed third in the all-around, first on vault, second on floor, fourth on beam and third on bars...took 15th in the all-around and seventh on the beam in 2001 at Élite Canada...placed third in the all-around, first on vault and second on floor at the 2001 Québec Championships.

At BYU: 2004 (junior)...competed in 11 meets, missing two due to an abdominal injury...scored a career-high 9.900 against Southern Utah.

Date	Meet	Vault	Bars	Beam	Floor	A-A
1/7	Cancun	--	9.025	--	9.250	--
1/14	SUU	--	9.775	--	9.800	--
1/22	UNH	--	9.775	--	9.625	--
2/1	USU	--	8.925	--	9.775	--
2/5	TWU	--	9.775	<b>9.775</b>	<b>9.875</b>	--
2/11	Utah	--	9.800	9.500	9.675	--
2/18	SUU	--	9.800	--	--	--
2/26	BSU	--	9.675	--	--	--
3/4	BSU	--	<b>9.825</b>	--	--	--
3/10	USU	--	9.700	--	--	--
3/12	CMU	--	9.725	--	--	--
3/19	SUU	--	9.550	--	9.650	--
<b>Career High</b>	--	--	<b>9.900</b>	<b>9.775</b>	<b>9.875</b>	--

## Kylee Draper

All-Around • 5-4, Fr.

Payson, Utah – Payson High School

Club: Mt. Nebo Gymnastics

Major: Elementary Education

Before BYU: Level 10 competitor for two years...level 9 vault, beam, and all-around state champion, level 10 2nd place state champion...level 10 3rd place regional vault...regional qualifier for five years.

Date	Meet	Vault	Bars	Beam	Floor	A-A
1/22	UNH	--	8.950	--	--	--
2/1	USU	--	9.725	--	--	--
2/5	TWU	--	<b>9.750</b>	--	--	--
2/11	Utah	--	9.625	--	--	--
2/18	SUU	--	8.950	--	--	--
2/26	BSU	--	9.675	--	--	--
3/4	BSU	--	8.950	--	--	--
<b>Career High</b>	--	--	<b>9.750</b>	--	--	--

## Marie-Helene Claveau

All-Around • 5-5, Senior

Laval, Qc, Canada – Collège Beaubois

Club: Club de gymnastique Laval Excellence

Major: Accounting

Before BYU: Graduated from Collège Beaubois and from Collège Gérald-Godin in Québec...attended HEC in Montréal...trained at Club de gymnastique Laval Excellence...competed at the senior open level...Team Captain for 2003 Canada Games...placed second on floor and sixth on bars...team placed second overall...in the 2003 Canadian National Championships scored first as a team, first on beam, first on vault, second all-around... in the 2001 Canadian Gymnastics Championships took 16th on vault in the elite category...took 8th on floor and 11th in the all-around at the 2000 Élite Canada...placed fourth in the all-around, third on the floor, sixth on the beam and second as a team in the 2000 Canadian Gymnastics Championship.

At BYU: 2004 (junior)...competed in every meet this season... tied for the school's second highest individual score on vault and third highest on beam with a 9.975.

Date	Meet	Vault	Bars	Beam	Floor	A-A
1/7	Cancun	9.850	9.625	9.825	9.700	39.00
1/14	SUU	9.900	9.750	9.825	9.725	39.20
1/22	UNH	9.875	9.625	9.875	9.875	39.25
2/1	USU	9.825	9.475	9.725	9.775	38.80
2/5	TWU	9.900	9.650	<b>9.925</b>	<b>9.900</b>	<b>39.375</b>
2/11	Utah	9.700	--	9.575	9.750	--
2/18	SUU	<b>9.925</b>	--	9.300	9.675	--
2/26	BSU	9.900	--	9.725	9.725	--
3/4	BSU	9.775	--	9.900	9.750	--
3/10	USU	9.825	<b>9.850</b>	9.875	9.825	<b>39.375</b>
3/12	CMU	9.850	9.575	9.775	9.700	38.90
3/19	SUU	9.750	9.600	9.250	9.850	38.450
<b>Career High</b>	--	<b>9.975</b>	<b>9.875</b>	<b>9.975</b>	<b>9.950</b>	<b>39.375</b>

**Sierra Jacobs**

All-Around • 5-1, Soph.  
Kailua, Oahu, Hawaii – Maryknoll H.S.  
Club: Hawaiian Island Twisters  
Major: Undeclared

Before BYU: Graduated from Maryknoll High School...trained with the Hawaiian Island Twisters...competed at Level 10 for five years...All American Team 2001...Junior Olympian for four years...International Team USA Region II 2002...1998 Luka Nakoa Champion, 1999 Pashby Perpetual Award Champion, Level 10 State Champion (98-02).

At BYU: 2004 (freshman)...exhibited for the Cougars.

Date	Meet	Vault	Bars	Beam	Floor	A-A
1/7	Cancun	9.675	--	--	9.700	--
1/14	SUU	<b>9.775</b>	--	--	<b>9.900</b>	--
1/22	UNH	9.200	--	--	9.800	--
2/5	TWU	9.700	--	--	9.575	--
2/11	Utah	9.775	--	--	9.575	--
2/18	SUU	9.150	--	--	9.725	--
2/26	BSU	--	--	--	--	--
<b>Career High</b>		<b>9.775</b>	--	--	<b>9.900</b>	--

**Jaime Mabray**

All-Around • 5-5, Sr.  
Carrollton, Texas – Creekview H.S.  
Club: North Texas Gymnastics Academy  
Major: Fitness and Wellness Management

At BYU: 2002 (freshman)...started her BYU career strong by competing in the all-around in 10 of the 12 meets...scored a career high in the all-around with a 39.350 at Boise State...nearly qualified individually for the NCAA Nationals with a 38.900 in the all-around at Regionals, but missed out on a tiebreaker...second place finish at the Cat Classic in her first ever all-around competition with a 39.225...NCAA Academic All-American. 2003 (sophomore)...sidelined with a foot injury for six meets...received career-high marks in every event during the season...received the third highest all-around score in BYU history against Utah...is an NCAA Academic All-American. 2004 (junior)...scored a 10.0 on vault against Texas Woman's...scored career high scores in all four events...competed in every meet...competed all-around in 9 meets...dropped out of bars due to bronchitis for the last four.

Date	Meet	Vault	Bars	Beam	Floor	A-A
1/7	Cancun	9.825	9.800	9.675	9.850	39.15
1/14	SUU	9.850	9.775	9.800	9.825	39.25
1/22	UNH	9.900	9.700	9.225	9.875	38.70
2/1	USU	9.750	9.750	9.800	9.800	39.10
2/5	TWU	<b>9.925</b>	9.725	9.825	<b>9.925</b>	39.40
2/11	Utah	9.800	9.775	9.175	9.850	38.60
2/18	SUU	9.825	9.750	9.900	9.825	39.30
2/26	BSU	9.875	<b>9.825</b>	9.750	9.875	39.325
3/4	BSU	9.850	9.725	9.175	9.800	38.55
3/10	USU	9.825	<b>9.825</b>	<b>9.950</b>	9.875	<b>39.475</b>
3/12	CMU	9.775	9.775	9.725	9.825	39.10
3/19	SUU	9.850	<b>9.825</b>	9.225	9.875	38.775
<b>Career High</b>		<b>10.00</b>	<b>9.875</b>	<b>9.975</b>	<b>9.950</b>	<b>39.65</b>

**Kandis Kelly**

All-Around • 5-3, Soph.  
Rocklin, California – Del Oro H.S.  
Club: Byers Roseville Gymnastics Center  
Major: Undeclared

Before BYU: Graduated from Del Oro High School with the Cum Laude award...trained at Byers Roseville Gymnastics Center...competed as a level 10 for four years...Level 9 USAIGC Regional AA Champion...Level 9 USAIGC National qualifier...Level 10 Regional qualifier in 2001...member of the John Hancock exhibition team in Sacramento.

At BYU: 2004 (freshman)...competed in the first three meets of the season on beam for the Cougars.

Date	Meet	Vault	Bars	Beam	Floor	A-A
1/7	Cancun	--	--	9.725	--	--
1/14	SUU	--	--	<b>9.900</b>	--	--
1/22	UNH	--	--	9.875	--	--
2/1	USU	--	--	9.400	--	--
2/5	TWU	--	--	9.750	--	--
2/11	Utah	--	--	9.725	--	--
2/18	SUU	--	--	9.825	--	--
2/26	BSU	--	--	9.725	<b>9.825</b>	--
3/4	BSU	--	--	9.825	8.925	--
3/10	USU	--	--	9.875	9.250	--
3/12	CMU	--	--	9.725	9.200	--
3/19	SUU	--	--	9.800	--	--
<b>Career High</b>		--	--	<b>9.900</b>	<b>9.825</b>	--

**Cassandra Myers**

All-Around • 5-2, Fr.  
Sandy, Utah – Hillcrest H.S.  
Club: USA Gymnastics World  
Major: Undeclared

Personal: Daughter of Debora Myers...graduated from Hillcrest with a 3.9 GPA and Academic Scholar Award... enjoys singing...wants to be a mother and gymnastics coach.

Before BYU: Level 5 and 9 Utah State Champion...level 10 competitor and national elite.

Date	Meet	Vault	Bars	Beam	Floor	A-A
2/11	Utah	--	9.025	--	--	--
2/18	SUU	--	9.650	--	--	--
2/26	BSU	--	9.750	--	--	--
3/4	BSU	--	9.700	--	--	--
3/10	USU	--	<b>9.875</b>	--	--	--
3/12	CMU	--	9.725	--	--	--
3/19	SUU	--	9.800	--	--	--
<b>Career High</b>	<b>--</b>	<b>--</b>	<b>9.875</b>	<b>--</b>	<b>--</b>	<b>--</b>

**Dayna Smart**

All-Around • 5-6, Soph.  
Sandy, Utah – Brighton, H.S.  
Club: Olympus Gymnastics  
Major: Undeclared

Before BYU: Graduated from Brighton High School and lettered in academics her junior and senior year...trained at Olympus Gymnastics...competed as a level 10...1999 and 2002 level 10 State Champion...sixth place in the all-around at Junior Olympic Nationals in 2002...has been on the Region 1 Junior Olympic National team four times...on the Regional Team that took 1st at Junior Olympic Nationals in 2000 and 2002...competed in Russia in summer of 2003 as part of the Moscow-Utah Youth Games.

At BYU: 2004 (freshman)...fractured tibia prior to 2004 season resulting in a redshirt.

Date	Meet	Vault	Bars	Beam	Floor	A-A
1/7	Cancun	9.750	--	<b>9.900</b>	--	--
1/14	SUU	9.700	--	9.325	--	--
1/22	UNH	9.800	--	9.800	--	--
2/1	USU	9.775	--	8.975	<b>9.800</b>	--
2/5	TWU	9.375	--	--	--	--
2/11	Utah	9.750	--	--	--	--
2/18	SUU	<b>9.850</b>	--	<b>9.900</b>	--	--
2/26	BSU	9.800	--	9.775	--	--
3/4	BSU	9.625	--	9.300	--	--
3/10	USU	<b>9.850</b>	--	<b>9.900</b>	--	--
3/12	CMU	9.575	--	<b>9.900</b>	--	--
3/19	SUU	<b>9.850</b>	--	9.850	--	--
<b>Career High</b>	<b>9.850</b>	<b>--</b>	<b>9.900</b>	<b>9.800</b>	<b>--</b>	<b>--</b>

**Kirsten Pauga**

All-Around • 5-5, Sr.  
Lethbridge, Alberta, Canada – Lethbridge Collegiate Institute  
Club: West Winds Gymnastics Club  
Major: Elementary Education

Before BYU: Coached by Dan Niehaus and George Baranyi...attended Lethbridge Collegiate Institute...member of the Alberta National Team six times...won the athlete achievement award (1996-1997)... took first place in beam at the Western Canadian Championships 2000-2001...Provincial Champion...second place in beam and eight in all-around at Canadian Nationals (1999-2000).

At BYU: 2002 (freshman)...competed in two meets on the balance beam...participated in 2002 Exhibition on the beam and the floor. 2003 (sophomore)...competed for the Cougars in the all-around competition...received a 9.950 on the vault against SUU...scored a 39.375 in the all-around against Utah. 2004 (junior)...competed in every meet...set career highs twice of 9.975 on vault and 9.850 on floor.

Date	Meet	Vault	Bars	Beam	Floor	A-A
1/7	Cancun	9.825	--	--	9.725	--
1/14	SUU	9.850	--	8.050	8.300	--
1/22	UNH	9.850	--	--	9.700	--
2/1	USU	9.750	--	--	9.625	--
2/5	TWU	<b>9.900</b>	--	--	9.800	--
2/11	Utah	9.825	--	--	9.700	--
2/18	SUU	9.850	--	--	9.700	--
2/26	BSU	9.850	--	--	<b>9.850</b>	--
3/4	BSU	9.800	--	--	9.600	--
3/10	USU	9.800	--	--	9.225	--
3/12	CMU	9.825	--	--	9.725	--
3/19	SUU	9.550	--	--	9.575	--
<b>Career High</b>	<b>9.975</b>	<b>9.800</b>	<b>9.875</b>	<b>9.850</b>	<b>39.375</b>	