



**BYU Men's Track &  
Field**

**2006 Season Best List  
Outdoor Track & Field**

*(Marks are not adjusted for altitude)*

**TRACK EVENTS**

**Men's 100 Meters (R: 10.50)**

<b>Name</b>	<b>Time</b>	<b>Date Meet (Location)</b>
<b>Paul Smith</b>	<b>10.43/10.46a</b>	<b>4/28 Robison Invitational (Provo, Utah)</b>
Nate Soelberg	10.56	3/18 Willie Williams Classic (Tucson, Ariz.)
Todd Watkins	10.69	3/25 ASU Invitational (Tempe, Ariz.)
Cody Foncesbeck	10.68/10.71a	4/22 Utah State Invitational (Logan, Utah)
Matt Romney	11.08/11.11a	4/28 Robison Invitational (Provo, Utah)
Mike Nascimento	11.16/11.19a	3/31 Cougar Invitational (Provo, Utah)
Branden Hostetter	11.47/11.50a	3/31 Cougar Invitational (Provo, Utah)
Devin Howe	11.47/11.50a	5/11 MWC Championships (Provo, Utah)
Kevin Keys	11.72/11.72a	4/15 Y Invitational (Provo, Utah)

**Men's 200 Meters (R: 21.19)**

<b>Name</b>	<b>Time</b>	<b>Date Meet (Location)</b>
<b>Paul Smith</b>	<b>20.65/20.74a</b>	<b>5/13 MWC Championships (Provo, Utah)</b>
Todd Watkins	21.58	3/18 Willie Williams Classic (Tucson, Ariz.)
Ben Gardner	21.54/21.63a	5/3 Weber Twilight (Ogden, Utah)
Nate Rencher	22.11	3/18 Willie Williams Classic (Tucson, Ariz.)
Cody Foncesbeck	22.11	3/25 ASU Invitational (Tempe, Ariz.)
Chris Carter	22.12	4/8 UCLA Invitational (LOS ANGELES)

Jake Garlick	22.21	3/18 Willie Williams Classic (Tucson, Ariz.)
Jason Howard	22.37/22.44a	3/31 Cougar Invitational (Provo, Utah)
Mike Nascimento	22.45/22.52a	3/31 Cougar Invitational (Provo, Utah)
Matt Romney	22.66	3/18 Willie Williams Classic (Tucson, Ariz.)
Nate Soelberg	22.85	4/28 Robison Invitational (Provo, Utah)

**Men's 300 Meters (A: n/a)**

<b>Name</b>	<b>Time</b>	<b>Date Meet (Location)</b>
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**Men's 400 Meters (R: 47.26)**

<b>Name</b>	<b>Time</b>	<b>Date Meet (Location)</b>
Chris Carter	47.65	4/8 UCLA Invitational (LOS ANGELES)
Jason Howard	48.02/48.13a	4/29 Robison Invitational (Provo, Utah)
Devin Howe	49.74	5/11 MWC Championships (Provo, Utah)
Branden Hostetter	49.87/49.98a	4/15 Y Invitational (Provo, Utah)
Meelis Kosk	51.82	4/8 UCLA Invitational (LOS ANGELES)
Jacob Garlick	53.39	3/18 Willie Williams Classic (Tucson, Ariz.)
Nate Rencher	53.95	3/18 Willie Williams Classic (Tucson, Ariz.)
Nate Page	56.04	3/18 Willie Williams Classic (Tucson, Ariz.)
Justin Bingham	57.54	3/18 Willie Williams Classic (Tucson, Ariz.)

**Men's 800 Meters (R: 1:50.40)**

<b>Name</b>	<b>Time</b>	<b>Date Meet (Location)</b>
<b>Jacob Gustafsson</b>	<b>1:49.45</b>	<b>4/29 Robison Invitational (Provo, Utah)</b>
<b>Kyle Perry</b>	<b>1:49.87</b>	<b>4/29 Robison Invitational (Provo, Utah)</b>
<b>Jason Dorais</b>	<b>1:50.21</b>	<b>4/8 UCLA Invitational (LOS ANGELES)</b>
Andrew Martin	1:53.84	4/29 Robison Invitational (Provo, Utah)
Chris Carter	1:53.96	3/31 Cougar Invitational (Provo, Utah)

Chris Bramwell	1:54.33	4/29 Robison Invitational (Provo, Utah)
Kyle Carney	1:56.42	3/31 Cougar Invitational (Provo, Utah)

**Men's 1500 Meters (R: 3:47.80)**

Name	Time	Date Meet (Location)
<b>Kyle Perry</b>	<b>3:42.25a</b>	<b>5/13 MWC Championships (Provo, Utah)</b>
<b>Josh McAdams</b>	<b>3:42.73a</b>	<b>5/13 MWC Championships (Provo, Utah)</b>
<b>Tyrel Jensen</b>	<b>3:45.69a</b>	<b>5/13 MWC Championships (Provo, Utah)</b>
<b>Dustin Bybee</b>	<b>3:45.84a</b>	<b>5/13 MWC Championships (Provo, Utah)</b>
Jacob Gustafsson	3:48.38	4/1 Stanford Invitational (Palo, Alto, Calif.)
Josh Rohatinsky	3:48.93	3/18 Willie Williams Classic (Tucson, Ariz.)
Miles Batty	3:54.06	5/26 West Regionals (Provo, Utah)
Josh Adams	3:56.54	3/25 ASU Invitational (Tempe, Ariz.)
Kyle Carney	3:58.81	4/22 Utah State Invite (Logan, Utah)
Brett Andrus	3:59.82	3/25 ASU Invitational (Tempe, Ariz.)
Jeremiah West	4:03.78	4/3 Weber Twilight (Ogden, Utah)

**Men's Mile (R: 4:06.00)**

Name	Time	Date Meet (Location)
<b>Josh McAdams</b>	<b>4:03.36</b>	<b>4/8 UCLA Invitational (LOS ANGELES)</b>
<b>Dustin Bybee</b>	<b>4:03.94</b>	<b>4/8 UCLA Invitational (LOS ANGELES)</b>
<b>Tyrel Jensen</b>	<b>4:07.34</b>	<b>4/8 Robison Invitational (Provo, Utah)</b>
<b>Miles Batty</b>	<b>4:11.00</b>	<b>4/29 Robison Invitational (Provo, Utah)</b>
Brett Andrus	4:26.70	4/29 Robison Invitational (Provo, Utah)

**Men's 3000 Meters Steeplechase (R: 9:07.00 )**

Name	Time	Date Meet (Location)
<b>Josh McAdams</b>	<b>8:34.10</b>	<b>6/11 NCAA Championships (Sacramento, Calif.)</b>
<b>Chandler Goodwin</b>	<b>8:52.38</b>	<b>4/1 Stanford Invitational (Palo, Alto, Calif.)</b>

<b>Kyle Perry</b>	<b>8:56.40</b>	<b>4/1 Stanford Invitational (Palo, Alto, Calif.)</b>
<b>Derek Taylor</b>	<b>9:15.74</b>	<b>4/29 Robison Invitational (Provo, Utah)</b>
Josh Adams	9:20.59	4/1 Stanford Invitational (Palo, Alto, Calif.)
Warren Davis	9:21.09	4/21 Oregon Invite (Eugene, Ore.)
Brett Andrus	9:26.15	4/1 Stanford Invitational (Palo, Alto, Calif.)
Mile Batty	9:43.69	3/25 ASU Invitational (Tempe, Ariz.)

### **Men's 3000 Meters (R:)**

<b>Name</b>	<b>Time</b>	<b>Date Meet (Location)</b>
Steve Roberts	8:48.56	3/25 ASU Invitational (Tempe, Ariz.)

### **Men's 5000 Meters (R: 14:10.00 )**

<b>Name</b>	<b>Time</b>	<b>Date Meet (Location)</b>
Miles Batty	14:25.41	4/21 Oregon Invite (Eugene, Ore.)
Jeremiah West	15:43.35	4/28 Robison Invitational (Provo, Utah)
Steve Roberts	15:49.30	4/15 Y Invitational (Provo, Utah)

### **Men's 10000 Meters (A: 28:45.00/P: 29:30.00)**

<b>Name</b>	<b>Time</b>	<b>Date Meet (Location)</b>
Nick McCombs	30:45.39	4/21 Oregon Invite (Eugene, Ore.)

### **Men's 110-Meter Hurdles (R: 14.30)**

<b>Name</b>	<b>Time</b>	<b>Date Meet (Location)</b>
<b>Jacob Garlick</b>	<b>14.19/14.23a</b>	<b>4/29 Robison Invitational (Provo, Utah)</b>
<b>Nate Rencher</b>	<b>14.19/14.23a</b>	<b>5/13 MWC Championships (Provo, Utah)</b>
Ben Gardner	14.32/14.44a	5/13 MWC Championships (Provo, Utah)
Chris Carter	14.50/14.62a	5/13 MWC Championships (Provo, Utah)
Nate Page	14.90/14.94a	3/31 Cougar Invitational (Provo, Utah)

Justin Bingham	15.14	5/3 Weber Twilight (Ogden, Utah)
Devin Howe	15.19/15.23a	4/15 Y Invitational (Provo, Utah)
Meelis Kosk	15.31	4/8 UCLA Invitational (LOS ANGELES)
Stig Robertson	15.57/15.69a	5/13 MWC Championships (Provo, Utah)
Kevin Keys	15.75	5/11 MWC Championships (Provo, Utah)

### **Men's 400-Meter Hurdles (R: 52.51)**

<b>Name</b>	<b>Time</b>	<b>Date Meet (Location)</b>
<b>Chris Carter</b>	<b>49.19</b>	<b>6/10 NCAA Championships (Sacramento, Calif.)</b>
<b>Ben Gardner</b>	<b>51.00/51.11a</b>	<b>4/29 Robison Invitational (Provo, Utah)</b>
<b>Nate Rencher</b>	<b>51.11/51.22a</b>	<b>5/26 West Regionals (Provo, Utah)</b>
<b>Jake Garlick</b>	<b>51.64/51.75a</b>	<b>5/26 West Regionals (Provo, Utah)</b>
<b>Stig Robertson</b>	<b>51.77/51.88a</b>	<b>5/26 West Regionals (Provo, Utah)</b>
Nate Page	53.22/53.34a	5/3 Weber Twilight (Ogden, Utah)
Justin Bingham	53.64/53.75a	5/3 Weber Twilight (Ogden, Utah)
Devin Howe	54.39	4/8 UCLA Invitational (LOS ANGELES)

### **Men's Triple Jump (R: 15.08m/49-5.75)**

<b>Name</b>	<b>Distance</b>	<b>Date Meet (Location)</b>
<b>David Pendergrass</b>	<b>15.19/49-10</b>	<b>5/13 MWC Championships (Provo, Utah)</b>
Matthew Anderson	15.00/49-2.5	4/15 Y Invitational (Provo, Utah)
Joe Dredge	14.32/46-11.75	4/15 Y Invitational (Provo, Utah)

### **Men's High Jump (R: 2.10m/6-10.75)**

<b>Name</b>	<b>Distance</b>	<b>Date Meet (Location)</b>
<b>David Pendergrass</b>	<b>2.21/7-03</b>	<b>3/31 Cougar Invitational (Provo, Utah)</b>
<b>Trevor Heiner</b>	<b>2.11/6-11</b>	<b>5/27 West Regionals (Provo, Utah)</b>
Bryce Bergen	2.05/6-8.75	3/18 Willie Williams Classic (Tucson, Ariz.)
Devin Howe	2.00/6-6.75	5/13 MWC Championships (Provo, Utah)

Ammon Dahl	2.00/6-6.75	3/31 Cougar Invitational (Provo, Utah)
Bryce Nielsen	1.95/6-4.75	4/15 Y Invitational (Provo, Utah)

### Men's Long Jump (R: 7.34m/24-01)

Name	Distance	Date Meet (Location)
<b>Matthew Anderson</b>	<b>7.47/24-06.25</b>	<b>4/28 Robison Invitational (Provo, Utah)</b>
Boian Marinov	6.83/22-05	4/28 Robison Invitational (Provo, Utah)
Trevor Heiner	6.81/22-4.25	5/13 MWC Championships (Provo, Utah)
David Pendergrass	6.59/21-7.5	3/25 ASU Invitational (Tempe, Ariz.)
Joe Dredge	6.41/21-0.5	5/13 MWC Championships (Provo, Utah)
Devin Howe	6.39/20-11.75	4/8 UCLA Invitational (LOS ANGELES)
Kevin Keys	6.11/20-0.5	5/11 MWC Championships (Provo, Utah)

### Men's Pole Vault (R: 5.05m/16-6.75)

Name	Distance	Date Meet (Location)
<b>Robbie Pratt</b>	<b>5.61/18-05</b>	<b>5/26 West Regionals (Provo, Utah)</b>
<b>Whitney Neves</b>	<b>5.35/17-6.75</b>	<b>4/15 Y Invitational (Provo, Utah)</b>
<b>Matt Weirich</b>	<b>5.21/17-01</b>	<b>5/26 West Regionals (Provo, Utah)</b>
<b>Bob Low</b>	<b>5.20/17-0.75</b>	<b>3/31 Cougar Invitational (Provo, Utah)</b>
Brad Ellertson	4.90/16-01	3/31 Cougar Invitational (Provo, Utah)
Deven Later	4.6/15-1.25	4/15 Y Invitational (Provo, Utah)

### Men's Shot Put (R: 16.80m/55-1.5)

Name	Distance	Date Meet (Location)
<b>Niklas Arrhenius</b>	<b>17.78/58-04</b>	<b>4/8 UCLA Invitational (LOS ANGELES)</b>
Randy Patterson	15.28/50-1.5	3/31 Cougar Invitational (Provo, Utah)
Meelis Kosk	13.40/43-11.5	3/31 Cougar Invitational (Provo, Utah)
Kevin Keys	13.33/43-09	5/11 MWC Championships (Provo, Utah)
Blaine Baker	13.05/42-9.75	4/8 UCLA Invitational (LOS ANGELES)

Devin Howe	12.39/40-7.75	3/18 Willie Williams Classic (Tucson, Ariz.)
Chris Reno	12.37/40-07	4/8 UCLA Invitational (LOS ANGELES)

**Men's Discus (R: 51.70m/169-7.5)**

<b>Name</b>	<b>Distance</b>	<b>Date Meet (Location)</b>
<b>Niklas Arrhenius</b>	<b>63.47/208-2.75</b>	<b>3/31 Cougar Invitational (Provo, Utah)</b>
Randy Patterson	44.79m/147-0	3/18 Willie Williams Classic (Tucson, Ariz.)
Meelis Kosk	44.05/144-6.5	3/31 Cougar Invitational (Provo, Utah)
Kevin Keys	43.49m/142-8.5	3/18 Willie Williams Classic (Tucson, Ariz.)
Devin Howe	42.07/138-0.5	4/15 Y Invitational (Provo, Utah)
Chris Reno	41.17/135-01	4/8 UCLA Invitational (LOS ANGELES)

**Men's Javelin (R: 61.60m/202-01)**

<b>Name</b>	<b>Distance</b>	<b>Date Meet (Location)</b>
<b>Chris Reno</b>	<b>67.74/222-3</b>	<b>5/13 MWC Championships (Provo, Utah)</b>
<b>Blaine Baker</b>	<b>67.31/220-10.25</b>	<b>3/31 Cougar Invitational (Provo, Utah)</b>
Devin Howe	56.07/183-11	5/11 MWC Championships (Provo, Utah)
Kevin Keys	52.46/172-01	5/11 MWC Championships (Provo, Utah)

**Men's Hammer (R: 55.60m/182-05)**

<b>Name</b>	<b>Distance</b>	<b>Date Meet (Location)</b>
Niklas Arrhenius	52.92/173-3.5	5/13 MWC Championships (Provo, Utah)
Randy Patterson	42.79/140-05	4/29 Robison Invitational (Provo, Utah)

**Men's Decathlon (A: 7,500 pts./ P: 7,000 pts.)**

<b>Name</b>	<b>Points</b>	<b>Date Meet (Location)</b>
<b>Devin Howe</b>	<b>7,034</b>	<b>4/27 Robison Invitational (Provo, Utah)</b>

**400-Meter Relay (R: 40.66)**

<b>Name</b>	<b>Time</b>	<b>Date Meet (Location)</b>
<b>Watkins, Smith, Soelberg, Rencher</b>	<b>40.38/40.50a</b>	<b>3/25 ASU Invitational (Tempe, Ariz.)</b>
Fonnesbeck, Soelberg, Smith, Watkins	40.56/40.68a	3/31 Cougar Invitational (Provo, Utah)

### **440-Yard Relay (R: 40.86)**

<b>Name</b>	<b>Time</b>	<b>Date Meet (Location)</b>
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### **1,600-Meter Relay (R: 3:10.00)**

<b>Name</b>	<b>Time</b>	<b>Date Meet (Location)</b>
<b>Gardner, Smith, Rencher, Carter</b>	<b>3:06.40</b>	<b>5/13 MWC Championships (Provo, Utah)</b>

### **Mile Relay (R: 3:11.20)**

<b>Name</b>	<b>Time</b>	<b>Date Meet (Location)</b>
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**Last Updated: 6/10/06**

Athletes who have qualified for regionals or who have set NCAA qualifying marks are listed in **bold face** type.

\* - Identifies NCAA regional qualifying mark

P - Indication NCAA provisional qualifying mark

A - Indicates NCAA automatic qualifying mark



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*(Marks are not adjusted for altitude)*



**TRACK EVENTS****Women's 100 Meters (R: 11.75)**

<b>Name</b>	<b>Time</b>	<b>Date</b>	<b>Meet (Location)</b>	<b>Place</b>
Mindy Neeley	12.00/12.03a	4/29	Robison Invitational (Provo, Utah)	1
Emily Page	12.34/12.37a	4/29	Robison Invitational (Provo, Utah)	3
Christina McCracken	12.96/12.99a	3/31	Cougar Invitational (Provo, Utah)	11
Jessica Weirich	13.01/13.04a	4/29	Robison Invitational (Provo, Utah)	13

**Women's 200 Meters (R: 23.96)**

<b>Name</b>	<b>Time</b>	<b>Date</b>	<b>Meet (Location)</b>	<b>Place</b>
Mindy Neeley	24.53	4/29	Robison Invitational (Provo, Utah)	1
Emily Page	25.09	4/22	Utah State Invitational (Logah, Utah)	?
JennaBree Tollestrup	25.21	5/11	MWC Championships (Provo, Utah)	2
Liis Berendsen	26.56	5/1	MWC Championships (Provo, Utah)	9
Jessica Weirich	27.33	4/29	Robison Invitational (Provo, Utah)	6
Ashley Tolson	27.38	3/25	ASU Invitational (Tempe, Ariz.)	22
Kelly Jackson	28.50	3/25	ASU Invitational (Tempe, Ariz.)	25

**Women's 400 Meters (R: 54.61)**

<b>Name</b>	<b>Time</b>	<b>Date</b>	<b>Meet (Location)</b>	<b>Place</b>
Challis Firl	56.64	4/29	Robison Invitational (Provo, Utah)	2
Michelle Lindsay	57.17	4/29	Robison Invitational (Provo, Utah)	4
Emily Page	1:00.36	4/15	Y Invitational (Provo, Utah)	4

**Women's 800 Meters (R: 2:09.80)**

<b>Name</b>	<b>Time</b>	<b>Date</b>	<b>Meet (Location)</b>	<b>Place</b>
Michelle Lindsay	2:07.06	6/8	<b>NCAA Championships (Sac, Calif.)</b>	19
Challis Firl	2:09.18	5/13	<b>MWC Championships (Provo, Utah)</b>	2
Lorette Hanson	2:13.73	4/29	Robison Invitational (Provo, Utah)	7

Laura Taylor	2:14.71	4/29	Robison Invitational (Provo, Utah)	1
Carlee Clark	2:15.20	3/25	ASU Invitational (Tempe, Ariz.)	9
Allison Passey	2:15.27	4/15	Y Invitational (Provo, Utah)	8
Carolyn Quebe	2:15.42	4/15	Y Invitational (Provo, Utah)	9
Suzanne Taylor	2:19.17	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	7
Julie Meads	2:20.46	4/15	Y Invitational (Provo, Utah)	13
Alexis Bartschi	2:21.61	4/15	Y Invitational (Provo, Utah)	15
Liis Berendsen	2:23.89	5/11	MWC Championships (Provo, Utah)	5
Julie Andersen	2:22.92	3/25	ASU Invitational (Tempe, Ariz.)	17
Kristen Heuer	2:30.12	4/15	Y Invitational (Provo, Utah)	16
JennaBree Tollestrup	2:36.45	5/11	MWC Championships (Provo, Utah)	9

### Women's 1500 Meters (R: 4:27.80)

Name	Time	Date	Meet (Location)	Place
<b>Michelle Lindsay</b>	<b>4:27.59</b>	<b>4/1</b>	<b>Cougar Invitational (Provo, Utah)</b>	<b>1</b>
<b>Rena Chesser</b>	<b>4:28.32</b>	<b>4/1</b>	<b>Cougar Invitational (Provo, Utah)</b>	<b>3</b>
Laura Taylor	4:30.66	4/8	UCLA Invitational (LOS ANGELES)	2
Amy Fowler	4:33.00	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	1
Carolyn Quebe	4:33.94	4/8	UCLA Invitational (LOS ANGELES)	6
Anne Heiner	4:36.24	4/8	UCLA Invitational (LOS ANGELES)	12
Breanne Sandberg	4:37.57	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	5
Allison Passey	4:41.28	3/25	ASU Invitational (Tempe, Ariz.)	15
Sarah Hansen	4:42.76	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	8
Kristy Barrus	4:46.16	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	11
Suzanne Taylor	4:47.27	3/25	ASU Invitational (Tempe, Ariz.)	19
Katie Porter	4:55.47	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	14

### Women's Mile (R: 4:49.60)

Name	Time	Date	Meet (Location)	Place
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**Women's 3000-Meter Steeplechase (R: 10:50.25)**

<b>Name</b>	<b>Time</b>	<b>Date</b>	<b>Meet (Location)</b>	<b>Place</b>
<b>Amy Fowler</b>	<b>10:08.12</b>	<b>6/9</b>	<b>NCAA Championships (Sac., Calif.)</b>	<b>7</b>
<b>Rena Chesser</b>	<b>10:17.49</b>	<b>4/21</b>	<b>Oregon Invite (Eugene, Ore.)</b>	<b>4</b>
Kristy Barrus	10:52.99	4/1	Cougar Invitational (Provo, Utah)	3
Ann Heiner	10:54.47	4/29	Robison Invitational (Provo, Utah)	2
Sarah Ingebretsen	11:10.34	4/15	Y Invitational (Provo, Utah)	4

**Women's 3000 Meters (R: )**

<b>Name</b>	<b>Time</b>	<b>Date</b>	<b>Meet (Location)</b>	<b>Place</b>
Anne Heiner	9:43.01	4/8	UCLA Invitational (LOS ANGELES)	2
Amy Fowler	9:47.55	3/25	ASU Invitational (Tempe, Ariz.)	2
Rena Chesser	9:49.52	3/25	ASU Invitational (Tempe, Ariz.)	3
Sarah Ingebretsen	10:04.09	3/25	ASU Invitational (Tempe, Ariz.)	8
Jocelyn Gardner	10:06.78	3/25	ASU Invitational (Tempe, Ariz.)	9
Sarah Hansen	10:06.82	3/25	ASU Invitational (Tempe, Ariz.)	10
Katie Porter	10:09.85	4/8	UCLA Invitational (LOS ANGELES)	7
Jenna Taylor	10:10.95	3/25	ASU Invitational (Tempe, Ariz.)	11
Kristy Barrus	10:13.92	3/25	ASU Invitational (Tempe, Ariz.)	12
Brooke Kerby	10:31.11	4/8	UCLA Invitational (LOS ANGELES)	9
Sharon Palmer	10:50.90	3/25	ASU Invitational (Tempe, Ariz.)	23

**Women's 5000 Meters (R: 16:52.00)**

<b>Name</b>	<b>Time</b>	<b>Date</b>	<b>Meet (Location)</b>	<b>Place</b>
<b>Chelsea McKell</b>	<b>16:35.31</b>	<b>4/8</b>	<b>UCLA Invitational (LOS ANGELES)</b>	<b>1</b>
Jocelyn Gardner	17:08.59	4/21	Oregon Invite (Eugene, Ore.)	13
Jenna Taylor	17:11.20	4/8	UCLA Invitational (LOS ANGELES)	2
Sarah Hansen	17:14.39	4/8	UCLA Invitational (LOS ANGELES)	3
Rena Chesser	17:24.91	5/13	MWC Championships (Provo, Utah)	4

Lisa Frischnecht	17:57.28	4/15	Y Invitational (Provo, Utah)	1
Sharon Palmer	18:04.95	4/8	UCLA Invitational (LOS ANGELES)	11
Katie Porter	18:31.12	5/3	Weber Twilight (Ogden, Utah)	1
Brooke Kerby	18:55.49	4/15	Y Invitational (Provo, Utah)	4

### Women's 10,000 Meters (A: 33:55.00/ P: 35:00.00)

Name	Time	Date	Meet (Location)	Place
<b>Chelsea McKell</b>	<b>34:23.05</b>	<b>4/21</b>	<b>Oregon Invite (Eugene, Ore.)</b>	<b>5</b>
Jocelyn Gardner	36:20.55	4/1	Cougar Invitational (Provo, Utah)	20
Lisa Frischknecht	36:31.95	4/1	Cougar Invitational (Provo, Utah)	23
Jenna Taylor Jensen	38:37.68	5/13	MWC Championships (Provo, Utah)	5

### Women's 100-Meter Hurdles (R: 13.92)

Name	Time	Date	Meet (Location)	Place
Sarah Lacey	14.08	5/12	MWC Championships (Provo, Utah)	5
JennaBree Tollestrup	14.42	5/12	MWC Championships (Provo, Utah)	8
Nicole Nevitt	14.44	5/12	MWC Championships (Provo, Utah)	10
Kathryn Sevy	14.64	3/31	Cougar Invitational (Provo, Utah)	5
Ashley Tolson	15.26	3/31	Cougar Invitational (Provo, Utah)	11
Liis Berendsen	15.15	5/11	MWC Championships (Provo, Utah)	8

### Women's 400-Meter Hurdles (R: 1:00.82)

Name	Time	Date	Meet (Location)	Place
<b>Nicole Nevitt</b>	<b>1:00.15</b>	<b>5/13</b>	<b>MWC Championships (Provo, Utah)</b>	<b>4</b>
Julie Andersen	1:03.55	5/3	Weber Twilight (Ogden, Utah)	3
Sarah Lacey	1:04.54	4/8	UCLA Invitational (LOS ANGELES)	7
Liis Berendsen	1:04.58	4/15	Y Invitational (Provo, Utah)	6
Kathryn Sevy	1:05.65	3/25	ASU Invitational (Tempe, Ariz.)	7

### Women's 400-Meter Relay (R: 45.70)

<b>Name</b>	<b>Time</b>	<b>Date</b>	<b>Meet (Location)</b>	<b>Place</b>
Neeley, Lacey, Furr, Sevy	46.78	4/15	Y Invitational (Provo, Utah)	1
Furr,Neeley,Lacey,Tolson	47.87	4/29	Robison Invitational (Provo, Utah)	1
Nevitt, Rywelska, Page, Tolson	49.06	3/31	Cougar Invitational (Provo, Utah)	4
BYU B	49.58	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	4

### **Women's 440-Yard Relay (R: 45.90)**

<b>Name</b>	<b>Time</b>	<b>Date</b>	<b>Meet (Location)</b>	<b>Place</b>
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### **Women's 1600-Meter Relay (R: 3:42.00)**

<b>Name</b>	<b>Time</b>	<b>Date</b>	<b>Meet (Location)</b>	<b>Place</b>
Lindsay,Hanson,Firl, Nevitt	3:46.61	5/13	MWC Championships (Provo, Utah)	3
Andersen, Lindsay, Firl, Nevitt	3:49.80	4/15	Y Invitational (Provo, Utah)	2
Firl, Nevitt, Lindsay, Neeley	3:54.77	3/25	ASU Invitational (Tempe, Ariz.)	8
Clark, Firl, Lacey, Neeley	3:57.68	3/31	Cougar Invitational (Provo, Utah)	3
Clark, Quebe, Lacey, Tolson	4:02.61	3/25	ASU Invitational (Tempe, Ariz.)	12

### **Women's Mile Relay (R: 3:43.20)**

<b>Name</b>	<b>Time</b>	<b>Date</b>	<b>Meet (Location)</b>	<b>Place</b>
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### **Women's High Jump (R: 1.75m/5-09)**

<b>Name</b>	<b>Distance</b>	<b>Date</b>	<b>Meet (Location)</b>	<b>Place</b>
Kristin Hirst	5-07/1.70	3/25	ASU Invitational (Tempe, Ariz.)	2
Sarah Lacey	5-6.5/1.69	5/13	MWC Championships (Provo, Utah)	4
Ashley Payne	5-04.75	5/3	Weber Twilight (Ogden, Utah)	3
Liis Berendsen	5-4.5/1.64	5/13	MWC Championships (Provo, Utah)	8
Kathryn Sevy	5-04/1.63	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	3
JennaBree Tollestrup	5-3.25/1.61	5/11	MWC Championships (Provo, Utah)	5

Brittany Faddis	5-03/1.60	4/15	Y Invitational (Provo, Utah)	2
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**Women's Pole Vault (R: 3.80m/12-5.5)**

Name	Distance	Date	Meet (Location)	Place
<b>Mandy Lonsway</b>	<b>13-5.5/4.10</b>	<b>4/15</b>	<b>Y Invitational (Provo, Utah)</b>	<b>1</b>
<b>Julene Bailey-Kaufusi</b>	<b>13-1.5/4.00</b>	<b>4/15</b>	<b>MWC Championships (Provo, Utah)</b>	<b>2</b>
<b>Kelly Furr</b>	<b>12-11.5/3.95</b>	<b>4/29</b>	<b>Robison Invitational (Provo, Utah)</b>	<b>2</b>
<b>Ashley McCallister</b>	<b>12-06/3.81</b>	<b>3/31</b>	<b>West Regionals (Provo, Utah)</b>	<b>18</b>
<b>Makenzie Iorg</b>	<b>12-06/3.81</b>	<b>4/8</b>	<b>West Regionals (Provo, Utah)</b>	<b>18</b>
Kathleen Moyeda	11-08/3.56	5/3	Weber Twilight (Ogden, Utah)	7
Melissa Dyer	11-2.25	5/3	Weber Twilight (Ogden, Utah)	9
Ashley Shepard	11-2.25	5/3	Weber Twilight (Ogden, Utah)	10

**Women's Long Jump (R: 5.97m/19-07)**

Name	Distance	Date	Meet (Location)	Place
<b>Mindy Neeley</b>	<b>19-10.75/6.07</b>	<b>3/18</b>	<b>Cal Poly Invitational (San Luis Obispo, Calif.)</b>	<b>1</b>
Kathryn Sevy	18-3.75/5.58	4/15	Y Invitational (Provo, Utah)	3
Liis Berendsen	17-11/5.46	3/31	Cougar Invitational (Provo, Utah)	2t
JennaBree Tollestrup	17-11.5/5.47	5/11	MWC Championships (Provo, Utah)	6
Kamila Rywelska	17-5.25/5.32	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	5
Kelly Marcroft	15-3.25/4.65	4/15	Y Invitational (Provo, Utah)	12

**Women's Triple Jump (R: 12.32/40-05)**

Name	Distance	Date	Meet (Location)	Place
<b>Kamila Rywelska</b>	<b>41-01/12.52</b>	<b>3/25</b>	<b>ASU Invitational (Tempe, Ariz.)</b>	<b>2</b>
Liis Berendsen	37-11.25/11.56	5/13	MWC Championships (Provo, Utah)	6
JennaBree Tollestrup	36-3.75/11.07	5/13	MWC Championships (Provo, Utah)	11
Kelly Marcroft	35-9.5/10.91	4/15	Y Invitational (Provo, Utah)	12

**Women's Shot Put (R: 14.30m/46-11)**

<b>Name</b>	<b>Distance</b>	<b>Date</b>	<b>Meet (Location)</b>	<b>Place</b>
Aubrey Cowan	43-0.5/13.12	3/31	Cougar Invitational (Provo, Utah)	6
Tiffany Arrhenius	43-7.5	5/3	Weber Twilight (Ogden, Utah)	3
Liis Berendsen	35-7.5/10.86	4/15	Y Invitational (Provo, Utah)	6
JennaBree Tollestrup	34-6.75/10.53	5/11	MWC Championships (Provo, Utah)	7

### **Women's Discus Throw (R: 47.30/155-2)**

<b>Name</b>	<b>Distance</b>	<b>Date</b>	<b>Meet (Location)</b>	<b>Place</b>
Tipaleli Fotu	142-06/43.44	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	4
Sarah Butler	132-1/40.26	4/15	Y Invitational (Provo, Utah)	4
Aubrey Cowan	124-02/37.86	4/29	Robison Invitational (Provo, Utah)	8
Candace Jones	118-5.5/36.11	4/15	Y Invitational (Provo, Utah)	6

### **Women's Hammer Throw (R: 54.15m/177-7.5)**

<b>Name</b>	<b>Distance</b>	<b>Date</b>	<b>Meet (Location)</b>	<b>Place</b>
Leli Fotu	174-03/53.12	3/25	ASU Invitational (Tempe, Ariz.)	6
Candace Jones	152-04	5/3	Weber Twilight (Ogden, Utah)	3
Aubrey Cowan	130-09/39.86	3/31	Cougar Invitational (Provo, Utah)	11

### **Women's Javelin Throw (R: 43.45/142-6.5)**

<b>Name</b>	<b>Distance</b>	<b>Date</b>	<b>Meet (Location)</b>	<b>Place</b>
<b>Tiffany Arrhenius</b>	<b>156-10/47.80</b>	<b>5/13</b>	<b>MWC Championships (Provo, Utah)</b>	<b>3</b>
<b>Sarah Butler</b>	<b>149-10/45.66</b>	<b>4/8</b>	<b>UCLA Invitational (LOS ANGELES)</b>	<b>5</b>
<b>Piret Kuresson</b>	<b>143-11/43.86</b>	<b>5/13</b>	<b>MWC Championships (Provo, Utah)</b>	<b>5</b>
Candace Jones	131-6.5/40.09	4/15	Y Invitational (Provo, Utah)	8
Sarah Lacey	129-03/39.40	4/29	Robison Invitational (Provo, Utah)	8
Kelly Jackson	125-2.75/38.17	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	7
Heidi Summers	116-5.5/35.49	3/31	Cougar Invitational (Provo, Utah)	11
Liis Berendsen	105-01/32.03	3/25	ASU Invitational (Tempe, Ariz.)	15
Michelle Partridge	103-00/31.40	4/29	Robison Invitational (Provo, Utah)	16

JennaBree Tollestrup	101-4/30.88	5/11	MWC Championships (Provo, Utah)	8
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**Women's Heptathlon (A: 5,500 pts./ P: 5,000 pts.)**

<b>Name</b>	<b>Distance</b>	<b>Date</b>	<b>Meet (Location)</b>	<b>Place</b>
JennaBree Tollestrup	4,851pts.	5/13	MWC Championships (Provo, Utah)	7
Liis Berendsen	4,770 pts.	4/27	Robison Invitational (Provo, Utah)	1
Julie Andersen	4,385 pts.	4/27	Robison Invitational (Provo, Utah)	4

Athletes who have qualified for regionals are listed in **bold face** type.

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## NEWS RELEASE

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### FOR IMMEDIATE RELEASE

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### BYU Men's Season Outlook

PROVO, Utah (Jan. 13, 2006) — Under the direction of talented coaches Mark Robison, Ed Eyestone and Leonard Myles-Mills, the 2006 men's track and field team is poised to step onto the track and excel in all events. After finishing fourth at the 2005 NCAA Outdoor Nationals and securing a sixth-consecutive win at the Mountain West Conference Championships, the Cougars are planning on an equally prolific season. This talented team is prepared to return to the top of the MWC and NCAA levels.

"I am extremely excited about this year's team," Coach Robison. "We have a very outstanding group. We especially have a great group of freshman, returned missionaries and transfer students."

#### Decathlon

The decathletes are stronger now than in years past. Returning decathletes Devin Howe, Kevin Keys and Chris Weirich are looking to improve on their success last year and planning to qualify for competition on the national level. They will be joined by freshman Meelis Kosk, who brings fresh talent and the potential to be one of the Cougar's top athletes.

#### Distance

The BYU distance squad is among the strongest in the country. After winning the MWC and placing 13th at nationals in cross country, the men are prepared to continue that success during the track season. Josh Rohatinsky finished a stellar cross country season with a sixth-place finish at nationals. An All-American in the 10,000 meters last year, he is aiming for a top-three finish at nationals in the event and to rewrite the school record in the 5,000 meters. Steeplechase All-American Josh McAdams will continue his dominance in the distance hurdle event. Other returning distance runners include 2005 regional-qualifiers Chandler Goodwin, Dustin Bybee, Jason Dorais and recently returned missionary Jacob Gustafsson.

#### Hurdles

Coming off a successful 2005 season, the hurdle crew returns NCAA participants Ben Gardner and Jake Garlick. Their strength in the short and intermediate hurdles will bring depth to the team. Stig Robertson is back from a redshirt year and looking forward to a successful season. Freshman Chris Carter has been steadily progressing and will make a significant contribution to the hurdle and other sprint events.

#### Pole Vault

Returning 2005 national champion and school record-holder Robison Pratt will be a key contributor to this year's team. Returned missionaries Whitney Neves, Robert Low and Matt Weirich will also add to the depth of this event. Together they plan on success at the national level.

#### Sprints

The sprinters are up and running towards an excellent 2006 season. Cody Fannesbeck is returning from an injury and should contribute even more than in previous years. The team is pleased to have Paul Smith return after one year away and expects him to have a great comeback season. Football player/sprinter Nate Soelberg will be focusing his attention on track and looks forward to an outstanding senior year.

#### Throws

The throwers will be led by two-time All-American Niklas Arrhenius. He is poised to make a run for the top spot in the discus this year. The javelin will be a strong event with the addition of high school All-American Chris Reno and top-15 high school athlete Blaine Baker.

#### Jumps

The high jumpers have the potential to make school history with three jumpers clearing 7 feet or more in David Pendergrass, Bryce Bergen and high school All-American Trevor Heiner. Several others have jumped well and should continue the BYU tradition of excellence during the season. Boian Marinov and Matt Anderson will be important factors in the success of the long and triple jumps.

– BYU –