

Brigham Young University

2004 Season Bests List

Women's Indoor Track & Field

As of - 3/15/04 - FINAL

Women's 60 Meters (A:7.30, P:7.44)

<u>Name</u>	<u>Time</u>	<u>Date</u>	<u>Meet/Place</u>
Amy Menlove	7.62	1/17	Oval Open/1st
Jennifer Rockwell	7.62	2/28	MWC Champs/6th
Mary Bennion	7.96	1/17	Oval Open/7th

Women's 55 Meters

<u>Name</u>	<u>Time</u>	<u>Date</u>	<u>Meet/Place</u>
Amy Menlove	7.09	2/7	Mountain State Games/(prelims)
Laura Evans	7.46	1/30	Montana State Invitational/5th
Sheryl Garner	7.46	1/30	Montana State Invitational/8th

Women's 200 Meters (A:23.70, P:24.20...banked/oversized A: 23.50 P: 24.00)

<u>Name</u>	<u>Time</u>	<u>Date</u>	<u>Meet/Place</u>
Jennifer Rockwell	24.44	2/28	MWC Champs/5th
Amy Menlove	25.08	1/24	Air Force Invitational
Mary Bennion	25.40	1/17	Oval Open/3rd
Anna-Lee Walcott	25.83	1/17	Oval Open/5th
Laura Evans	26.01	1/17	Oval Open/7th
Miriam Fisher	26.23	1/30	Montana State Invitational/2nd
Hillary Enloe	26.53	1/17	Oval Open/9th
Liis Berendsen	26.92	1/17	Oval Open/11th
Sheryl Garner	26.97	1/30	Montana State Invitational/9th
Katie Montgomery	27.25	1/17	Oval Open/13th
Taylor Teerlink	27.33	1/17	Oval Open/14th

Women's 400 Meters (A:53.20, P:54.80...banked/oversized A: 52.90 P: 54.50)

<u>Name</u>	<u>Time</u>	<u>Date</u>	<u>Meet/Place</u>
Jennifer Rockwell	55.40	2/28	MWC Champs/4th
Mary Bennion	56.06	2/28	MWC Champs/8th
Laura Evans	58.02	1/24	Air Force Invitational/4th
Taylor Teerlink	59.28	2/7	Mountain State Games/ 4th (open)

Women's 800 Meters (A:2:06.05, P:2:09.40...banked/oversized A: 2:05.65 P: 2:09.00)

<u>Name</u>	<u>Time</u>	<u>Date</u>	<u>Meet/Place</u>
Aneta Lemiesz*	2:05.93	2/14	Pac 10 Invite/2nd
Kassi Andersen	2:14.51	2/28	MWC Champs/2nd
Kristy Barrus	2:15.55	2/28	MWC Champs/4th
Anne Heiner	2:18.21	2/7	Mountain State Games/ 2nd (open)
Allison Passey	2:19.17	2/14	Pac 10 Invite/28th
Sarah Ingebretsen	2:19.47	2/14	Pac 10 Invite/29th
Jennifer Rockwell	2:21.06	2/7	Mountain States Games/7th (invit.)
Allison Passey	2:21.76	1/30	Montana State Invitational/6th
Tiffany Krainik	2:24.57	1/17	Oval Open/6th

Women's 1 Mile (A:3:39.10, P:4:49.00...banked/oversized A: 4:38.50 P: 4:48.40)

<u>Name</u>	<u>Time</u>	<u>Date</u>	<u>Meet/Place</u>
Kassi Andersen*	4:44.49	1/31	UW Indoor Invite/5th
Micheala Mannova	5:03.70	2/28	MWC Champs
Anne Heiner	5:06.14	1/30	Montana State Invitational/1st
Kristy Barrus	5:12.37	1/30	Montana State Invitational/2nd

Women's 3,000 (A:9:16.80, P:9:35.80...banked/oversized A: 9:16.00 P: 9:35.00)

<u>Name</u>	<u>Time</u>	<u>Date</u>	<u>Meet/Place</u>
Micheala Mannova#	9:04.06	1/31	UW Indoor Invite
Kassi Andersen*	9:17.62	2/14	Pac 10 Invite/2nd
Laura Turner*	9:31.54	1/31	UW Indoor Invite
Ruth Graham	9:45.01	2/14	Pac 10 Invite/5th
Emily Raymond	10:12.57	1/30	Montana State Invitational/2nd
Lisa Antonelli	10:20.72	2/28	MWC Champs/3rd
Katie Moon	10:28.09	1/30	Montana State Invitational/5th
Whitney McDonald	10:42.60	1/30	Montana State Invitational/6th
Jami Caldwell	10:55.66	1/30	Montana State Invitational/7th

Women's 5,000

<u>Name</u>	<u>Time</u>	<u>Date</u>	<u>Meet/Place</u>
Laura Turner#	16:04.89	2/14	Pac 10 Invite/5th
Lisa Antonelli	16:55.16	2/14	Pac 10 Invite/9th
Katie Moon	17:06.15	2/14	Pac 10 Invite/11th
Emily Raymond	17:06.32	2/14	Pac 10 Invite/12th
Whitney McDonald	17:27.07	2/14	Pac 10 Invite/14th
Micheala Mannova	17:52.70	2/28	MWC Champs/2nd
Jamie Caldwell	18:30.49	2/7	Mountain States Games/8th

Women's 60-Meter Hurdles (A:8.15, P:8.43)

<u>Name</u>	<u>Time</u>	<u>Date</u>	<u>Meet/Place</u>
Miriam Fisher*	8.37	2/28	MWC Champs/2nd
Amy Menlove	8.47	2/28	MWC Champs/3rd
Hillary Enloe	8.77	2/28	MWC Champs/6th
Anna-Lee Walcott	9.00	1/24	Air Force Invitational/6th
Liis Berendsen	9.31	2/14	Pac 10 Invite
Taylor Teerlink	9.55	1/17	Oval Open/11th
Lindsey Sommer	9.34	1/24	Air Force Invitational
Katie Montgomery	9.86	1/17	Oval Open/15th

Women's 55-Meter Hurdles

<u>Name</u>	<u>Time</u>	<u>Date</u>	<u>Meet/Place</u>
Amy Menlove	7.93	2/7	Mountain States Games/1st
Miriam Fisher	7.96	1/30	Montana State Invitational/1st
Hillary Enloe	8.29	2/7	Mountain States Games/5th
Taylor Teerlink	8.64	1/30	Montana State Invitational/6th
Liis Berendsen	8.79	1/30	Montana State Invitational/7th
Lindsey Sommer	8.80	1/30	Montana State Invitational
Katie Montgomery	8.86	1/24	Wildcat Invitational/9th

Women's Distance Medley (A: P: ...banked/oversized A: 11:15.00 P: 11:36.00)

<u>Name</u>	<u>Time</u>	<u>Date</u>	<u>Meet/Place</u>
Andersen, Rockwell, Lemiesz, Mannova #	11:06.91	1/31	UW Indoor Invite/1st
Andersen, Rockwell, Cameron, Mannova	11:12.60	3/12	NCAA Indoor Champs/6th
Turner, Evans, Heiner, Andersen	12:24.96	2/28	MWC Champs/1st

Women's 4x400 Relay (A:3:35.70, P:3:41.20...banked/oversized A: 3:34.50 P: 3:40.00)

<u>Name</u>	<u>Time</u>	<u>Date</u>	<u>Meet/Place</u>
BYU A	3:44.85	2/14	Pac 10 Invite/3rd
Bennion, Rockwell, Evans, Menlove	3:49.21	2/28	MWC Champs/2nd
BYU A	3:51.45	2/7	Mountain States Games/1st
Enloe, Evans, Menlove	3:55.46	1/30	Montana State Invitational/1st
BYU B	4:03.86	2/7	Mountain States Games/8th

Women's High Jump (A:1.84m, P:1.78m)

<u>Name</u>	<u>Height (Metric/US)</u>	<u>Date</u>	<u>Meet/Place</u>
Lindsey Metcalf#	1.84m/6-00.50	1/24	Air Force Invitational/1st
Anna-Lee Walcott	1.65m/5-05.00	2/28	MWC Champs/5th
Kristin Hirst	1.62m/5-03.75	1/30	Montana State Invitational/2nd
Liis Berendsen	1.60m/5-03.00	2/28	MWC Champs/6th

Women's Pole Vault (A:4.20m, P:3.95m)

<u>Name</u>	<u>Height (Metric/US)</u>	<u>Date</u>	<u>Meet/Place</u>
Alicia Thompson	3.77m/12-04.50	2/28	MWC Champs/3rd
Kristen McGregor	3.45m/11-03.75	2/14	Pac 10 Invite/17th
Toria McMullin	3.35m/11-00.00	2/7	Mountain States Games/ 16th
Makenzie Hobbs	3.35m/11-00.00	2/7	Mountain States Games/16th
Julia Preston	3.325m/10-11.00	1/24	Wildcat Invitational/9th
Emily Franks	3.20m/10-06.00	2/7	Mountain States Games/20th
Amanda Mitchell	2.895m/9-06.00	2/7	Mountain States Games/25th

Women's Long Jump (A:6.40m, P:6.20m)

<u>Name</u>	<u>Distance (Metric/US)</u>	<u>Date</u>	<u>Meet/Place</u>
Amy Menlove*	6.23m/20-05.25	3/6	Last Chance Qualifier/1st
Kamila Rywelska	5.80m/19-00.50	2/14	Pac 10 Invite/5th
Anna-Lee Walcott	5.70m/18-08.50	1/17	Oval Open/2nd
Liis Berendsen	5.69m/18-08.00	2/28	MWC Champs/4th
Lindsey Sommer	5.63m/18-05.75	2/28	MWC Champs/5th
Hillary Enloe	5.35m/17-06.75	2/28	MWC Champs/9th
Katie Montgomery	5.22m/17-01.50	1/24	Wildcat Invitational/7th

Women's Triple Jump (A:13.30m, P:12.65m)

<u>Name</u>	<u>Distance (Metric/US)</u>	<u>Date</u>	<u>Meet/Place</u>
Kamila Rywelska#	13.30m/43-07.75	2/28	MWC Champs/1st
Liis Berendsen	12.10m/39-08.50	2/28	MWC Champs/2nd
Lindsey Sommer	11.95m/39-02.50	2/28	MWC Champs/4th
Kristen McGregor	11.60m/38-00.75	2/28	MWC Champs/8th

Women's Shot Put (A:16.50m, P:15.20m)

<u>Name</u>	<u>Distance (Metric/US)</u>	<u>Date</u>	<u>Meet/Place</u>
Maret Komarova	14.51m/47-07.25	2/28	MWC Champs/5th
Chelsea Forsythe	12.95m/42-06.00	2/14	Pac 10 Invite/14th
Candace Jones	12.015m/39-05.00	2/7	Mountain States Games/11th (open)
Maria Hew Len	10.91m/35-09.50	1/16	Oval Open/13th
Liis Berendsen	10.59m/34-09.50	2/7	Mountain States Games/22nd (open)
Anna-Lee Walcott	10.36m/34-00.00	2/7	Mountain States Games/24th (open)
Natasha Sua	9.56m/31-04.50	1/16	Oval Open/15th

Women's 20lb. Weight Throw (A:19.90m, P:18.50m)

<u>Name</u>	<u>Distance (Metric/US)</u>	<u>Date</u>	<u>Meet/Place</u>
Chelsea Forsythe	17.13m/56-02.50	2/28	MWC Champs/5th
Malita Bingham	16.72m/54-10.25	1/24	Air Force Invitational/5th
Candace Jones	13.32m/43-08.50	2/7	Mountain States Games/15th (open)
Natasha Sua	13.07m/42-10.50	2/7	Mountain States Games/16th (open)
Tiffany Rasmussen	11.72m/38-05.50	1/30	Montana State Invitational/24th
Maria Hew Len	10.40m/34-01.50	1/16	Oval Open/15th

Women's Pentathlon

<u>Name</u>	<u>Points</u>	<u>Date</u>	<u>Meet/Place</u>
Anna-Lee Walcott*	3787	1/24	Air Force Invitational/1st
Liis Berendsen*	3773	2/28	MWC Champs/2nd
Katie Montgomery	3072	1/16	Oval Open/1st

- NCAA Automatic Qualifier (10,000-meter run and decathlon only), * - NCAA Provisional Qualifier (10,000-meter run and decathlon only)



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TRACK & FIELD

FOR IMMEDIATE RELEASE

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BYU Women's 2004 Track and Field Season Outlook

PROVO, Utah (Jan. 7, 2003) – After ending their 21-year conference title streak the Cougars are back in the 2004 season to battle for the MWC outdoor championship title and add a six straight MWC Indoor Championship title. The team will look to improve on last year's 13th place at indoor nationals and 15th place at the outdoor championships.

Overall, the team is lead by a strong pack of jumpers consisting of junior high jumper Lindsey Metcalf a two-time All-American, senior heptathlete Anna-Lee Walcott and junior heptathlete Maret Komarova.

Returning to the team for the 2004 season will be the entire All-American distance medley relay team who placed second at the 2003 NCAA Indoor Nationals. Leading that group are seniors Aneta Lemeisz and Michaela Mannova, along with junior Jennifer Rockwell and sophomore Kassi Andersen.

The depth of talented distance runners will also anchor the team. After a strong cross country season, All-Americans Andersen, Mannova, Laura Turner and Lisa Antonelli will lead the Cougars distance crew. Also adding depth will be Suzanna Larsen in the 10,000 meter.

The team will look to add a third NCAA Outdoor Steeplechase championship title to the duo Mannova and Andersen's two year reign at the top. Last year Andersen's 9:44.95 3,000 meter steeplechase finish clocked the third fastest time in US history and set a new NCAA and BYU record.

Additionally, Coach Shane expects several other individuals to qualify for Nationals. Among those, true freshmen Julie Cameron, Carolyn Quebe and Amber Harper will look to make their mark on the track this season.

Beyond the distance team the throwers are expected to be as strong or if not stronger than last years

team. Leading the throwers this season will be junior Chelsea Forsythe and senior Malita Bingham.

Coach Legas said he also expects the pole vaulter's trio of senior Alicia Thompson, sophomore Kristen McGregor and new comer Makenzie Hobbs, to help the team place even higher this year.

Standing behind the top leaders the Cougar track team is very young and hopes to show strength with new freshman and foreign recruits. Several bright additions to the team are freshmen Amy Menlove from Sandy, Utah; Laura Evans for Idaho Falls, Idaho and Jessica Borchers from Boise, Idaho.

"Having taken second last year at the Outdoor MWC Championships broke our long standing record," women's head coach Craig Poole said. "This is our year to redeem ourselves and bounce back to our No. 1 station."

- BYU