



**BYU Men's Track &
Field**

**2006 Season Best List
Outdoor Track & Field**

(Marks are not adjusted for altitude)

TRACK EVENTS

Men's 100 Meters (R: 10.50)

Name	Time	Date Meet (Location)
Paul Smith	10.43/10.46a	4/28 Robison Invitational (Provo, Utah)
Nate Soelberg	10.56	3/18 Willie Williams Classic (Tucson, Ariz.)
Todd Watkins	10.69	3/25 ASU Invitational (Tempe, Ariz.)
Cody Foncesbeck	10.68/10.71a	4/22 Utah State Invitational (Logan, Utah)
Matt Romney	11.08/11.11a	4/28 Robison Invitational (Provo, Utah)
Mike Nascimento	11.16/11.19a	3/31 Cougar Invitational (Provo, Utah)
Branden Hostetter	11.47/11.50a	3/31 Cougar Invitational (Provo, Utah)
Devin Howe	11.47/11.50a	5/11 MWC Championships (Provo, Utah)
Kevin Keys	11.72/11.72a	4/15 Y Invitational (Provo, Utah)

Men's 200 Meters (R: 21.19)

Name	Time	Date Meet (Location)
Paul Smith	20.65/20.74a	5/13 MWC Championships (Provo, Utah)
Todd Watkins	21.58	3/18 Willie Williams Classic (Tucson, Ariz.)
Ben Gardner	21.54/21.63a	5/3 Weber Twilight (Ogden, Utah)
Nate Rencher	22.11	3/18 Willie Williams Classic (Tucson, Ariz.)
Cody Foncesbeck	22.11	3/25 ASU Invitational (Tempe, Ariz.)
Chris Carter	22.12	4/8 UCLA Invitational (LOS ANGELES)

Jake Garlick	22.21	3/18 Willie Williams Classic (Tucson, Ariz.)
Jason Howard	22.37/22.44a	3/31 Cougar Invitational (Provo, Utah)
Mike Nascimento	22.45/22.52a	3/31 Cougar Invitational (Provo, Utah)
Matt Romney	22.66	3/18 Willie Williams Classic (Tucson, Ariz.)
Nate Soelberg	22.85	4/28 Robison Invitational (Provo, Utah)

Men's 300 Meters (A: n/a)

Name	Time	Date Meet (Location)
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Men's 400 Meters (R: 47.26)

Name	Time	Date Meet (Location)
Chris Carter	47.65	4/8 UCLA Invitational (LOS ANGELES)
Jason Howard	48.02/48.13a	4/29 Robison Invitational (Provo, Utah)
Devin Howe	49.74	5/11 MWC Championships (Provo, Utah)
Branden Hostetter	49.87/49.98a	4/15 Y Invitational (Provo, Utah)
Meelis Kosk	51.82	4/8 UCLA Invitational (LOS ANGELES)
Jacob Garlick	53.39	3/18 Willie Williams Classic (Tucson, Ariz.)
Nate Rencher	53.95	3/18 Willie Williams Classic (Tucson, Ariz.)
Nate Page	56.04	3/18 Willie Williams Classic (Tucson, Ariz.)
Justin Bingham	57.54	3/18 Willie Williams Classic (Tucson, Ariz.)

Men's 800 Meters (R: 1:50.40)

Name	Time	Date Meet (Location)
Jacob Gustafsson	1:49.45	4/29 Robison Invitational (Provo, Utah)
Kyle Perry	1:49.87	4/29 Robison Invitational (Provo, Utah)
Jason Dorais	1:50.21	4/8 UCLA Invitational (LOS ANGELES)
Andrew Martin	1:53.84	4/29 Robison Invitational (Provo, Utah)
Chris Carter	1:53.96	3/31 Cougar Invitational (Provo, Utah)

Chris Bramwell	1:54.33	4/29 Robison Invitational (Provo, Utah)
Kyle Carney	1:56.42	3/31 Cougar Invitational (Provo, Utah)

Men's 1500 Meters (R: 3:47.80)

Name	Time	Date Meet (Location)
Kyle Perry	3:42.25a	5/13 MWC Championships (Provo, Utah)
Josh McAdams	3:42.73a	5/13 MWC Championships (Provo, Utah)
Tyrel Jensen	3:45.69a	5/13 MWC Championships (Provo, Utah)
Dustin Bybee	3:45.84a	5/13 MWC Championships (Provo, Utah)
Jacob Gustafsson	3:48.38	4/1 Stanford Invitational (Palo, Alto, Calif.)
Josh Rohatinsky	3:48.93	3/18 Willie Williams Classic (Tucson, Ariz.)
Miles Batty	3:54.06	5/26 West Regionals (Provo, Utah)
Josh Adams	3:56.54	3/25 ASU Invitational (Tempe, Ariz.)
Kyle Carney	3:58.81	4/22 Utah State Invite (Logan, Utah)
Brett Andrus	3:59.82	3/25 ASU Invitational (Tempe, Ariz.)
Jeremiah West	4:03.78	4/3 Weber Twilight (Ogden, Utah)

Men's Mile (R: 4:06.00)

Name	Time	Date Meet (Location)
Josh McAdams	4:03.36	4/8 UCLA Invitational (LOS ANGELES)
Dustin Bybee	4:03.94	4/8 UCLA Invitational (LOS ANGELES)
Tyrel Jensen	4:07.34	4/8 Robison Invitational (Provo, Utah)
Miles Batty	4:11.00	4/29 Robison Invitational (Provo, Utah)
Brett Andrus	4:26.70	4/29 Robison Invitational (Provo, Utah)

Men's 3000 Meters Steeplechase (R: 9:07.00)

Name	Time	Date Meet (Location)
Josh McAdams	8:34.10	6/11 NCAA Championships (Sacramento, Calif.)
Chandler Goodwin	8:52.38	4/1 Stanford Invitational (Palo, Alto, Calif.)

Kyle Perry	8:56.40	4/1 Stanford Invitational (Palo, Alto, Calif.)
Derek Taylor	9:15.74	4/29 Robison Invitational (Provo, Utah)
Josh Adams	9:20.59	4/1 Stanford Invitational (Palo, Alto, Calif.)
Warren Davis	9:21.09	4/21 Oregon Invite (Eugene, Ore.)
Brett Andrus	9:26.15	4/1 Stanford Invitational (Palo, Alto, Calif.)
Mile Batty	9:43.69	3/25 ASU Invitational (Tempe, Ariz.)

Men's 3000 Meters (R:)

Name	Time	Date Meet (Location)
Steve Roberts	8:48.56	3/25 ASU Invitational (Tempe, Ariz.)

Men's 5000 Meters (R: 14:10.00)

Name	Time	Date Meet (Location)
Miles Batty	14:25.41	4/21 Oregon Invite (Eugene, Ore.)
Jeremiah West	15:43.35	4/28 Robison Invitational (Provo, Utah)
Steve Roberts	15:49.30	4/15 Y Invitational (Provo, Utah)

Men's 10000 Meters (A: 28:45.00/P: 29:30.00)

Name	Time	Date Meet (Location)
Nick McCombs	30:45.39	4/21 Oregon Invite (Eugene, Ore.)

Men's 110-Meter Hurdles (R: 14.30)

Name	Time	Date Meet (Location)
Jacob Garlick	14.19/14.23a	4/29 Robison Invitational (Provo, Utah)
Nate Rencher	14.19/14.23a	5/13 MWC Championships (Provo, Utah)
Ben Gardner	14.32/14.44a	5/13 MWC Championships (Provo, Utah)
Chris Carter	14.50/14.62a	5/13 MWC Championships (Provo, Utah)
Nate Page	14.90/14.94a	3/31 Cougar Invitational (Provo, Utah)

Justin Bingham	15.14	5/3 Weber Twilight (Ogden, Utah)
Devin Howe	15.19/15.23a	4/15 Y Invitational (Provo, Utah)
Meelis Kosk	15.31	4/8 UCLA Invitational (LOS ANGELES)
Stig Robertson	15.57/15.69a	5/13 MWC Championships (Provo, Utah)
Kevin Keys	15.75	5/11 MWC Championships (Provo, Utah)

Men's 400-Meter Hurdles (R: 52.51)

Name	Time	Date Meet (Location)
Chris Carter	49.19	6/10 NCAA Championships (Sacramento, Calif.)
Ben Gardner	51.00/51.11a	4/29 Robison Invitational (Provo, Utah)
Nate Rencher	51.11/51.22a	5/26 West Regionals (Provo, Utah)
Jake Garlick	51.64/51.75a	5/26 West Regionals (Provo, Utah)
Stig Robertson	51.77/51.88a	5/26 West Regionals (Provo, Utah)
Nate Page	53.22/53.34a	5/3 Weber Twilight (Ogden, Utah)
Justin Bingham	53.64/53.75a	5/3 Weber Twilight (Ogden, Utah)
Devin Howe	54.39	4/8 UCLA Invitational (LOS ANGELES)

Men's Triple Jump (R: 15.08m/49-5.75)

Name	Distance	Date Meet (Location)
David Pendergrass	15.19/49-10	5/13 MWC Championships (Provo, Utah)
Matthew Anderson	15.00/49-2.5	4/15 Y Invitational (Provo, Utah)
Joe Dredge	14.32/46-11.75	4/15 Y Invitational (Provo, Utah)

Men's High Jump (R: 2.10m/6-10.75)

Name	Distance	Date Meet (Location)
David Pendergrass	2.21/7-03	3/31 Cougar Invitational (Provo, Utah)
Trevor Heiner	2.11/6-11	5/27 West Regionals (Provo, Utah)
Bryce Bergen	2.05/6-8.75	3/18 Willie Williams Classic (Tucson, Ariz.)
Devin Howe	2.00/6-6.75	5/13 MWC Championships (Provo, Utah)

Ammon Dahl	2.00/6-6.75	3/31 Cougar Invitational (Provo, Utah)
Bryce Nielsen	1.95/6-4.75	4/15 Y Invitational (Provo, Utah)

Men's Long Jump (R: 7.34m/24-01)

Name	Distance	Date Meet (Location)
Matthew Anderson	7.47/24-06.25	4/28 Robison Invitational (Provo, Utah)
Boian Marinov	6.83/22-05	4/28 Robison Invitational (Provo, Utah)
Trevor Heiner	6.81/22-4.25	5/13 MWC Championships (Provo, Utah)
David Pendergrass	6.59/21-7.5	3/25 ASU Invitational (Tempe, Ariz.)
Joe Dredge	6.41/21-0.5	5/13 MWC Championships (Provo, Utah)
Devin Howe	6.39/20-11.75	4/8 UCLA Invitational (LOS ANGELES)
Kevin Keys	6.11/20-0.5	5/11 MWC Championships (Provo, Utah)

Men's Pole Vault (R: 5.05m/16-6.75)

Name	Distance	Date Meet (Location)
Robbie Pratt	5.61/18-05	5/26 West Regionals (Provo, Utah)
Whitney Neves	5.35/17-6.75	4/15 Y Invitational (Provo, Utah)
Matt Weirich	5.21/17-01	5/26 West Regionals (Provo, Utah)
Bob Low	5.20/17-0.75	3/31 Cougar Invitational (Provo, Utah)
Brad Ellertson	4.90/16-01	3/31 Cougar Invitational (Provo, Utah)
Deven Later	4.6/15-1.25	4/15 Y Invitational (Provo, Utah)

Men's Shot Put (R: 16.80m/55-1.5)

Name	Distance	Date Meet (Location)
Niklas Arrhenius	17.78/58-04	4/8 UCLA Invitational (LOS ANGELES)
Randy Patterson	15.28/50-1.5	3/31 Cougar Invitational (Provo, Utah)
Meelis Kosk	13.40/43-11.5	3/31 Cougar Invitational (Provo, Utah)
Kevin Keys	13.33/43-09	5/11 MWC Championships (Provo, Utah)
Blaine Baker	13.05/42-9.75	4/8 UCLA Invitational (LOS ANGELES)

Devin Howe	12.39/40-7.75	3/18 Willie Williams Classic (Tucson, Ariz.)
Chris Reno	12.37/40-07	4/8 UCLA Invitational (LOS ANGELES)

Men's Discus (R: 51.70m/169-7.5)

Name	Distance	Date Meet (Location)
Niklas Arrhenius	63.47/208-2.75	3/31 Cougar Invitational (Provo, Utah)
Randy Patterson	44.79m/147-0	3/18 Willie Williams Classic (Tucson, Ariz.)
Meelis Kosk	44.05/144-6.5	3/31 Cougar Invitational (Provo, Utah)
Kevin Keys	43.49m/142-8.5	3/18 Willie Williams Classic (Tucson, Ariz.)
Devin Howe	42.07/138-0.5	4/15 Y Invitational (Provo, Utah)
Chris Reno	41.17/135-01	4/8 UCLA Invitational (LOS ANGELES)

Men's Javelin (R: 61.60m/202-01)

Name	Distance	Date Meet (Location)
Chris Reno	67.74/222-3	5/13 MWC Championships (Provo, Utah)
Blaine Baker	67.31/220-10.25	3/31 Cougar Invitational (Provo, Utah)
Devin Howe	56.07/183-11	5/11 MWC Championships (Provo, Utah)
Kevin Keys	52.46/172-01	5/11 MWC Championships (Provo, Utah)

Men's Hammer (R: 55.60m/182-05)

Name	Distance	Date Meet (Location)
Niklas Arrhenius	52.92/173-3.5	5/13 MWC Championships (Provo, Utah)
Randy Patterson	42.79/140-05	4/29 Robison Invitational (Provo, Utah)

Men's Decathlon (A: 7,500 pts./ P: 7,000 pts.)

Name	Points	Date Meet (Location)
Devin Howe	7,034	4/27 Robison Invitational (Provo, Utah)

400-Meter Relay (R: 40.66)

Name	Time	Date Meet (Location)
Watkins, Smith, Soelberg, Rencher	40.38/40.50a	3/25 ASU Invitational (Tempe, Ariz.)
Fonnesbeck, Soelberg, Smith, Watkins	40.56/40.68a	3/31 Cougar Invitational (Provo, Utah)

440-Yard Relay (R: 40.86)

Name	Time	Date Meet (Location)
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1,600-Meter Relay (R: 3:10.00)

Name	Time	Date Meet (Location)
Gardner, Smith, Rencher, Carter	3:06.40	5/13 MWC Championships (Provo, Utah)

Mile Relay (R: 3:11.20)

Name	Time	Date Meet (Location)
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Last Updated: 6/10/06

Athletes who have qualified for regionals or who have set NCAA qualifying marks are listed in **bold face** type.

* - Identifies NCAA regional qualifying mark

P - Indication NCAA provisional qualifying mark

A - Indicates NCAA automatic qualifying mark



**BYU Women's
Track & Field**

**2006 Season Best List
Outdoor Track & Field**

(Marks are not adjusted for altitude)

TRACK EVENTS**Women's 100 Meters (R: 11.75)**

Name	Time	Date	Meet (Location)	Place
Mindy Neeley	12.00/12.03a	4/29	Robison Invitational (Provo, Utah)	1
Emily Page	12.34/12.37a	4/29	Robison Invitational (Provo, Utah)	3
Christina McCracken	12.96/12.99a	3/31	Cougar Invitational (Provo, Utah)	11
Jessica Weirich	13.01/13.04a	4/29	Robison Invitational (Provo, Utah)	13

Women's 200 Meters (R: 23.96)

Name	Time	Date	Meet (Location)	Place
Mindy Neeley	24.53	4/29	Robison Invitational (Provo, Utah)	1
Emily Page	25.09	4/22	Utah State Invitational (Logah, Utah)	?
JennaBree Tollestrup	25.21	5/11	MWC Championships (Provo, Utah)	2
Liis Berendsen	26.56	5/1	MWC Championships (Provo, Utah)	9
Jessica Weirich	27.33	4/29	Robison Invitational (Provo, Utah)	6
Ashley Tolson	27.38	3/25	ASU Invitational (Tempe, Ariz.)	22
Kelly Jackson	28.50	3/25	ASU Invitational (Tempe, Ariz.)	25

Women's 400 Meters (R: 54.61)

Name	Time	Date	Meet (Location)	Place
Challis Firl	56.64	4/29	Robison Invitational (Provo, Utah)	2
Michelle Lindsay	57.17	4/29	Robison Invitational (Provo, Utah)	4
Emily Page	1:00.36	4/15	Y Invitational (Provo, Utah)	4

Women's 800 Meters (R: 2:09.80)

Name	Time	Date	Meet (Location)	Place
Michelle Lindsay	2:07.06	6/8	NCAA Championships (Sac, Calif.)	19
Challis Firl	2:09.18	5/13	MWC Championships (Provo, Utah)	2
Lorette Hanson	2:13.73	4/29	Robison Invitational (Provo, Utah)	7

Laura Taylor	2:14.71	4/29	Robison Invitational (Provo, Utah)	1
Carlee Clark	2:15.20	3/25	ASU Invitational (Tempe, Ariz.)	9
Allison Passey	2:15.27	4/15	Y Invitational (Provo, Utah)	8
Carolyn Quebe	2:15.42	4/15	Y Invitational (Provo, Utah)	9
Suzanne Taylor	2:19.17	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	7
Julie Meads	2:20.46	4/15	Y Invitational (Provo, Utah)	13
Alexis Bartschi	2:21.61	4/15	Y Invitational (Provo, Utah)	15
Liis Berendsen	2:23.89	5/11	MWC Championships (Provo, Utah)	5
Julie Andersen	2:22.92	3/25	ASU Invitational (Tempe, Ariz.)	17
Kristen Heuer	2:30.12	4/15	Y Invitational (Provo, Utah)	16
JennaBree Tollestrup	2:36.45	5/11	MWC Championships (Provo, Utah)	9

Women's 1500 Meters (R: 4:27.80)

Name	Time	Date	Meet (Location)	Place
Michelle Lindsay	4:27.59	4/1	Cougar Invitational (Provo, Utah)	1
Rena Chesser	4:28.32	4/1	Cougar Invitational (Provo, Utah)	3
Laura Taylor	4:30.66	4/8	UCLA Invitational (LOS ANGELES)	2
Amy Fowler	4:33.00	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	1
Carolyn Quebe	4:33.94	4/8	UCLA Invitational (LOS ANGELES)	6
Anne Heiner	4:36.24	4/8	UCLA Invitational (LOS ANGELES)	12
Breanne Sandberg	4:37.57	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	5
Allison Passey	4:41.28	3/25	ASU Invitational (Tempe, Ariz.)	15
Sarah Hansen	4:42.76	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	8
Kristy Barrus	4:46.16	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	11
Suzanne Taylor	4:47.27	3/25	ASU Invitational (Tempe, Ariz.)	19
Katie Porter	4:55.47	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	14

Women's Mile (R: 4:49.60)

Name	Time	Date	Meet (Location)	Place
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Women's 3000-Meter Steeplechase (R: 10:50.25)

Name	Time	Date	Meet (Location)	Place
Amy Fowler	10:08.12	6/9	NCAA Championships (Sac., Calif.)	7
Rena Chesser	10:17.49	4/21	Oregon Invite (Eugene, Ore.)	4
Kristy Barrus	10:52.99	4/1	Cougar Invitational (Provo, Utah)	3
Ann Heiner	10:54.47	4/29	Robison Invitational (Provo, Utah)	2
Sarah Ingebretsen	11:10.34	4/15	Y Invitational (Provo, Utah)	4

Women's 3000 Meters (R:)

Name	Time	Date	Meet (Location)	Place
Anne Heiner	9:43.01	4/8	UCLA Invitational (LOS ANGELES)	2
Amy Fowler	9:47.55	3/25	ASU Invitational (Tempe, Ariz.)	2
Rena Chesser	9:49.52	3/25	ASU Invitational (Tempe, Ariz.)	3
Sarah Ingebretsen	10:04.09	3/25	ASU Invitational (Tempe, Ariz.)	8
Jocelyn Gardner	10:06.78	3/25	ASU Invitational (Tempe, Ariz.)	9
Sarah Hansen	10:06.82	3/25	ASU Invitational (Tempe, Ariz.)	10
Katie Porter	10:09.85	4/8	UCLA Invitational (LOS ANGELES)	7
Jenna Taylor	10:10.95	3/25	ASU Invitational (Tempe, Ariz.)	11
Kristy Barrus	10:13.92	3/25	ASU Invitational (Tempe, Ariz.)	12
Brooke Kerby	10:31.11	4/8	UCLA Invitational (LOS ANGELES)	9
Sharon Palmer	10:50.90	3/25	ASU Invitational (Tempe, Ariz.)	23

Women's 5000 Meters (R: 16:52.00)

Name	Time	Date	Meet (Location)	Place
Chelsea McKell	16:35.31	4/8	UCLA Invitational (LOS ANGELES)	1
Jocelyn Gardner	17:08.59	4/21	Oregon Invite (Eugene, Ore.)	13
Jenna Taylor	17:11.20	4/8	UCLA Invitational (LOS ANGELES)	2
Sarah Hansen	17:14.39	4/8	UCLA Invitational (LOS ANGELES)	3
Rena Chesser	17:24.91	5/13	MWC Championships (Provo, Utah)	4

Lisa Frischnecht	17:57.28	4/15	Y Invitational (Provo, Utah)	1
Sharon Palmer	18:04.95	4/8	UCLA Invitational (LOS ANGELES)	11
Katie Porter	18:31.12	5/3	Weber Twilight (Ogden, Utah)	1
Brooke Kerby	18:55.49	4/15	Y Invitational (Provo, Utah)	4

Women's 10,000 Meters (A: 33:55.00/ P: 35:00.00)

Name	Time	Date	Meet (Location)	Place
Chelsea McKell	34:23.05	4/21	Oregon Invite (Eugene, Ore.)	5
Jocelyn Gardner	36:20.55	4/1	Cougar Invitational (Provo, Utah)	20
Lisa Frischknecht	36:31.95	4/1	Cougar Invitational (Provo, Utah)	23
Jenna Taylor Jensen	38:37.68	5/13	MWC Championships (Provo, Utah)	5

Women's 100-Meter Hurdles (R: 13.92)

Name	Time	Date	Meet (Location)	Place
Sarah Lacey	14.08	5/12	MWC Championships (Provo, Utah)	5
JennaBree Tollestrup	14.42	5/12	MWC Championships (Provo, Utah)	8
Nicole Nevitt	14.44	5/12	MWC Championships (Provo, Utah)	10
Kathryn Sevy	14.64	3/31	Cougar Invitational (Provo, Utah)	5
Ashley Tolson	15.26	3/31	Cougar Invitational (Provo, Utah)	11
Liis Berendsen	15.15	5/11	MWC Championships (Provo, Utah)	8

Women's 400-Meter Hurdles (R: 1:00.82)

Name	Time	Date	Meet (Location)	Place
Nicole Nevitt	1:00.15	5/13	MWC Championships (Provo, Utah)	4
Julie Andersen	1:03.55	5/3	Weber Twilight (Ogden, Utah)	3
Sarah Lacey	1:04.54	4/8	UCLA Invitational (LOS ANGELES)	7
Liis Berendsen	1:04.58	4/15	Y Invitational (Provo, Utah)	6
Kathryn Sevy	1:05.65	3/25	ASU Invitational (Tempe, Ariz.)	7

Women's 400-Meter Relay (R: 45.70)

Name	Time	Date	Meet (Location)	Place
Neeley, Lacey, Furr, Sevy	46.78	4/15	Y Invitational (Provo, Utah)	1
Furr,Neeley,Lacey,Tolson	47.87	4/29	Robison Invitational (Provo, Utah)	1
Nevitt, Rywelska, Page, Tolson	49.06	3/31	Cougar Invitational (Provo, Utah)	4
BYU B	49.58	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	4

Women's 440-Yard Relay (R: 45.90)

Name	Time	Date	Meet (Location)	Place
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Women's 1600-Meter Relay (R: 3:42.00)

Name	Time	Date	Meet (Location)	Place
Lindsay,Hanson,Firl, Nevitt	3:46.61	5/13	MWC Championships (Provo, Utah)	3
Andersen, Lindsay, Firl, Nevitt	3:49.80	4/15	Y Invitational (Provo, Utah)	2
Firl, Nevitt, Lindsay, Neeley	3:54.77	3/25	ASU Invitational (Tempe, Ariz.)	8
Clark, Firl, Lacey, Neeley	3:57.68	3/31	Cougar Invitational (Provo, Utah)	3
Clark, Quebe, Lacey, Tolson	4:02.61	3/25	ASU Invitational (Tempe, Ariz.)	12

Women's Mile Relay (R: 3:43.20)

Name	Time	Date	Meet (Location)	Place
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Women's High Jump (R: 1.75m/5-09)

Name	Distance	Date	Meet (Location)	Place
Kristin Hirst	5-07/1.70	3/25	ASU Invitational (Tempe, Ariz.)	2
Sarah Lacey	5-6.5/1.69	5/13	MWC Championships (Provo, Utah)	4
Ashley Payne	5-04.75	5/3	Weber Twilight (Ogden, Utah)	3
Liis Berendsen	5-4.5/1.64	5/13	MWC Championships (Provo, Utah)	8
Kathryn Sevy	5-04/1.63	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	3
JennaBree Tollestrup	5-3.25/1.61	5/11	MWC Championships (Provo, Utah)	5

Brittany Faddis	5-03/1.60	4/15	Y Invitational (Provo, Utah)	2
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Women's Pole Vault (R: 3.80m/12-5.5)

Name	Distance	Date	Meet (Location)	Place
Mandy Lonsway	13-5.5/4.10	4/15	Y Invitational (Provo, Utah)	1
Julene Bailey-Kaufusi	13-1.5/4.00	4/15	MWC Championships (Provo, Utah)	2
Kelly Furr	12-11.5/3.95	4/29	Robison Invitational (Provo, Utah)	2
Ashley McCallister	12-06/3.81	3/31	West Regionals (Provo, Utah)	18
Makenzie Iorg	12-06/3.81	4/8	West Regionals (Provo, Utah)	18
Kathleen Moyeda	11-08/3.56	5/3	Weber Twilight (Ogden, Utah)	7
Melissa Dyer	11-2.25	5/3	Weber Twilight (Ogden, Utah)	9
Ashley Shepard	11-2.25	5/3	Weber Twilight (Ogden, Utah)	10

Women's Long Jump (R: 5.97m/19-07)

Name	Distance	Date	Meet (Location)	Place
Mindy Neeley	19-10.75/6.07	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	1
Kathryn Sevy	18-3.75/5.58	4/15	Y Invitational (Provo, Utah)	3
Liis Berendsen	17-11/5.46	3/31	Cougar Invitational (Provo, Utah)	2t
JennaBree Tollestrup	17-11.5/5.47	5/11	MWC Championships (Provo, Utah)	6
Kamila Rywelska	17-5.25/5.32	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	5
Kelly Marcroft	15-3.25/4.65	4/15	Y Invitational (Provo, Utah)	12

Women's Triple Jump (R: 12.32/40-05)

Name	Distance	Date	Meet (Location)	Place
Kamila Rywelska	41-01/12.52	3/25	ASU Invitational (Tempe, Ariz.)	2
Liis Berendsen	37-11.25/11.56	5/13	MWC Championships (Provo, Utah)	6
JennaBree Tollestrup	36-3.75/11.07	5/13	MWC Championships (Provo, Utah)	11
Kelly Marcroft	35-9.5/10.91	4/15	Y Invitational (Provo, Utah)	12

Women's Shot Put (R: 14.30m/46-11)

Name	Distance	Date	Meet (Location)	Place
Aubrey Cowan	43-0.5/13.12	3/31	Cougar Invitational (Provo, Utah)	6
Tiffany Arrhenius	43-7.5	5/3	Weber Twilight (Ogden, Utah)	3
Liis Berendsen	35-7.5/10.86	4/15	Y Invitational (Provo, Utah)	6
JennaBree Tollestrup	34-6.75/10.53	5/11	MWC Championships (Provo, Utah)	7

Women's Discus Throw (R: 47.30/155-2)

Name	Distance	Date	Meet (Location)	Place
Tipaleli Fotu	142-06/43.44	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	4
Sarah Butler	132-1/40.26	4/15	Y Invitational (Provo, Utah)	4
Aubrey Cowan	124-02/37.86	4/29	Robison Invitational (Provo, Utah)	8
Candace Jones	118-5.5/36.11	4/15	Y Invitational (Provo, Utah)	6

Women's Hammer Throw (R: 54.15m/177-7.5)

Name	Distance	Date	Meet (Location)	Place
Leli Fotu	174-03/53.12	3/25	ASU Invitational (Tempe, Ariz.)	6
Candace Jones	152-04	5/3	Weber Twilight (Ogden, Utah)	3
Aubrey Cowan	130-09/39.86	3/31	Cougar Invitational (Provo, Utah)	11

Women's Javelin Throw (R: 43.45/142-6.5)

Name	Distance	Date	Meet (Location)	Place
Tiffany Arrhenius	156-10/47.80	5/13	MWC Championships (Provo, Utah)	3
Sarah Butler	149-10/45.66	4/8	UCLA Invitational (LOS ANGELES)	5
Piret Kuresson	143-11/43.86	5/13	MWC Championships (Provo, Utah)	5
Candace Jones	131-6.5/40.09	4/15	Y Invitational (Provo, Utah)	8
Sarah Lacey	129-03/39.40	4/29	Robison Invitational (Provo, Utah)	8
Kelly Jackson	125-2.75/38.17	3/18	Cal Poly Invitational (San Luis Obispo, Calif.)	7
Heidi Summers	116-5.5/35.49	3/31	Cougar Invitational (Provo, Utah)	11
Liis Berendsen	105-01/32.03	3/25	ASU Invitational (Tempe, Ariz.)	15
Michelle Partridge	103-00/31.40	4/29	Robison Invitational (Provo, Utah)	16

JennaBree Tollestrup	101-4/30.88	5/11	MWC Championships (Provo, Utah)	8
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Women's Heptathlon (A: 5,500 pts./ P: 5,000 pts.)

Name	Distance	Date	Meet (Location)	Place
JennaBree Tollestrup	4,851pts.	5/13	MWC Championships (Provo, Utah)	7
Liis Berendsen	4,770 pts.	4/27	Robison Invitational (Provo, Utah)	1
Julie Andersen	4,385 pts.	4/27	Robison Invitational (Provo, Utah)	4

Athletes who have qualified for regionals are listed in **bold face** type.

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NEWS RELEASE

FOR IMMEDIATE RELEASE

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BYU Women's Season Outlook

PROVO, Utah (Jan. 13, 2006) — The BYU women's track and field athletes are on their marks and ready to make an impact in the 2006 season. A team of fresh talent and seasoned veterans, the women are powerful and ready to live up to the expectations that have been set for them. The team finished the 2005 season with a first-place finish in indoor and outdoor standings at the conference level and sixth and 10th-place finishes in the national competitions. The Cougars are looking for great things to happen in the coming year with five returning All-Americans and 25 new recruits.

"We have some very talented individuals on our team," Coach Craig Poole said. "They are moving in the right direction to where we want them to be and our expectations are high."

Distance

The members of the distance squad have established themselves in cross country and show potential for performing solidly in the indoor and outdoor track seasons as well. The veterans provide a continued punch that was felt last year and the new women have shown their ability to do well for the Cougars in the coming year.

There are several able returned missionaries, redshirts and returning athletes who will make an impact on this relatively young team. All-Americans Rena Chesser, Heidi Magill, Breanne Sandberg and Chelsea McKell will be the leadership of the team and offer great strength in their events. Many other women will be making their name know as well. Carlee Clark, Amber Harper, Ann Heiner, Sarah Ingebretsen, Kristen Ogden and Michelle Lindsay all return for another year of excellence in the distance events. Newly-arrived athletes Amy Fowler and Jocelyn Gardner are high-quality competitors and will prove their abilities throughout the season.

Heptathlon

BYU has always been a strong force in the combined events and this year will be no exception. There are many youngsters with promise that will show their abilities on the squad. Although the season is unpredictable, several athletes have proven their potential and should be great assets to the team. Among them is All-American Liis Berendsen, who Poole said is really coming into her own and should have a successful year. Julie Andersen King

and Sarah Lacey will return as key contributors in 2006. Also returning is Heidi Huber Summers after taking a year off for injury. Newcomer JennaBree Tollestrup should add much to the event as well.

Hurdles

The hurdlers are a young, but talented group of women who are improving and will show more promise throughout the season. Although heptathlon star and All-American Amy Menlove will be redshirting due to injury, several new and returning athletes are poised to make an impact for this year's team and in the years to come. New athletes include top recruit JennaBree Tollestrup and redshirt freshmen Kathryn Sevy and Michelle Partridge.

Sprinters

The sprinters are capable and many will have the opportunity to make a strong impact on the season. The incoming freshmen have shown notable skills that will contribute and add a new dimension to the program. Mindy Neeley, a freshman from Santa Barbara, Calif. was nationally ranked out of high school in both the 400 meters and long jump events. Experienced women, such as sophomore Jessica Weirich, will offer much to the team in terms of depth and knowledge.

Throws

Several returning throwers including javelin and shot put thrower Tiffany Arrhenius and shot put, discus and hammer thrower Leli Fotu, are beginning to show promise in their events and will have a positive affect throughout the season. Other veteran athletes proved strong in competition in 2005 and continue to improve. Newcomers Sarah Butler and Piret Kuresson should make the javelin throw a strong event for BYU.

Jumps

The jump teams will add needed depth to the program as a whole. There are several returning athletes who have done well in the past and are expected to improve throughout the season. Incoming freshmen such as Mallory Minster, Mindy Neeley and JennaBree Tollestrup excelled on a high school level and have shown great potential. Veteran athletes Kamila Rywelska and Liis Berendsen will maintain their influence in the events.

Pole Vault

The pole vaulters are solid and developing depth which will assist them in competition this year. Key contributor Mandy Kelly Lonsway is recovering from injury and will be ready to compete in time for outdoor competition. Top vaulter from last year and regional qualifier Julene Bailey-Kaufusi is back and should be stronger than ever. Transfer student Kelly Nesbit-Furr could also have immediate impact.